

# Spring 2015 Service Bulletin



## Issue: 8

This bi-weekly publication gives you information about service opportunities, special events, and non-profit agencies that will help you get involved in the community.

If interested in more information about these and other opportunities, visit the Department of Campus Involvement in Atwood Memorial Center office 134.

320.308.2205

[civicengagement@stcloudstate.edu](mailto:civicengagement@stcloudstate.edu)

You can SUBSCRIBE or UNSUBSCRIBE to our online bulletin through the Civic Engagement website at <http://www.stcloudstate.edu/civicengagement>

Please note that recipients may not post messages to the entire group. If you have comments or an item you would like to include in future news letters, email

[civicengagement@stcloudstate.edu](mailto:civicengagement@stcloudstate.edu).



## Donate Your Furniture

The Community Furniture Program is now accepting donations of gently used items such as: kitchen/ dining tables, dressers and couches/loveseats.

Contact Community Furniture Program at (320) 656-9004 or [cfp@cmnrp.org](mailto:cfp@cmnrp.org)

## QUOTE OF THE DAY

*What you think, you become. What you feel you attract. What you imagine you create.*

*~Buddha*

# Husky Hauler!

## BECOME PART OF A HUSKY HAULER TEAM LETS MOVE!



GATHER YOUR ENERGIZED, ENTHUSIASTIC TEAM  
AND SIGN UP BY JUNE 1, 2015!

### Teams/Groups

Husky Haulers must be available to attend an in hall training meeting August 19 and will help new students move in on Thursday, August 20

### Benefits:

- Volunteer hours for your transcript
- Meet and welcome new students
- Husky Hauler T-Shirt and lunch provided

Applications available at The Department of Residential Life or online at [www.stcloudstate.edu/reslife](http://www.stcloudstate.edu/reslife)



DEPARTMENT OF  
RESIDENTIAL LIFE  
ST. CLOUD STATE UNIVERSITY

EDUCATION FOR LIFE.



A MEMBER OF THE MINNESOTA STATE COLLEGE  
AND UNIVERSITY SYSTEM

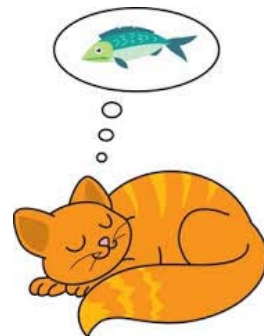
## **Community Volunteer Opportunities**

### **Family Birthing Center Tour Guide**

St. Cloud Hospital is seeking volunteers to guide expectant parents as they travel down the path of parenthood and tour the Family Birthing Center! Tour guide volunteers greet and welcome tour participants and introduce them to the Family Birthing Center. No previous knowledge of the Family Birthing Center or experience as a tour guide volunteer required, script and training will be provided. Volunteers commit to at least two tours per month. Shifts are typically weekday evenings (5-9 p.m.) and one Saturday a month (10:30 a.m. -2:30 p.m.). Contact CentraCare Volunteer Services at (320) 255-5638 or email [volunteer@centracare.com](mailto:volunteer@centracare.com)

### **Cat Caretaker**

Tri-County Humane Society is looking for volunteers to clean cages of Tri-County Humane society animals at Petco while they wait for their forever home. Volunteers will also watch for signs of illness and socialize with the animals. They ask for a once a week commitment of about one hour in the morning any day of the week. Contact Tri-County Humane Society at (320) 252-0896 or visit [www.tricountyhumanesociety.org](http://www.tricountyhumanesociety.org)



# Community Volunteer Opportunities

## Team Up to Mentor a Youth

Big Brothers Big Sisters is looking for Big Couples. Two adults can team up to mentor a youth. "Couples" may be a spouse, significant other or close friend. As a Big Couple, the two mentors provide a child with a team of support. Big Couples will be enrolled in the Community Based Program to provide friendship, emotional support and hope to young people with whom they are matched. The volunteers will meet with their Little 3 - 4 times a month for 12 months.

Contact Rachel Bogenrief, Big Brothers Big Sisters at  
(320) 258-4537



## Adult Classroom Assistant

Hands Across the World is a nonprofit organization that provides classroom instruction to English Language Learners (ELL) and other skills to refugee and immigrant newcomers to St. Cloud. They are seeking volunteer assistants to help instructors with materials and activities, serve as resources for pronunciation, take part in discussions, and work one-on-one with students at their Bel Clare location. ELL classes are meant to be a valuable and fun experience for all involved, students and teachers. If you're interested in ELL or if you would like to meet and work with people from other cultures, this could be a great opportunity for you. Contact Brianda Cediell, Hands Across the World Executive Director at (320) 260-1072

# **Community Volunteer Opportunities**

## **Board Member Needed**

Community Grassroots Solutions (CGS) is a 501(c)3 non-profit organization based in Central Minnesota. The mission of CGS is to improve the lives of low income families, specifically displaced, immigrants, and refugee families. Programs include academic support and mentoring programs for students, job placement for parents, encouraging small business and community collaboration initiatives through awareness and sense of social network that can respond to community pressing issues. They are seeking Board Members to attend meetings, contribute time and expertise about governing and policy-making, advocacy and be an ambassador for the organization. Contact Abdiaziz Odiriye, Executive Director at samag1@hotmail.com

or

(612) 986-0906.

