# St. Cloud State University Graduate Student Individual Development Plan

An Individual Development Plan (IDP) is an opportunity for you to consider your values, interests and goals and to assess your strengths in the knowledge and skills needed to successfully achieve your goals.

The IDP will be unique to you and is a living document that you will continue to evaluate and update as you develop and grow. You will have both short-term and long-term goals and these will change as you develop your skills and your path comes into focus.

As a graduate student, the IDP can be used as a starting point for conversations with your advisor or professional mentors. They can provide feedback on your assessment of your strengths and recommend areas for growth.

The dimensions of Our Husky Compact is one way to organize your thinking and your individual development plan. University workshops and the Involvement Transcript are organized around these dimensions.

- Think Creatively and Critically
- <u>Seek and Apply Knowledge</u>
- <u>Communicate Effectively</u>
- Integrate Existing and Evolving Technologies
- Engage as a Member of a Diverse and Multicultural World
- <u>Act with Personal Integrity and Civic Responsibility</u>

The back of this sheet contains a fillable worksheet that you can use to begin identifying your values, interests and goals and the skills needed to achieve your goals. You can assess your strengths and identify areas for growth.

### Resources

- Explore the <u>IDP recommendations (opens in a new tab)</u> (PDF) provided by the University of Wisconsin.
- Set up an Involvement Transcript
- <u>Huskies Connect</u> Identify workshops, trainings and involvement opportunities.

Sources:

Berkley Graduate School <u>https://grad.berkeley.edu/idp/</u> University of Wisconsin Madison Graduate School https://grad.wisc.edu/professional-development/individualdevelopment-plan

## **Goal Setting Worksheet**

1. Identify an academic or professional goal.

2. List the knowledge and skills needed to reach this goal in the left-hand column.

3. Assess your knowledge and skill level by marking 1=Excellent, 2=Good but could be Improved, or 3=Needs significant Improvement or gap exists

4. For those skills needing fine-tuning or significant improvement or where a gap exists, create a plan to improve your skills in that area.

#### Goal:

| Knowledge/<br>Skill Needed | Assess your<br>knowledge/skill level<br>(see above) | Options for<br>skill development? | When will you<br>take this step? | How will you<br>demonstrate that<br>you have developed<br>this knowledge/skill? | OHC<br>Dimension |
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