

COLLEGE COUNSELING & STUDENT DEVELOPMENT NEWSLETTER



CCSD in a Time of COVID-19

And that's a wrap! The spring 2020 semester, and my first year as faculty in the CCSD program, have come to a close. What a remarkable time in history to start a new job. I am grateful to have colleagues from within the CCSD program and across campus whom amidst the chaos of the COVID-19 pandemic chose to respond to students as people first; centering their physical and emotional wellness in addition to making thoughtful course adjustments and accommodations. I feel tremendously privileged to have shared space with the incredibly resilient and innovative CCSD student community. And despite the uncertainty the future holds – at SCSU, and in higher education broadly – I remain hopeful. Hopeful for the ways in which community, and a re-connection to our guiding values, may be rekindled as we continue to journey, learn, heal, and grow together.

In solidarity,
Dr. Aerial A. Ashlee

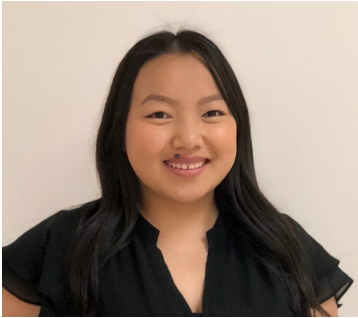
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Graduation Gratitudes

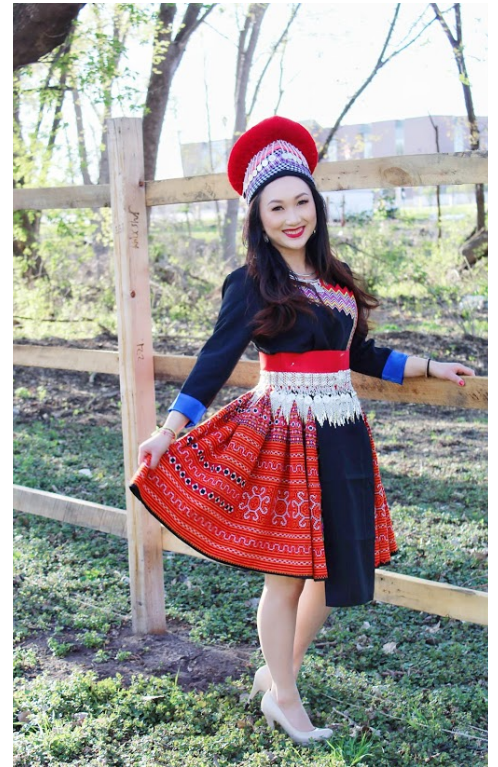


"I would like to thank my family, friends, cohort, and colleagues for their support throughout my CCSD experience. I would also like to thank the SCSU Education Abroad team for the amazing experiences and insight I have gained serving as their Graduate Assistant."

*-Der Yang, CCSD master's graduate
Class of 2020*

"As my time in CCSD comes to a close, I am finally finding closure for my experience during this pandemic as I come to terms with my experience and feel incredibly blessed to have been part of such a supportive cohort and program. I have had a roller coaster of a journey the past two years from going through pregnancy and motherhood while trying to be a successful student again. Regardless of the ups and downs, I would not change anything (besides COVID-19) as I have been challenged and developed so much as a person and a new student affairs professional. I thank all my cohort mates for being a true blessing in my journey. So thank you Angel, Brandon, Bruno, Carly, Christine, Der, Jaz, Josh, Kayla, Liz, Nathan, Shawn, Scott, and Tang for all your unconditional support and care. I am always inspired by each and everyone of you and am so happy to know you all. I wish nothing but the very best for you all. I also thank Dan, Aerial, and Seth for always reassuring me of my abilities and supporting me through all my doubts and insecurities. And finally, I could not have gone through this journey without the continued support of my partner, daughter, and family, who are bigger than the world and remind me always of why I am here."

*-Mai Xiong, CCSD master's graduate
Class of 2020*



For fun, I would like to share a photo of myself embracing my cultural clothing. I have been thoroughly thrilled collecting outfits during this time! -Mai



"Graduating from the CCSD program has been a dream come true. The last two years worth of experiences have taught me a lot about Student Affairs, Higher Education, and myself. All of those wonderful lessons would not have been possible without my amazing cohort, dedicated professors, terrific supervisors, and fellow GAs. I cannot wait to apply that knowledge to my new career. Go Huskies!"

