

# Campus Resources

As a college student, you might experience stressful situations that you may not be able to handle alone. Luckily, SCSU has many campus resources that can help you manage, cope with, and help resolve some of these situations. If you find yourself answering yes to any of the questions below, or view yourself to be in similar situations, utilize the following supportive campus resources.

## Are matters regarding landlords, criminal offenses, veteran's issues, domestic issues, or other legal issues causing you to be stressed?

- Student Legal Services
  - Location: Department of Campus Involvement Resource Desk (Across from AMC 139)
  - Phone: 320-308-2205
  - Website: [http://www.stcloudstate.edu/campus\\_involvement/legalservices.asp](http://www.stcloudstate.edu/campus_involvement/legalservices.asp)

## Feeling stressed about paying for school?

- Financial Aid Office
  - Location: Administrative Services 106
  - Phone: 320-308-2047 or 1-877-654-7278
  - Email: [financialaid@stcloudstate.edu](mailto:financialaid@stcloudstate.edu)
  - Website: <http://www.stcloudstate.edu/financialaid>

## Are issues regarding your gender, sexuality, race, ethnicity, class, age, or culture impacting your life?

- Lesbian, Gay, Bisexual, Transgender Resource Center (LGBT)
  - Location: AMC 142
  - Phone: 320-308-5166
  - Email: [lgbt@stcloudstate.edu](mailto:lgbt@stcloudstate.edu)
  - Website: <http://www.stcloudstate.edu/lgbt>

## Are you experiencing conflicts with a roommate, a co-worker, a friend, or someone you know?

- SCSU Conflict Resolution Services
  - Location: AMC 127
  - Phone: 320-308-3009
  - Website: <http://www.scsuresolveit.com/index.html>

## Are you struggling with relationship conflict or abuse?

- Women's Center
  - Location: 720 Fourth Avenue South
  - Phone: 320-308-4498
  - Email: [womenscenter@stcloudstate.edu](mailto:womenscenter@stcloudstate.edu)
  - Website: <http://www.stcloudstate.edu/womenscenter/>

## Are you struggling with any personal, mental health, or academic issues?

- Counseling and Psychological Services at SCSU
  - Location: Steward Hall 103
  - Phone: 320-308-3171
  - After hours crisis: 320-253-5555 OR 1-800-653-8008
  - Email: [counseling@stcloudstate.edu](mailto:counseling@stcloudstate.edu)
  - Website: <http://www.stcloudstate.edu/counseling>

## Are personal health concerns or healthcare costs causing you to be stressed?

- Student Health Services
  - Location: 1st floor of Hill Hall
  - Phone: 320-308-3193
  - Email: [healthservices@stcloudstate.edu](mailto:healthservices@stcloudstate.edu)
  - Website: <http://www.stcloudstate.edu/healthservices/>

## Are you experiencing any personal, professional, or legal issues regarding alcohol and other drugs?

- U-Choose
  - Location: Atwood 217
  - Phone: 320-308-4197
  - Email: [uchoose@stcloudstate.edu](mailto:uchoose@stcloudstate.edu)
  - Website: <http://www.stcloudstate.edu/uchoose>

## Are you or a friend struggling with thoughts of suicide?

- Promoting a Caring Community (PACC)
  - Location: Stewart Hall 103
  - Phone: 320-308-3171
  - Email: [pacc@stcloudstate.edu](mailto:pacc@stcloudstate.edu)
  - Website: <http://www.stcloudstate.edu/pacc>



Peer Education & Prevention Team

[www.stcloudstate.edu/healthservices/](http://www.stcloudstate.edu/healthservices/)  
[www.stcloudstate.edu/uchoose/](http://www.stcloudstate.edu/uchoose/)