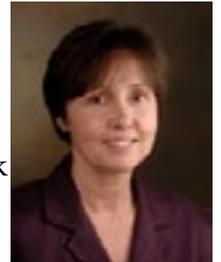


School of Health and Human Services Newsletter
November 2013

Issue No. 3:2

Hello everyone,

Welcome to the November issue of our SHHS Newsletter. As you will see, our faculty, staff and students are engaged in significant work in our classrooms, our labs, clinics and in the community. We are truly living into our mission to prepare our students to be leaders, scholars and professionals in providing and promoting lifelong optimal health and wellness.



I just returned from my own disciplinary conference where the focus was on effective teamwork and collaborations. All of us in our school are committed to promoting and providing interprofessional education and collaboration. Our first interdisciplinary class is being run this semester by Nursing and Gerontology faculty. Our introductory SHHS class is moving through the curriculum process. We have just learned of our interdisciplinary autism certificate program being reapproved. Interdisciplinary collaborations among students and faculty are emerging and I look forward to sharing this information in upcoming newsletters.

In the near future, I will be creating a work group and charging the group to explore our options to champion this work so that every graduate from SHHS will have interprofessional competency as part of their education at SCSU.

I approach the end of this busy semester thankful for all of the support for our faculty, staff and students. I would like to extend personal thanks to Emily Simon for her work on compiling and preparing this newsletter. Please be sure to share your accomplishments and successes with us so we can celebrate this among our faculty, staff, students, alumni and community partners.

Enjoy the rest of the semester - see you at Commencement!

Monica

Faculty/Department News

Community Psychology, Counseling and Family Therapy

The Association for Specialists in Group Work (ASGW) has named **Dr. Niloufer Merchant**, Past President of ASGW as a Fellow. The Executive Board elects ASGW members to Fellow status. Fellowship in ASGW recognizes extraordinary efforts of an individual on behalf of the Association, and/or extraordinary professional achievements compatible with and enhancing to the purposes of the Association and the advancement group work. Dr. Merchant will give a Fellows presentation about her interest areas in group work at the ACA National Meeting in Hawaii in March 2014. Congratulations Dr. Merchant!

Communications Sciences and Disorders

Margery Whites and **Rebecca Crowell** presented “A U.S.-Chilean Collaborative Partnership Between Two Communication Sciences and Disorders Programs” at the American Speech-Language-Hearing Association Convention in November.

CPCF/CSD

The Autism Spectrum Disorders (ASD) Teacher Preparation licensure program has recently been approved. The current Autism Certificate Program will be titled Professional Studies in Autism.

Gerontology and Nursing

This fall the first course on Advance Care Planning Certification was offered to students in the School of Health & Human Services. The 2 Credit interdisciplinary elective was co-taught by **Patricia Bresser** from Nursing and **Phyllis Greenberg** from Gerontology. Eleven students (undergraduate and graduate level) successfully completed the Advance Care Planning Facilitator certification. Their majors and programs include Nursing, Gerontology, Communication Sciences and Disorders, Social Work, and Community Health. Students are now working on their service-learning projects in the community. This month they are participating in Health Care Directive Information Sessions for CentraCare as part of National Hospice and Palliative Care Month.



Kinesiology

Julie Alexander, Athletic Training faculty, was featured in the St. Cloud Times for her 25 years of service in the athletic department at SCSU. Read the full article here:

<http://www.sctimes.com/article/20131107/sports04/311070018?source=nletter-top5>

David Bacharach, presented a two hour seminar titled, “Using delayed video to enhance sport skill acquisition: Old technology with a new twist”. David is pictured with Jason Karn, HPE Physical Education, Recreation and Dance (AAHPERD) conference in November at Wayzata High School.

David Bacharach, will present a paper, “Real-time video enhances skill development in junior alpine skiers during a single week of summer camp training” at the 6th International Congress on Sking and Science, St. Christoph, Austria, December 13-18, 2013. He will also chair the Young Investigator Award Committee that provides cash prizes totaling \$10,000.