*-Scott Vosen, CCSD master's graduate
Class of 2020*

CEEP 673: Virtual Guest Lectures

In the spring 2020 semester, Dr. Ashlee taught CEEP 673: Issues in College Student Development as a hybrid course. In an effort to engage multiple perspectives on emerging trends and contemporary issues in the field of students affairs, Dr. Ashlee invited diverse colleagues from around the world to virtually guest lecture. Here's a quick recap of the semester's guests, topics, and a few student reactions.

- Dr. Jessica Gunzburger, Coordinator of Residence Life, University of Minnesota Twin Cities
- Shamika Karikari, Associate Director of Residence Life, Miami University of Ohio
- Dr. Joe Levy, Executive Director of Assessment & Accreditation, National Louis University
- Dr. Stephen John Quaye, Assoc. Prof of Higher Ed & Student Affairs, Ohio State University
- Dr. Kathryn Kay Coquemont, Assoc. VP for Student Success, Salt Lake Community College
- Dr. Kyle C. Ashlee, Independent Scholar
- Kevin Stensberg, Manager of Graduate Services, King Abdullah University of Science and Technology in Saudi Arabia
- Hoa Bui, Area Coordinator of Residence Life, La Salle University
- Dr. Connor McLaughlin, Senior Lecturer, Bowling Green State University
- Lisa Combs, Program Coordinator of Student Diversity & Multicultural Affairs, Loyola University Chicago
- Bianca Zamora, Cross Cultural Coordinator, California State University Monterey Bay

Emerging Trends & Contemporary Issues in Student Affairs:

- **Supervision**
- **Assessment**
- **Activism**
- **Neoliberalism**
- **International Education**
- **Work/Life Balance & Boundaries**
- **Identity Centers**

"This was my favorite class in the CCSD program. We heard from guest lecturers on trends and issues that challenge the student affairs field from within United States and across the world. In particular, Kevin Stensberg shared his experience in international student affairs working abroad. This perspective was extremely valuable as I learn how to recruit, work with, and provide the best possible college experience for our international students."

-**Josh Kujava**, CCSD Class of 2020

Thanks to all our guest lecturers!

"I think my favorite lecture would have to be the one on assessment with Dr. Joe Levy. I really liked them all, but I chose this one because we were able to video chat with him and ask questions in real-time. Dr. Levy's talk helped to change my perspective on assessment. He provided us with some real-world examples that I was able to take back to my internship and graduate assistantship positions. "

-**Brandon Byrd**, CCSD Class of 2020

"Shamika Karikari's lecture about being a supportive supervisor was really insightful as it provided me with insights of what I should be looking for in a good supervisor. Moreover, it also reminded me of how I can support others if I am in a supervisor role one day."

-**Mai Xiong**, CCSD Class of 2020

CCSD Alum Spotlight

An interview with Nikki Jagodzinski
(CCSD Class of 2013),
Counselor/Faculty at Anoka-Ramsey
Community College.



CCSD: What do you do in your current job?

NJ: I love my job! I provide personal and career counseling. I assist students who are struggling with personal concerns such as mental health issues like depression and anxiety. Other common issues are relationships, stress, time management, disability barriers, and personal development. Also, I provide career counseling for students who are undecided on their major. I teach a career exploration class that is focused on career assessment, occupational research, and decision making. ARCC Counselors also help connect students to needed community resources such as housing and food support. These basic needs types of issues, along with mental health concerns, are becoming more prevalent in the lives of students.

CCSD: How has your CCSD graduate school experience influenced your professional practice in student affairs?

NJ: The CCSD graduate program has been one of the most positive experiences of my life. Higher education is an arena that I love. I always want to be learning and involved in education. Professionally, the CCSD program has given me an excellent understanding of the student experience and student development. The CCSD program taught me the skills I need to excel in helping. It also gave me a very thorough understanding of the workings of higher education. I feel fortunate that the program offers many hands-on experiences with opportunities to learn from countless highly skilled SCSU professionals. My current job can be very difficult at times, but the CCSD program has prepared me well for the challenges. I learned so much from the CCSD professors and my classmates and I am pleased to still be connected to them today in both professional and personal ways.

CCSD: How has your work been impacted by COVID-19? Do you have any tips to share with new student affairs professionals as they enter the student affairs job market during this time of COVID?

NJ: Prior to COVID, we were not providing online counseling services at Anoka-Ramsey and in a very short time we had that in place. In fact, within a couple of weeks, the entire campus (and MinnState system) moved to remote services for students. It was a tremendous collaborative effort. A strong work ethic and steadfast commitment is a common thread in the

Alumni Spotlight Continued...

