Notes from the Director

Spring greetings! What a strange winter this has been – and I am not just talking about the weather. As many of you know, I am on a research sabbatical this (spring, 2015) semester. While I really do miss working with students both in and out of the classroom, I am excited about the progress made on two central research projects. The first, with Dr. Kyoko Kishimoto (Ethnic & Women’s Studies), involves expanding our efforts to incorporate anti-racist pedagogy into the gerontology curriculum. For this part of the project, our focus was on later life work and retirement and we recently presented our teaching module at the Annual Meeting of the Association for Gerontology in Higher Education (AGHE).

The second project, with Dr. Isolde Mueller (Languages & Cultures), expands our study of community partners’ perspectives on service-

Notes from the Gerontology Graduate Coordinator

What a difference a year makes – here we are approaching spring and not sure we even had a true Minnesota winter – not that I’m complaining. In fact I think since I moved to Minnesota I think this was the first year that we had spring weather during spring break in Minnesota!

From posters and presentations to grants faculty and students have been making their mark on the University Campus the larger community, regionally and nationally. We have presented at national/international conferences (GSA – Washington D.C., AGHE Nashville) regional (MGS) and local (SCSU and around the state). Rona
Director’s Notes Continued

learning and community engagement to a
national level. In addition to my research, I have
been active on the Act on Alzheimer’s –
Preparing Sauk Rapids Action team.
Several of our GERO interns (e.g., Sarah, Sonia,
Trevor) have also been working hard on this! If
you haven’t heard about the project, take a look
at the Act on Alzheimer’s – Minnesota
website: http://www.actonalz.org/. I hope you
are all having a great spring semester! I will be
“back” this summer – so GERO INTERNs,
make sure you are ready to roll! If you are
thinking of doing your internship this summer
(or if you have an internship project in need of
an intern) please let Dr. Phyllis
Greenberg pagreenberg@stcloudstate.edu know
as soon as possible. She can help you with the
details.

Rona
Rona J. Karasik, Ph.D.
Professor & Director, Gerontology

MGS 39th Annual
Conference

What: Designing Our Destiny:
Aging Ain’t for Sissies:
Challenges, Opportunities, and
Affordability
When: Friday, April 24, 2015
Where: Earle Brown Heritage Center,
Brooklyn Center, MN 55430
Registration: 7 AM – 8 AM
Program: 8 AM – 4 PM

EARLY BIRD REGISTRATION ENDS
MARCH 31st

To Register, click the link below:
MGS Registration

Email Phyllis at
pagreenberg@stcloudstate.edu to find out
how you can get your early bird
registration fee reimbursed!

Are you considering an internship for
Summer or Fall semester?

Please contact Dr. Phyllis Greenberg for Summer
(pagreenberg@stcloudstate.edu). For Fall, please contact Dr.
Rona Karasik (rjkarasik@stcloudstate.edu) as soon as possible
to begin the planning process!
**SPO/GERO CLUB**

*Sigma Phi Omega* (the National Academic Honors and Professional Society in Gerontology) and the *SCSU Gerontology Club*. Students, faculty, and community professionals are encouraged to join! Also, all are welcome to join “The Gerontology Club” which was formed in conjunction with our local Sigma Phi Omega Chapter.

**What Have We Been Up To?**

<table>
<thead>
<tr>
<th>Gerontology students mingling at our ‘Welcome Back Potluck’ in January 2015.</th>
</tr>
</thead>
<tbody>
<tr>
<td>GERO Club President, SPO Club President and Vice-President attended Rally Day at the capital to ask legislators to support funding for Alzheimer’s research and caregiver resources.</td>
</tr>
<tr>
<td>Gerontology students attended the Alzheimer’s Association ‘Meeting of the Minds’ conference.</td>
</tr>
</tbody>
</table>

**Community Impact**

**What:** Fundraising Event  
**When:** April 1, 2015, 5:00-8:00pm  
**Where:** Pizza Ranch  
110 2nd St S #119,  
Waite Park, MN 56387  
**Why:** 25% of total purchase and 100% of tips goes back to the Gerontology and SPO Clubs.

**Homeless Connect**

SCSU Gerontology students collaborated with Nursing students to support the “Homeless Connect” project on March 19 at the River Edge Convention Center.  
More than 100 blessing bags were distributed along with information and assistance with advance care directives.
and I presented a poster on our continuing work in building empathy and Patty Bresser and I presented on co-teaching. Since Dr. Patty Bresser (NURS) and I have been working hard on the Advance Care Planning Certification course and we have had more than 80 students complete the course and earn their certification. We will not be teaching it again until spring 2016 – so look for the announcements! I hope the students learn as much from us as we do from them.

