

St. Cloud State University

Biennial Review  
in compliance with the  
Drug-Free Schools and Communities Act

Submitted by the  
Alcohol and Other Drug Advisory Board  
December 2010

Certification of the Biennial Review:

As President of St. Cloud State University, I have read this report and support the Alcohol and Other Drug Policy.

Signature Paul H. Pottgen Date December 15, 2010

## **Introduction**

The Drug-Free Schools and Communities Act requires institutions of higher education to conduct a biennial review of their alcohol and other drug policies and prevention programs in order to identify and implement needed changes.

The biennial review has two objectives:

- “1. To determine the effectiveness of, and to implement any needed changes to the Alcohol and Other Drug (AOD) prevention program, and
2. To ensure that campuses enforce the disciplinary sanctions for violating standards of conduct consistently (DeRicco, 2006, p. 13).”

The following is the report resulting from the biennial review of the Alcohol and Other Drug (AOD) prevention program implementation and policy development/enforcement at St. Cloud State University for the 2008-2009 and 2009-Fall 2010 academic years for students and employees.

## **AOD Prevention Program Goals**

St. Cloud State University’s AOD prevention program goals include:

1. Reduce harmful consequences of high-risk drinking, especially among our students, by using the environmental management strategy framework recommended by the Higher Education Center for Alcohol and Other Drug and Violence Prevention (“Higher Education Center” for remainder of document). Elements of the environmental management strategy include providing (1) alcohol free program options, (2) creating a campus environment that supports “health-promoting norms” (DeJong & Langford, 2002, p. 143), (3) reducing alcohol availability, (4) limiting marketing and promotion of alcohol in University documents and programming, and (5) developing, articulating and enforcing clear AOD policies on and off-campus (DeJong & Langford, 2002);
2. Provide ongoing evidence-based (Tier 1 when possible) education and prevention strategies for the university community for the purpose of preventing alcohol abuse and other drug use;
3. Develop and increase collaboration in AOD prevention efforts among the University’s internal partners and with other local, state, and national partners;
4. Provide a reasonable level of care for individuals who are abusing or dependent on alcohol or other drugs through education, counseling, referral, and treatment;
5. Comply with federal and state laws and statutes concerning AOD use and AOD abuse prevention; and
6. Improve academic success, well-being, and retention of students; and
7. Assist students in making informed lifetime personal choices regarding healthy behaviors.

## Major Updates Since Last Biennial Review

### Staffing Change

Vice President Overland created the Assistant Dean of Students for Chemical Health and Outreach Programming in the fall of 2008. The job description for the position can be found in the appendix. This position elevates the staffing from a bachelors level 10-month position to a 12-month doctorate level preferred position that reports to the Vice President.

### Grant Writing

We are currently in year two of a two-year Department of Education Grant to reduce high-risk drinking. The grant provided \$299,000 in funding to initiate and/or enhance the Husky Neighbors Program, the St. Cloud Community Alliance, the Property Manger Project, U-Choose at St. Cloud Community and Technical College (CTCC), and the City of St. Cloud IMPACT Diversion Program. Currently, we are reviewing upcoming grants from the Department of Education, Substance Abuse and Mental Health Services Administration, Minnesota Department of Human Services Alcohol and Drug Abuse Division, and Center for Substance Abuse Prevention.

### Nationally Recognized Consultants

During the summer of 2010, U-Choose received an internal grant to bring three nationally recognized experts to our campus. These experts reviewed our current practices and made recommendations to the Alcohol and Drug Advisory Board, Vice President Overland, and President Potter. The consultants were each tasked with the following:

- Provide recommendations on available and future grants that might aid in our alcohol and drug efforts.
- Provide key experience and knowledge to increase our likelihood of writing a successful application.
- Review our current high-risk alcohol prevention practices and make recommendations on how to enhance our approaches to be consistent with best practices and data driven approaches.
- Provide information sessions with faculty, students, and staff to discuss their expertise and respond to our unique challenges in providing prevention services at St. Cloud State University.

The following consultants came to campus last semester:

- Beth DeRicco, Ph.D. brought expertise in environmental management and extensive knowledge on best practice approaches to on alcohol and drug prevention in collegiate setting. She is a nationally recognized expert and served as the US Department of Education's head trainer on alcohol and drug issues for institutes of higher education.

*"I am writing to let you know about a campus that is doing some wonderful work and has a very supportive president and forward thinking vice president. St Cloud State University has made great strides in their efforts since 2006 when they first started focusing on AOD prevention through CCHS training. I have been doing a campus consult here been quite impressed with their data."* -Beth DeRicco, Ph.D.

Director of Wellness and Prevention Services  
The University of Connecticut

Written in an email to Barbara Ryan, President Silvergate Group  
U.S. Department of Education Contractor

- Thomas Workman, Ph.D. provided expertise in creating successful coalitions, alcohol and drug best practices, research on outcomes in communities, and creating community capacity for change.

*“The preparation work that is so essential to effective coalitions has been clearly established in St. Cloud; the critical relationships with stakeholders were clearly established by Dr. Reff before the initial coalition gathering, and the university was able to invite the community after having built a strong infrastructure on the campus for addressing student behavior. Most importantly, support could be seen at the highest levels of both university and community administration. This all bodes very well for continued success reducing high-risk behavior at St. Cloud State University. I predict this campus community coalition effort will soon be a national model.”*

-Thomas Workman, Ph.D.  
John M. Eisenberg Center for Clinical Decisions and Communications  
Science Baylor, College of Medicine

- Linda Hancock, Ph.D. has successfully written for two model grants to reduce high-risk drinking in a collegiate setting from the Department of Education. She has extensive knowledge in social norms alcohol prevention practices and cutting edge technologies in prevention.

*“Rob Reff obtained an internal grant from St. Cloud that sponsored 3 consultants to come in with different strategic areas of expertise. Very smart! One of the smartest moves I think I have seen a college make.*

*I was the person in the trenches and the person who talked to key players ON campus. My job was more a social norms advisor and finding small tweaks to improve the plan.*

*I was ‘mucho’ impressed with both their data and commitment to change.*

*Wow. You should be very proud of that grantee... they are making the most of their grant and doing amazing things. Rob said they submitted a program proposal... they should definitely share what they are doing on the national level... he would actually be a great person to talk at an Ed Training too!*

-Linda Hancock, Ph.D.  
Director, Wellness Resource Center  
Virginia Commonwealth University  
Written in an email to Amalia Cuervo  
Education Program Specialist  
U.S. Department of Education

Each consultant met with key university and community stakeholders. The consultants also provided recommendations to enhance our alcohol and drug efforts.

## AOD Prevention Program Elements

In the late fall of 2006, the Alcohol and Other Drug Advisory Board (AODAB) was formed and charged with overseeing alcohol and other drug prevention programs by Dr. Wanda Overland, Vice President for Student Life and Development. In its first year, the AODAB began an audit of campus prevention programming. The first version of this table was published in the last Biennial Review. The scan and matrix were updated in the fall of 2010 and presented in Appendix D.

Typology Matrix 2007-2008 St. Cloud State University					
	Individual	Group	Institution	Community	State & Federal Policy
Knowledge, Attitudes, Behavioral Intentions					
Environmental Change					
Health Protection					
Intervention/ Treatment					

A completed typology matrix with specific strategies in each cell is included as Appendix D.

### Affecting Knowledge, Attitudes and Behavioral Intentions

This category of activities includes cognitive/behavioral strategies, motivational enhancement, and education and awareness programming. These are aimed at “changing people’s knowledge, attitudes, skills, self-efficacy, and behavioral intentions regarding reduced alcohol use” (Langford and DeJong, 2008, p. 5).

