

St. Cloud State University

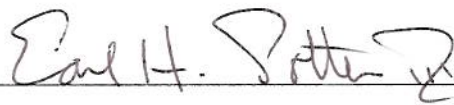
Biennial Review
in compliance with the
Drug-Free Schools and Communities Act

Submitted by the
Alcohol and Other Drug Advisory Board
December 2012

Certification of the Biennial Review:

As President of St. Cloud State University, I have read this report and support the Alcohol and Other Drug Policy.

Signature



Date

1-7-13

Introduction

The Drug-Free Schools and Communities Act requires institutions of higher education to conduct a biennial review of their alcohol and other drug policies and prevention programs in order to identify and implement needed changes.

The biennial review has two objectives:

- “1. To determine the effectiveness of, and to implement any needed changes to the Alcohol and Other Drug (AOD) prevention program, and
2. To ensure that campuses enforce the disciplinary sanctions for violating standards of conduct consistently (DeRicco, 2006, p. 13).”

The following is the report resulting from the biennial review of the Alcohol and Other Drug (AOD) prevention program implementation and policy development/enforcement at St. Cloud State University for the period of spring semester of 2010 through fall semester of 2012 for students and employees.

AOD Prevention Program Goals

St. Cloud State University’s AOD prevention program goals include

1. Reduce harmful consequences of high-risk drinking, especially among our students, by using the environmental management strategy framework recommended by the Higher Education Center for Alcohol and Other Drug and Violence Prevention (“Higher Education Center” for remainder of document). Elements of the environmental management strategy include providing (1) alcohol free program options, (2) creating a campus environment that supports “health-promoting norms¹” (DeJong & Langford, 2002, p. 143), (3) reducing alcohol availability, (4) limiting marketing and promotion of alcohol in University documents and programming, and (5) developing, articulating and enforcing clear AOD policies on and off-campus (DeJong & Langford, 2002);
2. Provide ongoing evidence-based (Tier 1 when possible) education and prevention strategies for the university community for the purpose of preventing alcohol abuse and other drug use;
3. Develop and increase collaboration in AOD prevention efforts among the University’s internal partners and with other local, state, and national partners;
4. Provide a reasonable level of care for individuals who are abusing or dependent on alcohol or other drugs through education, counseling, referral, and treatment;
5. Comply with federal and state laws and statutes concerning AOD use and AOD abuse prevention; and
6. Improve academic success, well-being, and retention of students; and
7. Assist students in making informed lifetime personal choices regarding healthy behaviors.

¹ This is a strategy to overcome the problem that “many people accept drinking and other drug use as a ‘normal’ part of the college experience” (DeJong & Langford, 2002, p. 144—see reference for more information).

Major Updates Since Last Biennial Review

Staffing Change

Dr. Robert Reff resigned as Assistant Dean of Students for Chemical Health and Outreach Programming in January of 2012. Jennifer Sell Matzke assumed the position, in October of 2012. The position description for this position is included in Appendix A of this document.

Grant Writing

We are currently in year two of a three-year Department of Health and Human Service Campus Suicide Prevention Grant in which we are seeking to prevent suicide attempts and completions through the development of a comprehensive and integrated approach to suicide prevention by promoting protective factors. The grant provided \$305,000 in funding increase training on suicide prevention, increase collaboration to deliver the message that suicide is everyone's responsibility, to increase informational materials available on campus, to reduce stigma for seeking care, and to increase the cultural competency of faculty, staff and students. The grant also allows us to focus on students struggling with high-risk substance use behaviors as well as those with depression and other mental health struggles, which leave them at a higher risk for suicide.

AOD Prevention Program Elements

In the late fall of 2006, the Alcohol and Other Drug Advisory Board (AODAB) was formed and charged with overseeing alcohol and other drug prevention programs by Dr. Wanda Overland, Vice President for Student Life and Development. In its first year, the AODAB began an audit of campus prevention programming. The first version of this table was published in the last Biennial Review. The scan and matrix were updated in the fall of 2012 and presented in Appendix B.

Typology Matrix 2007-2008 St. Cloud State University					
	Individual	Group	Institution	Community	State & Federal Policy
Knowledge, Attitudes, Behavioral Intentions					
Environmental Change					
Health Protection					
Intervention/Treatment					

Affecting Knowledge, Attitudes and Behavioral Intentions

This category of activities includes cognitive/behavioral strategies, motivational enhancement, and education and awareness programming. These are aimed at “changing people’s knowledge, attitudes, skills, self-efficacy, and behavioral intentions regarding reduced alcohol use” (Langford and DeJong, 2008, p. 5).

Since the fall of 2007, the U-Choose program has been educating students across campus. The U-Choose program is a small group program based on BASICS or Brief Alcohol Screening and Intervention for College Students (Dimeff, Baer, Kivlahan & Marlatt, 1999). Like BASICS, the U-Choose program consists of “information about alcohol effects, identification of personal risk factors, discussion of specific cognitive and behavioral strategies to moderate drinking, and motivational enhancement strategies aimed at building interest in changing heavy drinking behaviors” (Dimeff, Baer, Kivlahan & Marlatt, 1999, p. 22). BASICS is a first-tier intervention strategy: first-tier intervention strategies have been demonstrated to be effective among college students. U-Choose also utilizes the electronic e-CHUG assessment developed by San Diego State University to give students a personalized evaluation of their use, negative consequences, and social norms clarification.

- The staff and graduate assistants in the UCHOOSE program continue to present the material to classrooms across campus annually and to various student organizations and other campus partners. In addition, U-Choose is delivered to Greek organizations, to various individuals through the U-Choose SR [Self-Referral] program and to a number of off-campus students through an innovative partnership with a local landlord. During the 2010-2011 academic year, 754 students attended U-Choose programs. During the 2011-2012 academic year, 821 students attended U-Choose programs. In addition to this, we present UCHOOSE topics at various large-scale campus events. Through these brief interactions the UCHOOSE message has been spread to 6,800 students during the 2010-2011 and 2011-2012 academic years.
- St. Cloud Technical and Community College (SCTCC) is a natural partner in high-risk alcohol prevention in the St. Cloud community. SCTCC does not have the staff or resources to offer alcohol prevention to their students. During the summer of 2011, we established a partnership with SCTCC to share a graduate assistant. Though this shared position, we are able to offer U-Choose programming to their faculty, staff, and student organizations on their campus. We have presented UCHOOSE information at their Student Success Days event for the past two semesters and have presented in various classrooms. As a result of this partnership and other efforts, SCTCC has reported a drop in their high risk drinking numbers as well.

Respect and Responsibility, required of first year students and delivered through a primarily lecture format, has been a long-standing element of the AOD program. Created by the Women’s Center, Respect and Responsibility’s primary objective has been sexual assault prevention but has developed to include diversity education. Alcohol abuse has been a component of the sexual assault prevention portion, which as of Fall 2008 has moved to an interactive, web-based format provided by *informedonsexualassault.net* [sic].

Environmental Management

Environmental management is likely the most promising strategy for having an impact on a college student population. Environmental management strategies are those that seek to eliminate or modify environmental factors that contribute to the problem (Langford and DeJong, 2008). There are five categories of environmental management: alcohol free options, alcohol marketing/promotion, promoting a healthy normative environment, reducing alcohol availability, and policy development and enforcement (DeRicco, 2006).

Alcohol Free Options:

House Party 101

House Party 101 has been part of our University Kick-Off programming for the past four years. This event is collaboration between U-Choose, The Department of Campus Involvement, The Department of Residential Life, Student Government, the St. Cloud Police Department, and Delta Zeta Sorority. This experiential event places students in a simulated house party. The students observe high-risk aspects of house parties in different party sense. The U-Choose facilitators help deconstruct the scene and help students learn methods for decreasing risk that helps increase safe and protective behaviors. Instead of telling students that drinking games are dangerous, students actually safely experience the high-risk aspects of drinking games and interact with U-Choose staff to gain experiential learning.

Blizzardshack Block Party

In its fourth year, Blizzardshack Block Party is an event named for the movie *Caddyshack*. The goal of the program is to create a collaborative event that would incorporate best practice high-risk alcohol prevention during our fall “Celebrate SCSU”/Family Weekend, with the goal of reducing high-risk use of alcohol during a time of traditionally excessive use.

Campus departments, student organizations, and off-campus partners sponsor holes on an 18-hole mini-golf course, which is set up on campus. In order to sponsor a hole, the host must engage students in a high-risk alcohol prevention activity. For example, students are asked to identify the symptoms of alcohol poisoning or answer alcohol related trivia. If students answer questions correctly, they are given an advantage on the hole. If students achieve a hole-in-one, they are eligible for a prize drawing.

In addition to the golf course, a number of related activities draw students to Blizzardshack. Students also receive a ticket for the prize drawing if they bring documentation that they completed the online alcohol feedback program, e-CHUG. A full-sized Ferris wheel, inflatable slide, DJ, fire pits for gourmet s’mores, professional flair bartenders serving “mocktails” (fruit flavored syrups and soda) and performance by the University Sports Band, all bring the “wow” to this alcohol education event.

Blizzardshack continues to be one of the most well attended campus events with over one thousand student participants annually. Blizzardshack continues to contribute to a positive campus culture and tradition.

“My favorite part of Blizzardshack was playing mini-golf with a couple of my buddies. After each hole you had to answer some questions about alcohol. The questions were there to make you think twice about drinking and it made you realize that there is nothing great about how alcohol affects your body. I think it’s a great idea to inform students about all the negative effects of alcohol.”

– St. Cloud State University First Year Student, After attending Blizzardshack in Fall 2011

Club Red

In its third year of implementation, Club Red is an event that has become a tradition on campus. Club Red provides a safe, alcohol-free dance party for students annually. This event is a collaborative event, which also promotes The PACC, which stands for “Promoting a Caring Community”. PACC is funded through our SAMSHA Suicide Prevention Grant. At Club Red, students have an opportunity to become a member of The PACC. To become a member, students need to pledge the following statement: “I pledge to the PACC the following: 1. Take care of myself physically, emotionally, and academically and encourage others to do the same 2. Show compassion to those around me 3. Understand the myths about suicide and correct them if heard 4. Stop stigma and get help if needed.”

Other events at Club Red include, a full-service DJ with light show, cosmic climbing rock wall, limousine rides to the south end of campus where the event was held, twitter hash tag contest, and professional flair bartenders serving mocktails (fruit flavored syrups and soda). Numerous prizes were purchased for students who attended the event and became members of the PACC. This past year, over 1,000 students attended the event and became a member of the PACC.

Atwood After Dark

The University Programming Board (UPB) sponsors a nationally recognized program, Atwood After Dark, 4-5 times each semester on Friday nights. These events are held in the Atwood Memorial Center, are comprised of numerous activities including a “headliner” act starting about 10 pm, and generally run 9 pm – 1 am. UPB also sponsors movies, other entertainment, and programs multiple times each week.

What’s Happening on Thursdays/What’s H.O.T.

The Department of Residential Life sponsors late night events approximately every other Thursday night. These events rotate amongst the residence halls and are open to all residence hall students. Our data shows a higher rate of alcohol use amongst our students on Thursday nights, so Residential Life is intentional in offering these events as a safe alternative for students on a consistent basis.