NJ: field of student affairs. We are a dedicated bunch! I am so proud to be part of this work! COVID has made work stressful, and it will continue to be for a while, but in many ways, it has also reminded me of our strengths and solidarity as a profession. Another way COVID 19 has impacted my work is through the issues my students are dealing with. Working as a counselor, I am often in the role to help with some tough emotions and situations. I have worked with students who are intensely fearful of COVID. I have been an emotional support for those who have families sick with COVID, and I have worked with others who have had sudden, significant financial struggles because of the virus. Prior to COVID it seemed that crisis situations were occasional in my work, but since COVID, crisis is nearly daily. It is my role to help with crisis. **Flexibility and resilience are what is needed from student affairs professionals right now. My advice to those entering the job market currently is to show how you have these attributes and be clear to potential employers that you can handle change and work well as a team.**

CCSD: What advice would you share with the 2020 graduating class of CCSD students?

NJ: My advice to new grads in general is to have an open mind when exploring jobs. Consider many options. Also, do not be afraid of taking a temporary position, especially in the current market. Many of us in student affairs have found that temporary jobs are a great “in” to permanent positions. It also provides opportunities to learn about an institution and network. I have had 3 temporary positions in higher ed, and they were all very valuable to my professional knowledge and growth. I would not be where I am without those experiences and I have developed many connections across the system because of those positions.

CCSD: Thank you for your time and insight, Nikki! If you are a CCSD alum and would like to be featured in a future CCSD Alum Spotlight, please email us at ccsd@stcloudstate.edu



CEEP 666: Group Process & Dynamics

With guidance from co-instructors Dr. Aerial A. Ashlee and Joshua Kujava (CCSD Class of 2020), the 1st year CCSD cohort made a smooth and successful transition to distance learning this semester. Students got creative facilitating weekly rapport building activities online (instead of face-to-face, in class) and engaged in thoughtful conversations on the importance of facilitating groups and fostering community in these unprecedented times.

Alumni Updates



Above: Congrats to **Jaz Hofbauer (CCSD Class of 2020)** on her new position as a Student Affairs One at Saint Paul College!



Above: Congratulations **Bruno Xue (CCSD Class of 2020)** on being recognized by LGBTQIA+ Student Services at Augsburg University with the LGBTQIA+ Advocacy Award!



Above: Congrats to **Tang Her (CCSD Class of 2020)** on her new position as a Student Affairs One Stop Advisor at Saint Paul College!



Above: Congratulations Christine Koch (**CCSD Class of 2020**) on receiving the Sunny Hansen Graduate Student Award from the Minnesota Career Development Association!

George Micalone (CCSD Class of 2005) [not pictured] was recently promoted to Director of Student Union & Activities at Winona State University. This is George's first time working in Minnesota since his GA with the SCSU UPB as a CCSD student. George, we're glad to have you back in Minnesota!

Organization for CCSD Scholars

The **Organization for College Counseling and Student Development Scholars** is pleased to introduce their new officers! Each officer has written a brief intro that includes which student affairs functional area they are most interested in, their favorite memory from the CCSD program thus far, and their hopes and goals for the CCSD Organization in the 2020-2021 academic year.



Alyssa Bergland, President and rising CCSD 2nd year student: Hello to the CCSD community! My name is Alyssa. I am a Graduate Assistant in the Advising and Student Transitions office. I am interested in going into academic advising after I complete the CCSD program. Though there have been so many fantastic memories and experiences from the CCSD program thus far, my favorite and most valued experience has been working with ACE students for our supervised counseling practicum. I appreciated having the ability to connect with students and act as a support and source of knowledge and advice for students in need. I have also enjoyed the moments that I have been able to connect and learn about my cohort members on a more personal level. When it comes to the CCSD Student Organization, my main goal is to create a strong community between the first and second year cohorts. It is my belief that by creating a stronger more personal connection with the new CCSD students, they will lean on us as a source of support. I look forward to helping the new 1st year cohort develop professionally by sharing the knowledge I have gained, as well as providing professional development opportunities.

Dylan Koenig, Vice President and rising CCSD 2nd year student: My name is Dylan Koenig and I am the Vice President of the College Counseling and Student Development organization. My vision for the organization is that it creates a support system for both cohorts. This system would provide professional development opportunities and allows a space for everyone to learn from each other to become better professionals in student affairs. My hope is that this creates relationships that extend beyond the program. This could become a network that would continue to grow as the years go on. I am excited to get started on these goals with the other members of the organization! As the first year has passed, I have had so much fun with my cohort. We have spent a lot of time together and have made plenty of memories. One memory that sticks out was attending the MCPA conference. Not only did I get an opportunity to learn from student affairs professionals from across the state, I also got a chance to hang out with my cohort outside the classroom setting. I believe that was the first

More from the Organization of CCSD Scholars Officers

[Dylan Koenig continued...] moment I knew these people were more than just classmates. I have gained friendships that have grown ever since! I currently hold a Graduate Assistant in the Business Advising Center. This position is one that gets you working in the front lines of student affairs. It is a great opportunity to combine knowledge learned from classes and applying it to the advising I do. This Graduate Assistantship has shown me that academic advising is an area that I have a lot of interest in once I graduate. I am a big believer in supporting students in achieving their academic and career goals. Advising is an area of student affairs that would allow me to do that. I will be starting my second year in the office this coming fall.