In the fall of 2007, Dr. Robert Reff (faculty member in the Counseling and Psychological Services department) developed the U-Choose program. The U-Choose program is a small group program based on BASICS or Brief Alcohol Screening and Intervention for College Students (Dimeff, Baer, Kivlaham & Marlatt, 1999). Like BASICS, the U-Choose program consists of “information about alcohol effects, identification of personal risk factors, discussion of specific cognitive and behavioral strategies to moderate drinking, and motivational enhancement strategies aimed at building interest in changing heavy drinking behaviors” (Dimeff, Baer, Kivlaham & Marlatt, 1999, p. 22). BASICS is a first-tier intervention strategy: first-tier intervention strategies have been demonstrated to be effective among college students. U-Choose

also utilizes e-CHUG developed by San Diego State University to give students a personalized assessment of their use, negative consequences, and social norms clarification.

- Dr. Reff and graduate assistants delivered the U-Choose program to numerous classrooms during the 2008-2009 academic year. In addition, U-Choose was delivered to Greek organizations, to various individuals through the U-Choose SR [Self-Referral] program and to a number of off-campus students through an innovative partnership with a local landlord. During the 2008-2009 academic year, 1233 students attended U-Choose programs. In the first four months of the 2009-2010 academic year, 700 students have attended U-Choose programs.
- St. Cloud Technical and Community College (SCTCC) emerged as a natural partner in high-risk alcohol prevention. SCTCC does not have the staff or resources to offer alcohol prevention to their students. We currently offer U-Choose programming to their faculty, staff, and student organizations. Each year there is an increased interest to program with SCTCC. This year we presented during their faculty and staff workshops and have scheduled approximately six classroom presentations for the fall semester.

Respect and Responsibility, required of first year students and delivered through a primarily lecture format, has been a long-standing element of the AOD program. Created by an interdisciplinary University group, Respect and Responsibility's objectives are two fold: one is sexual assault prevention and the second is inclusion and diversity education. Alcohol abuse has been a component of the sexual assault prevention portion, which as of Fall 2008 has moved to an interactive, web-based format provided by *nformedonsexualassault.net* [sic].

## **Environmental Management**

Environmental management is likely the most promising strategy for having an impact on a college student population. Environmental management strategies are those that seek to eliminate or modify environmental factors that contribute to the problem (Langford and DeJong, 2008). There are five categories of environmental management: alcohol free options, alcohol marketing/promotion, promoting a healthy normative environment, reducing alcohol availability, and policy development and enforcement (DeRicco, 2006).

### *Alcohol Free Options*

#### House Party 101

House Party 101 has been part of our University Kick-Off programming for the past two years. This event is collaboration between U-Choose, Center for Student Organizations and Leadership Development, University Programming Board, Student Government, the St. Cloud Police Department, and Delta Zeta Sorority. This experiential event places students in a simulated house party. The students observe high-risk aspects of house parties in different party sense. The U-Choose facilitators help deconstruct the scene and help students learn methods for decreasing risk that helps increase safe and protective behaviors. Instead of telling students that drinking games are dangerous, students actually safely experience the high-risk aspects of drinking games and interact with U-Choose staff to gain experiential learning.

## Blizzardshack Block Party

In its second year, Blizzardshack Block Party is a homecoming event named for the movie Caddyshack. The goal of the program is to create a collaborative event that would incorporate best practice high-risk alcohol prevention during our Homecoming week, with the goal of reducing high-risk use of alcohol during a time of traditionally excessive use.

Campus departments, student organizations, and off-campus partners sponsor holes on an 18-hole mini-golf course, which is set up on campus. In order to sponsor a hole, the host must engage students in a high-risk alcohol prevention activity. For example, students are asked to identify the symptoms of alcohol poisoning or answer alcohol related trivia. If students answer questions correctly, they are given an advantage on the hole. If students achieve a hole-in-one, they are eligible for a prize drawing.

In addition to the golf course, a number of related activities draw students to Blizzardshack. Students also receive a ticket for the prize drawing if they bring documentation that they completed the online alcohol feedback program, e-CHUG. A full-sized Ferris wheel, inflatable slide, DJ, fire pits for gourmet s'mores, professional flair bartenders serving mocktails (fruit flavored syrups and soda) and performance by the University Sports Band, all bring the "wow" to this alcohol education event.

Blizzardshack was one of the most attended Homecoming events with over one thousand student participants. In assessing learning outcomes, we found that over 96% of students agreed that they learned something useful about moderation and risk reduction. In addition, over 62% of participants indicated that Blizzardshack was their favorite homecoming event (SCSU Homecoming Survey, 2009). Blizzardshack has also contributed to positive campus culture and tradition.

*"When I was a student our 'traditions' focused on drinking. Blizzardshack feels a tradition that will last on campus and make people feel like part of the SCSU community."*

– St. Cloud State University Alumnus from '05 attending Blizzardshack in 2008 with his girlfriend who was a senior at SCSU

## Alcohol After Dark

A nationally recognized program, Atwood After Dark, is sponsored by the University Programming Board (UPB) 4-5 times each semester on Friday nights. These events are held in the Atwood Memorial Center, are comprised of numerous activities including a "headliner" act starting about 10 pm, and generally run 9 pm – 1 am. UPB also sponsors movies, other entertainment, and programs multiple times each week.

### *Alcohol Marketing/Promotion*

The AODAB developed a new alcohol policy during the 2007-2008 academic year that banned alcohol-related marketing in all university publications, by student organizations, and on-campus in general. This has led to the elimination of numerous alcohol advertisements and alcohol related photos in the *University Directory* and athletic programs.

The one exception remains the student media, specifically the student newspaper, *The University Chronicle*. Conversations with the *Chronicle* will continue as we work to be more consistent in our efforts to reduce alcohol marketing on our campus. UTVS, the student television station, and KVSC, the student radio station, do not accept alcohol advertising.

The new alcohol and other drug policy ban sponsorship by the alcohol industry for on-campus events and University events taking place off-campus.

### *Promoting a Healthy Normative Environment*

One example of promoting a healthy normative environment is the social norms project conducted two years ago and which is in process again this fall. This project assesses students in the residence halls and utilizes social norm theory to market health norms. Social norms theory suggests that students make decisions about alcohol use based on their perceptions or misperception of other students' use. The theory states that students often misinterpret the alcohol use of their peers in an unhealthy manner. After assessment of actual behaviors, we market the healthy norm in the residence hall by posters and through the Community Assistants in their residence hall. This project has been shown to increase the sense of community in the residence halls. It also provides very specific assessment information regarding on campus alcohol and drug use. We have co-presented on our work at national and regional conferences.

The University offers core classes on Thursdays and on Friday mornings. Available data indicate that Friday classes are scheduled at a level that is about 82% of the weekday class scheduling average. Scheduling more Friday classes is one facet of prevention that deserves a closer look. The Office of the Vice President for Academic Affairs/Provost is working with college deans to increase Friday class time for a number of reasons including a desire to promote a higher level of academic commitment and engagement on the part of our students.

In the fall of 2010, the U-Choose and the St. Cloud Police Department collaborated to create a "Prevention Walk." The walk took place the few days before the start of classes. During the walk a member of the St. Cloud Police Department partnered with a U-Choose staff member to introduce themselves to rental houses located within the "hot zone." The St. Cloud Police Department created a list of homes that had multiple violations in the past year. This list coupled with information from neighbors created what the St. Cloud Police called the "hot zone." The teams spoke with residents about the renters about the new ordinances, crime reports, ways to be good neighbor, and how to get help if needed. The teams visited over 130 homes and spoke with over 160 individuals.

In the fall of 2007, the University piloted a *Welcome Back to the Neighborhood* program developed by the Office of Student Life and Development. Importantly, both the University President and Mayor of St. Cloud participated in this event along with other University staff members, students, and community members. The program took greeters to all single-family

units in the historic Southside neighborhood. The walk expanded in the fall of 2008 and then again in the fall of 2010 to include more homes and a greater geographic areas. The goal of the walk is to welcome back renters and permanent residents to the new academic year. The greeters distributed a brochure that contained information about safety, city and university alcohol policies and citation information, prevention/resolution of neighbor/landlord disputes, and hosting of safe, legal, and non-disruptive parties. The proactive communication with students and non-student homeowners was met with broad positive feedback. The event received favorable local media attention during a period where the media has tended to focus on student alcohol use. In the fall of 2010, over 120 volunteers participated in the walk.

