



## WELCOME FROM THE DEAN

Hello everyone,

It is wonderful to welcome back our faculty, staff, and students to SCSU. I hope everyone had a great summer.

We ended last school year with our commencement and Master's hooding ceremonies. You'll see some photos inside of that great day. We are so proud of all that our graduates have accomplished and we are eager to see their continued success as they begin (or continue) their careers.

We started this semester in a different way – we held a four day orientation for all incoming first year students. One day after move-in, we welcomed over 400 students into the School. They learned about our programs, met faculty, and participated in a smaller version of our Ability event. It was a great success and a wonderful way to welcome them to campus. A special thanks to Kim Scardino for all of her work to prepare and coordinate the activities on this day.

We welcome one new department chair to the SHHS Dean's Advisory Council (DAC): Patience Togo Malm is the new chair of the Department of Social Work. She will join our returning DAC group: Rebecca Crowell (CSD), Kim Schulze (CPCF), Rona Karasik (GERO), Laura Finch (Kinesiology), Louise Millis (MLS) and Steve Ratliff (Nuc Med/Rad Tech). I extend a special thanks to Tracy Ore for her work as Social Work department chair for the last 4 years. We are also joined by a new Experiential Learning and Outreach Coordinator, Leah Meredith.

A lot has been happening this summer in our departments and programs and there are updates inside. I am pleased to welcome some great new faculty to our school. You'll see specific information on each of them inside as well.

We'll be publishing one more newsletter in the fall semester - if you have any information you'd like to share, please send it to us. We will be continuing our "news blasts" on a weekly basis where we can share and highlight current events in our school.

With best wishes,

Monica Devers  
Dean

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## IMPORTANT DATES

**OCTOBER 13TH : SHHS FALL COLLOQUIUM -  
POSSIBILITIES: RETHINKING HOMELESSNESS  
IN CENTRAL MINNESOTA  
AMC THEATRE, 8:30 - 5:00 P.M.**

**OCTOBER 15TH - 17TH: DISCOVER RED & BLACK DAYS  
THURSDAY - FRIDAY 8:00 A.M. - 3:00 P.M.  
SATURDAY 8:00 - 1:00 P.M.**

**OCTOBER 18: MAKING STRIDES AGAINST  
BREAST CANCER WALK  
SCSU CAMPUS, 7:00 A.M. REGISTRATION OPENS, 9:00  
A.M. WALK STARTS**

**DECEMBER 18TH :  
SUMMA CUM LAUDE RECOGNITION & MASTER'S  
HOODING CEREMONY  
11:00 A.M. - 12:30 P.M. - AMC-CASCADE  
COMMENCEMENT TO FOLLOW  
HALENBECK HALL 1:00 P.M.**

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## WELCOME NEW EXPERIENTIAL LEARNING & OUTREACH COORDINATOR



**LEAH MEREDITH**

Leah grew up in St. Cloud, MN and recently moved back to the area after more than 10 years away. She graduated with her Bachelor's degree in Psychology from North Dakota State University and her Master's degree in Clinical Mental Health

Counseling from the University of Wisconsin-Stout. Leah has spent the last 7 years working in higher education at DeVry University, the University of Wisconsin-Stout and Southern New Hampshire University in Career Services / Community Outreach positions. She is very excited for her new role as Experiential Learning and Outreach Coordinator and looks forward to building strong connections with the students, staff, and faculty of St. Cloud State University.

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## WELCOME NEW FACULTY

### **COMMUNICATION SCIENCES AND DISORDERS**



**JANET TILSTRA** completed her Bachelors and Masters degrees at the University of Iowa in Speech-Language Pathology, practiced clinically as a speech-language pathologist and clinical instructor in Seattle, WA and St. Cloud, MN and then completed graduate studies in Educational Psychology. She completed her Ph.D. at the University of Minnesota in 2007, was a Master Literacy Coach with the Minnesota Reading Corps, and taught in the department of Psychology at the College of St. Benedict|St John's University for 7 years. Her areas of interest include children's language, literacy, and cognitive development. Specifically, Dr. Tilstra is interested in processes children use during reading comprehension and construction of written/spoken narratives and how to measure growth in these skills. Clinically, she serves children with articulation and language impairments, adolescents/young adults with learning and social interaction difficulties, and individuals of all ages with fluency and voice concerns.