Although we’ve participated in some wonderful activities this past year I think what stands out for me is the work GERO Club and SPO students did with the Homeless Connect Project. They gathered up items put together over 100 care bags and along with students from the Advance Care Planning Class assisted participants with advance health care directives. Perhaps even more importantly they had the opportunity to interact with one another – it was truly an inspirational event.

Be sure to catch all the excitement for Careers in Aging Week – April 13-16th. Check inside the newsletter for all the details. We have lots of new exciting presentations and of course it wouldn’t be Careers in Aging Week without our amazing open house with fabulous door prizes and decadent chocolate fountain! What I most looking forward to is that Rona will be back from sabbatical!!!! YIPPEE – I know students will be excited as well!!! If you have any questions about the Masters or Graduate Certificate or anything about graduate courses please don’t hesitate to contact me at. Have a great remaining Spring and a fantastic Summer!

Phyllis
Phyllis A. Greenberg, PhD, MPA
Associate Professor & Coordinator
Graduate Studies, Gerontology

Many thanks!

Thank you to the Gerontology Program Graduate Assistants! A special thank you to April Greene, Tyla Hughes, Wei Hui and Trevor Wichner; it will be their last semester as Graduate Assistants. Thank you for all your hard work and dedication to the Gerontology Program! Also thank you to Reenu who will be back as a graduate assistant next year!
Presentations & Publications

Greenberg, P.A. (February 2015) Thinking about service learning. Presentation at the Service Learning Conference – St. Cloud State University, St. Cloud, MN


Greenberg, P.A. and Bresser, P. J. (February 2015). Co-teaching from an interdisciplinary perspective: What a year has taught us. Poster Session at annual meeting of the Association for Gerontology in Higher Education, Nashville, TN


Congratulations Award Winners!

Excellent in Leadership Award

Minor
Sarah Everson
Windy Mai Njia Lee
Haley S. Sprenger

Graduate
Preeti Yonjon

Gerontology Graduate Student Achievement Award Winners

April Greene
Trevor Wichner

Congratulations!

April Greene
Tyla Hughes
Judith N’Gumah
Meyran Omar
Trevor Wichner

You’re almost there!
Hands on Experience with the Americans with Disabilities Act (ADA)

The SCSU Gerontology Program, Gerontology Club and local chapter of Sigma Phi Omega will work in collaboration with the “Advance Policy Issues in Gerontology” (GERO 620) class to present an interactive experience encouraging empathy for those with disabilities. The project will emphasize access guidelines according to the Americans with Disabilities Act.

Movie and Discussion

We will be showing a documentary or theatrical film. Following the film, we will facilitate a discussion and education period. More information to follow.

Careers in Aging Community Panel

The Gerontology Program will host a panel of community aging professionals who will speak about the work they do and the paths they followed to their current careers with the goal of connecting students with individuals in a wide range of proposed professions including financial planning, law-related, occupational therapy, social work, nursing, health and fitness, and volunteer services. Round table discussions will follow the panel to allow for more individual contact with the professionals.

Gerontology Annual Careers in Aging Open House

The Gerontology Program Annual “Careers in Aging” Open House will be held with the goal of providing information on careers in aging and available coursework in aging in a festive, informal atmosphere with food, printed materials, door prizes donated by local community businesses, and opportunities for students, faculty and community professionals to mingle and network. Information packets regarding program and club details as well as Careers in Aging brochures will be available for participants.

Advance Care Planning

For National Health Care Decision Day, we will be collaborating with the departments of Nursing, Communication Science and Disorders, Social Work, Community Health and Counseling in assisting community members in starting the conversation about advanced care planning. Students involved have taken a course co-taught by Gerontology and Nursing faculty and are Certified Advance Care Planning Facilitators.

Homelessness and Aging

We are coordinating with The School of Health and Human Services, The Social Work Department, United Way, Tri-Cap, and other community partners. We will have an information table about the issue of homelessness and aging that will include what people can do and how they can be involved.