### *Reducing Alcohol Availability*

St. Cloud State University bans all alcohol on campus with rare exceptions (e.g., alumni awards dinner) only when authorized by the University President. Restrictions on liquor licenses in the city of St. Cloud limit these events to once per month. Lastly, alcohol and illegal drugs are prohibited in residence halls.

Student organizations may not raise organizational funds using alcohol. Student organizations that host off-campus events involving alcohol “may in no way expose a St. Cloud State University registered student organization or St. Cloud State University to a position of liability. If alcohol is served at a function it must be served or distributed by a licensed and bonded/insured third party. In addition, alcohol cannot be the focus of any organizational event” (Center for Student Organizations and Leadership Development, webpage, 2008).

### *Policy Development and Enforcement*

During the 2007-2008 academic year, the AODAB developed a new alcohol and other drug policy specifically for students. The new policy became effective in July 2008 and is attached in the Appendix. Comprehensive in scope, the new policy clarifies expectations for students off-campus, prohibits disruptive use of alcohol (aimed at students drinking off-campus and causing problems on-campus), and restricts alcohol advertising, among others. The new policy supports policies that already exist for athletes (see *Student-Athlete Code of Conduct* at <http://www.stcloudstate.edu/athletics/students/documents/Student-AthleteHandbook200809.pdf>) and student organizations (See the Center for Student Organization and Leadership Development *Student Organization Manual* at <http://www.stcloudstate.edu/csold/studentorganizations/manual/>).

## **Sanctioned Student Programming**

The U-Choose program for sanctioned students is called IMPACT. Students are referred to IMPACT through student conduct violations involving alcohol. Currently, four levels of IMPACT are offered. An initial violation of the code involving alcohol usually results in a referral to IMPACT-I, a second violation to IMPACT-II, and so on.

IMPACT-M courses are for sanctioned students with marijuana-related violations. Currently there are two levels of IMPACT-M offered.

IMPACT classes all utilize best practice data driven approaches. Each class utilizes theories of motivational interviewing, norms clarification, BASICS, and psycho-education. All students are given the opportunity to critique the class and give feedback to the presenters. The IMPACT classes also utilize pre and post test data to determine effectiveness.

The following pages describe the different IMPACT offerings.

## IMPACT-I

<b>Format:</b>	Small Group (max = 12)
<b>Location:</b>	LGBT Resource Center
<b>Audience:</b>	Sanctioned students for first alcohol related violations
<b>Prerequisite:</b>	None
<b>Assessment:</b>	e-CHUG: Individualized online feedback
<b>Duration:</b>	90 Minutes
<b>Taught:</b>	GAs Primarily
<b>Scheduling:</b>	Online
<b>Frequency:</b>	2-3x per week during the semester
<b>Open Seats:</b>	240 per semester (approximately)
<b>Expected #:</b>	500 students – FY11
<b>Historical #:</b>	425 – FY10
<b>Data:</b>	40% reduction of self reported BAC at 90 days post IMPACT (n=200) Feedback of program very supportive in terms of students like of presenters and content

### **Description:**

IMPACT-I begins with an interactive exploration of why students drink and the potential negative consequence of high-risk alcohol use. The class then focuses on basic psycho-education on the effects of alcohol. Students participate in an interactive “pouring demo” that helps students understand a standard drink.

### **Content:**

- Physiology Of Alcohol and Alcohol as Depressant
- Standard Drink
- Alcohol Poisoning
- Protective Factors
- Norms Clarification
- Safety Factors
- Reduction Of High-Risk Behaviors
- Blood Alcohol Content
- Alcohol Gender/Sex Difference
- How to help someone/Good Samaritan

## IMPACT-II

<b>Format:</b>	Small Group (max = 10)
<b>Location:</b>	LGBT Resource Center
<b>Audience:</b>	Sanctioned students for second alcohol related violations
<b>Prerequisite:</b>	IMPACT-I
<b>Assessment:</b>	e-CHUG: Individualized online feedback
<b>Duration:</b>	90 Minutes
<b>Taught:</b>	GAs Primarily
<b>Scheduling:</b>	Online
<b>Frequency:</b>	4x per semester
<b>Open Seats:</b>	40 per semester (approximately)
<b>Expected #:</b>	65 students – FY11
<b>Historical #:</b>	57 – FY10
<b>Data:</b>	TBD (sample too small)

### **Description:**

IMPACT-II begins with a review of IMPACT-I content to assess retention and reinforce initial message. Prior to taking IMPACT-II, students complete a confidential online assessment of their understanding of their needs for IMPACT-II. The IMPACT-II content presents students with a more sophisticated look at potential problems from alcohol use. Presenters review the research to help students understand that expectancies can lead to outcomes. Students go through an interactive discussion on the following topics.

### **Content:**

- Alcohol Expectancies and Effect
- Alcohol Myopia & Poor Judgment
- Alcohol Related Memory Impairments (Blackouts)
- Dependence & Addiction
- Norms clarification on repeat conduct violations
- Potential career and academic concerns
- Alcohol and drug interactions including caffeine, pain killers, and marijuana
- Alcohol Poisoning (Review)
- Safety Factors (Review)

### IMPACT-III

<b>Format:</b>	One-On-One
<b>Location:</b>	Counseling & Psychological Services
<b>Audience:</b>	Sanctioned students for third alcohol related violations
<b>Prerequisite:</b>	IMPACT-II
<b>Assessment:</b>	e-CHUG: Individualized online feedback
<b>Duration:</b>	Two 60 minute Sessions
<b>Taught:</b>	Dr. Reff
<b>Scheduling:</b>	Students need to call Counseling & Psychological Services after completing the online signup process
<b>Frequency:</b>	As needed
<b>Open Seats:</b>	As needed
<b>Expected #:</b>	10 students
<b>Historical #:</b>	4 – FY09 (Note: IMPACT-III last year was the last IMPACT in the series and resembled IMPACT-IV below)
<b>Data:</b>	TBD (sample too small)

#### **Description:**

IMPACT-III is tailored to the specific student. The initial session begins with review of all prior incidents involving alcohol and drugs. The student is given a complete psychological intake to rule out any possible underlying psychological comorbidities which may be present. The student is also assessed for any dependency/addiction issues along with a complete family history. Students review with Dr. Reff their perceptions on why they have been sanctioned to three IMPACT classes.

#### **Goals:**

- Reduce the likelihood the student will need IMPACT-IV
- Assess for psychological issues and dependency
- Create treatment plan for ongoing services with exploration of treatment (if needed)
- Help provide accurate information to the student on the underlying issues which maybe causing the student to have repeated troubles

## IMPACT-IV

<b>Format:</b>	One-On-One
<b>Location:</b>	Counseling & Psychological Services
<b>Audience:</b>	Sanctioned students for fourth alcohol related violations
<b>Prerequisite:</b>	IMPACT-III
<b>Assessment:</b>	e-CHUG: Individualized online feedback
<b>Duration:</b>	Two 60 minute Sessions
<b>Taught:</b>	Dr. Reff
<b>Scheduling:</b>	Students need to call Counseling & Psychological Services after completing the online signup process
<b>Frequency:</b>	As needed
<b>Open Seats:</b>	As needed
<b>Expected #:</b>	5 students
<b>Historical #:</b>	None
<b>Data:</b>	None (first session not completed)

### **Description:**

IMPACT-IV is based on reality therapy. The session helps students understand that no more IMPACTs are available to the student and that there are both serious academic and professional consequences for repeated violations of the code of conduct. The counselor attempts to help facilitate change by joining with the student on their desire to remain a student. The student is given homework after the initial session to create a “Plan for Success” in which the student describes how he or she is planning on remaining a student. The student needs to be clear about what he or she will do differently, what resources he or she will utilize, and how he or she will avoid potential triggers/high-risk events, interactions, or people. The student is encouraged to provide the plan to their referral agent and sign a confidentiality waiver to allow Dr. Reff to communicate with the referral agent.