Alcohol Marketing/Promotion:

The AODAB developed a new alcohol policy during the 2007-2008 academic year that banned alcohol-related marketing in all university publications, by student organizations, and on-campus

in general. This has led to the elimination of numerous alcohol advertisements and alcohol related photos in the *University Directory* and athletic programs.

The one exception remains the student media, specifically the student newspaper, *The University Chronicle*. Conversations with the *Chronicle* will continue as we work to be more consistent in our efforts to reduce alcohol marketing on our campus. UTVS, the student television station, and KVSC, the student radio station, do not accept alcohol advertising.

The alcohol and other drug policy ban sponsorship by the alcohol industry for on-campus events and University events taking place off-campus.

The alcohol and other drug policy states:

The following advertising and promotional activities are prohibited for any student, University employee, registered student organization, or University office, department or program:

- *Using alcoholic beverages as awards or prizes in connection with University events;*
- *Providing promotional items or advertising associated with alcohol and illegal drugs at University-sponsored student events. This includes, but is not limited to, such items promoting alcohol or drug use on cups, shirts, beverage can coolers, or any other items advertising or promoting alcohol or illegal drug use;*
- *Advertising alcohol and/or illegal drugs in University-controlled or affiliated publications, or on University premises, including University-affiliated web sites;*
- *Advertising that includes brand names, logos, prices, visual images or phrases that refer to consumption of alcoholic beverages and use of illegal drugs;*
- *Use of alcohol for recruiting and student organization fund-raising activities and events;*
- *Purchasing alcohol and other drugs with University or organization funds, including student activities fee allocations; and consuming or transporting alcohol and other drugs in University vehicles.*

The University does not regulate content or advertisements in autonomous student-edited media, such as student newspaper. Because of the belief that advertising alcohol perpetuates the culture of high-risk and underage drinking, the University encourages student media publications including, but not limited to, the University Chronicle to maintain internal policies which are compatible with this policy, to help promote student health and success.

Promoting a Healthy Normative Environment:

One example of promoting a healthy normative environment is our continued efforts to facilitate social norms messaging across campus. We regularly assesses various cohorts of students and utilize social norm theory to market health norms within the respective cohort. Social norms theory suggests that students make decisions about alcohol use based on their perceptions or misperception of other students' use. The theory states that students often misinterpret the alcohol use of their peers in an unhealthy manner. After assessment of actual behaviors, we market the healthy norm creating and distributing posters, video displays and by sharing the

information with student leaders. These projects provide very specific assessment information regarding on campus alcohol and drug use. We have co-presented on our work at national and regional conferences.

The Alcohol and Drug Advisory Board continues to serve in an advisory capacity to the Vice President for Student Life and Development. It advises the Vice President on issues related to alcohol and other drugs in terms of policy, student conduct, best practices, data analysis, and current issues. It helps the Vice President make informed decisions on alcohol related campus issues and policies.

We continue to collaborate with the St. Cloud Police Department to facilitate the annual "Prevention Walk." The walk takes place the few days before the start of classes. During the walk a member of the St. Cloud Police Department partnered with a University staff member to introduce themselves to rental houses located within the "hot zone." The St. Cloud Police Department created a list of homes that are targeted for the visits based on their data. This list coupled with information from neighbors created what the St. Cloud Police called the "hot zone." The teams speak with residents about city ordinances, crime reports, ways to be good neighbor, and how to get help if needed. The teams visit over 100 homes annually.

Reducing Alcohol Availability:

St. Cloud State University bans all alcohol on campus with rare exceptions (e.g., alumni awards dinner) only when authorized by the University President. Restrictions on liquor licenses within the city limit these events to once per month. As a result, alcohol and illegal drugs are prohibited in residence halls.

Student organizations may not raise organizational funds using alcohol. Student organizations that host off-campus events involving alcohol "may in no way expose a St. Cloud State University registered student organization or St. Cloud State University to a position of liability. If alcohol is served at a function it must be served or distributed by a licensed and bonded/insured third party. In addition, alcohol cannot be the focus of any organizational event" (Department of Campus Involvement, webpage, 2012).

Policy Development and Enforcement:

During the 2007-2008 academic year, the AODAB developed a new alcohol and other drug policy specifically for students. The policy became effective in July 2008 and is attached in the Appendix. Comprehensive in scope, the policy clarifies expectations for students' off-campus, prohibits disruptive use of alcohol (aimed at students drinking off-campus and causing problems on-campus), and restricts alcohol advertising, among others. The policy supports policies that already exist such as:

- *Student-Athlete Code of Conduct:*
<http://scsuhuskies.com/documents/2012/7/19/201213Handbook.pdf?id=39>
- *Student Organizations Handbook:*
<http://www.stcloudstate.edu/campusinvolvement/organizations/documents/StudentOrgGuidebookRev-F2012.pdf>

A review of the alcohol and other drug policy is conducted annually. A recent addition to the campus policy has been to include language that addresses and prohibits the use of synthetic drugs, as well as the use of prescription medication by those other than to whom the medication is prescribed. The following change was adapted in the spring of 2011:

“Unauthorized use, possession, manufacture, or distribution of any controlled substance or illegal drugs and/or drug paraphernalia is prohibited. This includes any chemical substance, compound or combination used to induce an altered state and/or otherwise lawfully available product (such as over the counter or prescription drugs) used for any purpose other than its intended use or by anyone other than the intended user.”

The entire policy can be viewed in Appendix C of this document.

Sanctioned Student Programming

The U-Choose program for sanctioned students is called IMPACT. Students are referred to IMPACT through student conduct violations involving alcohol. Currently, four levels of IMPACT are offered. An initial violation of the code involving alcohol usually results in a referral to IMPACT-I, a second violation to IMPACT-II, and so on.

IMPACT-M courses are for sanctioned students with marijuana-related violations. Currently there are two levels of IMPACT-M offered.

IMPACT classes all utilize best practice data driven approaches. Each class utilizes theories of motivational interviewing, norms clarification, BASICS, and psycho-education. All students are given the opportunity to critique the class and give feedback to the presenters. The IMPACT classes also utilize pre and post test data to determine effectiveness.

The following pages describe the different IMPACT offerings.

IMPACT-I

Format:	Small Group (max = 12)
Location:	M'de Wakan Room, Atwood Memorial Center
Audience:	Sanctioned students for first alcohol related violations
Prerequisite:	None
Assessment:	e-CHUG: Individualized online feedback
Duration:	90 Minutes
Taught:	GAs Primarily
Scheduling:	Online
Frequency:	2-3x per week during the semester
Open Seats:	325 per semester (approximately)
Expected #:	650 students
Historical #:	870 students—FY 11, 673 students, FY 12
Data:	30% reduction of self reported BAC at 90 days post IMPACT (further data presented on page 16 of this document)

Description:

IMPACT-I begins with an interactive exploration of why students drink and the potential negative consequence of high-risk alcohol use. The class then focuses on basic psycho-education on the effects of alcohol. Students participate in an interactive “pouring demo” that helps students understand a standard drink.

Content:

- Physiology Of Alcohol and Alcohol as Depressant
- Standard Drink
- Alcohol Poisoning
- Protective Factors
- Norms Clarification
- Safety Factors
- Reduction Of High-Risk Behaviors
- Blood Alcohol Content
- Alcohol Gender/Sex Difference
- How to help someone/Good Samaritan

IMPACT-II

Format:	Small Group (max = 10)
Location:	M'de Wakan Room, Atwood Memorial Center
Audience:	Sanctioned students for second alcohol related violations
Prerequisite:	IMPACT-I
Assessment:	e-CHUG: Individualized online feedback
Duration:	90 Minutes
Taught:	GAs Primarily
Scheduling:	Online
Frequency:	4x per semester
Open Seats:	50 per semester (approximately)
Expected #:	75
Historical #:	144 students – FY11, 86 students—FY 12
Data:	TBD (sample too small)

Description:

IMPACT-II begins with a review of IMPACT-I content to assess retention and reinforce initial message. Prior to taking IMPACT-II, students complete a confidential online assessment of their understanding of their needs for IMPACT-II. IMPACT-II then presents students with a more sophisticated look at potential problems from alcohol use. We review the research to help students understand that expectancies can lead to outcomes. Students go through an interactive discussion on the following topics.

Content:

- Alcohol Expectancies and Effect
- Alcohol Myopia & Poor Judgment
- Alcohol Related Memory Impairments (Blackouts)
- Dependence & Addiction
- Norms clarification on repeat conduct violations
- Potential career and academic concerns
- Alcohol and drug interactions including caffeine, pain killers, and marijuana
- Alcohol Poisoning (Review)
- Safety Factors (Review)

IMPACT-III

Format:	One-On-One
Location:	Counseling & Psychological Services
Audience:	Sanctioned students for third alcohol related violations
Prerequisite:	IMPACT-II
Assessment:	e-CHUG: Individualized online feedback
Duration:	Two 60 minute Sessions
Taught:	Davin Maijala, PsyD
Scheduling:	Students need to call Counseling & Psychological Services after completing the online signup process
Frequency:	As needed
Open Seats:	As needed
Expected #:	10 students
Historical #:	19 students—FY 11, 27 students—FY 12
Data:	TBD (sample too small)

Description:

IMPACT-III is tailored to the specific student. The initial session begins with review of all prior incidents involving alcohol and drugs. The student is given a complete psychological intake to rule out any possible underlying psychological comorbidity, which may be present. The student is also assessed for any dependency/addiction issues along with a complete family history. Students review with Dr. Maijala their perceptions on why they have been sanctioned to three IMPACT classes.

Goals:

- Reduce the likelihood the student will need IMPACT-IV
- Assess for psychological issues and dependency
- Create treatment plan for ongoing services with exploration of treatment (if needed)
- Help provide accurate information to the student on the underlying issues which maybe causing the student to have repeated troubles

IMPACT-IV

Format:	One-On-One
Location:	Counseling & Psychological Services
Audience:	Sanctioned students for fourth alcohol related violations
Prerequisite:	IMPACT-III
Assessment:	e-CHUG: Individualized online feedback
Duration:	Two 60 minute Sessions
Taught:	Davin Maijala, PsyD
Scheduling:	Students need to call Counseling & Psychological Services after completing the online signup process
Frequency:	As needed
Open Seats:	As needed
Expected #:	5 students
Historical #:	No students—FY 11, 1 student FY 12
Data:	None (sample size too small)

Description:

IMPACT-IV is based on reality therapy. The session helps students understand that no more IMPACTs are available to the student and that there are both serious academic and professional consequences for repeated violations of the code of conduct. The counselor attempts to help facilitate change by joining with the student on their desire to remain a student. The student is given homework after the initial session to create a “Plan for Success” in which the student describes how he or she is planning on remaining a student. The student needs to be clear about what he or she will do differently, what resources he or she will utilize, and how he or she will avoid potential triggers/high-risk events, interactions, or people. The student is encouraged to provide the plan to their referral agent and sign a confidentiality waiver to allow Dr. Maijala to communicate with the referral agent.

