



## STUDENT LIFE AND DEVELOPMENT ST. CLOUD STATE UNIVERSITY

*This is a series of monthly newsletters from the Division of Student Life and Development to all employees aimed at improving communications with campus including information, announcements, updates and services offered.*

### **From the Desk of the Vice President**

With months of careful preparation, the Counseling and Psychological Services (CAPS) department is moving to a pay-for-service model for individual counseling on June 1, 2021. The focus of this operational shift is achieving financial stability for the unit while delivering quality, individualized support for students as outlined by the It's Time strategy for St. Cloud State. Further, it aligns with the integration of the CAPS, Collegiate Recovery, Health Promotion, Medical Clinic and UChoose to enhance individualized student support through the establishment of a shared mission, values and practices across all of the departments.

This spring, students receiving CAPS services were contacted directly and provided information about the new process and requirements for continued service. The students were also invited to meet with Mid-Minnesota Legal Aid insurance representatives at a SCSU event to gain health insurance coverage for themselves. Moving forward, each student requesting services from CAPS will receive individualized guidance for using existing healthcare insurance or securing a new plan for themselves and their wellbeing.

I would like to share with you some talking points developed by a working group on integrated student care, which I have convened regularly since May 2020. As you discuss CAPS offerings and access for students, please consider sharing the following details:

#### **Access:**

- CAPS will offer an initial, free mental health consultation with every student who is seeking mental health care for the first time.
- For students without healthcare insurance, university personnel will be working with students individually and on a case-by-case basis to connect students to our community partners, such as Mid-Minnesota Legal Aid, to identify healthcare insurance providers.
- Gaining access to health insurance and knowledge on how it works is an essential life skill that will foster independence and equip students to care for themselves and others after graduation.

#### **Sustainability:**

- This shift to a pay-for-service model will help foster financial sustainability for the university as we continue supporting students' mental health in a way that promotes their academic and personal success.
- The new model can enable SCSU to maintain the mental health care services it offers to students using licensed professionals.
- The new model may also fund future increases in staffing levels to meet increased student demand.

#### **Integration:**

- St. Cloud State University moves to a pay-for-service model for Counseling & Psychological Services (CAPS) as it implements an integrated health care model for students.
- Billing insurance is the methodology selected to promote equity, access and consistency.
- The integrated health model brings together both primary care and mental health care for students.
- This approach aligns with industry and community practices and models of care.

An Executive Director for Integrated Student Care will report to the Vice President for Student Life. They will engage with Medical Director, Dr. Brent Nielsen; Counseling Director, Dr. Jennifer Dorholt; Wellness and Health Promotion

Director, Ms. Jennifer Johnson; and Associate Director for Administration, Ms. Kimberly Ohmann, to build upon the positive work being done in each area in order to provide excellent, integrated care to SCSU students.

*Clare Rahm*

*Interim Vice President, Student Life and Development*

**PLEASE NOTE:** The Student Life and Development Division's newsletter will not be published in June. The SLD newsletter in July will be filled with announcements and information about fall semester 2021.

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## Campus Involvement



### Lemonade Concert & Art Fair

St. Cloud State is happy to announce that the 2021 Lemonade Art and Craft fair is on as scheduled.

Planning is underway for this year's fair on June 24. The Art and Craft Fair is scheduled for 11 am - 7:30 pm. The Lemonade Concert and Opening Ceremony for Granite City Days will begin at 6:30 p.m. in the Huskies Stadium and will feature the St. Cloud Symphony Orchestra, the Fabulous Armadillos and special guest singers.

The Lemonade concert is being coordinated by a working group from the Mayor's Office, Office of the President, Athletics, SLD, and Public Safety.

In its 48th year, St. Cloud State's signature family-friendly summer event delivers arts, crafts, music, food, delicious lemonade, and more. Event will occur rain or shine!

### Team Jeopardy Game Night with our Student Organizations

Please help us by sharing with students you may advise as a way to promote student organizations.

Campus Involvement are hosting student **Team Jeopardy Game nights** where students can come play games, learn about our student organizations, and meet some of their members! Each participating student organization will provide information about who they are and what they do and then we will play a Jeopardy Game. All attendees will be placed on a team with other attendees to play Jeopardy so they don't have to be good at trivia or be a Jeopardy expert to play. After the games, there will be time to meet individually with student organizations in case there are any questions or they what to learn more!

Team Jeopardy Game nights are: 6/10, 6/23, and 7/22

This event is open and free to all SCSU students! **Students should RSVP on HuskiesConnect** to save their spot and to receive the Zoom link.

### Huskies Food Pantry

The Pantry is open all summer for SCSU students!

**Tuesdays & Wednesdays: 12:30-4:30 pm**

**Thursdays: noon-3 pm**

**Order online** in advance for contactless pick-up at Hill Hall Rm. 190

Follow us on [Facebook](#) or [Instagram](#)

## Residential Life/Housing Ops

## Residential Life Summer Housing Options

Student housing is available this summer as an option for students between lease agreements or arriving into St. Cloud before fall semester.

- The Department of Residential Life offers housing contracts to best fit a student's summer class schedule.
- Housing rates as low as \$95 a week in Case-Hill Hall for weekly or summer-long leases.
- Students can Apply now in the Housing Portal in **eServices**.

## Career Center



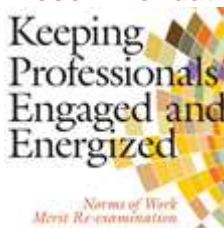
The Career Center would like to thank our student employees for their dedication and flexibility this year, and our colleagues across campus who helped us to prepare Huskies for successful futures and maintain our sense of fun, purpose, and team spirit in unique remote and hybrid environments. We know that maintaining positivity, connections, and comradery makes us better assets for our students.

We created a student employee recognition and reward program, to be sure that, even at times when close interaction with our student employees was limited, we were reminded to take note of the multitude of ways they serve our department and this campus every day and recognize them for it. Team members place recognition cards on a themed board when they observe noteworthy performance all month long. At the end of each month cards are drawn for prizes.

Over the course of the year we also held a variety of interesting team-building contests and activities including a socially distanced chili-cook off, with “celebrity” guest judge. President Robbyn Wacker. These activities were tailored to meet Protect the Pack guidelines, while ensuring our team continued to engage creatively as well as professionally, which encouraged, much-needed innovative thinking.

Additionally, many faculty and staff across campus recently received treat bags in appreciation for their ongoing partnership and collaboration. Together we help students recognize the value of today in building better and brighter tomorrows. We wish everyone a wonderful Summer and look forward to seeing many more eyes and smiles on campus this Fall!

## SLD Staff Recommendations



### Leadership Exchange - Spring 2021, Keeping Professionals Engaged and Energized

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## Arrivals and Departures

### Arrivals

Dr. Katrina Rodriquez, starting July 1 – Vice President for Student Life.

Dr. Scott Maanum, starting July 7 – Medical Clinic, Staff Physician.

Mic Brunner, starting July 7 – Atwood Memorial Center, Associate Director

### Departure

Clare Rahm, May 31 - Interim VP appointment ends

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St. Cloud State University is committed to legal affirmative action,  
equal opportunity, access and diversity of its campus community ([Full Statement](#)).



MINNESOTA STATE

St. Cloud State University,  
a member of Minnesota State

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