### **Goals:**

- Create plan for student success academically and personally
- Reduce the likelihood the student will need to leave student for a preventable issue
- Further assess for psychological issues and dependency
- Create treatment plan for ongoing services with exploration of treatment (if needed)
- Help provide accurate information to the student on the underlying issues which maybe causing the student to have repeated troubles

## IMPACT-M (Marijuana)

<b>Format:</b>	Small Group (max = 10)
<b>Location:</b>	LGBT Resource Center
<b>Audience:</b>	Sanctioned students for marijuana related violations
<b>Prerequisite:</b>	None
<b>Assessment:</b>	e-TOKE: Individualized online feedback
<b>Duration:</b>	90 Minutes
<b>Taught:</b>	GAs Primarily
<b>Scheduling:</b>	Online
<b>Frequency:</b>	2x semester
<b>Open Seats:</b>	60 per semester (approximately)
<b>Expected #:</b>	50 students – FY11
<b>Historical #:</b>	47 – FY10
<b>Data:</b>	TBD – (sample too small)

### **Description:**

The IMPACT-M class begins with interactive exploration of marijuana as a drug and how it affects individuals. The class attempts to provide students with accurate information about marijuana without getting into discussions on legality or myth. The presenters attempt to make a strong link between academic success, career path, and overall satisfaction with life and the use of marijuana. The class ends with the “Marijuana Challenge.” Students are challenged to take five weeks and be completely abstinent and determine if they are better students, have higher quality lives, and better overall life satisfaction. After about five weeks, the active chemicals should have passed through the body and the majority of the negative effects should be gone. Note: students may still fail a drug test after five weeks.

### **Content:**

- Marijuana The Drug: Why is it hard to classify?
- Physiology Of Marijuana: Effected brain centers and the likely cognitive, emotional, and behavioral impact
- Half-life Of Marijuana: How might weekend smokers still be impacting their academics?
- *“It’s Organic and Perfectly Safe”*: A break down of the myths of marijuana including carcinogens, long term use, sexual repercussions, and others
- *“I thought it wasn’t addictive...so why do I feel like crap after I quit”*: Marijuana Physical and Psychological Withdrawal
- What Role Does Marijuana Play In Your Life: How do you know you are experiencing negative effects when you brain is affected?
- Norms Clarification
- Safety Factors and Reduction Of High-Risk Behaviors
- The Marijuana Challenge

## IMPACT-MII (Marijuana)

<b>Format:</b>	One-On-One
<b>Location:</b>	Counseling & Psychological Services
<b>Audience:</b>	Sanctioned students for second marijuana violation
<b>Prerequisite:</b>	IMPACT-M
<b>Assessment:</b>	e-TOKE: Individualized online feedback
<b>Duration:</b>	Two 60 minute Sessions
<b>Taught:</b>	Dr. Reff
<b>Scheduling:</b>	Students need to call Counseling & Psychological Services after completing the online signup process
<b>Frequency:</b>	As needed
<b>Open Seats:</b>	As needed
<b>Expected #:</b>	5 students
<b>Historical #:</b>	None
<b>Data:</b>	None (first session not completed)

### **Description:**

IMPACT-MII is tailored to the specific student. The initial session begins with review of all prior incidents involving alcohol and drugs. The student is given a complete psychological intake to rule out any possible underlying psychological concerns, which may be present. The student is also assessed for any dependency/addiction issues along with a complete family history. Students review with Dr. Reff his or her perceptions on why he or she has been sanctioned to two IMPACT-M sessions. IMPACT-MII is based on reality therapy.

The session helps students understand that no more IMPACT classes are available to the student and that there are serious academic as well as professional consequences for repeated violations of the code of conduct. Dr. Reff attempts to help facilitate change by joining with the student on their desire to remain a student. Dr. Reff attempts to determine if the student is in denial about the impact of marijuana on his or her life or if the student has insight into the potential issues he or she faces with a third marijuana violation. The student is given homework after the initial session to create a "Plan for Success" in which the student describes how he or she is planning on remaining a student. The student needs to be clear about what he or she will do differently, what resources they will utilize, and how he or she will avoid potential triggers/high-risk events, interactions, or people. The student is encouraged to provide the plan to his or her referral agent and sign a confidentiality waiver to allow Dr. Reff to communicate with the referral agent.

### **Goals:**

- Create plan for student success academically and personally
- Reduce the likelihood the student will need to leave school
- Assess for psychological issues and dependency
- Create treatment plan for ongoing services with exploration of treatment (if needed)
- Help provide accurate information to the student on the underlying issues that maybe causing the student to have repeated troubles

Program Type	Approximate Number of Students Assigned Sanctions	
	2008-2009	2009-2010 (Aug through Dec)
IMPACT I	305	346
IMPACT II/III/IV	27	29
IMPACT M	22	20
Totals	354	395

The IMPACT program also contains an assessment component. Students are sent an email reminder 90 days after their IMPACT class or session requesting them to retake the e-CHUG instrument. Students also are asked and usually agree to participate in research on the IMPACT program. Based on self-report, the results are very encouraging: the mean peak BAC (Blood Alcohol Concentration) had dropped from .18 pre-IMPACT to .11 90 days post-IMPACT, a decrease of approximately 40%.

The University, Neighbors, and City Officials collaborated during the spring of 2009 to look at new ordinances that would decrease high-risk drinking and increase the safety of the residents. Four ordinances were proposed. Those ordinances included:

- Social Host
- Provisional Licensing for Liquor Establishments
- Disruptive Intoxication
- Drink Specials

The only ordinance that failed to pass was the drink specials ordinance. Copies of the ordinances can be found in the appendix.

This collaboration also led to the creation of the St. Cloud IMPACT division Program. The City of St. Cloud IMPACT Diversion Program is a joint program between St. Cloud State University, the City Attorney's office, and the St. Cloud Police Department. This program is designed to offer individuals who have been charged with an underage alcohol violation in the city of St. Cloud the opportunity to receive education and prevention services in lieu of a fine. These IMPACT Diversion classes cover the same content as the IMPACT-I and IMPACT-II classes. Individuals who successfully complete the program will not have the citation entered on their record. The IMPACT Diversion Program is an example of an environmental best practice initiative. It seeks to change the overall environment in which our students live. Our students interact, socialize, and live with similarly aged non-students. This program attempts to decrease high-risk drinking of non-students, which should change the drinking environment in a healthy direction for our students.

## **Health Protection**

There are three particularly important health protection facets to the AOD prevention program. Health protection strategies are those that protect “students from the short-term consequences of alcohol consumption” (Langford and DeJong, 2008, p. 5).

The Public Safety Department and the Residential Life night security program comprise perhaps the most important of these strategies. Unfortunately, during many weekends of the academic year, late evening and night security staff monitoring residence halls and patrolling the campus come upon students and other persons who are incapacitated and in need of emergency medical treatment. The prompt intervention of these largely student staff members likely has saved lives and prevented other harm.

In the spring of 2007, the Student Government Association (SGA) sponsored a referendum asking students to consider funding a late night bus transport to and from downtown and other areas. The referendum was promoted as a safety measure to reduce drunk driving and provide another alternative for individuals who have need for transportation to and from late night shopping, studying and employment. This program has continued to run.

## **Intervention and Treatment**

One element of the St. Cloud State University AOD prevention program is “intervening with and treating students who are addicted to alcohol or otherwise show evidence of problem drinking” (Langford and DeJong, 2008, p. 5).

Faculty members in the Counseling and Psychological Services (CAPS) department provide individual counseling for alcohol and other drug use to students who have sought assistance or who have been referred for assistance. CAPS faculty members make referrals to community agencies and providers as needed.

