

*The Office of Human Resources is pleased to collaborate with  
campus departments and organizations to present*

# Training Tuesdays

## February 2014

### February 4

#### GET YOUR STARID TODAY!

Noon - 12:45 p.m.  
Centennial Hall, Room 351

TECHNOLOGY

*Sponsored by Information Technology Services*

SCSU will be using MnSCU's new StarID to replace the **HuskyNetID** and **TechID** as a method of logging into your **SCSU email, eServices, D2L** and more. The goal of this project is to allow faculty, staff and students to move throughout all of the MnSCU institutions using a common identifier, the StarID. This conversion will occur over spring break. Please join us for an overview of these changes and a chance to ask questions about how this will affect you. In addition, you will be able to activate your StarID, if you have not yet done so.

PRESENTER: **Casey Gordon**, Director of Technology Support

### February 11

#### THE PURSUIT OF HAPPINESS

Noon - 1:00 p.m.  
Mississippi Room, Atwood Memorial Center

PROFESSIONAL DEVELOPMENT

*Sponsored by Human Resources. This presentation is part of the Supervisor Brown Bag Series.*

Do you love your job? Do your employees look forward to coming to work every day? If so, come to the first brown bag session of spring semester and share with your colleagues what makes your job so enjoyable. If not, come to the session and learn about strategies and skills that you can implement immediately to make a positive impact on your workplace.

PRESENTER: **Holly Schoenherr**, Director of Human Resources.

### February 18

#### UNIVERSAL DESIGN: CREATING ACCESSIBLE POWERPOINTS

10:00 a.m. - 11:00 a.m.  
Miller Center, Room 207

TECHNOLOGY

*Sponsored by Information Technology Services*

It's bound to happen sooner or later as we see an increase in the number of visually impaired students in our classes, both face-to-face and online courses. This session will show you how to create PowerPoint presentations that are readable by students using JAWS and a computer. Be proactive rather than reactive: create all your PowerPoint presentations so that you are ready to meet the needs of your students who have a visual impairment.

PRESENTERS: **Sara Grachek**, Instructional Technologies Coordinator & **Karen Thoms**, Professor, Learning Resources Services

#### GLUTEN FREE: IS IT FOR ME? PART 1

Noon - 12:50 p.m.  
Alumni Room, Atwood Memorial Center

HEALTH & WELLNESS

*Sponsored by Student Health Services, Sodexo, and the Health & Wellness Committee*

Join us for Part 1 of 2 where we will discuss the medical component of celiac disease and non-celiac gluten sensitivity, who should follow a gluten-free diet, where gluten is found, and how to eat gluten free. Part 2 (March 18) will include meal planning and recipes.

PRESENTERS: **Dr. Brent Nielsen**, Medical Director, Student Health Services and **Hannah Hokanson**, Registered Dietitian, Sodexo.

### February 25

#### SUICIDE PREVENTION TRAINING

11:00 a.m. - 11:50 a.m.  
Glacier North, Atwood Memorial Center

HEALTH & WELLNESS

*Sponsored by PACC (Promoting a Caring Community), Co-sponsored by the Health & Wellness Committee*

Question, Persuade, and Refer (QPR) – three simple steps that anyone can learn to help save a life from suicide. QPR is a best practice gatekeeper training that provides people the tools necessary to respond to someone who is in psychological crisis in order to get them help. As a QPR-trained Gatekeeper you will learn to: recognize the warning signs of suicide; know how to offer hope; know how to get help and save a life.

PRESENTER: **Taunja Meers**, MSW, LICSW, is the Director of the St. Cloud State University Case Management Program through the Counseling and Psychological Services office. She has her master's degree in Social Work and has extensive experience working in crisis and mental health, and is a certified master trainer in QPR.