The Minnesota Association for Health, Physical Education, Recreation, and Dance (MNAHPERD) held its “Teaching Learners to Think of Their Feet” conference at Wayzata High School in November. The 2013 Awards Celebration was held on the conference’s opening evening. **Carol Conkell** was the recipient of the Dance Educator Award. It is given to honor and recognize the outstanding services and contributions of a Minnesota Dance Education teacher who is also a MNAHPERD member. Carol teaches a variety of methods courses in Dance as well as Health and Physical Education at SCSU. Those who know her well know that her heart lives in the dance world. She is the Content Advisor in Dance for the Minnesota Board of Teaching and serves on the Dance Advisory board at PE Central (pecentral.org). Dr Conkell and her students have presented at numerous MNAHPERD, Central District AAHPERD and Minnesota Association of Colleges for Teacher Education conferences. Along with Dr. Lori Head (Idaho State University), Carol has co-produced a DVD-”Teaching Ballroom Basics.” Carol continues to serve on MNAHPERD’s Board of Directors. Carol’s enthusiasm for dance, coupled with her drive to keep dance relevant and meaningful in education are appreciated and honored by her colleagues and students.



On right, Carol Conkell with Sandy Hasse (member of MNAHPERD Board of Directors). Read her recent article on [Celebrating American Indian History, Culture and Language Through Dance](#) on pages 8-9 of MAHPERD Newsletter

Laura Finch published the following article:

Newland, A., Newton, M., Finch, L., Harbke, C. & Podlog, L. (2013). Moderating variables in the relationship between mental toughness and performance in basketball. *Journal of Sport and Health Science*, 2, 184-192.

Medical Lab Science

Pat Ellinger received a standing ovation for her Barbara Castleberry Lecture for Laboratory Professionals titled “Our Unexpected Journeys Beyond the Lab”. The 2013 ASCP (American Society for Clinical Pathology) Conference was held in Chicago in September. Read more about Pat’s lecture:

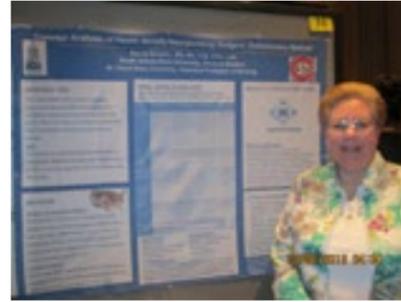
<http://www.ascp.org/Newsroom/Trailblazer-in-Laboratory-Medicine-Headlines-Barbara-Castleberry-Lecture.html>



The long term goals of the new 2+2 MLS program are to replicate the program currently on the NHCC campus in the ISELF building. The ability to replicate the program in ISELF will hopefully draw in MLT students from the northern regions of MN who currently have limited options to pursue a bachelor’s degree in MLS.

Nursing

Marcia Scherer presented her poster, “Concept Analysis of Health Beliefs Incorporating Rogers’ Evolutionary Method” at the Midwest Nurse Research Society annual conference in Chicago IL.



Laurie Crane presented on “Mobile Device is the New Clicker” during the School of Education #EdTech event (<http://bit.ly/1bbzg3R>) in October.

Social Work

Younsook Anna Yeo published an article in the Journal of the Society for Social Work and Research titled, “Healthy Immigrant Effect on Elderly Immigrants in Relation to Welfare Reform”.

Tracy Ore recently published the 6th edition of her textbook, “The Social Construction of Difference and Inequality: Race, Class, Gender and Sexuality.”

Faculty from the Social Work department have presented at 3 conferences this fall:

Teboh, C. (2013, October). *Newcomer Adjustment and Integration: A Cultural Diplomacy Perspective*. Paper presented at the Strangers in New Homelands Conference, University of Manitoba.