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### **COMMUNITY PSYCHOLOGY, COUNSELING & FAMILY THERAPY**

**STEVEN PELTIER (PH.D., L.P., LMFT)** will be teaching in the Marriage and Family Therapy program in the Department of Community Psychology, Counseling, and Family Therapy. He received his Ph.D. from the University of Wisconsin-Madison and has taught at University of Wisconsin - Whitewater, University of Virginia, and most recently at Saint Mary's University of Minnesota where he was the Marriage and Family Therapy chair for 10 years. He was responsible for significant program expansion to over 400 students in 10 years, leading national accreditation by the Commission on Accreditation for Marriage and Family Therapy Educators, and developing a doctoral program in Counseling Psychology.



Dr. Peltier has had a clinical practice in St. Paul for over 30 years and has worked on mental health issues at the state and national level throughout his career.

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### **KINESIOLOGY**



**LUKE WEYRAUCH** is a recent graduate of the Exercise Science Graduate program at SCSU, where his emphasis was Exercise Physiology. His Master's thesis involved investigating the effects of heat on muscle damage, specifically whether increased muscle temperature resulted in greater muscle damage. Last spring Luke taught at Augsburg College in Minneapolis. This year at SCSU, Luke will be teaching Anatomy/Kinesiology, Human Physiology, and Exercise Physiology. Next year he plans to start school for his doctorate in Exercise Physiology, where he hopes to focus his research on skeletal muscle physiology.

## NURSING



**RANDY HUARD** earned a Bachelor of Science in Business Administration from the University of Wisconsin-Superior and a Bachelor of Arts in Nursing from the College of St. Scholastica. He holds his Doctor of Nursing Practice degree from the University of Minnesota where his practice work focused on childhood obesity intervening in the school environment through assessment of school wellness policy adherence and implementation. Randy's primary practice has been as a public health nurse through a local public health department where he worked in the various roles of care coordinator, emergency preparedness planning, public health issuance concerns, communicable disease investigation, public education offerings, and vulnerable adult reporting. He is a member of the Zeta Chapter of Sigma Theta Tau International Honor Society of Nursing. Randy is more than honored and equally excited to be a member of the faculty team of the School of Health and Human Services at St. Cloud State University where he hopes to influence and transform future registered nurses and spark interest in the exciting and dynamic field of public health nursing.



**SARAH LOCH** was raised on a farm outside of Princeton, MN and received her first degree in animal science from University of Wisconsin-River Falls in Nursing. She completed her Bachelor's degree in Nursing at the University of Wisconsin - Milwaukee in 2002. She then completed her Master's degree from the University of Minnesota in 2007 in Nursing Education. At that time, she started at SCSU as an adjunct faculty member teaching clinicals at St. Cloud Hospital. Her specialty includes emergency nursing, and she has been an ER nurse at Mercy Hospital in Coon Rapids since 2006. Her interests lie in emergency nursing, student motivation and evidence-based nursing practice. She lives with her husband and daughter on a large piece of land on the Rum River outside of Milaca.

## UPCOMING EVENT

### SHHS FALL COLLOQUIUM - KEYNOTE ADDRESS

**CATHY TEN BROEKE**

### “Statewide Efforts to Prevent and End Homelessness - The Results and the Challenges”

OCTOBER 13, 2015 - 12:30 - 1:30 P.M. - AMC THEATRE



Cathy Ten Broeke, Statewide Director to Prevent and End Homelessness in Minnesota, will be the keynote speaker for our day long event on homelessness in Minnesota. This event is sponsored by the Department of Social Work. All events are open to the public and students are encouraged to attend.

#### Schedule of Event

8:30 - 9:00 a.m. Welcome

9:00 - 9:45 a.m. Ed Murphy, Executive Director of Open Your Hearts to the Hungry and Homeless will present; “Why Some Can’t Escape Living on the Streets”

10:00 - 11:30 a.m. Greg Owen, Consulting Scientist and Study Director for the Statewide Homeless Study through Wilder Foundation will present “What We’ve Learned in 30 Years Studying Homelessness”

11:30 a.m. - 12:30 p.m. Lunch On Own

12:30 p.m. - 1:30 p.m. - Keynote Address - Cathy ten Broeke

1:45 p.m. - 3:15 p.m. Small Group Strategy Sessions

3:30 p.m. - 5:00 p.m. - zAmya Theater Performance

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# PROVOST ACTION GRANTS

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In 2013-14, the Provost initiated a program of Provost's Action Grants to fund projects that had been identified by department as part of their efforts towards developing and supporting an "extraordinary education" for our students. These initiatives were funded due to their potential to directly and substantially impact the learning experience for our students. There were 9 SHHS projects funded. Final reports are provided on the 9 completed projects.