Student Health Services (SHS) practitioners conduct health screenings with students that include questions about alcohol use. SHS practitioners also make referrals as needed.

St. Cloud State University is fortunate to be in a community containing a number of high-quality medical services including the St. Cloud Hospital (especially its Emergency Room unit), a detoxification center, and multiple outpatient and inpatient alcohol and other drug treatment options. These services provide a number of possibilities for collaboration with the AOD prevention program at St. Cloud State University: we expect to make developing these possibilities into realities a focus of the next biennium.

## **Annual Notification Procedures**

St. Cloud State University is required by the Drug Free Schools and Communities Act to provide an annual notice regarding alcohol and other drugs to all students and employees. The annual notice must include information about university policy and sanctions regarding alcohol and other drugs, campus and community resources for assistance with alcohol and other drug issues, and legal sanctions for violating federal, state or local laws regarding illegal use, possession, or distribution of alcohol and other drugs.

Currently, the Office of the Vice President for Student Life and Development sends the annual notice to students by broadcast email with a link to the document mentioned above. Currently, this is the best way to reach students as email was designated several years ago as an official means of communication with students. Unfortunately, this may be the only way to ensure reliable, mass distribution to students as the email designation has led to many students not updating their addresses with the University.

The Alcohol and Other Drug Notice to employees is handled by the Human Resources department. Currently, only new employees regularly receive the policy as part of a packet that includes information about benefits, etc. The Notice is available to all employees at the Human Resources website at <http://www.stcloudstate.edu/humanresources/documents/DrugandAlcohol.pdf>.

## **Evidence of Program Effectiveness**

St. Cloud State University regularly assesses the overall effectiveness of its AOD prevention program by surveying students on their self-reported use of alcohol and other drugs. St. Cloud State University participates in numerous surveys to assess the alcohol and drug behaviors of our students. The results of these surveys can be found in the appendix as well as five-year trend data.

## **Recommendations for Next Biennium**

1. Implement a population level alcohol prevention tool;
2. Create 2 year and 5 year strategic plans;
3. Update and improve annual notice procedures;
4. Develop a collegiate recovery community on campus based on best practices;
5. Explore grant and external funding options to enhance our alcohol and other drug prevention efforts; and
6. Develop and prioritize additional environmental management strategies that positively impact the University community and reduce high-risk alcohol consumption.

## References

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<http://www.stcloudstate.edu/csold/studentorganizations/manual/alcohol.asp>
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- Dimeff, L.A., Baer, J.S., Kivlahan, D.R. & Marlatt, G.A. (1999). *Brief alcohol screening and intervention for college students*. New York, NY. Guilford Press.
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## **Appendix**

### **Assistant Dean for Chemical Health and Outreach Programming**

#### **Responsibilities:**

- The Assistant Dean of Students for Chemical Health and Outreach Programming is responsible for providing visionary strategic leadership in the management and administration of various alcohol and drug initiatives and programs on and off campus, utilizing best practices and data driven approaches.
- The Assistant Dean of Students for Chemical Health and Outreach Programming hires, supervises, trains and evaluates full-time and part-time staff, graduate and undergraduate students; is responsible for the fiscal development and management of program budgets; and serves as a resource, consultant and liaison to the campus community regarding student issues and trends.
- The Assistant Dean of Students for Chemical Health and Outreach Programming is a member of the senior leadership team in the Division of Student Life and Development.

#### **Minimum Qualifications:**

- Master's degree in Higher Education Administration, Counseling, and Student Personnel or in a related field.
- Progressive responsibility in post-master's degree experience, which includes experience working with college students in a higher education environment; demonstrated experience in developing and implementing alcohol education programs; evidence of budgetary responsibility; evidence of successful grant writing experience and administration of grants; documented skill in conducting research, assessment, and evaluation activities; and effective administrative skills and supervision experience.

#### **Preferred Qualifications:**

The successful candidate will demonstrate evidence of the following knowledge, skills, and competencies:

- Knowledge of best practices related to health, wellness, and alcohol education programs.
- Knowledge, understanding of national research, organizations and professional organizations associated with health, wellness and alcohol education programs.
- Knowledge of higher education and P-16 trends.
- Knowledge of change management processes and literature related to data collection, assessment and evaluation tools.

- Knowledge of student development, human development and counseling techniques.
- Strong written and oral communication skills.
- Ability to prepare grant reports and program reports.
- Ability to be flexible and adaptable to a fast and changing environment.
- Strong analytical skills in problem solving and conflict resolution.
- Effective listening and mediation skills.
- Demonstrated record of ability to be innovative and creative in addressing contemporary issues in higher education.
- Ability to simultaneously manage multiple complex situations, programs, groups, and various stakeholder needs and expectations.
- Skill in building effective coalitions to achieve mission and goals.
- Skill in determining appropriate data collection tools and mechanisms.
- Ability to write grant applications and manage small and large grants.
- Demonstrated ability to work with persons from culturally diverse backgrounds.

**St. Cloud State University Audit  
Typology Matrix 2008 - 2010**

	<b>Individual</b>	<b>Group</b>	<b>Institution</b>	<b>Community</b>	<b>City, State &amp; Federal Policy</b>	
<p><b>Knowledge Attitudes Behavioral Intentions</b></p> <ul style="list-style-type: none"> <li>• Cognitive/Behavioral Enhancement</li> <li>• Motivational Enhancement</li> <li>• Educational/Awareness</li> </ul>		<ul style="list-style-type: none"> <li>• U-Choose Classroom Presentations</li> <li>• Women's Center Programming</li> <li>• Athletics – Awareness Programming</li> <li>• Residential Life – Parent Education – “The Loop”</li> <li>• Greek – “Trips” Training</li> <li>• Residential Life – Alcohol Awareness Posters</li> <li>• IMFACT   (Note: Also qualifies as environmental change)</li> <li>• Residential Life – Community Assistant Training on Alcohol</li> <li>• Professors work in classrooms</li> <li>• Talk with a Cop</li> <li>• U-Choose (Self-Referred)</li> <li>• Social Norms Projects (Res Life, Campus Rec. &amp; Athletics)</li> <li>• House Party 101</li> <li>• Campus Rec Student Staff Training</li> </ul>	<ul style="list-style-type: none"> <li>• Women's Center – Respect &amp; Responsibility</li> <li>• National Collegiate Alcohol Awareness Week (NCAAW) Programming</li> <li>• Orientation Information for Students and Parents</li> <li>• Parents brochure on alcohol use</li> </ul>	<ul style="list-style-type: none"> <li>• Student Tenant, Landlord, &amp; IMFACT Collaboration</li> <li>• IMFACT with non students through diversion program</li> <li>• Police and U-Choose Prevention Walk</li> </ul>		
<p><b>Environmental Change</b></p> <ul style="list-style-type: none"> <li>• Alcohol Free Options</li> <li>• Alcohol Promotion</li> <li>• Normative Environment</li> <li>• Alcohol Availability</li> <li>• Policy Enforcement</li> </ul>	<ul style="list-style-type: none"> <li>• Judicial Sanctions for Alcohol &amp; Drug Violations</li> <li>• e-CHUG-e-TOKE</li> </ul>	<ul style="list-style-type: none"> <li>• Residential Life – What's Happening On Thursday</li> <li>• Athletic Code of Conduct</li> <li>• Alternative Spring Break Trips</li> <li>• Bizzardsnack Block Party</li> </ul>	<ul style="list-style-type: none"> <li>• University Tailgating Policy</li> <li>• Alcohol &amp; Other Drug Advisory Board</li> <li>• Residential Halls – Alcohol Free Policy</li> <li>• Dry Camps with Presidential Exception</li> <li>• Conduct Code Enforcement</li> <li>• Atwood After Dark</li> <li>• NCHA/CSHS Surveys</li> <li>• Student Alcohol and Other Drug Policy Revision</li> <li>• Alcohol Advertising Restriction</li> </ul>	<ul style="list-style-type: none"> <li>• Friday Morning Classes</li> <li>• Event Management</li> <li>• Public Safety</li> </ul>	<ul style="list-style-type: none"> <li>• Husky Neighbors</li> <li>• City of St. Cloud Diversion Program</li> <li>• Neighborhood Walk</li> <li>• Neighborhood University Community Coalition (NUCC)</li> <li>• St. Cloud Community Alliance</li> <li>• Husky Neighborhood Cleanup</li> <li>• Neighborhood Welcome Back Keg Registration</li> <li>• Bartender Training</li> <li>• Bar Capacity Enforcement</li> <li>• Server Training</li> </ul>	<ul style="list-style-type: none"> <li>• Social Host Ordinance, 2010 City</li> <li>• Provisional Licensing for Bars, 2010, City</li> <li>• Disruptive Intoxication, 2010, City</li> <li>• St. Cloud City Drink Special Ordinance: Section 810-30 Subd. 14</li> <li>• Omnibus Liquor Bill, 2005 (21st Birthday Delay) State</li> </ul>
<p><b>Health Protection</b></p>	<ul style="list-style-type: none"> <li>• 1 : 1 Counseling</li> <li>• Night Security Program</li> <li>• Public Safety</li> <li>• Case Manager</li> </ul>	<ul style="list-style-type: none"> <li>• Alcoholics Anonymous</li> <li>• Narcotics Anonymous</li> </ul>		<ul style="list-style-type: none"> <li>• Late Night Bus</li> </ul>		
<p><b>Intervention/ Treatment</b></p>	<ul style="list-style-type: none"> <li>• 1 : 1 Counseling</li> <li>• Impact III, IV, &amp; Mill (1:1)</li> <li>• Community Referral as Needed</li> <li>• Case Management</li> </ul>	<ul style="list-style-type: none"> <li>• Residential Life Referrals</li> </ul>		<ul style="list-style-type: none"> <li>• Detoxification Unit</li> <li>• Emergency Room/Hospital</li> <li>• Multiple Outpatient Treatment Options</li> <li>• Inpatient Treatment Options</li> <li>• Chronic Inebriate House</li> </ul>		

