School of Health and Human Services

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School of Health and Human Services Newsletter, Issue: 2: 2

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Welcome from the Dean

Fall semester has been incredibly busy in SHHS. Some highlights from this semester thus far:

We held our second SHHS picnic in September. A big thanks to all of the faculty and staff that made this such a great event. The company, food and access to the climbing wall (yes, we did have some folks climb, but I won't mention any names) was wonderful.

SHHS had a team in the Making Strides for Breast Cancer Walk in October. Details are posted later in this newsletter.



The ISELF (Integrated Science and Engineering Laboratory Facility) building is coming closer to completion. I was able to walk through the construction site with Dean DeGroote last month. As you know, we will have Medical Laboratory Science (MLS), Nuclear Medicine and Radiologic Technology move into this building next year. You can follow progress on this project at www.stcloudstate.edu/iself.

Congratulations to Pat Ellinger, Louise Millis and all of the faculty and staff for their work in preparation for the NAACLS initial accreditation site visit for our MLS program. We should hear the team's final decision on accreditation in spring.

Christa (Martin) Hayes represented our School at the National College Fair in Minneapolis in October - it was a wonderful opportunity to meet and talk with high school students who are interested in our programs. SCSU then hosted hundreds of students on campus during the Education Minnesota break. Again, this was an excellent chance for our office and our SHHS faculty to meet prospective students.

Look at some of the exciting events upcoming between now and the end of the semester listed at the end of the newsletter. As always, if you are ever on campus, please stop by and visit - we are located in Stewart Hall 365.

Best wishes, Monica

New SHHS Faculty

We have had six new faculty join us this year. We introduced you to three in our last newsletter. Here is information on the other three new faculty:

Nursing

Elizabeth Clark

Elizabeth (Betsy) earned her BSN from Iowa Wesleyan College and her Master's degree from the University of MN. She holds a certification in critical care nursing and a subspecialty certification in cardiac surgery. She has practiced as a staff nurse, Critical Care Clinical Nurse Specialist, Care Transitions RN, and educator. She has worked in critical care nursing for over 30 years and finda that she learns new things every day. Elizabeth is originally from Iowa, but moved to MN in 1985 and now resides in Elk River with her husband, son, and of course, their dog "Cricket." She enjoys cooking, walking, and time with her family.

Mary Zelenak

Mary has been a public health nurse for most of her career. She has taught adjunct for 5 years and joined the SCSU nursing faculty full time in fall to teach public health and maternal newborn nursing. Her professional areas of interest are postpartum depression, health care of diverse and vulnerable populations, and health policy. She is completing graduate studies at the University of North Dakota. Mary lives in the country with her husband, and son, and has 2 sons in college. She enjoys everything outdoors in the summer only, and in the winter she enjoys a good book.

Social Work

Sylvester Amara Lamin

A graduate from The Ohio State University College of Social Work, in Columbus Ohio. Sylvester has social work practice experience in community mental health, mental health recovery services and child welfare issues. His research interests focus on international social work and international social work education. Lamin's dissertation topic is titled "International social work: A situational analysis of accredited CSWE institutions in mid-western USA".

Dr. Lamin has written two books: *The Coconut Bond and Women and Development in Sierra Leone*, published Publish America Press in 2005 and 2007, respectively. He is currently working on his third book, *An Introduction to International Social Work*. Dr. Lamin joined the Department of Social Work in the School of Health and Human Services in August 2012 and he teaches both undergraduate and graduate courses. He is also the Faculty Field Liaison which gives him the opportunity to work with social workers in the city of St. Cloud and its environs.

Student News

Emily Willaert, currently working on her Masters in Exercise Physiology and Biomechanics at St. Cloud State University in the Human Performance Lab, recently completed an internship through Gillette Children's Hospital in the Gait and Motion Analysis Laboratory. The Gillette lab measures the walking patterns of children that have muscular and skeletal problems. These children may have cerebral palsy or other skeletal deformities that create difficulties in walking or running. The collected data are then used to assist surgeons in deciding

what surgery would be most beneficial for the patient.

During her internship, she assisted in data collection as well as processing the 3D motion data. She was able to participate in the presentation of data to the orthopedic surgeons and observe surgery. She is currently assisting their lab by creating norms for walking patterns on treadmills and comparing them to over ground walking and running. For her thesis, Emily hopes to conduct a study that will help the Gillette surgeons identify children with cerebral palsy that will outgrow their crouched gait. The goal is to reduce unnecessary surgeries.