Members of the Organization of CCSD Scholars at the 2019 MCPA Conference

Virginia Sumihi, Secretary and rising CCSD 2nd year student: I am interested in multicultural student services but I am also open to any other functional areas. My favorite memory was going to MCPA with the majority of my cohort. What I hope to achieve through the organization for next year, is that the second and first year cohorts get to know each other on a deeper level.

Kacey Bostrom, Treasurer and rising CCSD 2nd year student: I am interested in advising, but I have been much more engaged in conduct work than I ever would have imagined and would be content to stay in that area as well. My best memory of the CCSD program so far has probably been working with a few other members of my cohort on a dramatic presentation of a counseling session. We laughed so much. With the CCSD Scholars Organization, I hope to create an environment of engagement and encouragement for the first year cohort.

Summer 2020 Internships



Yuliia Sobko [pictured above] is a CCSD rising 2nd year master's student and will be a Student Advisor intern in Advising & Student Transitions at SCSU.

Alyssa Bergland [pictured below] is a rising CCSD 2nd year master's student and will be interning as a Student Coordinator for Advising & Registration Days and Huskies 1st Four Days events at SCSU.



Emily Hennes [not pictured] is a rising CCSD 2nd year master's student and will be interning with the SCSU Gender Violence Prevention Program.

If you have an internship opportunities in your office, and would like to work with a current CCSD student, please email us at ccsd@stcloudstate.edu

My South Africa Experience

by Der Yang, CCSD Class of 2020

During Spring 2020 I traveled to Port Elizabeth, South Africa to complete my internship at Nelson Mandela University in Emthonjeni Student Wellness, previously known as the Student Counseling, Career & Development Services. I served as the Lifestyle Coach focusing on academic progress and student wellness. At Emthonjeni I worked with a team of psychologists and registered counselors to serve students across multiple campuses. I was able to network and collaborate with several campus staff and departments to implement workshops that promotes student wellness. I enjoyed meeting with students during one-on-one coaching sessions to hear about their college experiences, aspirations, and accomplishments. The most amazing part of my internship was being able to share my knowledge and experiences of student development with others and being able to analyze, challenge, and reconstruct what I knew and applying it to a South African context.



"Choosing to intern abroad was one of the best and most rewarding decisions during my time in CCSD!"

CCSD Faculty News

Dr. Aerial A. Ashlee has been selected to serve as the 2020-2022 Member-at-Large on the NASPA Student Affairs Administrators in Higher Education Faculty Council.

Dr. Dan Macari has been elected co-chair of the Department of Community Psychology, Counseling, and Family Therapy. He will be serving with Dr. Bill Lepkowski of the School Counseling program.

CCSD ProDev List



CCSD now has a professional development list-serv! This is available for current CCSD students and alumni as a way to share job posts, webinar opportunities, or conference announcements. To subscribe to the CCSD ProDev list or to submit something to the list, email ccsd@stcloudstate.edu

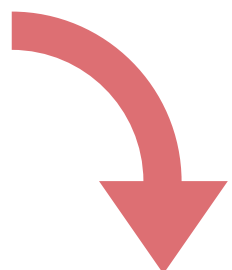
Share Your News with CCSD!

Share your news and updates with CCSD! Newsletter submissions can be emailed to CCSD@stcloudstate.edu.

The Facebook logo is displayed in white text on a dark blue rectangular background.

CCSD Rolling Admissions for Fall 2020!

Do you know of any outstanding recent graduates or colleagues who are interested in pursuing a career in student affairs? CCSD is accepting rolling admissions applications for the fall 2020 cohort. Please share our flyer (see next page) and help us recruit the next generation of CCSD students!



Be sure to join our Facebook Group to stay up to date with all the latest happenings in the CCSD community!
[#SApro](#) [#SAGrad](#)
[#studentaffairs](#) [#CCSD](#)

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ROLLING ADMISSIONS FOR FALL 2020!

For more information visit: <https://www.stcloudstate.edu/graduate/ccsd/>