# Alcohol and Other Drug Policy



## I. Philosophy

This policy supports the mission of St. Cloud State University by:

**Enhancing Learning and Service:** St. Cloud State University seeks to provide an excellent learning environment and to provide support and service to our community and the broader community. We recognize the best educational environments are free from the adverse affects of high-risk and illegal alcohol and other drug use. We recognize also that high-risk drinking among our students on or off-campus has a negative effect on academic performance and negative consequences for our community.

**Respecting Individual Freedom and Responsibility:** The University supports the individual freedoms accorded to our community members. However, we believe that with those freedoms come responsibilities to the University and the surrounding community. At a minimum, fulfilling those responsibilities requires that individuals understand and act in accordance with university policy and applicable local, state and national laws.

**Promoting Health, Safety and Well-Being:** The misuse and abuse of alcohol and other drugs pose a serious threat to individuals and the University's ability to fulfill its educational mission. Excessive drinking among St. Cloud State University students is potentially associated with death, sexual assault, violence, injury, property damage, and a host of other negative effects. Reducing these negative effects requires that we care for members of our community and our guests and visitors.

Every member of the university community has a stake in promoting the goals listed above. As a result, university employees are expected to support this policy by:

- Supporting efforts to reduce or eliminate high-risk and illegal use of alcohol and other drugs.
- Holding students accountable for behavior that violates this policy, including referring incidents to university and/or law enforcement officials as appropriate.
- Supporting students' efforts to achieve healthy and productive lives by referring them to appropriate services, programs and activities.

Some employees have a greater responsibility in supporting compliance, including but not limited to, student organization advisors, Community Advisors, Public Safety Officers, and those traveling with students to off-campus events.

All university employees (non-students) are expected to comply with the employee policy regarding alcohol and other drugs. This policy can be found on the Human Resources web page.

## II. St. Cloud State University Alcohol and Other Drug Policy

St. Cloud State University and this policy comply with and support Minnesota State Colleges and Universities (MnSCU) Board policy, which prohibits excessive or illegal use, sale, or distribution of alcoholic beverages at Minnesota State Colleges and Universities and university-sponsored events on or off campus.

### A. Definitions

1. Student—A person who is admitted, enrolled, registered to take or is taking one or more courses, classes, or seminars, credit or noncredit, at SCSU; or between terms of a continuing course of study at SCSU, such as summer break between spring and fall academic terms; or expelled or suspended from enrollment as a student at SCSU, during the adjudication of the student disciplinary action.
2. Registered Student Organization—Any student organization that has successfully completed the registration process outlined in the *Student Organization Manual* and registers each academic year with the Center for Student Organizations and Leadership Development Office.
3. Travel Status—The period from departure until return to campus by students who have obtained travel authorization through the appropriate university representative for a university student event.
4. Events—Activities that include, but are not limited to, official meetings, practices, competitions or trips involving students, registered student organizations, or intercollegiate athletic teams.
5. University Premises, Property and Facilities—Any building or property owned by St. Cloud State University or that is controlled by the institution but owned by a third party.

### B. Applicability of the Policy

1. Violation of the Alcohol and Other Drug Policy, the Student Code of Conduct, MnSCU and University policies including technology policies and/or local, state, or federal laws regarding use, possession, or distribution of alcohol and/or other drugs, or drug paraphernalia, may result in issuance of a court summons, arrest, or referral for university disciplinary action or any combination of the above.
2. This policy applies to all on-campus and off-campus activities that are considered university activities, such as events and officially sanctioned field trips. This policy also applies to student organization-sponsored activities and events.
3. This policy applies to students, student organizations, and their guests or visitors on university property and facilities engaged in a university activity. SCSU employees should refer to the Human Resources Office for applicable policies.
4. Violations or apparent violations of local ordinances, state or federal laws may subject student(s) and/or student organizations to disciplinary action by the University when these violations occur on campus, on university owned property, during a University activity or event, or when behavior on or off-campus adversely affects the university's educational, research or service functions.

Examples of off-campus behavior which may be subject to university disciplinary action include, but are not limited to the following: selling or otherwise providing alcohol to underage persons; hosting underage drinking or disruptive parties; actions that threaten or endanger the health or safety of individuals; using, selling or distributing illicit drugs; sexual violence; and hazing.

### C. Alcohol and Other Drug Policy Section

1. On-Campus: The use, possession, distribution, manufacture or sale of any controlled substances, illegal drugs, or alcoholic beverage is prohibited on campus.
2. Off-Campus: As members of the university community, students are expected to behave responsibly and legally. University community members violating civil or criminal law may be subject to university disciplinary procedures when that conduct occurs off-campus and adversely affects the educational, research, or service functions of the University.

Unlawful behavior by individual students or student organizations should be reported to the University. If reported, the University may take appropriate disciplinary action.

The illegal use, possession, distribution, manufacture or sale of any controlled substance, drugs, or alcoholic beverages is prohibited for individual students or student organizations

- at university events on or off-campus;
  - on travel status when representing the University (e.g., as a member of athletic team, sports club, Student Government Association, student organizations, etc.). Further restrictions or allowances for legal and responsible use of alcohol may apply to individual students or student groups on travel status, based on the specific program's needs and direction of the faculty or staff supervisors/advisors. Student leaders, faculty, staff supervisors/advisors and coaches assume responsibility for ensuring university policies and local, state, and federal laws are followed.
3. Disruptive use of alcohol and other drugs is prohibited. Disruptive use of alcohol and other drugs, regardless of where consumed or ingested, includes behavior that disrupts the university community, endangers the health or safety of self or others, results in damage to university or personal property, or requires the intervention of university or community resources. Examples of disruptive use include, but are not limited to, disorderly conduct, excessive noise, violence, threats, vandalism, or intoxication (regardless of age), that leads to intervention by university personnel, law enforcement personnel or medical personnel.
  4. The public display of advertising or promotion of alcoholic beverages or illegal drugs, in university buildings or any other public campus area including all university-owned housing areas is prohibited. This includes alcohol containers, banners, lighted beer/liquor signs, and large inflatable advertising.