Goals:

- Create plan for student success academically and personally
- Reduce the likelihood the student will need to leave student for a preventable issue
- Further assess for psychological issues and dependency
- Create treatment plan for ongoing services with exploration of treatment (if needed)
- Help provide accurate information to the student on the underlying issues which maybe causing the student to have repeated troubles

IMPACT-M (Marijuana)

Format:	Small Group (max = 10)
Location:	M'de Wakan Room, Atwood Memorial Center
Audience:	Sanctioned students for marijuana related violations
Prerequisite:	None
Assessment:	e-TOKE: Individualized online feedback
Duration:	90 Minutes
Taught:	GAs Primarily
Scheduling:	Online
Frequency:	2x semester
Open Seats:	50 per semester (approximately)
Expected #:	50 students
Historical #:	47 students—FY 11, 39 students— FY12
Data:	TBD – (sample too small)

Description:

IMPACT-M begins with interactive exploration of marijuana as a drug and how it affects individuals. The class attempts to provide students with accurate information about marijuana without getting into discussions on legality or myth. The presenters attempt to make a strong link between academic success, career path, and overall satisfaction with life and the use of marijuana. The class ends with the “Marijuana Challenge.” Students are challenged to take five weeks and be completely abstinent and determine if they are better students, have higher quality lives, and better overall life satisfaction. After about five weeks, the active chemicals should have passed through the body and the majority of the negative effects should be gone. Note: students may still fail a drug test after five weeks.

Content:

- Marijuana The Drug: Why is it hard to classify?
- Physiology Of Marijuana: Effected brain centers and the likely cognitive, emotional, and behavioral impact
- Half-life Of Marijuana: How might weekend smokers still be impacting their academics?
- *“It’s Organic and Perfectly Safe”*: A break down of the myths of marijuana including carcinogens, long term use, sexual repercussions, and others
- *“I thought it wasn’t addictive...so why do I feel like crap after I quit”*: Marijuana Physical and Psychological Withdrawal
- What Role Does Marijuana Play In Your Life: How do you know you are experiencing negative effects when you brain is affected?
- Norms Clarification
- Safety Factors and Reduction Of High-Risk Behaviors
- The Marijuana Challenge

IMPACT-MII (Marijuana)

Format:	One-On-One
Location:	Counseling & Psychological Services
Audience:	Sanctioned students for second marijuana violation
Prerequisite:	IMPACT-M
Assessment:	e-TOKE: Individualized online feedback
Duration:	Two 60 minute Sessions
Taught:	Davin Maijala, PsyD
Scheduling:	Students need to call Counseling & Psychological Services
Frequency:	As needed
Open Seats:	As needed
Expected #:	no more than 5 students
Historical #:	1 student- FY 11, 2 students-FY12
Data:	None (sample size too small)

Description:

IMPACT-MII is tailored to the specific student. The initial session begins with review of all prior incidents involving alcohol and drugs. The student is given a complete psychological intake to rule out any possible underlying psychological concerns, which may be present. The student is also assessed for any dependency/addiction issues along with a complete family history. IMPACT-MII is based on reality therapy.

The session helps students understand that no more IMPACT classes are available to the student and that there are serious academic as well as professional consequences for repeated violations of the code of conduct. Dr. Maijala attempts to help facilitate change by joining with the student on their desire to remain a student. Dr. Maijala attempts to determine if the student is in denial about the impact of marijuana on his or her life or if the student has insight into the potential issues he or she faces with a third marijuana violation. The student is given homework after the initial session to create a "Plan for Success". The student needs to be clear about what he or she will do differently, what resources they will utilize, and how he or she will avoid potential triggers/high-risk events, interactions, or people. The student is encouraged to provide the plan to his or her referral agent and sign a confidentiality waiver to allow Dr. Maijala to communicate with the referral agent.

Goals:

- Create plan for student success academically and personally
- Reduce the likelihood the student will need to leave school
- Assess for psychological issues and dependency
- Create treatment plan for ongoing services with exploration of treatment (if needed)
- Help provide accurate information to the student on the underlying issues that may be causing the student to have repeated troubles

Program Type	Approximate Number of Students Assigned Sanctions		
	2010-2011	2011-2012	Fall 2012 (Aug - Dec)
IMPACT I	640	491	292
IMPACT II/III/IV	205	162	33
IMPACT M	93	79	10
Totals	938	732	335

The IMPACT program also contains an assessment component. Students are sent an email reminder 90 days after their IMPACT class or session requesting them to retake the e-CHUG instrument. Students also are asked and usually agree to participate in research on the IMPACT program. Based on self-report, the results are very encouraging. Our self-reported data from students indicates that the average peak eBAC prior to IMPACT.19. Sixty days following IMPACT the average peak eBAC reduces to a .13. This represents a 30% reduction in peak eBAC. While a .13 is still higher than desired, it is significantly safer and poses less risk of death or serious injury.

Immediately following the U-Choose and IMPACT sessions students are asked to complete a brief survey of their experience. These are the results of those surveys:

	Percent Agreement	
	U-Choose	IMPACT
This programming was beneficial to me.	84.8%	77.0%
The presenters answered my questions in a clear manner.	91.1%	93.1%
The presenters were knowledgeable about their topic area.	97.1%	96.4%
I would recommend this program.	90.2%	85.0%
I will discuss the information presented with my friends.	71.8%	76.2%
I learned something useful about moderation and risk reduction.	90.9%	86.6%
Information regarding sexual health choices, consent, and alcohol was useful.	73.5%	73.2%

Note: The numbers represent the percent of students that agree with each of the statement.

SCSU Diversion Program

The University, Neighbors, and City Officials collaborated during the spring of 2009 to look at new ordinances that would decrease high-risk drinking and increase the safety of the residents. Four ordinances were proposed. Those ordinances included:

- Social Host
- Provisional Licensing for Liquor Establishments
- Disruptive Intoxication
- Drink Specials

The only ordinance that failed to pass was the drink specials ordinance. Copies of the ordinances can be found in Appendix D.

This collaboration also led to the creation of the St. Cloud IMPACT diversion Program. The City of St. Cloud IMPACT Diversion Program is a joint program between St. Cloud State University, the City Attorney's office, and the St. Cloud Police Department. This program is designed to offer individuals who have been charged with an underage alcohol violation in the city of St. Cloud the opportunity to receive education and prevention services in lieu of a fine. These IMPACT Diversion classes cover the same content as the IMPACT-I and IMPACT-II classes. Individuals who successfully complete the program will not have the citation entered on their record. The IMPACT Diversion Program is an example of an environmental best practice initiative. It seeks to change the overall environment in which our students live. Our students interact, socialize, and live with similarly aged non-students. This program attempts to decrease high-risk drinking of non-students, which should change the drinking environment in a healthy direction for our students. Initial data on the diversion program shows a decrease in the minor consumption recidivism rate in the city of St. Cloud. Before the Diversion Program the minor consumption recidivism rate was 12%. Since the implementation of the Diversion Program the minor consumption recidivism rate is less than 4%.

Health Protection

There are three particularly important health protection facets to the AOD prevention program. Health protection strategies are those that protect "students from the short-term consequences of alcohol consumption" (Langford and DeJong, 2008, p. 5).

The Public Safety Department and the Residential Life night security program comprise perhaps the most important of these strategies. Unfortunately, during many weekends of the academic year, late evening and night security staff monitoring residence halls and patrolling the campus come upon students and other persons who are incapacitated and in need of emergency medical treatment. The prompt intervention of these largely student staff members likely has saved lives and prevented other harm.

In the spring of 2007, the Student Government Association (SGA) sponsored a referendum asking students to consider funding a late night bus transport to and from downtown and other areas. The referendum was promoted as a safety measure to reduce drunk driving and provide another alternative for individuals who have need for transportation to and from late night shopping, studying and employment. This program has continued to run.

Intervention and Treatment

One element of the St. Cloud State University AOD prevention program is “intervening with and treating students who are addicted to alcohol or otherwise show evidence of problem drinking” (Langford and DeJong, 2008, p. 5).

Faculty members in the Counseling and Psychological Services (CAPS) department provide individual counseling for alcohol and other drug use to students who have sought assistance or who have been referred for assistance. CAPS faculty members make referrals to community agencies and providers as needed.

Student Health Services (SHS) practitioners conduct health screenings with students that include questions about alcohol use. SHS practitioners also make referrals as needed.

St. Cloud State University is fortunate to be in a community containing a number of high-quality medical services including the St. Cloud Hospital (especially its Emergency Room unit), a detoxification center, and multiple out patient and inpatient alcohol and other drug treatment options. These services provide a number of possibilities for collaboration with the AOD prevention program at St. Cloud State University.

Recovery Community

To date our AOD efforts have focused on reducing high risk drinking and the associated negative consequences, as demonstrated throughout this document. The next major step in our efforts is to increase support and services for students in recovery on our campus. A small team of individuals spent the 2011-2012 academic year researching best practice collegiate recovery programs throughout the nation. The team developed an implementation plan for the creation of an intentional, comprehensive, best practice based recovery community at St. Cloud State University (Appendix G). President’s Council approved this plan in the spring of 2012 and the community welcomed its first participants in August of 2012.

This abstinence based recovery community will support those who have struggled with excessive use of alcohol or drugs and who recognize the need to completely abstain and make a commitment to quality sobriety as they pursue their education at St. Cloud State University. Recovery housing, located in Coborn Plaza, will be a central focus for the development of the recovery community at St. Cloud State University.

The recovery community will consist of the following key elements:

- Supportive Housing
- Customized Programming
- Clinical Services

Community Alliance

The St. Cloud Community Alliance (SCCA) was implemented by U-Choose in January 2010 as an effort to address the issue of high-risk drinking. The primary goal of the coalition is to reduce the incidence of high-risk drinking and its related negative consequences in the St. Cloud community. In addition to addressing individual behaviors, the SCCA recognizes that it is critical that the community takes a collaborative approach to change the campus and community environment in which college students live and learn. Research suggests that the environment (i.e. the places, policies, and messages which surround individuals and group) have a direct impact on alcohol consumption. Research has also demonstrated that changes in the campus and community environment are best implemented by bringing together the many diverse stakeholders of that community who work collaboratively to find effective solutions. President Potter and Mayor Kleis are co-chairs of the SCCA. There are approximately ten members of the community that serve on the Core Team. The Core Team helps to advise the direction of efforts of the SCCA. The SCCA has over one hundred members that have been invited to help reduce high-risk drinking and the associated negative impact on our community. More information on the community alliance can be found on our website: <http://www.stcloudstate.edu/scca/default.asp>

Annual Notification Procedures

St. Cloud State University is required by the Drug Free Schools and Communities Act to provide an annual notice regarding alcohol and other drugs to all students and employees. The annual notice must include information about university policy and sanctions regarding alcohol and other drugs, campus and community resources for assistance with alcohol and other drug issues, and legal sanctions for violating federal, state or local laws regarding illegal use, possession, or distribution of alcohol and other drugs.

Currently, the Office of the Vice President for Student Life and Development sends the annual notice to students by broadcast email with a link to the document mentioned above. Currently, this is the best way to reach students as email was designated several years ago as an official means of communication with students. Unfortunately, this may be the only way to ensure reliable, mass distribution to students as the email designation has led to many students not updating their addresses with the University.