The School of Graduate Studies is pleased to announce their 2012-13 scholarship recipients. The scholars are an outstanding group and have chosen SCSU graduate programs to further their success.

Graduate Friends Fellowship

Katherine Scully - M.S. in Marriage and Family Therapy. Advisor is Dr. Mick Mayhew. **Graduate Dean's Scholarship**

Aaron Oie - M.S.W. Advisor is Dr. Mary Pfohl.

Summer Eads - M.S.W. Advisor is Dr. Mary Pfohl.

Angie Maurer - M.S. in Marriage and Family Therapy. Advisor is Dr. Manijeh Daneshpour.

Shirley Schrader Scholarship

Tricia Simon - M.S. in College Counseling and Student Development. Advisor is Dr. Nona Wilson.

Kelly Marcum - M.S. in School Counseling. Advisor is Dr. Bill Lepkowski. Congratulations to our scholars!

Alumni News

Jenna Mattocks, Nursing Graduate, has been accepted into a prestigious Pediatric DNP Program at the University of Colorado. Congratulations Jenna!

Ann Timm (Tkalec), a May 2010 Nursing graduate, passed away unexpectedly on October 14th. A facebook page has been created as "David and Evan Timm Education Fund", where donation information is available.

CETL Teaching and Learning Grants

Congratulations to the following SHHS faculty members who were awarded CETL Teaching and Learning Grants this fall:

- Rebecca Crowell, Communication Sciences and Disorders. "Enhancing Students' Awareness of Auditory Assistance Needs" - \$500
- Jane Bagley, Laurie Crane, Joyce Simones, Marcia Scherer, Mary Zelenak, Nursing Science. "Maximizing Psychomotor Skills through Collaborative Student-Student Interface." - \$500
- Rona Karasik, Phyllis Greenberg, Gerontology. "Increasing Hands-on-Learning Opportunities in Gerontology." - \$943.25
- Darlene Copley and Peggy Fossen, Nursing Science. "Mental Health Stimulations." - \$529

Faculty News

Associate Professor **Steven Ratliff** gave an invited talk entitled "Radiation Protection" at the Wisconsin Association of Educators in Radiologic Technology (WAERT) Student Symposium in Wisconsin Dells on April 26th. 2012.

Symposium in Wisconsin Dells on April 26th, 2012.

S. Ratliff, B. Gustafson, and K. Barry, "Characterization of Dental Restoration Material for Cs-137 Radiation Dosimetry," poster SU-E-T-89, presented at American Association of Physicists in Medicine Annual Meeting, July 29 - August 2, 2012, Charlotte, North Carolina. Abstract published in Medical Physics, vol. 39, No. 6, p. 3723 (June 2012).

Dr. Nona Wilson has recently been appointed by Governer Dayton to the State Advisory Council on Mental Health.

Dr. Phylllis Greenberg has presented at several conferences, including:

- Greenberg, P.A. (October 5, 2012). Let's Talk About Sex: Aging and Sexuality.
 Presentation at the Annual Conference Nursing Home Social Workers
 Association, Hinckley, MN.
- Greenberg, P.A. (October 12, 2012). A Good Old Age: Mind, Body and Spirit.
 Presentation at the Annual NAMI conference, St. Cloud, MN.
- Greenberg, P.A, Nordell, H., and Woischke, P. (November 17, 2012) Let's Talk About Sex: Aging and Sexuality. Development and Implementation of a Webinar for Professionals, Academics and Students. Poster at the Annual Meeting of the Gerontological Society of America, San Diego, CA.
 Greenberg, P.A., Nordell, H., and Woischke, P. (December 12, 2012). The
- Greenberg, P.A., Nordell, H., and Woischke, P. (December 12, 2012). The Changing Face of Chemical Dependency and Mental Health Issues for Older Adults: Co-occurring Disorders Webinar for Minnesota Gerontological Society and University of Minnesota Center on Aging, MN.