## **Somali Translation Assistant**

RESOURCE is currently hosting a training called Skills for Success, and many of the students are Somali. Volunteers are needed to help with translation to assist learners with their success. Classes are held weekday mornings from 9am to noon. Training is already underway and goes until mid-June. Contact Samantha Sleeman, RESOURCE Volunteer Program Manager at (612) 752-8030

## **Home Delivered Meals Assistant CentraCare Health Plaza**

Volunteers are needed to help push carts filled with pre-packaged meals that need to be picked up by the Home Delivered Meals driver volunteers. Volunteers are needed 9:30-1:30 p.m. Mon, Wed, Thu. Contact St. Cloud Hospital Volunteer Services at (320) 255-5638

# Community Volunteer Opportunities

## Family Program-Recovery Plus

Volunteer to help create a warm, inviting and welcome environment for participants in the Recovery Plus Family Program at CentraCare. Start the coffee, put out treats, help new family members with signing in, and hand out information packets to attendees. Volunteers are needed on Mondays, 8-9:30am. Contact St. Cloud Hospital Volunteer Services at (320) 255-5638

## Food Shelf Volunteers

The Salvation Army is looking for volunteers to help in the food shelf bagging and distributing food to clients in need. Volunteers are needed mornings and afternoons for as many shifts your schedule allows. The Food Shelf is open Monday-Thursday, 8:30-11:00am and 1:00-4:00pm. Contact Shannon Smithers, The Salvation Army Special Events Coordinator at (320) 252-4552

## Girl Scouts in ACTION group Facilitator

Girl Scouts of Minnesota and Wisconsin Lakes and Pines is looking for volunteers to help guide girls in a 6 week after-school program providing homework help, fun activities, and a healthy snack (groups meet 1 day per week for 2 hours). Using their pre-planned curriculum and supplies, a group of volunteers at each site will help girls participate in age appropriate activities. Activities focus on helping girls explore their community and their world. Girls will also earn the Girl Scout Safety Award as they learn how to stay safe in their home, school, and community. Girl Scouts provides training for all adult volunteers for the program and each volunteer is paired with at least one other facilitator or group helper for the site. Contact Chasidi Funk, Girl Scouts in ACTION Specialist at (320) 252-2952



## **Community Volunteer Opportunities**

### **Read for People Who are Blind**

Looking for an opportunity to help the blind or print disabled receive local news? Become a volunteer with Central Minnesota Audio Newspapers and read newspapers over a closed radio network which is part of the Radio Talking Book Network. Read one or two evenings a month. Schedule is flexible. A one-year commitment is desired. Volunteers must pass an oral reading test. Contact Rita Woeste, Central Minnesota Audio Newspapers at (320) 293-2273

### **Volunteer for Habitat for Humanity's thrift store ReStore**

The ReStore is a discount home improvement retail store. It is owned and operated by Central MN Habitat for Humanity. Individuals and businesses donate new and used home improvement and building materials that are sold at a discount in the store. The sales fund's their mission by providing affordable housing to low-income families. Anyone from the public can shop or donate items. Majority of the ReStore team are volunteers. Volunteers can come for a one-time experience or on a regular basis. One-time volunteers help with general store tasks such as loading/unloading items, cleaning, and stocking the floor. Volunteers that commit to coming for one shift per week have the option of being trained in a variety of roles. To sign up for a one-time experience, go to [www.cmhfh.org/pages/OnlineSign-up](http://www.cmhfh.org/pages/OnlineSign-up). Internship Opportunities are available year around to gain business, management, and marketing experience. Contact them for more information about volunteer roles, tour or about donations. Contact Melanie Blake, Volunteer Manager at (320) 248-8256 or [melanieblake@cmhfh.org](mailto:melanieblake@cmhfh.org)

## **Community Volunteer Opportunities**

### **Wellness Specialist**

Assist the staff members in teaching WACOSA's clients creative and stimulation workouts of varying ability levels as well as healthy eating skills. These include activities and classes such as aerobics, yoga, walking, meditation, making smoothies and healthy choices while eating. This volunteer position is available, Monday through Friday, at various times, depending on class schedules. This volunteer position is available at 320 Sundial Drive, Wait Park. Morning and afternoon opportunities are available to fit your schedule. Contact Andrea Harrell, WACOSA Volunteer Coordinator at (320)251-0087 Ext. 227 or [aharrell@wacosa.org](mailto:aharrell@wacosa.org)

### **Help with Landscaping**

Boy Scouts of America, Central Minnesota council is looking for volunteers to help with upkeep, weeding, etc, on bushes and flowers, general light landscaping at their Scout office building. Contact Mary, Office Manager at (320) 251-3930 x103 or [mherlick@scouting.org](mailto:mherlick@scouting.org)