The Human Resources department handles the Alcohol and Other Drug Notice to employees. Currently, only new employees regularly receive the policy as part of a packet that includes information about benefits, etc. The Notice is available to all employees at the Human Resources website at <http://www.stcloudstate.edu/humanresources/policies/documents/DrugandAlcohol.pdf>

Evidence of Program Effectiveness

St. Cloud State University regularly assesses the overall effectiveness of its AOD prevention program by surveying students on their self-reported use of alcohol and other drugs. St. Cloud

State University participates in numerous surveys to assess the alcohol and drug behaviors of our students. Changes in our trend data give a macro picture of student behavior changes over time and the impact of our collaborative environmental management approach.

In the past five years the high-risk drinking rates on campus have fallen by almost twenty percent. Five years ago our campus was well above national averages. In spring of 2010, our rates of high-risk drinking were consistent with national average (Appendix F). This is the first time in the recorded data at the University that our rates are consistent with schools across the country.

The University is located in an area deemed by epidemiological studies to have high alcohol use and abuse. We have surpassed the high use culture of the Midwest to lower our high-risk drinking rate that is on par with areas in low risk use areas of the nation (Appendix E). All of the alcohol and drug trend data demonstrate significant positive changes in the behaviors of our students.

The success of the U-Choose program in positively enhancing student learning can be documented through our data. Over the past six years, there has been a decrease in the number of students that report alcohol has negatively impacted their academics (Appendix G). The 46% reduction in academic impact over the past four years is due in part to instilling the Student Life and Development Learning Outcomes in the philosophy and practice of U-Choose. The Student Life and Development learning outcomes can be found at: <http://www.stcloudstate.edu/sld/outcomes.asp>.

Recommendations for Next Biennium

1. Continue to explore the possibility of implementing a population level alcohol prevention tool;
2. Update and improve annual notice procedures;
3. Develop and strengthen K-12 partnerships and develop programs to bridge the gap and better prepare students for the transition into college and their perceptions of the alcohol and drug culture on campus;
4. Continue to explore grant and external funding options to enhance our alcohol and other drug prevention efforts;
5. Develop and prioritize additional environmental management strategies that positively impact the University community and reduce high-risk alcohol consumption; and
6. Develop and enhance our prevention efforts targeting the abuse of prescription drugs by college students.

References

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- DeJong, W., & Langford, L.M. (2002). A typology for campus-based alcohol prevention: moving toward environmental management strategies. *Journal of Studies on Alcohol/Supplement No. 14* (pp. 140-147).
- DeRicco, B. (Ed). (2006). *Complying With the Drug-Free Schools and Campuses Regulations [EDGAR Part 86]: A Guide for University and College Administrators*. Department of Education/Higher Education Center for Alcohol and Other Drug Abuse and Violence Prevention.
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Appendix A

Assistant Dean for Chemical Health and Outreach Programming

Responsibilities:

- The Assistant Dean of Students for Chemical Health and Outreach Programming is responsible for providing visionary strategic leadership in the management and administration of various alcohol and drug initiatives and programs on and off campus, utilizing best practices and data driven approaches.
- The Assistant Dean of Students for Chemical Health and Outreach Programming hires, supervises, trains and evaluates full-time and part-time staff, graduate and undergraduate students; is responsible for the fiscal development and management of program budgets; and serves as a resource, consultant and liaison to the campus community regarding student issues and trends.
- The Assistant Dean of Students for Chemical Health and Outreach Programming is a member of the senior leadership team in the Division of Student Life and Development.

Minimum Qualifications:

- Master's degree in Higher Education Administration, Counseling, and Student Personnel or in a related field.
- Progressive responsibility in post-master's degree experience, which includes experience working with college students in a higher education environment; demonstrated experience in developing and implementing alcohol education programs; evidence of budgetary responsibility; evidence of successful grant writing experience and administration of grants; documented skill in conducting research, assessment, and evaluation activities; and effective administrative skills and supervision experience.

Preferred Qualifications:

The successful candidate will demonstrate evidence of the following knowledge, skills, and competencies:

- Knowledge of best practices related to health, wellness, and alcohol education

programs.

- Knowledge, understanding of national research, organizations and professional organizations associated with health, wellness and alcohol education programs.
- Knowledge of higher education and P-16 trends.
- Knowledge of change management processes and literature related to data collection, assessment and evaluation tools.
- Knowledge of student development, human development and counseling techniques.
- Strong written and oral communication skills.
- Ability to prepare grant reports and program reports.
- Ability to be flexible and adaptable to a fast and changing environment.
- Strong analytical skills in problem solving and conflict resolution.
- Effective listening and mediation skills.
- Demonstrated record of ability to be innovative and creative in addressing contemporary issues in higher education.
- Ability to simultaneously manage multiple complex situations, programs, groups, and various stakeholder needs and expectations.
- Skill in building effective coalitions to achieve mission and goals.
- Skill in determining appropriate data collection tools and mechanisms.
- Ability to write grant applications and manage small and large grants.
- Demonstrated ability to work with persons from culturally diverse backgrounds.

St. Cloud State University Audit

Typology Matrix/Updated Fall 2012

	Individual	Group	Institution	Community	State & Federal Policy
Knowledge, Attitudes, Behavioral Intentions	<ul style="list-style-type: none"> • Motivational Interviewing at Student Conduct Hearings • Change/Pre-Take (Self-referred) 	<ul style="list-style-type: none"> • UCHOOSE Classroom presentations • Women's Center Programming • Athletics Awareness Programming • Residential Life Parent Education/The Loop • Greek Community/THE training • Community Advisor Training on Alcohol • Faculty work in classrooms • Talk with a Cop—Risk Life • UCHOOSE self-referred • Social Norms Projects (Risk Life Campus Rec, Athletics, DCSI) • House Party 101 • Campus Rec Student Staff Training • Rizzutocheck Book Party • Club Bad • Manned After Dark • Wharf's Happening on Thursday/Wharf's H.O.T. 	<ul style="list-style-type: none"> • Report and Responsibility program for new students • Community Expectations Presentation at New Student Orientation • Parents Brochure on Alcohol Use • National Collegiate Alcohol Awareness Week Programming 	<ul style="list-style-type: none"> • Student, Team, Landlord and UCHOOSE Collaboration • IMPACT with non-students through diversion • Thive and UCHOOSE Prevention Walk 	
Environmental Change	<ul style="list-style-type: none"> • Conduct sanctions for Alcohol and Drug policy violations • Change/Pre-Take (referred) • Judicial Educator modules 	<ul style="list-style-type: none"> • Kickoff/Week Programming • Hike/Sploosa • Habitat Code of Conduct • Alcohol Free Activities (occur on campus or a regular basis. examples include: Internatics, U/PB events, BHA events, Student Organization events, Athletic events, etc.) 	<ul style="list-style-type: none"> • University Training Policy • Alcohol and Other Drug Advisory Board • Alcohol Free Policy/Campus Housing • Drug Campus with Presidential exception only • Student Conduct Code Enforcement for both on and off campus students • NCAA/CSIS Surveys • Comprehensive Student Alcohol and Other Drug Policy • Alcohol Advertising Restriction • Decision to remove Homecoming from University calendar and replace with Celebrate SCSU weekends 	<ul style="list-style-type: none"> • City of St. Cloud Diversion Program • Neighborhood Walk • Neighborhood University Community Coalition • St. Cloud Community Alliance • May Registration • Gender Training • Bar Capacity Enforcement • Bar Capacity Training • Partnership with St. Cloud Tech provide GA to their campus for UCHOOSE/IMPACT • Monthly policy/University meetings • Community Presentations (VAN Sharing, Tron/Gown, etc.) 	<ul style="list-style-type: none"> • Social Host Ordinance, 2010 City • Personal Licensing for Bars, 2010 City • Disruptive Involvement, 2010 City • St. Cloud City Drink/Spend Ordinance: Section 810.30 Subd. 14 • Omnibus Liquor Bill, 2005 (21+ Birthday Delay) State
Health Protection	<ul style="list-style-type: none"> • 4:1 Counseling • Risk Hall Night Security Program • Public Safety • Case Manager • Majors on policy and alcohol possession 	<ul style="list-style-type: none"> • SCSU Recovery Community • Alcohol Anonymous • Narcotics Anonymous 	<ul style="list-style-type: none"> • Behavioral Intervention Team • Friday morning classes • Public Safety Escort Program 	<ul style="list-style-type: none"> • 24hr Night Bus 	
Intervention/Treatment	<ul style="list-style-type: none"> • 1:1 Counseling • IMPACT III, IV and VIII (1) • Community Referrals as needed • Case Management 	<ul style="list-style-type: none"> • Residential Life Referrals 		<ul style="list-style-type: none"> • Detention/Rest Unit • Emergency Room/Hospital • Multiple Outpatient Treatment Options • Inpatient Treatment Options • Clinical Referrals/Intake 	

Alcohol and Other Drug Policy



Philosophy

This policy supports the mission of St. Cloud State University by:

Enhancing Learning and Service: St. Cloud State University seeks to provide an excellent learning environment and to provide support and service to our community and the broader community. We recognize the best educational environments are free from the adverse affects of high-risk and illegal alcohol and other drug use. We recognize also that high-risk drinking among our students on or off campus has a negative effect on academic performance and negative consequences for our community.

Respecting Individual Freedom and Responsibility: The University supports the individual freedoms accorded to our community members. However, we believe that with those freedoms come responsibilities to the University and the surrounding community. At a minimum, fulfilling those responsibilities requires that individuals understand and act in accordance with University policy and applicable local, state and federal laws.

Promoting Health, Safety and Well-Being: The misuse and abuse of alcohol and other drugs pose a serious threat to individuals and the University's ability to fulfill its educational mission. Excessive drinking among St. Cloud State University students is potentially associated with death, sexual assault, violence, injury, property damage, and a host of other negative effects.

Reducing these negative effects requires that we care for members of our community and our guests and visitors. Every member of the University community has a stake in promoting the goals listed above. As a result, University employees are expected to support this policy by:

- Supporting efforts to reduce or eliminate high-risk and illegal use of alcohol and other drugs.
- Holding students accountable for behavior that violates this policy, including referring incidents to University and/or law enforcement officials as appropriate.
- Supporting students' efforts to achieve healthy and productive lives by referring them to appropriate services, programs and activities.

Some employees have a greater responsibility in supporting compliance, including but not limited to, student organization advisers, Community Advisers, Public Safety Officers, and those traveling with students to off-campus events.

All University employees (non-students) are expected to comply with the employee policy regarding alcohol and other drugs. This policy can be found on the Office of Human Resources website, <http://www.stcloudstate.edu/humanresources/policies/documents/DrugandAlcohol.pdf>

II. St. Cloud State University Alcohol and Other Drug Policy

St. Cloud State University and this policy comply with and support Minnesota State Colleges and Universities (MnSCU) Board policy, which prohibits excessive or illegal use, sale, or distribution of alcoholic beverages at Minnesota State Colleges and Universities and University-sponsored events on or off campus.

- Definitions

Student—means all persons who:

Are enrolled in one or more courses, either credit or non-credit, through the University.