Lamin, S., Malm, P., Teboh, C. (2013, October). *Student Breadwinners: An Appraisal of Immigrant Student Challenges in the Midwestern Region of the United States*. Paper presented at the Strangers in New Homelands Conference, University of Manitoba.

Pfohl, M. and Teboh, C. (2013, October). *Facilitation a Discussion of Racism within the Classroom Setting: A Department of Social Work Perspective*. Paper presented at the Minnesota Council of Social Work Education Conference, The College of St. Scholastica, St. Paul, MN.

Teboh, C. (2013, November). *Panel Discussion: Experiences, Challenges and the Way Forward for Immigrants and Businesses within the St. Cloud Area*. St. Cloud Area Chamber of Leadership Conference.

Student News

Applied Behavior Analysis

Kara Kissinger, a graduate student in the Applied Behavior Analysis program, recently accepted a position to serve with AmeriCorps during her internship with Dr. Rebecca Gathje, Ph.D., who is affiliated with the Munroe-Meyer Institute. Kara is currently interning in one of MMI’s rural outreach clinics that provide behavioral mental health services to pediatric patients and their families in rural, outstate Nebraska. As part of her behavior

analysis internship, Kara treats individuals with a range of developmental disabilities, genetic disorders, traumatic brain injury, ADHD, or autism spectrum disorders who present with a variety of problems such as sleep and feeding problems, habits and tics, school problems, enuresis, encopresis, aggression, anxiety, or social skill deficits.

Students currently in the M.S. program in Applied Behavior Analysis presented posters at the Minnesota Northland Association for Behavior Analysis (MNABA) conference (pictured on right):

Melyssa McDonough (with Dr. Nicholas Weatherly and Jon Sargeant) presented “Modified Habit Reversal and DRO to Reduce Finger Picking in a Young Male with Asperger’s.”
Molly Bishop (with Dr. Nicholas Weatherly and Jon Sargeant) presented “Reducing Attention-Maintained Aberrant Climbing.”



College Counseling and Student Development

Ella Bresson and **Danielle Smith** are currently completing their graduate internships at Nelson Mandela Metropolitan University (NMMU) in South Africa. Here, they are pictured at the partnership signing between NMMU and SCSU with SCSU President Earl Potter and NMMU Vice Chancellor Derrick Swartz.



Communication Sciences and Disorders

Several students presented their research at the recent National Convention for the American Speech-Language-Hearing Association in November.

Varshni Athmacharan presented with Dr. Rangamani on “Language Treatment Outcomes in Aphasia: Comparison of two treatment protocols.”

Meghan Miller presented with Dr. Rangamani on “Cognitive Training: Effects on Cognition, Language, and Quality of Life.”

Kristen Schneider, Molly Bruner, Jillian Daleiden, Kristen Weidner, and Samantha Yang presented with Margery Whites on “Types of Ethical Issues Faced by Speech-Language Pathologists.”

Emily Bendoraitis, Hannah Proell, Stacy Regnier, Paula Qualen, and Jessica Onken presented with Margery Whites on “Steps Speech-Language Pathologists Take to Resolve Ethical Dilemmas.”

Robert Joshua Anderson, Sarah Erickson, Varshni Athmacharan, Sandra Stenerson, and Alissa Hoyme presented with Margery Whites on “Resources & Strategies Used by SLPs to Address Ethical Dilemmas.”

Rochelle Swanson, Marnie McInnis, Alissa Berthiaume, Syrena Bowen, and Meghan Miller presented with Margery Whites on “Speech-Language Pathologists’ Satisfactory With Workplace Ethics Policies & Procedures.”

Community Health

Ginger Johnson, who lost her 35 year position due to the Verso paper mill explosion in 2012, was featured in the St Cloud Times. Ginger is a current student in the Community Health program. After graduation, Ginger hopes to obtain a job at the VA. Read more on her story here:

<http://www.sctimes.com/article/20131103/news01/311030039/Life-after-Verso-Ginger-Johnson>

Community Psychology

Gao Vang, a Community Psychology major, was selected to serve as a Literacy Tutor for AmeriCorps (MN Reading Corps). She conducts daily one-on-one tutoring in reading for 15 to 20 children (K-3) at Talahi Elementary in St. Cloud, MN. Gao began her service in September and will be serving a total of 1,720 hours across 11 months.