### **Be a Big Brother**

Be a Big Brother  
Want to Change a life? Big Brothers Big Sisters are looking for men that would like to hang out with a youth ages 5-14 years old only three to four times a month for 12 months! You can make great memories sharing hobbies and interests. Their male youth typically wait 12- 18 month for a mentor! Please consider coming to a one hour informational session. Contact Rachel, Big Brothers Big Sisters at (320) 258.4537 or [Recruiter@bbbscentralmn.org](mailto:Recruiter@bbbscentralmn.org)



# Community Volunteer Opportunities



## BOYS & GIRLS CLUB

### Boys & Girls Club Program Volunteer

Join the staff and kids at Southside, Roosevelt or Eastside Boys & Girls Club unit as a program volunteer! You can make a difference in a child's life in as little as one hour a week. Set your own schedule with the Volunteer Coordinator to make your experience valuable. They have opportunities for you to get involved in the areas of education & career development, character & leadership development, the arts, health & life skills and sports, fitness & recreation. Play board games with the kids, read one-to-one with a child or help with homework, participate in gym activities, share your love of arts and crafts or shoot pool with the teens! It's as easy as just spending time with kids. The Club units are open M-F 2:30 pm to 8:45 pm during the school year and 12 noon to 6:00 pm during the summer. They only ask that volunteers be able to relate well with children in a group environment, participate as an active team member with staff and other volunteers, and abide by volunteer policies. Volunteers will need to go through an enrollment process (includes interview and orientation). All volunteers are asked to complete a criminal background check before their first volunteer experience. Please apply on their website at [www.bgcmn.org](http://www.bgcmn.org) Contact Bethany Theisen, Volunteer Coordinator at (320) 257-5115 or [btheisen@bgcmn.org](mailto:btheisen@bgcmn.org)

## **Community Volunteer Opportunities**

### **Cook and Bake**

Quiet Oaks is a residential home for patients and families facing terminal illness. Quiet Oaks provides an experience that honors and respects the dignity of their residents and their families by focusing on a team approach to provide comfort and support for their physical, emotional and spiritual needs. They provide home cooked meals for residents and their immediate family. If you like to cook prepared meals or bake breads and sweets, they could use your help! Quiet Oaks is located on 10 acres with many oak trees and an abundance of wild life. Contact Eileen Bitzan, Quiet Oaks Volunteer Coordinator at (320) 255-5433

### **Grow our communities in a meaningful way:**

#### **Become a tutor.**

St. Cloud district schools need tutors to help children succeed in school. Minnesota Reading Corps and Math Corps will train two dozen literacy and math tutors to begin one year of service , and provide extra support that students need to believe in themselves and catch up to their peers. Tutors receive a living allowance, an education award, and the reward of making a lasting impact in the community. Tutors who are 55 or older may transfer the education award to a child or grandchild. Apply today to serve as a tutor! Contact Anne DeMotts, Recruitment and Outreach Coordinator at (320) 230-0833

## **Community Volunteer Opportunities**

### **Dispatcher for the American Red Cross**

The Red Cross responds to small and large disasters. Locally, the Disaster Action Team (DAT) responds about 100 times a year, mostly to home or apartment fires. When a home or apartment building burns, DAT volunteers assist residents with many of the same services provided to clients affected by floods, tornadoes, and other disasters. Dispatchers ensure appropriate and timely response to disaster calls and provide off-site guidance to responding DAT members. They receive disaster calls from the Red Cross switchboard and activate trained volunteers to respond to each disaster. Dispatchers serve as off-site point of contact for responders and trainees throughout responses, activate Client Assistance Cards used in the field, and assist responders with referrals and hotel selection as needed during responses. This might be a great fit for you have day or evening hours available, as on-call shifts take place during both daytime and nighttime hours. You will be behind the scenes coordinating volunteers and information, and that works best if you have strong communication skills and are comfortable with technology. A minimum commitment of 8 on-call shifts per month required. (On-call shifts vary in length.) Contact Amber Christie, American Red Cross Volunteer Coordinator at (320) 251-7641.

## **Department of Campus Involvement Civic Engagement Staff**

### **Beth Knutson-Kolodzne**

Associate Director for Civic Engagement & Campus Programs

Atwood Memorial Center - 134

(320) 308.2205

[beknutsonkolodzne@stcloudstate.edu](mailto:beknutsonkolodzne@stcloudstate.edu)

### **G. N. Rangamani, Ph.D.**

Faculty Liaison for Service-Learning

Atwood Memorial Center - 134

(320) 308.2205 or (320) 308.4142

[s-l@stcloudstate.edu](mailto:s-l@stcloudstate.edu)

### **A.K. Jha, Annie Babcock, or Ashley Andersen**

Program Adviser for Civic Engagement

Atwood Memorial Center - 134

(320) 308.2205

[cega@stcloudstate.edu](mailto:cega@stcloudstate.edu)

### **Rhondisha Washington**

Intern-Program Assistant

Atwood Memorial Center—134

(320)308.3712

[civicengagement@stcloudstate.edu](mailto:civicengagement@stcloudstate.edu)