

APPENDIX F-IV: Group Process Notes

Group Processing Sheet

Session #: _____

Date: _____ Group Leaders: _____

Number of Members Present: _____

Number of Members excused: _____

Number of Members no-showed: _____

Notes about each group member

Member A	
Member B	
Member C	
Member D	
Member E	
Member F	
Member G	
Member H	
Member I	

Processing of the Group Session

<u>Comments about the group</u>	
Content:	

<u>Process:</u>	
1. Group goals and norms	
a. Group Goals	
b. Explicit Norms	
c. Implicit Norms	
2. Group stages observed	
a. Group stages:	
3. Communication patterns	
a. Level of trust	
b. Communication – member to member? leader to member?	
c. Level of intensity between members	
4. Leadership Skills	
a. Leadership style (directive, democratic, laissez faire)	
b. Facilitation skills demonstrated	

c. Theoretical approach used	
d. Strategies and techniques used	
e. Diversity issues addressed and group dynamics related to diversity	
5. Other Comments	Evaluation of Intervention Strategies
a. What worked?	
b. What didn't? (and what could you do differently next time)?	

<u>Therapeutic Factors Present (state briefly how evident)</u>	
1. Altruism	
2. Cohesiveness	
3. Catharsis	
4. Corrective Recapitulation of Family	
5. Development of Socializing Techniques	
6. Existential Factors	
7. Imitative Behavior	
8. Interpersonal learning	
9. Instillation of hope	

10. Imparting of Information	
11. Universality	

<u>Countertransference</u>	
a. Toward specific members	
b. Toward specific incidents or group topics	

<u>Issues to be discussed in Supervision</u>

<u>Recording times to view</u>

Print Group Leader's Name

Group Leader's Signature

Date