# Health/Physical Education – Teaching 55 credits

**Department of Kinesiology**  
[www.stcloudstate.edu/kinesiology](http://www.stcloudstate.edu/kinesiology)  
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### Fall Semester | Spring Semester
---|---
HPE 200 Movement I (3 cr), fall only | HPE 207 Movement II (3 cr), preq: HPE 200, spring only
HPE 295 Foundation of HPE (3 cr), fall only | HPE 310 Nutritional Applications (3 cr), spring only
HPE 298 Health & Wellness (3 cr) fall only | PESS 249 Anatomy/Kinesiology (4 cr), F/S/Su
PESS 300 Motor Behavior (3 cr), fall only | PESS 312 Inclusive Phys Edcuation (3 cr), prereq: PESS 300, spring only
Goal Areas (4 cr) | Goal Areas (3 cr)

**16 Credits**

### Summer: Goal Area (3cr)

**Fall Semester**  
PESS 461 Assessing Motor Performance for Students with Disabilities (3 cr), prereq: PESS 312, fall only  
_HURL 497 Human Relations for Teachers (3 cr) F/S/Su_  
IM 422 Information, Technology, and Learning for K-12 and 5-12 Education (2 cr) _F/S/Su_ prereq: any of the following: ART 105, CNA 169, CSCI 169, ETS 157, IM 245, IM 260 or demonstrated basic computer skills  
Goal Areas (6 cr)

**14 Credits**

### Fall Semester | Spring Semester
---|---
HPE 375 Teaching Methods (3 cr), prereq: HPE 207, fall only | HPE 430 Drugs/Mental Health (3 cr), spring only
HPE 376 Practicum in PE (1 cr), coreq HPE 375, fall only, | HPE 447 Assessment Strategies in HPE (3 cr), preq HPE 207, 310, PESS 300, spring only,
HPE 420 Sex/Aging/Relationships (3 cr), fall only | _ED 300 Teaching in Middle School and High School (3 cr), F/S/Su_
Goal 5: CPSY 262 Human Growth and Development (3 cr), _F/S/Su_ | Goal 5: _SPED 203 Exceptionalities & Human Diversity (3 cr), F/S/Su_
Goal Areas (6 cr) | Goal Areas (3 cr)

**16 Credits**

### Summer: Goal Area (3cr)

**Fall Semester**  
HPE 457 Senior Seminar (2 cr), fall only  
HPE 458 Integration of Theory into Practice: Field Experience in HPE (2 cr), prereq HPE 375, 376, 438, 439, coreq HPE 457, fall only  
HPE 407 Advanced Fitness and Wellness (3 cr), Prereq: HPE 310, fall only  
_ED 421 Foundations in Education (2 cr), F/S _prereq: Admitted to Teacher Education, ED 300, CPSY 361, IM 422, HURL 497, coreq ED 431, ED 460_
_ED 431 Curriculum, Instruction, and Assessment (2 cr), F/S _prereq: ED 300, CPSY 361, IM 422, HURL 497, coreq ED 421, ED 460_
_ED 451 Literacy in Content Areas (2 cr) _F/S _coreq ED 421, ED 431, minimum GPA of 2.5_
_ED/ENGL 460 Teaching English Language Learners in K-12 (2 cr), _F/S _prereq ED 300_

**15 Credits**

### Fall Semester | Spring Semester
---|---
HPE 467 Student Teaching for Health/Physical Education Licensure (6 cr) _F/S_ | **Student Teaching:** 6 credits each
HPE 467 Student Teaching for Pre K-12 Licensure (6 cr) _F/S_ | HPE 467 Student Teaching for Pre K-12 Licensure (6 cr) _F/S_  
(8 weeks at Elementary, 8 weeks at Middle/Secondary)

**12 Credits**

**Notes:**
- Goal 5 is completed through major. Consult with advisor or advising center on liberal education requirements.
- **Swimming requirement (Water Safety Instructor) must be passed prior to Student Teaching**
- **Red Cross CPR/First Aid must be current for student teaching**
- NES I must be completed before you can register in HPE 375, 376, 438, 439, 457
- MTEL Help Center EB B-113C, 308-3645
- **All Professional Education courses must be passed with at least a “C” (courses indicated in italics). English 191 must be passed with at least a “C.” HPE courses must receive at least a “C-“**
- To be eligible for Student Teaching, candidates must have an overall GPA of 2.75.
- Transfer students need to speak with a program advisor.

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