## **COMMUNICATION SCIENCES & DISORDERS**

*Miller Scholar: "Developing an Interprofessional Practice and Education (IPE) Course for Autism"*

**Theresa Estrem (lead proposer)**

The goal of our Provost Action Grant was to develop an Interprofessional Practice and Education (IPE) Autism Course. The final product was an IPE Autism Summer Camp for children 4-7 years of age. Four departments' (CSD, NURS, CFS, SW) faculty and students used current courses (CSD 648, NURS 418, and CFS 632) to meet discipline-specific student learning outcomes, an Autism Internet Module to prepare students for working with children with autism and their parents, and an IPE workshop to plan activities during the week of the camp. Content in each course also gave students opportunities to develop assessment tools for the IPE Autism Summer Camp, including pre-and post-surveys of parents' and children's social-communication goals and faculty questionnaires about the IPE process and product.

*"Undergraduate Research Experience to Promote Student Recruitment and Community Service"*

**G.N. Rangamani (lead proposer)**

This action-project supported development and implementation of high-impact experiential-learning. Two groups of undergraduate students took part in this research project. Undergraduate students from the CSD 130 class interviewed 80-90 typically aging individuals on the WHO Quality of Life Questionnaire. The undergraduate senior students who participated in the wellness study worked with 6 typically aging volunteers (age range of 52-72 years) from the community. The students participated in the various assessment and intervention methods of auditory and cognitive processing, and in the research data analysis.

*"Teaching and Learning Grant: Evaluating the Effectiveness of the use of iPad Applications for Articulation Therapy in Speech Language Pathology"*

**Jodel Page (lead proposer)**

This project provided an opportunity to update technology resources to expand the learning opportunities and assist students to (1) incorporate apps into speech language therapy

settings, (2) share common intellectual experiences with other students and faculty specific to the use of technology when providing articulation therapy, (3) participate in community based learning outside of the clinic and classroom. Students identified 2 strengths and 2 areas of need in regards to their personal knowledge and use of technology in providing articulation intervention.

*"Technology for Simulated Client Assessment and Intervention"*

**Sarah Smits-Bandstra (lead proposer)**

The purpose of this project was to develop a state-of-the-art laboratory allowing students to engage in active and applied learning by assessing and treating simulated, and actual patients from the community. The project directly aligned with SCSU's vision of providing "engaged, active learning opportunities," SHHS's vision of "rigorous practical experiences," and CSD's goals to offer "excellence in teaching" and "expand methods of instruction." The existing laboratory was refurbished to accommodate more students, more computers, and new simulated patient software, including a portable laboratory station. Students now have access to 3-D interactive anatomy software, software to record and analyze speech, software to analyze nasal emission and lung volumes, and computer animated patients.

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## **COMMUNITY PSYCHOLOGY, COUNSELING, AND FAMILY THERAPY**

*"Veteran Student Progression and Success"*

**Tina Sacin (lead proposer)**

Due to the massive expansion of federal funding in the Post-9/11 G.I. Bill, there is an increased emphasis on Veterans student matriculation and success. For example, recent legislation passed by the Minnesota State Legislature requires that Veteran students receive a positive factor in graduate admissions decisions. Currently, however, SCSU does not have a clear picture of whether its veteran student population is more or less successful than other student populations on campus, or what factors explain veteran student progression and success.

*"Teaching Research and Assessment Classes with Experiential Learning"*

**Shu-Ching Wang (lead proposer)**

This project is the result of CETL teaching and learning grant. We collaborated to connect the teaching of a graduate counseling assessment class with an undergraduate research methods class through the experiential learning which requires the use of assessment instruments. We used the assessment instruments for the graduate students to practice testing procedures and the undergraduate students to practice data collection and analysis.

(Continued)

This design provides students in both classes the opportunity to apply classroom knowledge to practical use. We are presenting the results of this project to further the discussion of collaboration between instructors.

*“Intensive Research Opportunities for Undergraduate Students in CPSY”*

**Benjamin Witts (lead proposer)**

In Fall 2014 and Spring 2015, a 2-semester course sequence was provided to 5 exceptional undergraduate students in CPSY interested in pursuing graduate work in their respective fields of interest. The course covered admission basics, assisted in preparing application materials, and culminated in a independent honors research project to use as a stepping stone to gain better chances of admission. Of the students who applied for graduate school, 100% were accepted.

