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Internship *focus*

CRITICAL, PUBLIC AND PRACITCAL SOCIOLOGY
GETTING THE MOST OF YOUR EDUCATION

Finding the Right Internship

Searching for an internship is similar to searching for a job. There are some key pieces of information that you will need to sort out before you begin:

- What type of work do you want to do?
- What regional area do you want to work in?
- What skills do you bring with you to the internship and what do you hope to learn?

If you want to intern with a government agency or a large corporation, you will need to apply to the internship well in advance. These organizations publish their internships on their websites and have fixed deadlines for application.

Local non-profits or smaller businesses may or may not have established internships with formal processes and rules about applying.

You will need to search their site and/or call to find out how to apply. If they do not have a formal internship program, they may be willing to set one up if you work with the program director or manager of the establishment where you wish to intern.

Places to look:

- Career Services (http://www.stcloudstate.edu/careerservices/job_listings/internships.asp)
- Sociology Website (where previous students have interned)
- Internet (better for government & business opportunities)

Be prepared! Have a resume ready, know who you will ask for references, and consider participating in the resume and interview workshops at Career Services.



drummingwithconrad.com



Spring Class Review & Internship Informational Mtg

October 26th 2:00-2:55 p.m. SH 221

Meet with Instructors, Advisors & Internship Coordinator

If you are interested in a spring or summer 2010 internship, but unable to attend, email Dr. Scheel at edscheel@stcloudstate.edu to set up and appointment to get started on your internship search.



Internship Requirements

6-15 Credits
37.5 Hours per Credit

The internship is a learning experience where you learn to explicitly identify key theories and concepts in the discipline of sociology and apply them to the job you are doing.

The purpose of the practice experience is to provide students with supervised work experiences at a site where they can learn how to apply sociological theories, methods, skills, a professional orientation, and ethics.

Goals of the Internship:

- Illustrate how sociological theories can be used with clients in a specific practice setting.
- Illustrate how research methods can be used with clients in a specific practice setting.
- Recognize the individual, group, and/or organizational processes within a specific practice setting.

- Adhere to professional norms and demonstrate appropriate behavior with regard to work assignments.
- Realize the influence of the student's personal values and perceptions as related to other individuals and groups in the practice setting.
- Function as an effective member of a work team or group in a specific practice setting.
- Acquire and maintain a professional identity as a sociological practitioner.
- Comply with the codes of ethics of the Association for Applied and Clinical Sociology, the American Sociological Association, and/or other relevant professional association.
- Recognize the social, political, and ethical constraints on sociological practice.
- Demonstrate additional learning outcomes based on personal goals.

Internship involves the connection between the discipline of Sociology and the work you will do in the field.

Class Requirements

The class is run asynchronously through D2L.

Class requirements break down into four categories.

- Required meetings with the site supervisor and your faculty supervisor. Developing and evaluating progress on learning goals.
 - Record keeping to track your hours and demonstrate connections to the discipline through online journals and discussions with other interns and the faculty supervisor.
- Personal development through improving your resume and creating an online portfolio.
- A final project that highlights your skills and benefits the organization beyond your internship hours.

RECENT INTERNSHIP Sites



2011 Internships

- ⇒ Cookie Cart
- ⇒ Hands Around the World
- ⇒ Lutheran Social Services
- ⇒ MVAC Thrift & More
- ⇒ Place of Hope
- ⇒ Catholic Charities
- ⇒ Casa Guadalupe
- ⇒ Boys and Girls Club
- ⇒ Nobles County Integration Collaborative
- ⇒ Camp Get-A-Well-A
- ⇒ Anna Marie's
- ⇒ St. Michael's Park & Rec
- ⇒ Sheriff's Youth Program
- ⇒ Department of Campus Involvement



My advice for other interns is that they should take this opportunity to really examine their own skills, and to find those they need to improve on. This is the beginning of a future career, and there is no better time to improve on skills than at the beginning. Also, take every opportunity that the internship gives to you.

~Sociology Intern

THINGS TO CONSIDER WHEN PLANNING

- * WHAT TYPE OF ORGANIZATION DO YOU WANT TO WORK WITH?
 - * BUSINESS, NON-PROFIT, GOVERNMENT AGENCY
- * WHAT POPULATION DO YOU WANT TO WORK WITH?
 - * YOUTH, SENIORS, IMMIGRANTS, PRISONERS
- * WHAT SKILLS DO YOU WANT TO FOCUS ON?
 - * PROGRAM DEVELOPMENT, RESEARCH, DIRECT SERVICES, FUNDRAISING, SALES, MARKETING, MANAGEMENT?
- * WHERE DO YOU WANT TO GET A JOB AFTER SCHOOL?
 - * ST. CLOUD, HOMETOWN, TWIN CITIES, OTHER STATE, INTERNATIONALLY?

REMEMBER, THE POINT OF AN INTERNSHIP IS NOT TO GET ANY JOB OR GO TO THE FIRST PLACE THAT SAYS THEY HAVE AN OPENING, OR GO WHERE YOUR FRIEND WENT, BUT TO FIND A GOOD MATCH BETWEEN YOUR INTERESTS AND TALENTS AND THEIR POSITION.