International News

Dr. Rangamani (CSD) was invited to participate as a faculty member for an International Workshop on Aphasia, held at Indore, Madhya Pradesh in India. The workshop was interdisciplinary in nature and focused on a single theme of aphasia and its management in stroke survivors. The workshop was attended by practicing Speech-Language pathologists, Neurologists, Psychologists, Linguists and Social-Workers and students from the various disciplines. Dr. Rangamani presented two lectures - The first lecture addressed the life participation based communication treatment approaches to aphasia, which are based on the WHO intervention model. The second lecture focused on the research work on reading and writing impairments in stroke survivors, which Dr. Rangamani had carried out as part of her Fulbright research award.

Health Careers Internship Program

We are pleased to be working with District 742 this semester, assisting their students fulfill their 1 hour post-secondary classroom requirement for their Health Careers class. Thanks to those of you who have hosted students in your classrooms so they can gain this valuable experience. In October, we had a total of 9 students on campus. So far this month, we have had an additional 4 students. We plan to continue working with District 742 on this initiative going forward.

Making Strides Against Breast Cancer Walk

The American Cancer Society's Making Strides Against Breast Cancer Walk took place on Saturday, October 20. St. Cloud State has hosted this event for the past three years, and it continues to grow in size every year. "Once again our exceptional students, staff and volunteers provided a very meaningful and pleasant campus and community shared experience", said Corie Beckermann, Director of Student Health Services at SCSU. Participating in this year's walk were 100 teams, totaling 1163 walkers.



The School of Health and Human Services participated in this year's event by walking

with our very own team. Christa Hayes, Student Relations Coordinator, met with eight SHHS student groups to promote the walk while encouraging teams to sign-up and volunteer during the event. SHHS student clubs/organizations including the: Nursing Club, National Student Speech Language and Hearing Association (NSSLHA), Community Psychology Club, and others participated by individually walking and/or volunteering during the event to honor breast cancer survivors.

In addition to the walk, educational events were held on campus during the month of October. Steve Hoover, faculty member in the Counseling and Community Psychology Department, volunteered to lead sessions during Breast Cancer Awareness Month: "How Breast Cancer Affects Survivors, Partners & Families" with the assistance of Hedy Tripp, the 2012 St. Cloud State Honorary Survivor, and "Mindfulness Stress Management Strategies for Health & Healing".

Thank you to all of our faculty, staff, students, and alumni who were a part of this wonderful event.

Survive & Thrive Conference

The Survive and Thrive Conference and Festival held from October 24- 27 definitely contributed to the reviving of "the lost tradition of narrative" in medicine. Leaders in the fields of Emergency Medical Services, Medical Technology, and Medical Humanities shared information, peak aesthetic experiences, and practices in their fields. Many of the best sessions began as talks and developed quickly into round table discussions regarding topics such as bioethics, protocols for narratives in medicine, journaling in medicine, and the practice of theories for survival and for helping survivors thrive.Dr. Audrey Shafter, Director of the Bioethics and Medical Humanities program at Stanford University commented that the conference was a model for future conferences on the topic.

Faculty, students, and staff from SCSU participated throughout the conference and festival, and of particular note was Patricia Bresser's presentation, "Advanced Care Planning: At the Heart of the Matter."

According to Rex Veeder, Professor of English, the date for next year's conference is to be announced soon, and there will be a Survive and Thrive: Start with the Heart 2, probably in October of 2013. His advice: "Stay Tuned to the website. Consider proposing a panel or talk. Get ready for another peak experience in medicine and the arts."

Mark your Calendars

Community Engagement Celebration

Please consider registering classes, internships, student organizations, or student-led University-Community initiatives for the Community Engagement Celebration on Thursday, November 15th from 9:00 to 11:00 am in the Ballroom in Atwood.

The St. Cloud State Service-Learning Advisory Committee and the Department of Campus Involvement are hosting this celebration of student and community collaboration. For the purpose of this event, student and community collaborations may include but not limited to community-based research, field experience, service-learning, volunteering, etc. Students and their partners will showcase current community involvement to a wide audience of on and off-campus constituents.

To register a class, internship, student organization or community initiative for this event, click on the following link:

https://www.surveymonkey.com/s/ComEngCelebrationFall2012.

SHHS Commencement Reception

The School of Health and Human Services Commencement Reception will be held on December 22nd from 11:45 a.m. - 1:00 p.m. in Atwood Memorial Center, Glacier Room. Please encourage your upcoming Fall 2012 graduates to attend.

Commencement will follow at 2:00pm in Halenbeck Hall.