Kinesiology

At the Minnesota Association for Health, Physical Education, Recreation, and Dance (MNAHPERD) Conference, Physical Education Club Officers (pictured on right), **Tim Lyngen, Jordan Olmscheid, and Carmen Johnson** presented a dance session with Dr. Carol Conkell titled, "Hop, Straddle, Cross: Thinking on Your Feet Using Tinikling." Former SCSU student, **Megan McCollom** (left)



introduced the session.

Tinikling is the national folk dance from the Philippines traditionally performed with bamboo poles.

On the left, Jordan Olmscheid and Taige Thoreson (know as the clickers) clap the poles for 2 physical educators.



Several students, along with their faculty, presented at the National American College of Sports Medicine (NACSM) meeting in Indianapolis, IN, May 25-28, 2013:

"Cost of Positive and Negative Work on Cycle Ergometer," presented by Kyle Miller, Emily Willaert, Steven Milkovich, Glenn Street, and David Bacharach.

"Perceived Importance of Strength and Conditioning Relative to Sports Orientation in Junior Alpine Ski Racers," presented by Kelley Holmes and David Bacharach.

Nursing

The Nursing class of May 2013 had a 86% passing rate on their NCLEX-RN exam (National Council Licensure Exam for Registered Nurses). Congratulations to these graduates and also to the Nursing department for all the work they do to make this a successful outcome for their graduates.

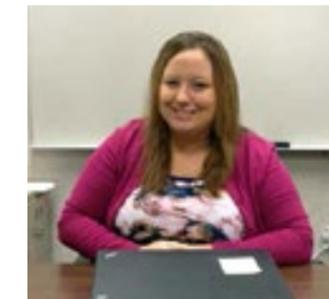
Alumni News

Applied Behavior Analysis

Regina Carroll, a 2009 graduate of the ABA program, presented a paper titled "Examining the Influence of Treatment Integrity Errors on Skill Acquisition during Discrete Trial Instruction" at the Minnesota Northland Association for Behavior Analysis (MNABA). Dr. Carroll received her Ph.D. from the University of Nebraska Medical Center, Munroe-Meyer Institute and is now an Assistant Professor in the Department of Psychology at West Virginia University.

Community Counseling

Jeanna Ring, a 2008 Community Psychology undergraduate and a 2011 Community Counseling graduate, was highlighted in the Morrison County Record for her work as a school-based mental health provider. Although an employee of Northern Pines Mental Health Center in Little Falls, Ring meets exclusively with Royalton high school students and their families. She provides therapy during the school day, saving parents time away from work to transport their son or daughter to and from outpatient facilities typically in St. Cloud or beyond. Students also miss less school by having Ring's office within the school building. View the full article here: <http://mcrecord.com/2013/10/23/ring-mental-health-provider-rhs/>



Marriage and Family Therapy

Ashley Landers, 2005 graduate in Marriage and Family Therapy and currently a doctoral student at University of Minnesota, was the AAMFT (American Association for Marriage and Family Therapist) Graduate Student Research Award recipient for 2013. The award is given to an applicant who shows promise in and commitment to a career in marriage and family therapy, as demonstrated by training, education, membership, and work experience. In the award, both the topic (as it relates to the field of MFT) and the recipient's potential for a research career are noted. The study was called: The Impact of Trauma on Partners of Law Enforcement and Couple Relationships.

Nursing

The Nursing class of May 2013 had a 86% passing rate on their NCLEX-RN exam (National Council Licensure Exam for Registered Nurses). Congratulations to these graduates and also to the Nursing department for all the work they do to make this a successful outcome for their graduates.