Withdraw, transfer or graduate, after an alleged violation of the Student Code of Conduct.

Are not officially enrolled for a particular term but who have a continuing relationship with the University.

Have been notified of their acceptance for admission or have initiated the process of application for admission or financial aid.

Are living in a University residence hall although not enrolled in the University.

Registered Student Organization: Any student group and/or organization that has successfully completed the registration process outlined in the Student Organization Guidebook and registers each academic year with the Center for Student Organizations and Leadership Development Office.

Travel Status: The period from departure until return to campus by students who have obtained travel authorization through the appropriate University representative for a University student event.

Events: Activities that include, but are not limited to, official meetings, practices, competitions or trips involving students, registered student organizations, or intercollegiate athletic teams.

University Premises, Property and Facilities: Any building or property owned by St. Cloud State University or that is controlled by the institution but owned by a third party.

- Applicability of the Policy

Violation of the Alcohol and Other Drug Policy, the Student Code of Conduct, MnSCU and University policies including Residential Life policies, Technology policies and/or local, state, or federal laws regarding use, possession, or distribution of alcohol and/or other drugs, or drug paraphernalia which may result in issuance of a court summons, arrest, or referral for University conduct action or any combination of the above.

This policy applies to all on-campus and off-campus activities that are considered University activities, such as events and officially sanctioned field trips. This policy also applies to student organization-sponsored activities and events.

This policy applies to students, student groups and organizations, and their guests or visitors on University property and facilities engaged in a University activity. SCSU employees should refer to the Office of Human Resources for applicable policies.

Violations or alleged violations of local ordinances, state or federal laws may subject student(s) and/or student organizations to conduct action by the University when these violations occur on campus, on University-owned property, during a University activity or event, or when behavior on or off campus adversely affects the University's educational, research or service functions. Examples of off-campus behavior which may be subject to University conduct action include, but are not limited to the following: underage consumption, selling or otherwise providing alcohol to underage persons; hosting underage drinking or disruptive parties; actions that threaten or endanger the health or safety of individuals; using, selling or distributing illegal drugs; sexual violence; and hazing.

- Alcohol and Other Drug Policy Section

On Campus: The use, possession, distribution, manufacture or sale of any controlled

substances, illegal drugs, or alcoholic beverage is prohibited on campus. Students may use and possess prescription drugs (including controlled substances) for which they have a valid prescription.

Off Campus: As members of the University community, students are expected to behave responsibly and legally. University community members violating civil or criminal law may be subject to University conduct procedures when that conduct occurs off campus and adversely affects the educational, research, or service functions of the University. Unlawful behavior by individual students or student organizations should be reported to the University. If reported, the University may take appropriate conduct action. The illegal use, possession, distribution, manufacture or sale of any controlled substance, drugs, or alcoholic beverages is prohibited for individual students and/or student organizations:

- at University events on or off campus;

- on travel status when representing the University (e.g., as a member of athletic team, sports club, Student Government Association, student organizations and groups, member of a University group, delegation, etc.). Further restrictions or allowances for legal and responsible use of alcohol may apply to individual students or student groups on travel status, based on the specific program's needs and direction of the faculty or staff supervisors/ advisors.

Student leaders, faculty, staff supervisors/advisers and coaches assume responsibility for ensuring University policies and local, state, and federal laws are followed.

Disruptive use of alcohol and other drugs is prohibited. Disruptive use of alcohol and other drugs, regardless of where consumed or ingested, includes behavior that disrupts the University community, endangers the health or safety of self or others, results in damage to University or personal property, or requires the intervention of University or community resources. Examples of disruptive use include, but are not limited to, disorderly conduct, excessive noise, violence, threats, vandalism, or intoxication (regardless of age), that leads to intervention by University personnel, law enforcement personnel or medical personnel.

The public display of advertising or promotion of alcoholic beverages or illegal drugs, in University buildings or any other public campus area including all University-owned housing areas is prohibited. This includes alcohol containers, banners, lighted beer/ liquor signs, and large inflatable advertising.

The possession or display of alcohol "trophies," or other forms of empty alcohol containers, is not allowed on campus. The presence of empty containers, devices designed or intended to be used for the rapid consumption of alcohol (i.e., races, games, etc.), or drug paraphernalia, is prohibited. Possessing any of these materials may be considered evidence of use, consumption, or distribution.

The following advertising and promotional activities are prohibited for any student, University employee, registered student organization, or University office, department or program:

- Using alcoholic beverages as awards or prizes in connection with University events;

- Providing promotional items or advertising associated with alcohol and illegal drugs at University-sponsored student events. This includes, but is not

limited to, such items promoting alcohol or drug use on cups, shirts, beverage can coolers, or any other items advertising or promoting alcohol or illegal drug use;

Advertising alcohol and/or illegal drugs in University-controlled or affiliated publications, or on University premises, including University-affiliated web sites;

Advertising that includes brand names, logos, prices, visual images or phrases that refer to consumption of alcoholic beverages and use of illegal drugs;

Use of alcohol for recruiting and student organization fund-raising activities and events;

Purchasing alcohol and other drugs with University or organization funds, including student activities fee allocations; and

Consuming or transporting alcohol and other drugs in University vehicles.

The University does not regulate content or advertisements in autonomous student-edited media, such as student newspaper. Because of the belief that advertising alcohol perpetuates the culture of high-risk and underage drinking, the University encourages student media publications including, but not limited to, the University Chronicle to maintain internal policies which are compatible with this policy, to help promote student health and success.

- Exceptions to these policies

An exception for instructional purposes in accordance with MnSCU Board Policy 5.18 allows for the use of alcohol in laboratory and classroom instruction or experiments.

Students may use and possess prescription drugs (including controlled substances) for which they have a valid prescription.

The Chancellor or the Office of the Chancellor, and the President of St. Cloud State University have delegated authority to approve use of alcohol at specific special events on campus or University-sponsored events off campus. Approval shall be consistent with the Alcohol and Other Drug Policy and with MnSCU procedures. The procedures shall address the following: compliance with local ordinances and state law relating to sale; possession or consumption of alcohol; providing adequate dram shop/public liability insurance; and any other matters deemed necessary. Students who are of legal age to consume alcohol may choose to do so at these events.

Students studying overseas are expected to comply with the laws of the foreign country and the policies of the host institution or sponsoring program. Additionally, all enrolled students, including students who are studying overseas, must abide by all University policies, including but not limited to the Student Code of Conduct.

A “Good Samaritan” exception for violations of the Alcohol and Other Drug Policy will be recognized and honored. A student, who may be in violation of the alcohol and other drug policy, but comes to the aid of another student by seeking professional help, will not be cited for an alcohol and other drug policy violation through the University conduct process. This exception is subject to the discretion of the Vice President for Student Life and Development or designee. This exception will not be granted to those who flagrantly or repeatedly violate the Alcohol and Other Drug Policy. This exception does not suggest that laws or

policies should be violated in order to help individuals.

The University recognizes that various violations of the Student Code of Conduct involve use of alcohol. The University encourages the reporting of conduct violations such as sexual assault, hazing, physical violence, harassment and others and, therefore, the University may choose not to hold Complainants accountable for Student Code of Conduct violations related to alcohol and other drugs when a more serious violation/crime has occurred.

- Additional Information and Resources

Prevention, counseling, treatment services, and referrals. □□The University recognizes that chemical abuse and chemical dependency impact academic and personal success. This policy is not designed to discourage people from seeking counseling or rehabilitation. □□All information about those individuals who voluntarily seek drug or alcohol counseling or rehabilitation services will remain confidential.

Seeking counseling or rehabilitation will not be used as a basis for conduct action or be used against an individual in any way. SCSU provides many varied programs to help individuals experiencing problems. Counseling is free and confidential to all SCSU students. Assistance with alcohol and drug issues can be received at: □Counseling and Psychological Services

□www.stcloudstate.edu/counseling □103 Stewart Hall □(320) 308-3171

□Confidential online alcohol screening is available through the Counseling & Psychological Services web site. □□Student Health Services

□www.stcloudstate.edu/healthservices □1st Floor, Hill Hall□(320) 308-3191

St. Cloud State University's employee (non-students) policy regarding alcohol and other drugs along with additional information can be found at the Office of Human Resources website at

<http://www.stcloudstate.edu/humanresources/policies/documents/DrugandAlcohol.pdf>

Minnesota State Colleges and Universities (MnSCU) Board Policy 5.18 can be found at <http://www.mnscu.edu/board/policy/518.html>

Relevant Minnesota Laws

Current Minnesota statutes including those related to alcohol and drugs are found at <http://www.leg.state.mn.us/leg/statutes.asp> [use "Search by key words or phrases" to find the specific topics of interest (e.g., alcohol, marijuana, etc.)]

For a summary of Minnesota alcohol-related statutes prepared by the National Institute for Alcohol Abuse and Alcoholism please see

http://www.alcoholpolicy.niaaa.nih.gov/APIS_State_Profile.html?state=MN

Relevant Federal Laws

Drug Free Workplace Act of 1988

Public Law 100-690

Drug-Free Schools and Communities Act Amendments of 1989

Public Law 101-226

Appendix D

Section 820-Social Host

820:10 Purpose and Findings. The St. Cloud City Council intends to discourage underage possession and consumption of alcohol, even if done within the confines of a private residence, and intends to hold persons criminally responsible who host events or gatherings where persons under 21 years of age possess or consume alcohol regardless of whether the person hosting the event or gathering supplied the alcohol. The St. Cloud City Council finds that:

- (a) Events and gatherings held on private or public property where alcohol is possessed or consumed by persons under the age of twenty-one are harmful to those persons and constitute a potential threat to public health requiring prevention or abatement.
- (b) Prohibiting underage consumption acts to protect underage persons, as well as the general public, from injuries related to alcohol consumption, such as alcohol overdose or alcohol-related traffic collisions.
- (c) Alcohol is an addictive drug which, if used irresponsibly, could have drastic effects on those who use it as well as those who are affected by the actions of the irresponsible user.
- (d) Often, events or gatherings involving underage possession and consumption occur outside the presence of parents. However, there are times when the parent(s) is/are present and condone the activity and in some circumstances provided the alcohol.
- (e) Even though giving or furnishing alcohol to an underage person is a crime, it is difficult to prove, and an ordinance is necessary to help further combat underage consumption.
- (f) A deterrent effect will be created by holding a person criminally responsible for hosting an event or gathering where underage possession or consumption occurs.

820:15 Authority. This ordinance is enacted pursuant to Minn Stat. § 145A.05, Subdivision 1.

