



Women's Empowerment Series

Tuesdays 4-6 PM @ the SCSU Women's Center

Five Sessions:

Feb. 17 - Assertiveness & Conflict Resolution

Feb. 24 - Body Image

March 3 - *Self Esteem*

March 17 - Healthy Relationships

March 24 - SEXUALITY

Join us for the opportunity to explore issues that affect women's abilities to be confident and decisive. Take this chance to learn more about yourself and make new friends! Attendance to all 5 sessions is required.

Registration fee: \$5

**To register contact the Women's Center
@ (320) 308-4958**