### GERONTOLOGY

*“Developing Empathy for Working with Older Adults”*

**Phyllis A. Greenberg (lead proposer)**

With the funds we received, we were able to purchase an additional set of low vision simulator goggles, two Empathy Lungs, disposable airway restriction masks, and disposable airway mouth pieces for use with the lungs. We have used

these items to develop empathy for working with older adults for students in Gerontology, Communication Sciences and Disorders, Social Work, Community Health, and Counseling classes. We have also used them in demonstrations during Careers in Aging Week and with several community partners and for the Community Engagement Fair.

### KINESIOLOGY

*“International Health Curricular and Research Initiatives in South Africa”*

**Laura Finch (lead proposer)**

Laura Finch, Chair, Kinesiology and Rebecca Crowell, Chair, Communication Sciences and Disorders, traveled to Nelson Mandela Metropolitan University in Port Elizabeth, South Africa in February. The purpose of our grant was to explore collaborations with NMMU, focusing on international health which is required for programs in both departments. Professional partnerships and curricular options were identified that would enable our students to spend a semester studying abroad at NMMU. Numerous discipline-focused possibilities are available to our students and faculty, including major-specific courses, research, and experiential learning opportunities, both at NMMU and in the surrounding communities. Based on the abundance of partnerships with NMMU, curricular proposals will be developed in 2015-16 to more smoothly integrate international health into our curricula.

## UPDATES

### SHHS 111: INTRO TO HEALTH & HUMAN SERVICES

This summer, the School of Health and Human Services taught SHHS 111: Introduction to Health and Human Services to a group of 15 middle and high school aged students from the St. Cloud area. These students came to campus and learned about our programs from faculty as part of the Health Career Service Academy.

Students participated in interactive sessions,

learning about Communication Sciences and Disorders, Community Psychology, Counseling, and Family Therapy, Gerontology, Kinesiology, Medical Laboratory Science, Nursing, and Social Work. Students also had the opportunity to tour many of our spaces on campus, including the Nursing Simulation Lab and Speech-Language and Hearing Clinic.

Having these students on campus was an exciting experience for both them and our faculty and staff. As one student told us after the class ended about what could be improved, he would like “more teachers and more time to learn.”

SHHS 111 is being offered this fall to current SCSU students, exploring majors within our school.

## PRE-NURSING LIVING LEARNING COMMUNITY

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The inaugural year of the Pre-Nursing Living Learning Community (LLC) is off to a great start! On Thursday, August 20, 27 new freshmen students, interested in Nursing, moved in to Shoemaker Hall. These students have chosen to live on the same residence hall floor and take common coursework, all of

which can help prepare them as Pre-Nursing students on campus.

In addition to taking courses together, students in the Pre-Nursing LLC will have the opportunity to meet Nursing faculty members, join the Nursing Club, and tour the St. Cloud Hospital. This provides students with the opportunity to learn more about

the Nursing program and profession early in their academic career.

Students living in living learning communities report feeling more prepared for classes, connecting with peers and faculty more quickly on campus, and earning higher grades during their first year.

## Tk20

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Expanding our use of Tk20 continues to be a priority for SHHS. The annual Tk20 User Conference (June, 2015) provided an opportunity for several SCSU faculty and staff to receive further training and support, as well as to share their experiences

with other Tk20 users. Joyce Simones (Nsg), Joy McKenzie (CSD), and Teresa Heck (KINS) presented “Bending the Boundaries – Taking Tk20 Outside of the School of Education”. Joyce Simones and Joy McKenzie joined other SCSU fac-

ulty presenting “Meta-Assessment with Tk20.”

Please watch for more information to be shared at the upcoming Fall 2015 School Meeting.



## STUDENT HIGHLIGHTS

### STUDENT HONORS

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#### GERONTOLOGY

**BAJRACHARYA, REENU.** M.S. in Gerontology student -  
**GERALD BLOEDOW** - Scholarship Recipient - Minnesota Gerontological Society Spring, 2015

**OGBONNA, NKERIRUKA A.** Gerontology Minor, Nursing Major - Recipient of the Ecumen Fellowship Spring 2015

#### RADIOLOGIC TECHNOLOGY

**KARISA JOHNSON** was elected (April 2015) to a one-year term as student president of the Minnesota Association of Radiology Students

**MARIA SCHMIDT AND AMANDA KIRCHOFF** won awards for their research papers and presentations at the 24th Annual University of Iowa Student/Educator Seminar in Iowa City, IA (April 8-10, 2015)