5. The possession or display of alcohol "trophies," or other forms of empty alcohol containers, is not allowed on campus. The presence of empty containers, devices designed or intended to be used for the rapid consumption of alcohol (i.e., races, games, etc.), or drug paraphernalia, is prohibited. Possessing any of these materials may be considered evidence of use, consumption, or distribution.
6. The following advertising and promotional activities are prohibited for any student, university employee, registered student organization, or university office, department or program:
  - a. Using alcoholic beverages as awards or prizes in connection with university events
  - b. Providing promotional items or advertising associated with alcohol and illegal drugs at university sponsored student events. This includes, but is not limited to, such items promoting alcohol or drug use on cups, t-shirts, beverage can coolers, or any other items advertising or promoting alcohol or illegal drug use
  - c. Advertising alcohol and/or illegal drugs in university controlled or affiliated publications, or on university premises, including university- affiliated web sites
  - d. Advertising that includes brand names, logos, prices, visual images or phrases that refer to consumption of alcoholic beverages and use of illegal drugs
  - e. Use of alcohol for recruiting and student organization fund-raising activities and events
  - f. Purchasing alcohol and other drugs with university or organization funds, including student activities fee allocations
  - g. Consuming or transporting alcohol and other drugs in university vehicles
7. The University does not regulate content or advertisements in autonomous student-edited media, such as student newspaper. Because of the belief that advertising alcohol perpetuates the culture of high-risk and underage drinking, the University encourages student media publications including, but not limited to, the University Chronicle to maintain internal policies which are compatible with this policy, to help promote student health and success.

#### D. Exceptions to these policies

1. An exception for instructional purposes in accordance with MnSCU Board Policy 5.18 allows for the use of alcohol in laboratory and classroom instruction or experiments.
2. The Chancellor or the Office of the Chancellor, and the President of St. Cloud State University have delegated authority to approve use of alcohol at specific special events on campus or university-sponsored events off campus. Approval shall be consistent with the Alcohol and Other Drug Policy and with MNSCU procedures. The procedures shall address the following: compliance with local ordinances and state law relating to sale, possession or consumption of alcohol;

providing adequate dram shop/public liability insurance; and any other matters deemed necessary. Students who are of legal age to consume alcohol may choose to do so at these events.

3. Students studying overseas are expected to comply with the laws of the foreign country and the policies of the host institution or sponsoring program. Additionally, all enrolled students, including students who are studying overseas, must abide by all University policies, including but not limited to the SCSU Code of Student Conduct and Alcohol and Other Drug Policy.
4. A “Good Samaritan” exception for violations of the Alcohol and Other Drug Policy will be recognized and honored. A student, who may be in violation of the *Alcohol and Other Drug Policy*, but comes to the aid of another student by seeking professional help, will not be cited for an alcohol and other drug policy violation through the university discipline process. This exception is subject to the discretion of the Vice President for Student Life and Development or his or her designee. This exception will not be granted to those who flagrantly or repeatedly violate the Alcohol and Other Drug Policy. This exception does not suggest that laws or policies should be violated in order to help individuals.
5. The University recognizes that various violations of the Student Code of Conduct involve use of alcohol. The University encourages the reporting of conduct violations such as sexual assault, hazing, physical violence, harassment and others and, therefore, the University may choose not to hold complainants accountable for conduct code violations related to alcohol and other drugs when a more serious violation/crime has occurred.

#### E. Additional Information and Resources

1. Prevention, counseling, treatment services, and referrals

The University recognizes that chemical abuse and chemical dependency impact academic and personal success. This policy is not designed to discourage people from seeking counseling or rehabilitation. All information about those individuals who voluntarily seek drug or alcohol counseling or rehabilitation services will remain confidential. Seeking counseling or rehabilitation will not be used as a basis for disciplinary action or be used against an individual in any way.

SCSU provides many varied programs to help individuals experiencing problems. Counseling is free and confidential to all SCSU students. Assistance with alcohol and drug issues can be received at:

On Campus:

Counseling and Psychological Services

[www.stcloudstate.edu/counseling](http://www.stcloudstate.edu/counseling)

103 Stewart Hall

(320) 308-3171

[Confidential online alcohol screening](#) is available through the Counseling & Psychological Services website

Health Services

<http://www.stcloudstate.edu/healthservices>  
Health Services  
(320) 308-3191

Note: For additional information or referrals please call Counseling & Psychological Services (320) 308-3171 or Student Health Services (320) 308-3191.

2. St. Cloud State University's employee (non-students) policy regarding alcohol and other drugs along with additional information can be found at the Human Resources web site at <http://www.stcloudstate.edu/humanresources/pdf/drug.pdf>
3. Minnesota State Colleges and Universities (MnSCU) Board Policy 5.18 can be found at <http://www.mnscu.edu/board/policy/518.html>
4. Relevant Minnesota Laws
  - a. Current Minnesota statutes including those related to alcohol and drugs are found at <http://www.leg.state.mn.us/leg/statutes.asp> [use "Search by key words or phrases" to find the specific topics of interest (e.g., alcohol, marijuana, etc.)]
  - b. For a summary of Minnesota alcohol-related statutes prepared by the National Institute for Alcohol Abuse and Alcoholism please see <http://alcoholpolicy.niaaa.nih.gov/stateprofiles/StateProfile.asp#FI>
5. Relevant Federal Laws
  - a. [Drug Free Workplace Act of 1988](#)
  - b. [Public Law 100-690](#)
  - c. [Drug-Free Schools and Communities Act Amendments of 1989](#)
  - d. [Public Law 101-226](#)

## Section 820-Social Host

**820:10 Purpose and Findings.** The St. Cloud City Council intends to discourage underage possession and consumption of alcohol, even if done within the confines of a private residence, and intends to hold persons criminally responsible who host events or gatherings where persons under 21 years of age possess or consume alcohol regardless of whether the person hosting the event or gathering supplied the alcohol. The St. Cloud City Council finds that:

- (a) Events and gatherings held on private or public property where alcohol is possessed or consumed by persons under the age of twenty-one are harmful to those persons and constitute a potential threat to public health requiring prevention or abatement.
- (b) Prohibiting underage consumption acts to protect underage persons, as well as the general public, from injuries related to alcohol consumption, such as alcohol overdose or alcohol-related traffic collisions.
- (c) Alcohol is an addictive drug which, if used irresponsibly, could have drastic effects on those who use it as well as those who are affected by the actions of the irresponsible user.
- (d) Often, events or gatherings involving underage possession and consumption occur outside the presence of parents. However, there are times when the parent(s) is/are present and condone the activity and in some circumstances provided the alcohol.
- (e) Even though giving or furnishing alcohol to an underage person is a crime, it is difficult to prove, and an ordinance is necessary to help further combat underage consumption.
- (f) A deterrent effect will be created by holding a person criminally responsible for hosting an event or gathering where underage possession or consumption occurs.

