REFERRING
STUDENTS OF CONCERN

In the event of an emergency, DIAL 911

STUDENT LIFE AND DEVELOPMENT
320-308-3111 / ATWOOD 219
The primary referral source for students of concern. Consultation may result in a referral to the Behavioral Intervention Team (BIT). BIT identifies disruptive, problematic or concerning behavior and determines the best mechanisms for support, intervention, notification and response. The team identifies next steps, deploys resources needed and coordinates follow-up. Email reports are welcome and should be sent to studentlife@stcloudstate.edu.

COUNSELING AND PSYCHOLOGICAL SERVICES
320-308-3171 / 305 EASTMAN HALL
In addition to individual, couples and group therapy, CAPS clinicians set aside time daily for urgent/crisis care and consultation with faculty/staff/students. We can also help with referrals to other services on and off campus.

PUBLIC SAFETY
320-308-3333 / PUBLIC SAFETY CENTER
Maintains a 24/7 operation to provide the safest environment possible by addressing safety, security or medical requests for assistance. They can assist with student concerns after hours.

RESIDENTIAL LIFE
320-308-2166 / ERVIN HOUSE
Provides a student-centered living and learning environment. Staff are trained to respond to various situations and are excellent resource for residential students.

MEDICAL CLINIC AND PHARMACY
320-308-3191 / 2ND FLOOR EASTMAN
Our medical team has specialized experience serving the unique needs of college students and helping them navigate their college journey. We are focused on helping students care for their health in a way that contributes to their academic success.

IN AN EMERGENCY

The following are rare instances when a student’s behavior poses a threat of:

- Danger and/or injury to self or others
- Significant disruption of the educational process
- Property destruction

In these cases, prompt action should be taken. Depending on your circumstances and level of concern you might:

- Attempt to calm the student
- Ask the student to leave your class or area
- Dismiss your class and leave the area
- Call 911 for St. Cloud Police and Public Safety at 320-308-3333 if you perceive an imminent threat or need immediate assistance.

RESPONDING TO STUDENTS OF CONCERN
A GUIDE FOR FACULTY AND STAFF

St. Cloud State University does not discriminate on the basis of race, sex, color, creed, religion, age, national origin, disability, marital status, status with regards to public assistance, sexual orientation, gender identity, gender expression, or status as a U.S. veteran. The Title IX coordinator at SCSU is Ellyn Bartges. For additional information, contact the Office of Equity & Affirmative Action, 320-308-3129, Admin. Services Bldg. Rm 102.

Atwood Memorial Center 219
720 Fourth Avenue South
St. Cloud, MN 56301-4498
320-308-3111
stcloudstate.edu/sld
IDENTIFYING STUDENTS OF CONCERN

There are many reasons students may be struggling or in distress. This includes relationship difficulties, financial problems, academic, personal or family issues, academic challenges, stress, depression or illness. Students provide a number of clues that they are having difficulty, which can consist of:

- Emotional or behavioral withdrawal
- Loss of interest in previously important or pleasurable activities
- Caring less about academic or work performance
- Recent drop in grades, missed tests and assignments
- Repeated tardiness or poor attendance
- Changes in behavior, hygiene or appearance
- Changes in appetite or patterns of sleep
- Disruptive, agitated or hostile behavior in class, lab or study group
- Inappropriate display of emotions or behavior
- Suicidal talk or behavior
- Threatening language or behavior toward self or others
- Excess bravado toward authority
- Attempts to control or isolate others
- Expressions of desperation or hopelessness over financial issues, family, relationships or other personal problems
- Fascination with or a desire to discuss or condone incidents of violence
- Fascination with weapons
- Expressions of persecution, paranoia or perceived injustices

RESPONDING TO STUDENTS OF CONCERN

It is important to respond to small incidents or behaviors of concern as they occur. We should not assume that students will stop concerning behavior on their own because they may not be aware that it is troubling or know where to seek help or assistance. Talking to students can help identify issues earlier and help them cope more effectively. In many cases, your initial expression of concern may be all that is needed.

Talking with the student is the first step

- Speak to the student privately (include a colleague if necessary)
- Express your concern; be clear, honest and mention specific behaviors that concern you
- Listen carefully
- Do not offer confidentiality since you may need to share the information with others
- Note how others are affected (if applicable)
- Discuss options or suggest strategies
- Suggest seeing a counselor; offer to help make the call or accompany the student depending on your level of concern
- Set up a time to check back in
- Document your interactions

PRIVACY CONSIDERATIONS

For faculty and staff, the Family and Educational Rights and Privacy Act (FERPA) guidelines allow information about students to be shared when you are concerned about a student’s health or safety. While counselors and medical personnel have more restrictive limits about when they can share information, they are always able to accept information from you.
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Responding to Students of Concern

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**Counseling and Psychological Services**
320-308-3171 / 305 Eastman Hall
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**Medical Clinic and Pharmacy**
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