

# APPENDIX G-II: INDIVIDUAL PRACTICUM: PROGRESS NOTES

(D A P format)

**Client:** \_\_\_\_\_ **Session Number:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**Session Start Time:** \_\_\_\_\_ **Finished Time:** \_\_\_\_\_ **Duration:** \_\_\_\_\_  
**Next session:** \_\_\_\_\_ @ \_\_\_\_\_  
Date Time

<b>Therapist's comments/objectives from Treatment Plan or from last session</b> (unless this is first session)
<b>Description/Data:</b> (include items such as: Test results, notable appearance/changes, homework/material returned by client, progress on goals, setbacks, symptom changes/new ones, current stressors, current supports, use of interventions by therapist, notable client quotes, could include information from collateral sources)
<b>Assessment</b> (clinical judgments based on this session, current summary of outcomes, increase or decrease in behaviors related to treatment, interpretation of test scores, etc.)
<b>Plan</b> (treatment to be used, objectives for treatment, planned contacts, referrals, termination as needed, etc.)

\_\_\_\_\_  
Therapist Signature

\_\_\_\_\_  
Credentials

\_\_\_\_\_  
Date

**FOR Session Review/Video Review and Supervision Use:**

<b>1. From your video review, list major issues for future development or describe your professional development/progress of your counseling skills in this session:</b>	
<b>a</b>	
<b>b</b>	
<b>c</b>	
<b>2. After reviewing your session, what will be the most important issues/items to be discussed in supervision (list 3 items with the time stamps on your video – the starting and ending times of that item/issue)</b>	
<b>a</b>	
<b>b</b>	
<b>c</b>	