



ST. CLOUD STATE UNIVERSITY

CENTER FOR EXCELLENCE IN
TEACHING & LEARNING (CETL)

Newsletter, September 2023

Teaching IRL



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AI AND EMERGING TECHNOLOGIES

There's a lot of buzz about AI and higher education. Maybe you attended the AI panel during SCSU fall convocation or are curious about AI and your discipline. Check out these learning options:

Getting started. Understand how AI works by viewing [AI 101 videos for teachers on code.org](#).

AI & Teaching. Check out MinnState's online [Generative AI Workshop Series](#) to help you rethink course assignments.

Recommendations. See FAQs in the artificial intelligence section of [SCSU's Knowledge Base](#) for guidelines.

Inspiration. Several SCSU faculty are using AI as a teaching tool.

- **Emily Goenner Munson and Myra Wang (HBS)** have a SoTL project exploring the impact of AI generated feedback on students' public speaking skills.
- **Mary Clifford and Lindsey Vigesaa (CHWP, Hellervik award 2022)** collaborated with student researcher, **Sidney Allen (Cybersecurity)**, to develop methods to teach Criminal Justice students on applications for AI. Students trained AI models to recognize essential information from traffic citations.

More conversation. Faculty and staff are encouraged to **join SCSU Online for continued AI discussions** from 2-2:30 pm (MC 218) on the following Mondays:

September 18th, 2023

October 16th, 2023

November 13th, 2023

December 11th, 2023

BURNOUT



Adobe Stock Photo. A lot of work in the office.
Tired busy businesswoman is working with computer.

Higher ed is a tough gig right now. At SCSU we're feeling the loss of valued colleagues and the weight of expanded workloads. We're all carrying a little bit more this semester.

Burnout is a complex issue that is not solved by teaching individuals to be resilient.

The WHO describes burnout as:

- Feelings of energy depletion or exhaustion
- Increased mental distance or negative feelings towards one's career & the people served.
- Reduced productivity or decreased feelings of self-efficacy.

If you are experiencing signs of burnout, talk with a trusted friend, therapist, or colleague. Say no, where you can. [Extend compassion to yourself](#). Practice self care.

Let's take care of each other as we advocate for systemic changes to prevent burnout.

If you lead a team of any type, [this paper by Pope-Ruark](#) about faculty burnout is worth a read.

PRACTICING EQUITY.

Getting started. Upping your use of equitable practices for teaching and learning? Check out [Hartnell College's Equity Rubric \(CC BY-NC-SA4.0\)](#) and select "just one thing" to change in one of these dimensions:

1. Be intrusive
2. Be relational
3. Be culturally relevant and affirming
4. Be community focused
5. Be race conscious

Going deeper. MinnState's Melissa William's [OER textbook](#) offers a deeper dive into developing a doable equity action plan using this framework.

Check out the [Be a Better Ally website and newsletter](#) for actionable ways to act as an ally at work.

RESOURCES FOR TEACHING AND LEARNING

- MinnState's educational offerings through [Network for Educational Development \(NED\)](#)
 - [Teaching in Higher Ed Podcast](#)
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ISO QUESTIONS & IDEAS

- Are you new to campus?
 - Teaching a single class?
 - Shifting departments?
 - Teaching in a different format?
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Please share your questions, ideas, and feedback to CETL using [this link](#) or the QR code below.



THE CETL TEAM

Janet Tilstra, PhD CCC-SLP (CSD) Faculty Fellow for SoTL & CETL Director (Interim)

Michelle Kukoleca-Hammes, PhD (Poly Sci) CETL New Faculty Fellow

Paul Chappell, CETL Office Manager

Often, to be free means the ability to deal with the realities of one's own situation so as not to be overcome by them.

- Howard Thurman, For the Inward Journey