

Healthy Huskies at St. Cloud State University

Job Description and Responsibilities

Healthy Huskies works collaboratively with the Medical Clinic, Health Promotion, UCHOOSE, and the Recovery Resource Center. Healthy Huskies are Students helping their peers embrace and live healthier lifestyles. Healthy Huskies use innovative approaches to promote and encourage a healthy St. Cloud State Community (“Healthy students for healthier St. Cloud State”).

Required Skills for Members of Healthy Huskies:

- Strong public speaking and presentation skills
- Demonstrated ability to get along well with others and work effectively in a team environment
- Strong interpersonal, group communication, and leadership skills
- Demonstrated ability to make and keep commitments
- Demonstrated ability to work independently
- Responsible and reliable

Members of Healthy Huskies will:

- Work collaboratively with the Program Directors to create an operations plan for health outreach.
- Meet weekly with subcommittees to maintain communication and our forward progress towards established goals.
- Develop and implement health related educational programs that address topics that may include but are not limited to: Alcohol & Other Drugs, Sleep, Mental Health & Stress, Nutrition or Sexual Health.
- Help implement alternative social activities on the SCSU campus (i.e., Blizzardshack).

Requirements for Application for Acceptance:

- Enrollment as a St. Cloud State University student (with no more than 18 credit hours)
- Minimum cumulative GPA of at least 2.5
- Must be in good standing as an SCSU student.
- An interest in being a member that coincides with the program’s mission and goals
- Must be a role model for responsible and healthy lifestyle choices and enthusiastic about educating their peers on wellness issues
- Must possess excellent oral and written communication skills, and to be able to communicate effectively with their peers, University employees and possibly, community agencies
- Must be able to work as a team member and independently
- Must possess positive work attitude and be dependable and responsible

Hours per Week: 5 - 10 hours/week. Evening hours will be required for events. Internships available up to 480 hours/semester.

Office Hours: 11am-4pm, Monday through Friday. Meetings are scheduled throughout the week- 8am-4:30pm. We accommodate your classes in creating your schedule.

Compensation:

- Work study/hourly payment: hourly compensation available, work study encouraged, but not required.
- Internship Stipend: \$300 stipend for qualified applicants.