Other Events Include:

April 13, 2015: Hands on Experience with the Americans with Disabilities Act (ADA)
The SCSU Gerontology Program, Gerontology Club and local chapter of Sigma Phi Omega will work in collaboration with the “Advance Policy Issues in Gerontology” (GERO 620) class to present an interactive experience encouraging empathy for those with disabilities. The project will emphasize access guidelines according to the Americans with Disabilities Act.

April 14, 2015: Movie and Discussion

We will be showing a documentary or theatrical film. Following the film, we will facilitate a discussion and education period. More information to follow.

April 15, 2015: Careers in Aging Community Panel

The Gerontology Program will host a panel of community aging professionals who will speak about the work they do and the paths they followed to their current careers with the goal of connecting students with individuals in a wide range of proposed professions including financial planning, law-related, occupational therapy, social work, nursing, health and fitness, and volunteer services. Round table discussions will follow the panel to allow for more individual contact with the professionals.

April 15, 2015: Gerontology Annual Careers in Aging Open House

The Gerontology Program Annual “Careers in Aging” Open House will be held with the goal of providing information on careers in aging and available coursework in aging in a festive, informal atmosphere with food, printed materials, door prizes donated by local community businesses, and opportunities for students, faculty and community professionals to mingle and network. Information packets regarding program and club details as well as Careers in Aging brochures will be available for participants.

April 16, 2015: Advance Care Planning

For National Health Care Decision Day, we will be collaborating with the departments of Nursing, Communication Science and Disorders, Social Work, Community Health and Counseling in assisting community members in starting the conversation about advanced care planning. Students involved have taken a course co-taught by Gerontology and Nursing faculty and are Certified Advance Care Planning Facilitators.

April 17, 2015: Homelessness and Aging

We are coordinating with The School of Health and Human Services, The Social Work Department, United Way, Tri-Cap, and other community partners. We will have an information table about the issue of homelessness and aging that will include what people can do and how they can be involved.
The Gerontology Program offers an Undergraduate Minor, Masters and Graduate Certificate.

For more information visit the program website at [http://www.stcloudstate.edu/gerontology](http://www.stcloudstate.edu/gerontology) or contact Dr. Rona Karasik at rjkarasik@stcloudstate.edu (for Undergraduate students) or Dr. Phyllis Greenberg at pagreenberg@stcloudstate.edu (for Graduate students).

### Undergraduate Courses– Summer 2015

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>GERO 208-01</td>
<td>Intro to Gerontology*</td>
<td>5/19-6/25</td>
<td>T Th 10:00 AM - 2:00 PM</td>
</tr>
<tr>
<td>GERO 444</td>
<td>Internship</td>
<td>5/18-8/07</td>
<td>Hours Arranged</td>
</tr>
<tr>
<td>PSY 345</td>
<td>Psychology of Death &amp; Dying</td>
<td>5/19-8/07</td>
<td>Online</td>
</tr>
</tbody>
</table>

### Graduate Courses– Summer 2015

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>GERO 644</td>
<td>Internship**</td>
<td>5/18-8/07</td>
<td>Hours Arranged</td>
</tr>
<tr>
<td>CEEP 678-01</td>
<td>Intro to Graduate Statistics</td>
<td>6/03-7/01</td>
<td>T W Th 9:30 AM - 12:00 PM</td>
</tr>
<tr>
<td>CEEP 678-54</td>
<td>Intro to Graduate Statistics</td>
<td>5/18-8/06</td>
<td>Online</td>
</tr>
</tbody>
</table>