820:20 Definitions. For purposes of this ordinance, the following terms have the following meanings:

- (a) Alcohol. "Alcohol" means ethyl alcohol, hydrated oxide of ethyl, or spirits of wine, whiskey, rum, brandy, gin or any other distilled spirits including dilutions and mixtures thereof from whatever source or by whatever process produced.
- (b) Alcoholic beverage. "Alcoholic beverage" means alcohol, spirits, liquor, wine, beer and every liquid or solid containing alcohol, spirits, wine or beer, and which contains one-half of one percent or more of alcohol by volume and which is fit for beverage purposes either alone or when diluted, mixed or combined with other substances.
- (c) Event or gathering. "Event or gathering" means any group of three or more persons who have assembled or gathered together for a social occasion or other activity.
- (d) Host. "Host" means to aid, conduct, allow, entertain, organize, supervise, control or permit a gathering or event.
- (e) Parent. "Parent" means any person having legal custody of a juvenile:
 - 1. As natural, adoptive parent, or step-parent;
 - 2. As a legal guardian; or
 - 3. As a person to whom legal custody has been given by order of the court.
- (f) Person. "Person" means any individual, partnership, co-partnership, corporation, or any association of one or more individuals.
- (g) Residence or Premises. "Residence" or "premises" means any home, yard, farm, field, land, apartment, condominium, hotel or motel room, or other dwelling unit, or a hall or meeting room, park, or any other place of assembly, public or private, where occupied on a temporary or permanent

basis, whether occupied as a dwelling or specifically for a party or other social function, and whether owned, leased, rented or used with or without permission or compensation.

(h) Underage Person. "Underage person" is any individual under twenty-one (21) years of age.

820:25 Prohibited Acts.

(a) It is unlawful for any person(s) to:

1. host or allow an event or gathering;
2. at any residence, premises or on any other private or public property;
3. where alcohol or alcoholic beverages are present;
4. when the person knows or reasonably should know that an underage person will or does;
 - (i) consume any alcohol or alcoholic beverage; or
 - (ii) possess any alcohol or alcoholic beverage with the intent to consume it; and
5. the person fails to take reasonable steps to prevent possession or consumption by the underage person(s).

(b) A person is criminally responsible under paragraph (a) above if the person intentionally aids, advises, hires, counsels or conspires with or otherwise procures another to commit the prohibited act.

(c) A person who hosts an event or gathering does not have to be present at the event or gathering to be criminally responsible.

820:30 Exceptions.

(a) This ordinance does not apply to conduct solely between an underage person and his or her parents while in the parent's presence and under the parent's guidance and supervision.

(b) This ordinance does not apply to legally protected religious observances.

(c) This ordinance does not apply to retail intoxicating liquor or 3.2 percent malt liquor licensees, municipal liquor stores or bottle club permit holders who are regulated by Minn. Stat. § 340A.503, Subd. 1 (a)(1).

(d) This ordinance does not apply to situations where underage persons are lawfully in possession of alcohol or alcoholic beverages during the course and scope of employment.

820:35 Enforcement. This ordinance can be enforced by any police officer or sheriff's deputy in the county.

820:40. Severability. If any section, subsection, sentence, clause, phrase, word or other portion of this ordinance is, for any reason, held to be unconstitutional or invalid, in whole, or in part, by any court of competent jurisdiction, such portion shall be deemed severable, and such unconstitutionality or invalidity shall not affect the validity of the remaining portions of this law, which remaining portions shall continue in full force and effect.

820:45 Penalty. Violation of this section is a misdemeanor.

820:50 Effective Date. This ordinance shall take effect thirty (30) days following its final passage and adoption.

History: Ord. 2464 5-24-10-New

Section 810:70. Penalties for Violations.

Subd. 1. Penalties. Upon a finding by the City Council that a violation of an offense designated in Subdivision 2 of this Section has occurred, the Council will, at a minimum, apply the following adverse penalties:

- 1) For a first violation within a 24 month time period..... a \$750.00 civil penalty.
- 2) For a second violation within a 24 month time period.....a \$1,500.00 civil penalty.
- 3) For a third violation within a 24 month time period..... a suspension or revocation of license. A liquor establishment that has its liquor license revoked under this Section becomes eligible only for a provisional liquor license subject to the terms and conditions outlined in Section 810:75 of this Chapter and subject to approval by the City Clerk. The City will notify the establishment's insurance company of the license suspension or revocation.

Subd. 2. Violations Enumerated.

- a. Violation of Minnesota Statute §340A.502: To sell, serve or furnish alcohol to an obviously intoxicated person.
- b. Violation of Minnesota Statute §340A.503: To sell, serve or furnish alcohol to persons under the age of 21.
- c. Section 810:30 – Violations of Conditions of License:

Subd. 5: prohibiting employing minors to serve alcohol

Subd. 9: restrictions on the display of alcohol

Subd. 10: prohibition on ethyl alcohol and neutral spirits

Subd. 11: lewd or indecent conduct prohibited

Subd. 14: promoting responsible consumption

d. Section 810:35: To sell, serve or furnish alcoholic beverages after hours.

e. Violations of City Code/State Law pertaining to fire, building or health codes. Such violations will only be considered a strike in the event a criminal citation, criminal complaint or administrative citation is issued.

Section 810:75 Provisional Liquor License.

Subd. 1. Duration of Provisional License. Provisional Liquor Licenses will be issued for a 12 month period.

Subd 2. Mitigation Plan Required. The applicant for a provisional liquor license must submit a mitigation plan that specifically describes steps proposed by the applicant to eliminate future violations.

Subd. 3. Application Review. The application for a provisional license will be presented to the City Clerk for review. The City Clerk will forward the application and mitigation plan to appropriate departments for review and comment. The City Clerk will approve, disapprove, or approve with conditions the application and mitigation plan. If the City Clerk denies an application and mitigation plan or approves with conditions, it will state the reasons for doing so in writing.

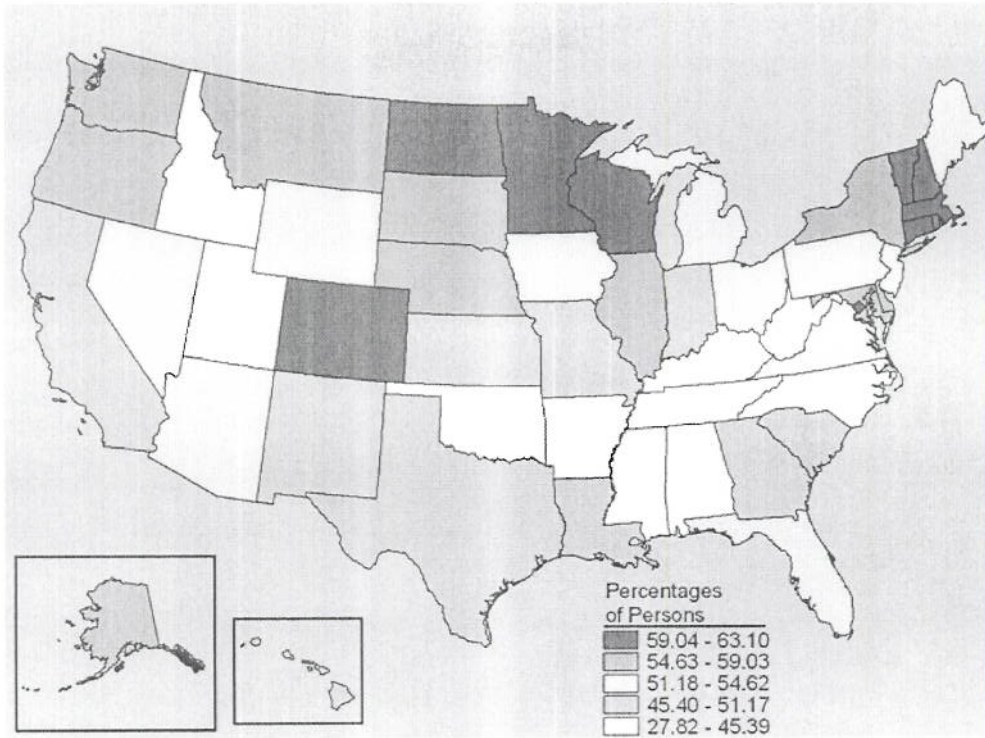
Subd. 4. Provisional License Application Fee. An application fee for a provisional license must be accompanied by a provisional license application fee. Fees will be set forth in Section 555 of this Code. An application will not be processed or considered by the City Council until the application fee is paid.

Subd. 5. Drink Specials Prohibited. A provisional liquor license holder may not offer drink specials or other promotions during the provisional licensing period.

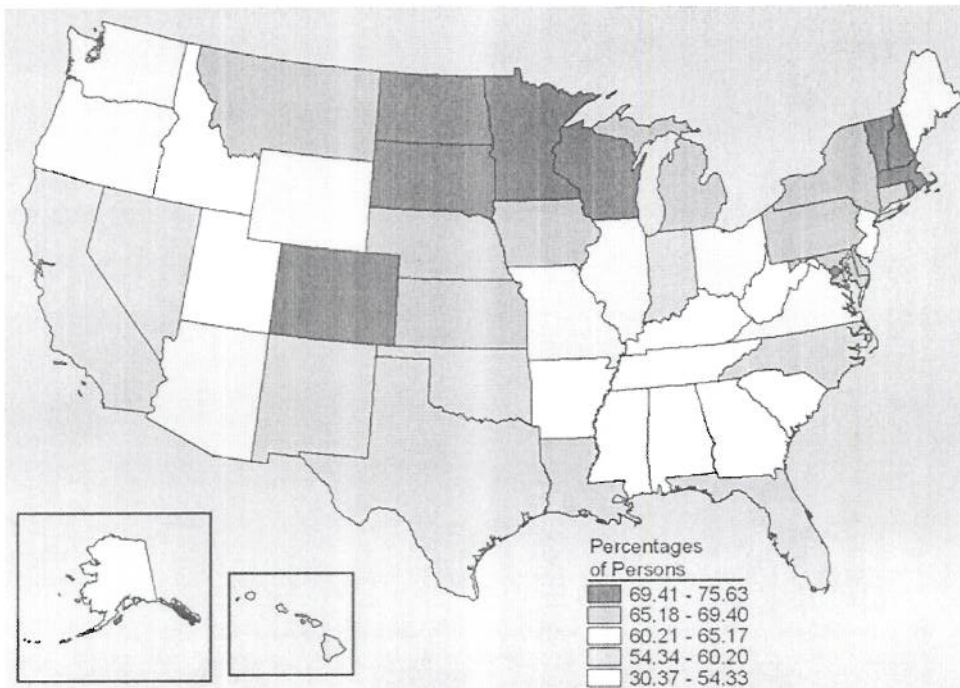
Subd. 6. Compliance Checks. Liquor license compliance checks will be conducted frequently in order to ensure implementation of the mitigation plan and compliance with this section.

