



## TABLE OF CONTENTS

GLOBALIZATION IN SHHS.....1  
WELCOME FROM THE DEAN.....2  
RESEARCH AND AWARDS.....4  
EVENTS.....7

## IMPORTANT DATES

### APRIL 29:

- SUMMA CUM LAUDE LUNCH AND SCHOLARSHIP RECEPTION, 11:30A.M.-1:00PM - AMC CASCADE

### MAY 6:

- SHHS GRADUATE HOODING CEREMONY, 8:00A.M. - RITSCHÉ AUDITORIUM
- COMMENCEMENT, 10:30A.M.

### JUNE 20-22:

- SCRUBS CAMP - SCSU CAMPUS

### AUGUST 19:

- SHHS ORIENTATION FOR NEW STUDENTS, 10:00A.M.-12:00P.M. - RITSCHÉ AUDITORIUM

## Globalization in SHHS

One of the hallmarks of a St. Cloud State University education is the opportunity for learning inside and outside of the classroom. Our Husky Compact is the commitment we make to our students and students make to their education that will prepare them to be global citizens of the 21st Century.

This volume of the School of Health and Human Services (SHHS) newsletter highlights some of the global experiences our students and faculty have engaged in during this academic year.

### Nursing Students Experience South Africa



Six nursing students, accompanied by Nursing faculty Jane Bagley, spent three weeks in Port Elizabeth, South Africa for an education abroad experience that focused on leadership in nursing. Student experiences consisted of visiting public and private hospitals, a

rehabilitation hospital, several Township clinics, Missionvale Care Center, House of Resurrection AIDS orphanage, and St. Francis Hospice.

Students participated in an advanced nursing care simulation exercise in conjunction with nursing students from Nelson Mandela Metropolitan University. Students also observed HIV and Tuberculosis screenings, primary care, antenatal and postnatal services, pediatric screenings and assessments, and psychiatric screenings and follow up. In addition, students learned more about the role of various healthcare team members, specifically the role of the registered nurse within the South African healthcare system.

Student experiences were highly regarded, powerful, and memorable. This was the first time the Department of Nursing Science has brought students to South Africa since 2010. This Education Abroad experience is open to any currently enrolled nursing student who is in their 5th semester of the nursing program for the Spring Semester.

# WELCOME FROM THE DEAN



Hello and welcome to the spring 2016 newsletter from the School of Health and Human Services. While active learning and community engagement are at the forefront of much of the work of our school, we are taking time in this issue to focus on and recognize our commitment to preparing our students to engage as members of a diverse and multicultural world. You will see how four of our departments/programs are engaging our faculty and students in our commitment to preparing our students to work in our global and increasingly diverse communities.

At the time of writing, I am pleased to let you know that our Scrubs camp this summer is in the final stages of planning. I want to extend my sincere thanks to our donors and to all of our faculty and students who are ready to lead the high school participants in a series of hands-on activities and site visits designed to expose them to the range of health care careers. A special note of thanks to Leah Meredith for coordinating all of this work.

The last few weeks of our semester bring wonderful celebrations as we recognize our Excellence in Leadership recipients, our graduates, and thank our faculty and staff who will retire or leave SCSU at the end of this academic year. On May 6th, we will hood the 117 Master's graduates from SHHS and, later in the day, 229 undergraduates from SHHS will receive their diplomas. It is a great honor and privilege to recognize these significant accomplishments. Thank you to everyone who works to make this possible.

With best wishes,  
Monica

## College Counseling and Student Development Students Study Abroad in South Africa

Dr. Seth Christman, College Counseling and Student Development (CCSD) graduate students, and a School Counseling graduate student visited South Africa from March 1-14, 2016. Students traveled to Nelson Mandela Metropolitan University (NMMU) in Port Elizabeth where they learned about different NMMU student services offered, shadowed staff in the Counseling Center, and provided individualized career exploration and counseling to students at a career exploration workshop for local high school students. While visiting with students at NMMU, students received a firsthand look at what college life is like in South Africa. CCSD students engaged in supportive discussion around experiences of racism, career decision-making, and community building. They also visited the Graduate Placement Office, which assists NMMU students in gaining practical experiences and finding jobs after graduation.