**820:15 Authority.** This ordinance is enacted pursuant to Minn Stat. § 145A.05, Subdivision 1.

**820:20 Definitions.** For purposes of this ordinance, the following terms have the following meanings:

- (a) Alcohol. “Alcohol” means ethyl alcohol, hydrated oxide of ethyl, or spirits of wine, whiskey, rum, brandy, gin or any other distilled spirits including dilutions and mixtures thereof from whatever source or by whatever process produced.
- (b) Alcoholic beverage. “Alcoholic beverage” means alcohol, spirits, liquor, wine, beer and every liquid or solid containing alcohol, spirits, wine or beer, and which contains one-half of one percent or more of alcohol by volume and which is fit for beverage purposes either alone or when diluted, mixed or combined with other substances.
- (c) Event or gathering. “Event or gathering” means any group of three or more persons who have assembled or gathered together for a social occasion or other activity.
- (d) Host. “Host” means to aid, conduct, allow, entertain, organize, supervise, control or permit a gathering or event.
- (e) Parent. “Parent” means any person having legal custody of a juvenile:
  - 1. As natural, adoptive parent, or step-parent;
  - 2. As a legal guardian; or
  - 3. As a person to whom legal custody has been given by order of the court.
- (f) Person. “Person” means any individual, partnership, co-partnership, corporation, or any association of one or more individuals.
- (g) Residence or Premises. “Residence” or “premises” means any home, yard, farm, field, land, apartment, condominium, hotel or motel room, or other dwelling unit, or a hall or meeting room, park, or any other place of assembly, public or private, where occupied on a temporary or

permanent basis, whether occupied as a dwelling or specifically for a party or other social function, and whether owned, leased, rented or used with or without permission or compensation.

(h) Underage Person. "Underage person" is any individual under twenty-one (21) years of age.

**820:25 Prohibited Acts.**

(a) It is unlawful for any person(s) to:

1. host or allow an event or gathering;
2. at any residence, premises or on any other private or public property;
3. where alcohol or alcoholic beverages are present;
4. when the person knows or reasonably should know that an underage person will or does;

(i) consume any alcohol or alcoholic beverage; or

(ii) possess any alcohol or alcoholic beverage with the intent to consume it; and

5. the person fails to take reasonable steps to prevent possession or consumption by the underage person(s).

(b) A person is criminally responsible under paragraph (a) above if the person intentionally aids, advises, hires, counsels or conspires with or otherwise procures another to commit the prohibited act. (c) A person who hosts an event or gathering does not have to be present at the event or gathering to be criminally responsible.

**820:30 Exceptions.**

(a) This ordinance does not apply to conduct solely between an underage person and his or her parents while in the parent's presence and under the parent's guidance and supervision.

(b) This ordinance does not apply to legally protected religious observances.

(c) This ordinance does not apply to retail intoxicating liquor or 3.2 percent malt liquor licensees, municipal liquor stores or bottle club permit holders who are regulated by Minn. Stat. § 340A.503, Subd. 1 (a)(1).

(d) This ordinance does not apply to situations where underage persons are lawfully in possession of alcohol or alcoholic beverages during the course and scope of employment.

**820:35 Enforcement.** This ordinance can be enforced by any police officer or sheriff's deputy in the county.

**820:40. Severability.** If any section, subsection, sentence, clause, phrase, word or other portion of this ordinance is, for any reason, held to be unconstitutional or invalid, in whole, or in part, by any court of competent jurisdiction, such portion shall be deemed severable, and such unconstitutionality or invalidity shall not affect the validity of the remaining portions of this law, which remaining portions shall continue in full force and effect.

**820:45 Penalty.** Violation of this section is a misdemeanor.

**820:50 Effective Date.** This ordinance shall take effect thirty (30) days following its final passage and adoption.

History: Ord. 2464 5-24-10-New

**Section 810:70. Penalties for Violations.**

Subd. 1. Penalties. Upon a finding by the City Council that a violation of an offense designated in Subdivision 2 of this Section has occurred, the Council will, at a minimum, apply the following adverse penalties:

- 1) For a first violation within a 24 month time period..... a \$750.00 civil penalty.
- 2) For a second violation within a 24 month time period.....a \$1,500.00 civil penalty.
- 3) For a third violation within a 24 month time period..... a suspension or revocation of license. A liquor establishment that has its liquor license revoked under this Section becomes eligible only for a provisional liquor license subject to the terms and conditions outlined in Section 810:75 of this Chapter and subject to approval by the City Clerk. The City will notify the establishment’s insurance company of the license suspension or revocation.

Subd. 2. Violations Enumerated.

- a. Violation of Minnesota Statute §340A.502: To sell, serve or furnish alcohol to an obviously intoxicated person.
- b. Violation of Minnesota Statute §340A.503: To sell, serve or furnish alcohol to persons under the age of 21.
- c. Section 810:30 – Violations of Conditions of License:

Subd. 5: prohibiting employing minors to serve alcohol

Subd. 9: restrictions on the display of alcohol

Subd. 10: prohibition on ethyl alcohol and neutral spirits

Subd. 11: lewd or indecent conduct prohibited

Subd. 14: promoting responsible consumption

d. Section 810:35: To sell, serve or furnish alcoholic beverages after hours.

e. Violations of City Code/State Law pertaining to fire, building or health codes. Such violations will only be considered a strike in the event a criminal citation, criminal complaint or administrative citation is issued.

Section 810:75 Provisional Liquor License.

Subd. 1. Duration of Provisional License. Provisional Liquor Licenses will be issued for a 12 month period.

Subd 2. Mitigation Plan Required. The applicant for a provisional liquor license must submit a mitigation plan that specifically describes steps proposed by the applicant to eliminate future violations.

Subd. 3. Application Review. The application for a provisional license will be presented to the City Clerk for review. The City Clerk will forward the application and mitigation plan to appropriate departments for review and comment. The City Clerk will approve, disapprove, or approve with conditions the application and mitigation plan. If the City Clerk denies an application and mitigation plan or approves with conditions, it will state the reasons for doing so in writing.

Subd. 4. Provisional License Application Fee. An application fee for a provisional license must be accompanied by a provisional license application fee. Fees will be set forth in Section 555 of this Code. An application will not be processed or considered by the City Council until the application fee is paid.

Subd. 5. Drink Specials Prohibited. A provisional liquor license holder may not offer drink specials or other promotions during the provisional licensing period.

Subd. 6. Compliance Checks. Liquor license compliance checks will be conducted frequently in order to ensure implementation of the mitigation plan and compliance with this section.

Subd. 7. Revocation of Provisional License. Additional ordinance or statutory violations or failure to comply with a mitigation plan during a provisional licensing period may result in revocation of the provisional liquor license. History: Ord. 2350 4-2-07; Section 810:75 entitled "Penalty; Training Program" repealed by Ord. 2350 4-2-07; 2432 7-27-09, Ord. 2367 5-24-10.

### **Section 1002-Disruptive Intoxication**

1002:10: Declaration of Policy. It is the policy of the City of St. Cloud to provide for the safety, health and welfare of the public while prohibiting certain harmful conduct of intoxicated persons.

1002:20: Definitions.

Subd. 1. Public Place: includes a building or place controlled by the City, a school, a place of worship, any public street, including public sidewalk, alley, walk or other publicly owned lands. Public place excludes the premises of a licensed alcohol establishment.

Subd. 2. Intoxicated Person. A person who is presently impaired, mentally or emotionally, as a result of the presence of alcohol, drugs or a controlled substance in the person's body. Evidence of an intoxicated person may include, but is not limited to, any combination of the following indicators:

- (a) odor of intoxicants on the breath,
- (b) bloodshot, watery eyes,
- (c) dilated pupils,
- (d) stumbling or staggering
- (e) slurred speech
- (f) failure of Standardized Field Sobriety Test
- (g) failure of Drug Recognition Protocol
- (g) alcohol concentration of .08 or more.

Subd. 3. Public Disruption. Conduct by an individual to include loud, boisterous yelling, urinating in public, lewd or combative conduct, or disobeying a police officer's lawful command.

1002:30: Disruptive Intoxication: No person, while intoxicated, in a public place shall conduct him or herself so as to be a danger to themselves or others and/or engage in a public disruption.

1002:40: Sobriety Testing. No person shall be cited under this section without first having been offered and failed the Standardized Field Sobriety Test or a Portable Breath Test (PBT); however, a person incapable and/or having refused Field Sobriety Testing or a PBT may still be cited under the criteria set forth in Section 1002:20 Subd. 2.

1002:45: Petty Misdemeanor. A violation of this Section is designated a petty misdemeanor.

History: Ord. 2465 5-24-10 New