Subd. 7. Revocation of Provisional License. Additional ordinance or statutory violations or failure to

Appendix E

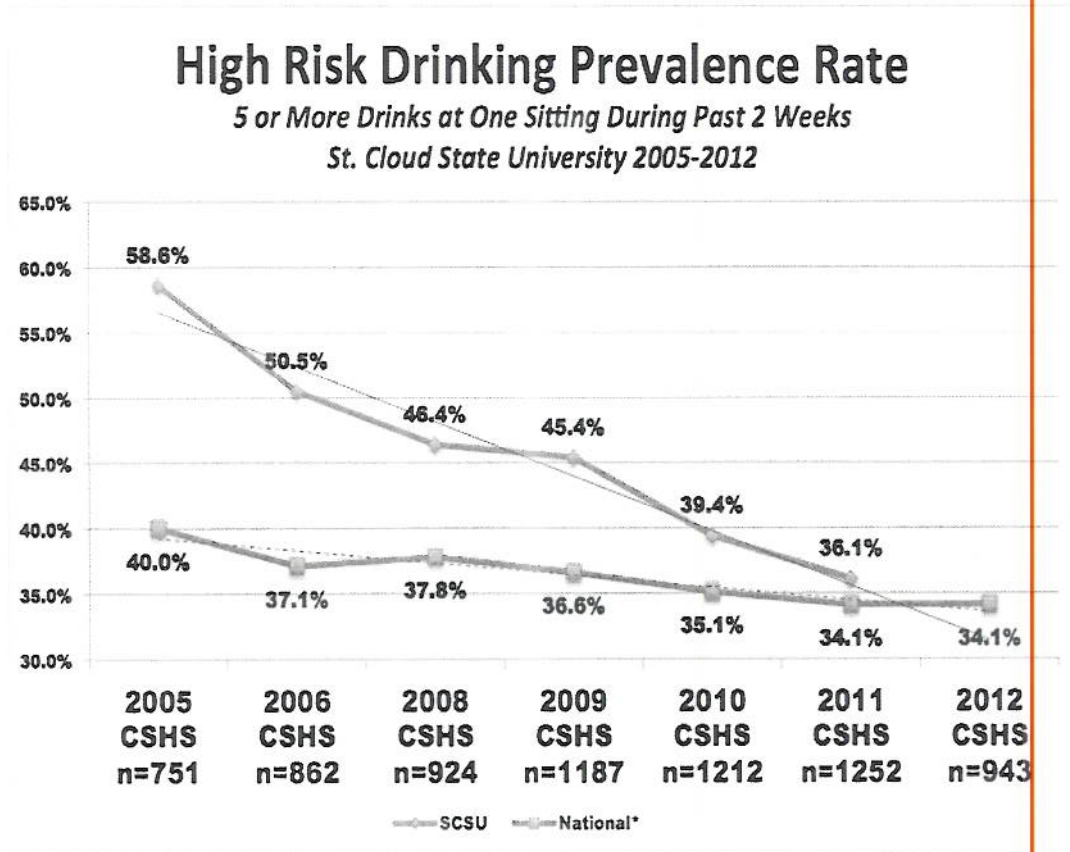


Alcohol Use in Past Month among Persons Aged 12 or Older, by State: Percentages, Annual Averages Based on 2007 and 2008



Alcohol Use in Past Month among Persons Aged 18 to 25, by State: Percentages, Annual Averages Based on 2007 and 2008

Appendix F



Appendix G

St. Cloud State University Recovery Community

Executive Summary

The St. Cloud State University Recovery Community is being developed by the Division of Student Life and Development under the leadership of Vice President Dr. Wanda Overland. The key departments in the division responsible for executing this program are the Department of Residential Life, Counseling and Psychological Services, and the U-Choose program. These departments have been successful collaborators in the reduction of high-risk drinking at St. Cloud State University and have the expertise and knowledge necessary to create and support the St. Cloud State University Recovery Community.

Key Individuals

Wanda I. Overland, Ph.D. - Vice President for Student Life & Development

Craig Wruck - Vice President for University Advancement

Chad Marolf – Development Officer, University Advancement

Daniel Pedersen – Director of Residential Life

Assistant Dean of Students

Jen Sell Matzke, M.S. - Associate Director of Residential Life for Staffing and Student Programs

John Eggers, Ph.D. LP – Director of Counseling & Psychological Services

Program Offered

St. Cloud State University will become a regional leader in providing an intentional, comprehensive, best practice based Recovery Community. An abstinence based recovery community will support those who

have struggled with excessive use of alcohol or drugs and now recognize the need to completely abstain and make a commitment to quality sobriety as they pursue their education here at St. Cloud State University. Housing for the Recovery Community program will be a central focus in the overall development of the St. Cloud State University Recovery Community. The recovery community will consist of the following key elements:

- Supportive Housing
- Customized Programming
- Clinical Services

Who We Recruit

It is quite difficult to document the number of current St. Cloud State University students who are active in their recovery process. National studies suggest that one in nine children age 12-17 meet criteria for alcohol abuse or dependency. Many of these young adults successfully complete treatment and seek a college or university that supports them in their recovery.

Minnesota is known nationally and internationally for being at the center for treatment and recovery, including young people who recognize the need to pursue quality sobriety. Indeed the majority of Minnesota adolescent treatment centers are located in the Twin Cities and throughout central Minnesota. Additionally, nine out of the twenty two recovery high schools in the United States are within driving distance of the St. Cloud State University campus.

Revenue

Charitable Gift Campaign

A campaign will be initiated by the St. Cloud State University Foundation to solicit charitable contributions to pay for the aforementioned budget. This campaign will utilize specific strategies to attract donors interested in recovery and student success. The recovery model we envision will be funded without new University dollars. Donor contributions will be pursued with the ultimate goal of creating a permanent endowment to provide for ongoing support and sustainability of this program. Sustained giving and the relationships we develop are integral to the University's goal of community engagement.

Grants

In conduction with the Office of Sponsored Programs, grants will be sought to additionally help defer costs of funding the program.

Team: Building On Success

Over the past four years, St. Cloud State University has made significant strides in providing best practice alcohol and drug prevention to the students of St. Cloud State University. These efforts have led to a remarkable reduction in high-risk drinking and helped to change the culture of substance use and abuse both on and off campus. Indeed we have been able to expand these services into the community,

providing high risk drinking prevention education to the young non SCSU students of the community, another positive community engagement aspect of this work.

To date our efforts have focused on reducing high risk drinking and the associated negative consequences. The next major step in our efforts is the creation of an intentional, comprehensive, best practice based recovery community. An abstinence based recovery community will support those who have struggled with excessive use of alcohol or drugs and now recognize the need to completely abstain and make a commitment to quality sobriety as they pursue their education here at St. Cloud State University. Recovery housing, located in Coborn Plaza, will be a central focus for the development of the recovery community at St. Cloud State University.

Products and Services

Residential Housing

The Recovery Community will be housed in Coborn Plaza. Coborn Plaza will serve as a central focus for the development of the Recovery Community.

One-On-One Clinical Meetings

Initially, all members of the Recovery Community will be required to have weekly individual sessions at the Counseling & Psychological Services Department. Each resident will be assigned a counselor upon admission into the program.

Weekly Recovery Support Group

Recovery Community members will be required to attend a weekly interpersonal process group meeting that focuses on recovery.

Monthly House Meeting

Once a month Recovery Community members will be required to attend a group meeting.

12-Step Meetings

Being selected to live in the Recovery Community will be based on the student's commitment to recovery and a 12-step program. All Recovery Community members must continue to attend 12-step meetings at a minimum of two times per week and maintain a relationship with a sponsor while living in Recovery Community housing. Specific details related to 12-step meetings will be discussed with their St. Cloud State University clinician. University staff members have established effective working relationships with the AA community and have developed an ongoing AA meeting on campus.

Relapse Support and Intervention

As a Recovery Community, the University is committed to an environmental approach which supports a healthy recovery, however, we recognize that relapses may occur during the process of recovery. While we will work to prevent relapse as much as possible, when a relapse does occur, we will support the student experiencing the relapse and the entire Recovery Community. If a student relapses and wishes to return to abstinence and recovery we will support his or her efforts. We will not punish relapse but rather support the student and the Recovery Community through the process of returning to recovery and abstinence.

If in the event of relapse, if the student does not want to commit to renewed abstinence and recovery and refuses a treatment plan, the individual will be required to move out of the Recovery Community immediately. As agreed to in the Recovery Community housing contract, alternative housing on-campus may not be an option for students during the academic year in which the relapse takes place.

Early and intentional relapse support and intervention are an essential element of the Recovery Community. These services will help prevent students from having their addiction flare out of control without support and quick referral to treatment.

Crisis Response

In the event that a Recovery Community member feels there is an emergency, the Department of Residential Life on call system will be utilized.

Outcomes

- Academic success for students in recovery through the creation of a recovery community.
- Development of a safe and supportive residential housing option for students in recovery.
- Development of a vibrant Recovery Community which provides support for students as well as those contemplating an environment which can support their desire for education and quality sobriety.
- Development of resiliency in recovering students in service of facilitating their academic and life success.
- Broad education and greater understanding for the St. Cloud State University community about addictions and effective strategies for the prevention and successful long-term treatment of its consequences.
- Recovery based service within the university, local, state, and national communities.
- Development of a community of scholars in recovery that are prepared for life, work and citizenship in the twenty-first century.

Other University/College Recovery Community Programs

Currently there is a paucity of public Midwestern universities that offer formal recovery support. According to the Association of Recovery Schools, if implemented, St. Cloud State University would be the only public university in the entire Midwest to offer housing specialized to students in recovery.

Market Overview

The Recovery Community will focus recruitment of students in three different manners.

Existing Students in Recovery

St. Cloud State University currently has students enrolled that are active in their recovery process. The management team would attempt to recruit these students to the Recovery Community.

Recovery High Schools

The management team will actively recruit new students to the university by attending the Recovery College fair. The team will also visit or connect with recovery high schools all over the country. We envision providing outreach to both individual recovery schools and utilizing the St. Cloud State Maple Grove site for large group outreach presentations.

In Minnesota (9 out of 22 schools):

- Central Freedom Recovery School, Mankato, MN
- City West Academy, Eden Prairie, MN
- INSIGHT Program, White Bear, MN
- Lakes Recovery School, Detroit Lakes, MN
- Minnesota Transitions Charter School, Minneapolis, MN
- PEASE Academy, Minneapolis, MN
- Recovery School of Southern Minnesota, Owatonna, MN
- Sobriety High School (Alliance Academy West), Burnsville, MN
- Sobriety High School (Arona Academy North Summit), Coon Rapids, MN

Outside Minnesota:

- Archway Academy, Houston, TX
- CRES Academy, Janesville, WI
- Daytop Preparatory School Mendham, NJ
- Hope Academy, Indianapolis, IN
- Mission Academy, Oklahoma City, OK
- Northshore Recovery High School, Beverly, MA
- Project Change: A Charter Recovery High School, Waukesha, WI
- Serenity High, McKinney ISD, McKinney, TX
- Springfield Recovery High School, Springfield, MA

- Summit High School, Santa Barbara, CA
- Transitions High School (Grace Youth and Family Foundation), Butler, PA
- Visions Scholastic Academy, Los Angeles, CA
- William J. Ostiguy High School, Boston, MA

Treatment Facilities

Minnesota is widely considered the international home to alcohol and drug treatment. Multiple internationally known treatment centers are within an hour and half drive from St. Cloud State University. Additionally, there are three outpatient and one inpatient chemical dependency treatment centers in the St. Cloud area. The management team would reach out to a wide array of treatment facilities to help advertise our Recovery Community.

Market Needs

According to Alcoholics Anonymous, there are over 56,000 active AA meetings with over 1,200,000 active members. Currently, there are less than two hundred residential housing beds in universities and colleges across the United State that intentionally support students in recovery. While many potential students are going through the recovery process, there is very limited support for these students to gain a higher education degree and maintain a quality sobriety.

