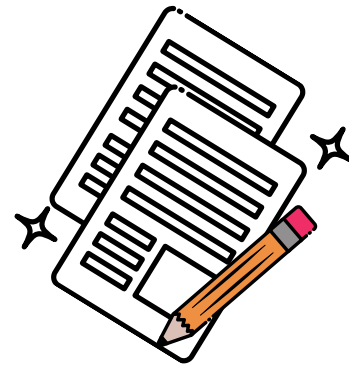


# FIVE DAYS STUDY PLAN

ACADEMIC LEARNING CENTER (ALC)  
St. Cloud State University



	Prepare What?	Prepare How?	Preview What?	Review How?
Day One				
Day Two				
Day Three				
Day Four				
Day Five				

1. Split the material you need to study up into manageable chunks. You might want to use more than five days if there is a lot of material to look over.
2. Each day “Prepare” one section of the material. This can include reading chapters, re-reading the notes you have made on the chapters or lectures, creating note cards, creating a visual diagram of the main points, writing a summary of the main points, Making a list of possible test questions, Creating an outline of the main points, etc. The main point of preparing is becoming familiar with the material you will be tested on
3. Each day after the first “review” all of the previous sections that you have already prepared. This can include studying your note cards, taking practice tests, answering end of chapter questions, reviewing Cornell style notes, answering the study questions that you made, trying to re-create the diagram of main ideas without looking at your original, “talking through” the main ideas of each section, etc. When you review, you are checking your understanding of the material