

# ABORTION RESOURCES

## AVAILABLE ASSISTANCE

### OUR JUSTICE

- Financial assistance for abortion procedure
- Lodging and transportation support
- Referrals for abortion doulas and aftercare resources



### MIDWEST ACCESS COALITION

- Bus & train ticket booking
- Gas reimbursement
- Volunteer drivers
- Lodging support
- Support for food, childcare, and medication costs



### NATIONAL NETWORK OF ABORTION FUNDS

- Connect with orgs that can support your financial and logistical needs as you arrange for abortion



## QUICK FACTS

- Abortion is 14x safer than childbirth.
- 40% of people who have abortions in Minnesota choose medication abortion.
- In-clinic abortion procedures take approx 10 minutes.
- 95% of people who have abortions do not regret the decision.

## MN PROVIDERS

**Planned Parenthood** - Brooklyn Park Health Center

**Planned Parenthood** - St. Paul Health Center-Vandalia

**Planned Parenthood** - Minneapolis Health Center

**Planned Parenthood** - Rochester Health Center

**Robbinsdale Clinic P.A.** - Robbinsdale, MN

**Red River Women's Clinic** - Moorhead, MN

**WE Health Clinic**, Duluth MN

**Whole Woman's Health**, Minneapolis

**Just the Pill** - medication abortion pills delivered via mail

For more information and links to providers' websites, visit:  
<https://unrestrictmn.org/faq/abortion-facilities-in-minnesota/>



# YOUR RIGHTS

- Abortion rights have been enshrined in Minnesota's state constitution, making it **permanently protected**.
- Laws requiring parental signatures, medically inaccurate counseling, and 24-hr wait periods **are no longer legal in Minnesota**.
- To speak with someone **regarding all of your pregnancy and abortion options**, contact the All Options talkline: 888-493-0092
- To find your **closest abortion provider**, call Planned Parenthood at 800-230-7526 or text "PPNOW" to 774636

## GET INVOLVED

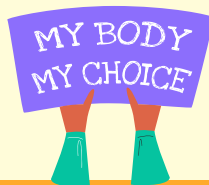
- **Speak up and speak out.** Talk with friends, family, and community members about why this is a critical issue
- **Talking openly** about abortion and reproductive justice works to **reduce stigma** about the topic
- Educate yourself about issues related to **racism, living wages, affordable housing, paid family leave, and affordable, comprehensive health care access**
- **Find local orgs** to join that support reproductive freedom and access
- **Donate** to abortion funds
- If you live near a clinic that provides abortion, **become a clinic escort**
- **Rally and march** in support of abortion and other intersecting social justice issues

## REPRODUCTIVE JUSTICE

Reproductive Justice (RJ) is "**the human right to maintain personal bodily autonomy, have children, not have children, and parent the children we have in safe and sustainable communities.**"

RJ moves **beyond** individual choice politics and highlights how access to resources and structural systems of power and control affect reproductive autonomy. This includes issues like **stable housing, access to health care more broadly, comprehensive sex and relationship education, fair wages, prenatal and pregnancy care, anti-violence and abuse services, welfare support, and more.**

For more information visit:  
<https://www.sistersong.net/reproductive-justice>



WOMEN'S CENTER  
ST. CLOUD STATE UNIVERSITY

For more information visit:  
<https://unrestrictmn.org/faq/>

