### **RECOVERY COMMUNITY SUPPORT SERVICES:**

- Students participate in weekly meetings that focus on living dynamics, celebrating accomplishments and receiving support
- A live-in graduate assistant in recovery provides ongoing support and guidance
- New students have weekly individual sessions with an assigned clinician at the University Counseling Center
- Dedicated staff members provide support for community development, help with campus and community resources and coordinate sober activities and programs weekly

### **REQUIREMENTS:**

- Be committed to recovery with at least 6 months of continuous sobriety
- Attend at least two recovery-based support group meetings each week
- Maintain a relationship with a sponsor or a recovery mentor

### **MISSION:**

The St. Cloud State Recovery Community provides a safe and welcoming environment where students in recovery can receive support while working to obtain a college degree. Our residentially-based program applies best practice strategies that assist students in developing the behaviors and skills necessary to allow them to succeed academically, personally and professionally while in recovery.

### **RECOVERY COMMUNITY**

St. Cloud State University

**Counseling and Psychological Services:** 

Phone (320) 308-3171 720 4th Ave. South 103 Stewart Hall

St. Cloud, MN 56301



WWW.FACEBOOK.COM/SCSURECOVERY

St.Cloud State University

Office of Undergraduate Admissions:

Phone (320) 308-3981 720 4th Ave. South 115 Administrative Services St. Cloud, MN 56301



AND DEVELOPMENT
St. Cloud State University

Recovery Community Program Coordinator

Daniel Rueckert Phone: 320-308-6119



St. Cloud State University is committed to legal affirmative action, equal opportunity, access and diversity of its campus community. (http://scsu.mn/scsuoea)

# RECOVERY COMMUNITY



safe

sober

support

succeed



OFFICE OF STUDENT LIFE AND DEVELOPMENT St. CLOUD STATE UNIVERSITY

# ST. CLOUD STATE RECOVERY COMMUNITY

Our collegiate recovery community supports those who have struggled with substance dependence and now recognize the need to completely abstain and make a commitment to quality sobriety as they pursue a college education at St. Cloud State University or St. Cloud Technical and Community College. Students who participate in a collegiate recovery community programs emerge as vibrant campus leaders, typically achieving higher GPAs than their campus peers.



### THE BENEFITS OF ST. CLOUD STATE RECOVERY COMMUNITY:

- Recovery Community participants receive \$1,000 in scholarship funds each year
- St. Cloud State is among the top 3 percent of the most affordable universities in Forbes "America's Top Colleges" ranking for 2014
- St. Cloud State is a 100-acre campus located on the banks of the Mississippi River

## THE RECOVERY COMMUNITY OFFERS:

- Safe, supportive on-campus housing
- Weekly support group meetings
- Clinical services
- Sober social events and activities
- On-site support staff
- Peer-to-peer support
- Campus and community information, referrals and advocacy
- Community service opportunities

Learn more or apply today:

SCSU.MN/RECOVERYCOMMUNITY





### **COBORN PLAZA — HOME OF THE RECOVERY COMMUNITY**

The St. Cloud State Recovery Community is housed in Coborn Plaza Apartments. This high-amenity facility offers a perfect environment for students committed to maintain their sobriety while pursuing their college goals and participating as members of a traditional college community. The residence hall offers a private, lockable bedroom and bathroom for each student in the four-person apartment units.

#### **AMENITIES INCLUDE:**

- · Internet access
- · Expanded basic cable
- · Air conditioning
- Laundry in unit
- Dishwasher and garbage disposal
- A great location close to campus, downtown restaurants, theaters and shopping
- Fully-furnished apartments with full-sized beds
- A heated/secured parking garage available on site

See more:

HTTPS://VIMEO.COM/148141758

HTTPS://VIMEO.COM/148159862



"To me the Recovery Community means that there is hope and I have a future. I have a safe place to help with my recovery while attending school and gives me a fantastic system of support."

- Nathan, Recovery Community Student