### Undergraduate Courses– Fall 2015

*Meets Liberal Education Goal #5 & Diversity Requirement

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>GERO 208-01</td>
<td>Intro to Gerontology*</td>
<td>MWF</td>
<td>10 AM-10:50 AM</td>
</tr>
<tr>
<td>GERO 208-02</td>
<td>Intro to Gerontology*</td>
<td>T Th</td>
<td>11 AM-12:15 PM</td>
</tr>
<tr>
<td>GERO 411-01</td>
<td>Aging Policy and Programs</td>
<td>T Th</td>
<td>3:30 PM-4:45 PM</td>
</tr>
<tr>
<td>GERO 425-01</td>
<td>Dementia and Aging</td>
<td>MW</td>
<td>3:00 PM-4:15 PM</td>
</tr>
<tr>
<td>GERO 444-01</td>
<td>Internship**</td>
<td>Hours Arranged</td>
<td></td>
</tr>
<tr>
<td>NURSING (NURS)</td>
<td>Nursing courses are only open to Nursing students.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NURS 306-01</td>
<td>Nursing Care of Older Adults</td>
<td>M</td>
<td>8 AM-9:50 AM</td>
</tr>
<tr>
<td>NURS 307-01</td>
<td>Nursing Care of Older Adults (Clinical)</td>
<td>T</td>
<td>6:00 PM-8:00 PM W 8:00 AM-2:30 PM</td>
</tr>
<tr>
<td>NURS 307-02</td>
<td>Nursing Care of Older Adults (Clinical)</td>
<td>T</td>
<td>6:00 PM-8:00 PM W 8:00 AM-2:30 PM</td>
</tr>
<tr>
<td>NURS 307-03</td>
<td>Nursing Care of Older Adults (Clinical)</td>
<td>W</td>
<td>6:00 PM-8:00 PM R 8:00 AM-2:30 PM</td>
</tr>
<tr>
<td>FINANCE, INSURANCE, and REAL ESTATE (FIRE)</td>
<td>Social Insurance</td>
<td>MWF</td>
<td>9:00 AM-9:50 AM</td>
</tr>
<tr>
<td>SOCIOLGY (SOC)</td>
<td>Sociology of Age and Aging</td>
<td>Online</td>
<td></td>
</tr>
<tr>
<td>PSYCHOLOGY (PSY)</td>
<td>Psychology of Adult Development &amp; Aging</td>
<td>T Th</td>
<td>9:30 AM - 10:45 AM</td>
</tr>
</tbody>
</table>

### Graduate Courses– Fall 2015

**Permission Required

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>GERO 511-01</td>
<td>Aging Policy and Programs</td>
<td>T Th</td>
<td>3:30 PM-4:45 PM</td>
</tr>
<tr>
<td>GERO 525-01</td>
<td>Dementia and Aging</td>
<td>MW</td>
<td>3:00-4:15 PM</td>
</tr>
<tr>
<td>GERO 630-01</td>
<td>Aging and Community</td>
<td>M</td>
<td>5:30 PM-8:10 PM</td>
</tr>
<tr>
<td>GERO 644-01</td>
<td>Internship**</td>
<td>Hours Arranged</td>
<td></td>
</tr>
<tr>
<td>GERO 650-01</td>
<td>Research Methods and Design</td>
<td>W</td>
<td>5:30 PM-8:10 PM</td>
</tr>
<tr>
<td>GERO 696-01</td>
<td>Practicum (Plan C)**</td>
<td>Hours Arranged</td>
<td></td>
</tr>
<tr>
<td>GERO 697-01</td>
<td>Starred Paper (Plan B)**</td>
<td>Hours Arranged</td>
<td></td>
</tr>
<tr>
<td>GERO 699-01</td>
<td>Thesis (Plan A)**</td>
<td>Hours Arranged</td>
<td></td>
</tr>
<tr>
<td>FINANCE, INSURANCE, and REAL ESTATE (FIRE)</td>
<td>Social Insurance</td>
<td>MWF</td>
<td>9 AM-9:50 AM</td>
</tr>
<tr>
<td>Counselor Education &amp; Educational Psychology (CEEP)</td>
<td>Intro to Graduate Statistics</td>
<td>W</td>
<td>1:00 PM-3:45 PM</td>
</tr>
<tr>
<td>CEEP 678-02</td>
<td>Intro to Graduate Statistics</td>
<td>T</td>
<td>2:00 PM-4:45 PM</td>
</tr>
</tbody>
</table>

The Gerontology Program offers an Undergraduate Minor, Masters and Graduate Certificate.

For more information visit the program website at [http://www.stcloudstate.edu/gerontology](http://www.stcloudstate.edu/gerontology) or contact Dr. Rona Karasik at rjkarasik@stcloudstate.edu (for Undergraduate students) or Dr. Phyllis Greenberg at pagreenberg@stcloudstate.edu (for Graduate students).
Mark Your Calendar!

April 1st: Pizza Ranch Fundraiser
April 10th: Health and Fitness Fair at Whitney Senior Center
April 13-17th: Careers in Aging Week (see page 6)
April 16th: National Healthcare Decision Day
April 22nd: Spring 2015 Health Fair
April 24th: Minnesota Gerontological Society Conference

Turn page for course listings!

Fall 2015 Registration Begins April 13.
Classes Begin August 24

Summer 2015 Register Today!
Classes Begin May 18