Faculty Research and Recognition

Congratulations to the following faculty on their externally funded awards (January- June 2013):

- Nancy Bacharach** and **Teresa Heck**- Academy for Co-teaching and Collaboration
- David Bacharach**- Human Performance Lab Research
- Theresa Estrem**- Facilitated Dialogue Between SLP's and Immigrant/Refugee Parents
- Tracy Ore**- Use of Peer Learning Assistants in Large Intro Sociology Classrooms
- Mary Pfohl**- University of Minnesota- Twin Cities, School of Social Work

Vonna Henry and **Sarah Smits-Bandstra** are two SCSU nominees for the Ernest A. Lynton Award for the Scholarship of Engagement for Early Career Faculty.

Read more about this award here:

http://www.nerche.org/index.php?option=com_content&view=article&id=375&Itemid=98

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Tracy Ore has been nominated by President Potter for the Thomas Ehrlich Civically Engaged Faculty Award.

Read more about the award here: <http://www.compact.org/events-jobs-grants-more/awards/2013-thomas-ehrllich-civically-engaged-faculty-award-2/22760/>

2nd Annual Survive and Thrive Conference

The second annual Survive & Thrive conference, sponsored by SHHS, continued its mission to promote the role of the aesthetic experience in healing. The sessions were collaborative, blending medical knowledge and artistic expression, so that each offers a unique experience in discovery. The conference promoted the fundamentals of Narrative Medicine and Medical Humanities through an innovative approach to content which draws together sources of support for all who have ever been a patient.

Discover Red & Black Days

Thank you to Christa Hayes, Student Relations Coordinator, and all of the faculty who participated in Discover Red & Black Days on October 17th-18th. The success of this event relies on our faculty being able to meet and speak with prospective students and their parents about our programs. After such a successful event, we hope that many of the students that stopped by our table will begin the admissions process and come to SCSU. Student recruitment is everyone's job, and we are proud to have so many faculty willing to represent the School of Health and Human Services at SCSU's largest prospect event. Christa is joined by Nursing faculty (pictured): Herm, Bagley, Wilson, and Bresser.



Making Strides Against Breast Cancer Walk

On Saturday October 19th, SCSU hosted the 5th annual American Cancer Society's Making Strides Against Breast Cancer Walk. Over 80 teams and more than 600 participants united as a community to honor breast cancer survivors, raise awareness about what we can do to reduce breast cancer risk, and raise money to help the American Cancer Society fight the disease with breast cancer research. In addition to the participants, over 200 SCSU students (many from SHHS) volunteered to help make this event a success. The HLTH 430 (Health Event Planning) class took a lead role in the event and supported the community leadership committee helping to plan, organize and direct the event. The HLTH 430 (Health Event Planning) class took a lead role in the event and supported the community leadership committee helping to plan, organize and direct the event.



SHHS Fall Colloquium- Dr. Larry Davis: A Day of Dialogue

We live in a changing and increasingly racially and economically diverse society. With this theme in mind, Dr. Larry Davis spoke to students and faculty for the SHHS Fall Colloquium. Dr. Davis highlighted the changing demographics of the United States with an expected shift from the current 37% minority race and ethnicity representation to 53% by 2050. He further commented on the increasing wealth divide with persons who are African American or Hispanic holding 1/20th of the wealth of whites." Noting the gap between the poor and wealthy continues to widen,



Dr. Davis emphasized those most likely to be poor are also part of the racial minority. Practice points shared by Dr. Davis: be cognizant that behavior of those we serve is purposive; respect those who society holds in low esteem; examine personal attitudes and beliefs driven by myths which are seen as truth; obtain a repertoire of skills to work with diverse cultures and class; know resources; start all relationships well; and anticipate success.

Sharing professional and personal challenges, experiences, and insights, Dr. Deola Brumbaugh-Johnson, Social Work; Dr. Manijeh Daneshpour, Counseling and Family Therapy; and Dr. Susan Warner, Nursing furthered understanding of race and class through a panel discussion highlighting their professional and personal challenges and experiences and responding to questions from participants.

