



Recovery Community
720 4th Ave S
St. Cloud, MN 56301-4498
T 320.308.6290

RECOVERY COMMUNITY | RECOMMENDATION FORM

Section 1 (to be completed by Applicant)

Name (print):

Release of Information:

I hereby consent to the release of information necessary for the Recovery Community staff to determine my appropriateness/readiness for the St. Cloud State University Recovery Community.

I waive my access to view this recommendation [] Yes [] No

Applicant Signature

Date

Section 2 (to be completed by Reference)

Reference Name (print):

Phone:

Address:

City:

State:

ZIP Code:

Relationship to Applicant: [] Most Recent Chemical Dependency Counselor [] Therapist [] Psychologist [] Psychiatrist

Dates providing services to the individual: to [] Present

Note to the Reference from the Recovery Community

We appreciate all candid and relevant information you provide. Your feedback will be used in conjunction with other information to determine the applicant's readiness and appropriateness for participation in the Recovery Community. Every Recovery Community student must have a minimum of six (6) months of consistent sobriety by the date in which they move into the Recovery Community housing.

The Recovery Community is an academic as well as recovery-based support program for St. Cloud State University students. Please appraise this applicant's readiness for both college and the Recovery Community by addressing the following questions. Thank you for your assistance and information.

A staff member may contact you for clarification on the information you provided if necessary. If you have questions, please contact the Director of Counseling and Psychological Services (CAPS), John Eggers, PhD L.P. at 320.308.3171 or send an email to: counseling@stcloudstate.edu

St. Cloud State University does not discriminate on the basis of race, sex, color, creed, religion, age, national origin, disability, marital status, status with regards to public assistance, sexual orientation, gender identity, gender expression, or status as a U.S. veteran. The Title IX coordinator at SCSU is Dr. Ellyn Bartges. For additional information, contact the Office for Institutional Equity & Access, (320) 308-5123, Admin. Services Bldg. Rm 102. Contact the sponsoring department/agency listed above.

- 5) What health concerns do you have in regards to daily hygiene, physical fitness, and nutrition – including the use of caffeine and energy drinks?
- 6) How would you describe this individual’s emotional health in terms of stress, mood, energy and sleep? Are they taking medications as prescribed and do they attend their scheduled therapy/psychiatric medication appointments?
- 7) What information can you provide regarding their current relationships with peers, parents, and significant others?
- 8) What are the legal issues either past or present?

Reference Signature

Date