# DEAN'S SCHOLARSHIP WINNER



**VICTORIA HALL** is the recipient of the 2015 School of Health and Human Services Dean's Scholarship. She is a 5th semester nursing student, graduating in December with a Bachelor's of Science in Nursing. Victoria has been very involved both on and off campus, as President of the Nursing Club and teaching health topics to Boys and Girls Clubs. This past winter, she joined a medical mission trip in Nicaragua, where she provided care for Nicaraguans in poor communities. This experience opened Victoria's eyes towards the lives of those in third-world countries. Victoria said, "The experiences and opportunities I have gained in the past two years have helped prepare me to start my career as I strive to give my patients the highest quality care they deserve."

It is Victoria's long-term goal to become a high quality registered nurse. She hopes to become a leader on the floor and be a role model to her peers. Victoria wants to make a positive impact on the lives of others by passionately caring for their physical, mental, and emotional needs. She hopes to work on a general medical-surgical floor or rehabilitation unit, but is open-minded to the opportunities that come her way. It is her dream to continue to perform medical mission trips as a registered nurse to care for those most in need.

## OLGA B. HART GIVING BACK MEMORIAL SCHOLARSHIP

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**TESSA SONDROL**  
NURSING SCIENCE PROGRAM



**HALEY SPRENGER**  
GERONTOLOGY



**PATTY ROSSOW**  
SOCIAL WORK PROGRAM

**MICHELLE CORNELL (Criminal Justice)** was also awarded the Olga B. Hart Giving Back Memorial Scholarship.

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## FACULTY AND DEPARTMENT UPDATES

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### NURSING

**BESTY CLARK** defended her dissertation "A Process of Improvement Using Daily Weights of Patients with Heart Failure in Long Term Care" and received her Doctor of Nursing Practice degree from the University of Minnesota.

**PEGGY FOSSEN** defended her dissertation "Nursing Students' Perceptions of experiencing a Voice Simulator and Role Play" and received her Doctor of Nursing Practice degree from Regis University, Denver, Colorado.

### SOCIAL WORK

**SHEILA MORIARTY** presented her dissertation topic "Entwining the Complex Tapestry of Schooling: The Experience of Somali Born Students in Minnesota Outstate High Schools and received her Ph.D. from the University of Minnesota.

# UPCOMING EVENTS

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## OCTOBER 8TH: GSDC 2015 INNOVATION SUMMIT

River's Edge Convention Center - 8:00 a.m. - 11:30 a.m.

<http://greaterstcloud.com/submit-business-to-innovaton-award/>

## OCTOBER 13TH: SHHS COLLOQUIUM - HOMELESSNESS IN GREATER MINNESOTA

- Keynote 12:30 p.m. - AMC Theatre  
Cathy ten Broeke, Statewide Director to Prevent and End Homelessness in Minnesota

## OCTOBER 15TH - 17TH: DISCOVER RED & BLACK DAYS

- SCSU campus, 8:00 a.m. - 3:00 p.m.
- This annual October Open House occurs during the Education Minnesota Break and is SCSU's largest visit event. This is an opportunity for students and parents to tour campus and explore our programs. <http://www.stcloudstate.edu/scsu4u/visit/special.asp>

## OCTOBER 17TH: MAKING STRIDES AGAINST BREAST CANCER WALK

- SCSU Campus 7:00 a.m. Registration Opens, 9:00 a.m. Walk Starts
- [www.MakingStridesWalk.org/CentralMN](http://www.MakingStridesWalk.org/CentralMN)

## OCTOBER 21ST - 23RD: 4TH ANNUAL SURVIVE AND THRIVE EXPERIENCE

- Kelly Inn and SCSU Welcome Center
- <http://www.survivethrive.net/>

## NOVEMBER 7TH: FIRST-YEAR PREVIEW DAY

## NOVEMBER 14TH: TRANSFER PREVIEW DAY

## DECEMBER 2ND: SCSU COMMUNITY ENGAGEMENT CELEBRATION

- AMC - Ballroom, 9:00 - 11:00 a.m.

## DECEMBER 18TH: SUMMA CUM LAUDE RECOGNITION AND MASTER'S HOODING CEREMONY

- AMC - Cascade, 11:00 a.m. - 12:30 p.m.
- Commencement to Follow - Halenbeck Hall - 1:00 p.m.

<http://www.survivethrive.net/>



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