Communication

*It is important to know yourself - so you can share with and know your co-teaching partner*

To Begin determine:

- What types and frequency of communication would we like to have with each other?
- How will we ensure regular communication with each other?
- What is the best way to give each other feedback?

*Discuss with your co-teacher your response to each of the following statements:*

**Personal**

- I find it helpful to bounce ideas off other people
- I am comfortable being told by others what they need from me
- I am able to speak openly about my feelings
- I express my opinions, even if others disagree with me
- I feel comfortable saying “no” to people
- I can detect the mood of others by look at them as we converse
- I become defensive when I am being criticized
- I am able to resolve problems without losing control of my emotions

**Co-Teaching**

- I am comfortable giving my co-teacher feedback because it is a natural part of team work
- I am comfortable telling my co-teacher what I need from them
- I feel free to politely voice my disagreement with my co-teacher
- I find it difficult to express my opinion when my co-teacher doesn't share them
- I find it easy to see things from my co-teachers point of view
- I tend to postpone discussing touchy topics with my co-teacher
- When co-teaching, I find it important for tasks to be clearly defined and distributed

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