Data from existing higher education institutions which do provide the support indicates these students are leaders and have higher GPAs than the average student.

Strategy and Implementation

Marketing Plan

Our marketing strategy is a simple one: excellent education coupled with recovery support that is affordable. Students in recovery will seek St. Cloud State University because of the intentional support they receive while excelling in college. Parents will seek St. Cloud State University as a first choice for their children's education as we will become the only university in the Midwest to offer housing coupled with intentional support for their son or daughter's quality sobriety.

Pricing Structure

Students living in the Recovery Community will pay the same rate as any other student living in Coborn Plaza. The extra costs associated with running the program will not be assessed to the students and instead funded through charitable contributions and eventually an endowment fund.

Promotional Plan

Promotion of the Recovery Community will be successful initially through networking with local recovery high schools, treatment centers, and the College Recovery Fair. Marketing materials and a website will be developed. Over time, the success of the program, alumni support and recovery schools will know of the St. Cloud State University's Recovery Community and become the basis for promotion.

Personnel Plan

Personnel Table

	FY2012	FY2013	FY2014	FY2015	FY2016	FY2017
Coordinator	\$0	\$80,000	\$82,000	\$84,000	\$86,000	\$88,000
Graduate Assistant	\$0	\$20,665*	\$21,000*	\$21,500*	\$22,000*	\$22,500
Alcohol & Drug Counselor	\$0	\$20,000	\$40,000	\$40,000	\$82,000	\$84,000
Community Advisor	\$0	\$0	\$0	\$15,700*	\$16,000*	\$16,500*
Total	\$0	\$120,665	\$143,000	\$161,200	\$206,000	\$211,000

*Includes: Tuition, Stipend, Room, & Board

About the Personnel Plan

Graduate Assistant (Live In)

The Recovery Community management team will work together to hire a graduate assistant with a background and understanding of recovery. This individual will serve in a role similar to a Community Assistant to the Recovery Community. The Graduate Assistant will complete training by the Department of Residential Life alongside other Graduate Assistant's and Community Assistants.

Program Coordinator

A Program Coordinator will be hired that has a Licensed Drug and Alcohol Certification (or similar credential), a background in recovery support and experience working with college students. This individual will help recruit students from area recovery high schools, attend the recovery college fair, and market the program. The Program Coordinator will serve as a liaison to area treatment centers, recovery high schools and 12-step groups. The Program Coordinator will be responsible for overseeing

programming in conjunction with the Graduate Assistant for the Recovery Community. The Program Coordinator will help with ongoing day-to-day operations of the Recovery Community.

Alcohol and Drug Counselor

A full time licensed Alcohol and Drug Counselor will be hired to share the clinical load with Counseling & Psychological Services. This individual will also help run the weekly meetings. The counselor will expand their duties from ten hours per week in year one to full time hours by year five.

Community Assistant (Live In)

As noted above, to provide sufficient residential support for the anticipated numbers of students in the Recovery Community, additional staffing will be required in year three. An additional live in position will be created in the form of an undergraduate Community Advisor (CA). It is our hope that an appropriate individual can be hired from within the existing student Recovery Community who lived in the community for at least one of the two previous years and is still an undergraduate. This model is consistent with other collegiate Recovery Communities we researched, which builds on the experiences and wisdom of students who first live in the student Recovery Community before taking on a leadership role as a Community Advisor.

Appendix

Research: Best Practices Examined

The collegiate recovery best practices and communities reviewed included:

A. Collegiate Recovery Conference - Texas Tech University, Lubbock TX

The team attended the 2011 Collegiate Recovery Conference at Texas Tech University. Texas Tech University is a nationally recognized leader in providing collegiate recovery support through a non-residential center on their campus. Texas Tech University leads the nation in scholarship and research on collegiate recovery. <http://www.depts.ttu.edu/hs/csa/>

B. StepUP Program - Augsburg College, Minneapolis, MN

The team along with members of the SCSU Alcohol and Other Drug Advisory Board spent a day visiting Augsburg's StepUP program. The StepUP Program is regarded as one of the premiere recovery living communities on a private college campus. The StepUP program currently serves 75 students in active recovery. <http://www.augsburg.edu/stepup/>

C. Recovery Housing – Rutgers, New Brunswick, NJ

The Rutgers Recovery Program has been in operation since 1988 supporting students active in their recovery program. This program is the oldest existing program and regarded as the best practice recovery program with a living community at a public university. Currently, the program houses approximately 25 students and is expanding to two houses this fall and increasing their participation to 40 students. <http://rhscaps.rutgers.edu/services/adap-recovery-housing>

The directors of the three aforementioned programs have committed to being a resource for our work at St. Cloud State University. All three programs were excited about the potential opening of a Recovery Community at SCSU and all believe we would fill a much-needed niche for an affordable public university Recovery Community.

Statement on Relapse

As a Recovery Community, the University is committed to an environmental approach, which supports a healthy recovery, however, we recognize that relapses may occur during the process of recovery. While we will work to prevent relapse as much as possible, when a relapse does occur, we will support the student experiencing the relapse and the entire Recovery Community. If a student relapses and wishes to return to abstinence and recovery we will support his or her efforts. We will not punish relapse but rather support the student and the Recovery Community through the process of returning to recovery and abstinence.

If in the event of relapse, if the student does not want to commit to renewed abstinence and recovery and refuses a treatment plan, the individual will be required to move out of the Recovery Community immediately. As agreed to in the Recovery Community housing contract, alternative housing on-campus may not be an option for students during the academic year in which the relapse takes place.

Early and intentional relapse support and intervention are an essential element of the Recovery Community. These services will help prevent students from having their addiction flare out of control without support and quick referral to treatment.

Admissions Criteria

Recovery - from alcohol and other drugs – Six Months Minimum

Students may only live in the Recovery Community if they can document six months of recovery post treatment. Releases for treatment and counseling will be signed prior to admission to verify appropriateness of admission to the St. Cloud State University Recovery Community.

Full Time Credits

All individuals in the Recovery Community must maintain full-time credits unless there are special circumstances, which have been approved by the management team. Recovery Community members must discuss dropping classes below full time status with their primary counselor before doing so and approved by the management team.

Agreement to Abide by Recovery Living Contract

Residents must sign and agree to the Recovery Community Contract prior to being granted living space in the Recovery Community housing.

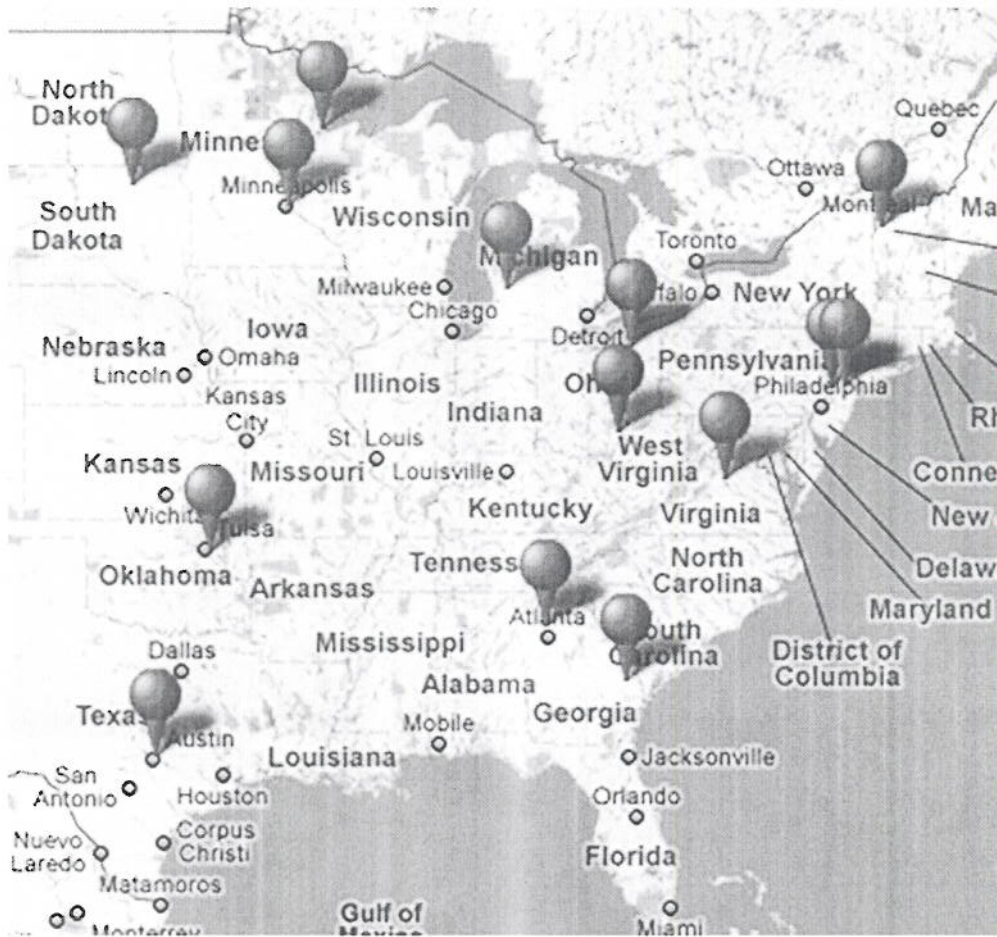
Year 1 – Detailed Timeline

1. Submission of Proposal to President for Review
2. Formation of Student Recovery Community Advisory Board
 - Faculty & Staff
 - Students
 - Community Members
 - Alumni
3. Develop admission criteria and process, contract, and housing addendum
4. Collaborate with University Foundation to raise funding
5. Create position description and Position Analysis Questionnaire for Program Coordinator
6. Meet with key university stakeholders
7. Develop marketing materials
8. Meet with AA/NA leaders and develop contacts
9. Visit Recovery high schools
10. Visit with local treatment facilities
 - Central Minnesota Mental Health
 - Recovery Plus
 - Project Turnabout
 - Hazelden
 - Pride Institute
 - Others...
11. Hire & train Graduate Assistant
12. Hire & train Program Coordinator
13. Train Residential Life Staff
14. Interview potential community members
15. Orientation for new community members
16. Assess & review program

Recovery Colleges and Universities

1. Augsburg College-StepUP Program, Minneapolis, MN
2. Case Western Reserve University, Prevention and Recovery Services (PRS), Cleveland, OH
3. Center for Young Adult Addiction and Recovery, Kennesaw State University, Kennesaw, GA
4. The College of St. Scholastica, Duluth, MN
5. Jiang-Ping Hsu College of Public Health, Georgia Southern University, Statesboro, GA
6. Grand Valley State University, Allendale, MI
7. Northern State University, Aberdeen, SD
8. Ohio University, Athens, OH
9. Rutgers University: New Brunswick Campus, New Brunswick, NJ
10. Tulsa Community College, Tulsa, OK
11. University of Texas at Austin, Austin, TX
12. University of Vermont, Burlington, VT

13. University of Virginia, Hoos in Recovery Program, Center for Alcohol and Substance Education, Charlottesville, VA
14. William Paterson University, Wayne, NJ



From: The Association of Recovery Schools