Student Stress

Megan Thibodeau-Schuldt, Ricardo Martinez-Schuldt, Anna Behrens
How would you rate your overall stress level: very stressed, somewhat stressed, not stressed, not at all stressed?

- Very stressed: 15%
- Somewhat stressed: 64%
- Not stressed: 16%
- Not at all stressed: 5%

SCSU Survey: 2011 Student Spring Survey
N=545
Since becoming an SCSU student has your overall stress level increased, decreased or remained the same?

- Increased: 52%
- Decreased: 4%
- Remained the same: 44%

SCSU Survey: 2011 Student Spring Survey
N=545
Advancing

Megan Thibodeau–Schuldt, Ricardo Martinez–Schuldt, Anna Behrens
IS your advisor very helpful, helpful, not helpful, or not at all helpful in planning your academic career at SCSU?

<table>
<thead>
<tr>
<th>Rating</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very Helpful</td>
<td>40%</td>
</tr>
<tr>
<td>Helpful</td>
<td>45%</td>
</tr>
<tr>
<td>Not Helpful</td>
<td>8%</td>
</tr>
<tr>
<td>Not at all Helpful</td>
<td>4%</td>
</tr>
<tr>
<td>Don't Know</td>
<td>3%</td>
</tr>
</tbody>
</table>

SCSU Survey: 2011 Student Spring Survey
N=347
Do you feel the job that SCSU does as a whole in the area of advising is very good, good, poor, or very poor?

SCSU Survey: 2011 Student Spring Survey
N=545