Students from the BSW Program engaged in an afternoon question and answer session with Dr. Davis. They were afforded the opportunity to exchange ideas to promote change and impact disparities.

A strong learning experience for those present, Dr. Davis affirmed our efforts to address diversity challenges: "You are doing good work here."

Legislative Day on the Hill

Nursing

In October, the senior class of SCSU Nursing students spent a day at the Minnesota State Capitol. The students had the opportunity of being greeted by Governor Dayton. The students enjoyed speaking with him and listening to his response to some of their questions. He was followed by Susan Stout, RN who has been a nurse lobbyist for over 20 years. The students left Sue's presentation with a greater knowledge regarding her role and how politics and policy impact nurses at the bedside. The class was also able to partake in a tour of the Capitol. One activity that the students found interesting was attending a legislative hearing regarding the use of synthetic drugs within our state.



According to course coordinator Laurie Crane, nurses are at the frontline of health care and well situated to identify and impact health policy. "With the current state of healthcare in our country, nurses at the bedside are going to be faced with how they are going to provide low cost, but high quality care."

Discover Your Path in the School of Health and Human Services

The SHHS Dean's Student Advisory Council, comprised of students that represent clubs/organizations from our majors and programs, held its first event. The goal of this event was to provide students with information, advice, and motivational stories of success. Our hopes are that students realize how closely related our majors and professions are, and working together across disciplines now is important in order to be successful in the field. Another goal of the event was to provide information to students who may be deciding on a major, so that they can discover what path would be best for them. The event comprised of a student, faculty, and career panel as well as a resource fair with information on our clubs and organizations.



Student representatives on the Dean's Student Advisory Council include: Communication Sciences and Disorders, Katie Danford and Carrie Sorensen; Community Health, Erin Mahnke; Gerontology, Emma Peterson and April Greene; Nursing, Kayla Raisanen, Victoria Hall, Monica McDonald, Megan Zimmer; Radiologic Technology and Nuclear Medicine Technology, Mindy Kalmon and Emily Groth; Social Work, Amber Wiese.

Faculty panelists: Gerontology, Dr. Rona Karasik; Communication Sciences and Disorders, Amy Gilbertson; Community Psychology, Counseling, and Family Therapy, Dr. Mary Tacker; Nursing, Jane Bagley; Kinesiology, Troy Shafer; Social Work, Dr. Mary Pfohl.

Career panelists: Amy Gilbertson- Speech Language Pathologist, Troy Shafer- Health Promotions, Dr. Mary Tacker- Psychotherapist, Laura Hood- Director of Whitney Senior Center, Dr. Steve Jamison- Emergency Trauma Center at St. Cloud Hospital; Katie Meyer- Surgical Nurse at St. Cloud Hospital; Pam Illg- Homeless Outreach Social Worker at Stearns County.

Fall 2013 Events

Undergraduate Recognition and Master's Hooding Ceremony

Atwood Glacier, December 21st, 11:00-1:00 p.m.

SCSU Commencement

Halenbeck Hall, December 21st, 2:00 p.m.

SCHOOL OF HEALTH & HUMAN SERVICES

Communication Sciences &
Disorders

Gerontology

Community Psychology,
Counseling, & Family Therapy

Medical Laboratory Science

Nuclear Medicine Technology

Kinesiology

Radiologic Technology

Nursing

Social Work

MISSION

We Prepare our students to be leaders, scholars and professionals in promoting and providing lifelong optimal health and wellness.

VISION

We enhance the well-being of people and their communities through nationally recognized innovative programs, rigorous practical experiences and strong professional partnerships.

VALUES

Service to the community
Excellence in teaching, scholarship and practice
Professional and ethical behavior
Lifelong learning
Interdisciplinary innovation
Diversity

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