Left to right: Drew Smith, Lizzie McNamara, Lindsay Gilbertson, Bridgette Malchow, Jackie Garcia, Dr. Seth Christman, Bao Lee, and Nicole James at Addo Elephant Park

The CCSD students also had experiences outside of higher education. The group toured Kliptown, a township in Johannesburg. As a welcoming gesture, staff and volunteers at the Kliptown Youth Program greeted students and faculty with a traditional African boot dance. Students also attended an Ubuntu Workshop, which emphasizes openness, affirmation of others, and equality.

## South African and Chilean Nursing Students Visit SCSU

Four students and a faculty member from Nelson Mandela Metropolitan University (NMMU), South Africa visited SCSU as a part of the 2016 South Africa Short-Term Program in the Nursing Department. The NMMU students and faculty visited from January 31 – February 13, 2016. Students attended Nursing, Gerontology, Communication Sciences and Disorders, and Social Work courses and also toured the Nursing Simulation Lab. They visited clinical sites and learned about oncology, critical care, public health, and surgery at the St. Cloud Hospital. Students met with Dr. Monica Devers, Dean of the School of Health and Human Services, attended faculty meetings, and took part in various campus activities.



Left to right: Kamva Jokozela, Micaela Ponzo, Thandolwakhe Nyangeni (clinical lecturer), Chante Gouws, San-Sisanda Potye



Left to right: Constanza Cortes Yañez and Catalina Rubilar Drews

Two Chilean students from the University of Concepcion attended the Nursing Leadership and Management Experience from January 24 - February 21, 2016. These students attended nursing leadership courses and learned about mental health, cardiology, infection prevention and control, and attended presentations at the St. Cloud Hospital. Students also had the opportunity to engage in discussion on healthcare systems with professionals, participate in a Latino Health Fair, and tour different health care facilities.

## Chilean Student Studies With Communication Sciences and Disorders

A University of Concepción student, Mayra Martinez, has been spending a semester studying Communication Sciences and Disorders (CSD) while also experiencing American culture. Through education in CSD, Mayra aspires to become a speech-language pathologist in Chile.

Mayra cites two experiences that led her to pursue a career in speech-language pathology. While growing up, Mayra's grandmother experienced communication and swallowing difficulties following a stroke. After witnessing firsthand the devastating impact of stroke, she was inspired to help others recovering from strokes. Additionally, Mayra spent time volunteering for Teleton, a rehabilitation organization that serves children with a variety of disabilities and disorders. While volunteering, she had the opportunity to observe the work of speech-language pathologists. This experience solidified Mayra's wish to work with individuals with communication disorders.

Mayra has completed practicum in Chile which allowed her to make home visits with other students to complete speech and language therapies. She worked primarily with individuals with cognitive communication disorders, such as dementia, and stroke survivors with aphasia, a communication disorder resulting from damage to parts of the brain that are responsible for language.

Mayra hopes to work with the geriatric population, as Chile currently is in need of speech-language pathologists to serve the growing aging population. Her experiences at SCSU have also impacted her interests. She currently assists in speech and language therapy at the Cold Spring Spanish/English Conversion School with CSD faculty member, Dr. Theresa Estrem. Mayra has enjoyed her experiences at the Spanish/English Conversion School and expresses that the experience has made her also consider working with children. When she returns to Chile, Mayra will have two years left of schooling before she is eligible to practice as a speech-language pathologist in Chile.

## Social Work Graduate Students Study Abroad in Mexico

Adriana Tizcareno, Crystal Winkelman, and Pa Vang are participating in a Social Work semester abroad in Central Mexico. The semester abroad fits into major curriculum and gives students the experience of learning internationally with students from other schools and local social work students. Students are spending time in urban and rural home stays and are gaining valuable experiences learning how social work and social policy are understood and learned in another cultural setting. Students also have the opportunity to learn Spanish and make numerous visits to various social work settings in Central Mexico.



Left to right: Crystal Winkelman, Pa Vang, and Adriana Tizcareno in Mexico

## AWARDS AND RECOGNITION

### Gerontology Faculty Elected and Published

**Congratulations to Dr. Phyllis Greenberg for re-election to the Minnesota Gerontological Society Board of Directors and Dr. Rona Karasik on being elected to the executive board of the Association for Gerontology in Higher Education. Recent Gerontology publications include:**

- Lawrence, O.\* & Greenberg, P.A. (2016) *Stories within stories: The life story interview*. Resource Exchange AGHE: 42nd Annual Meeting of the Association for Gerontology in Higher Education, Long Beach, CA.

*\*Recent Gerontology Graduate*

### Dr. Moriarty Recognized for Efforts to Combat Homelessness



Congratulations to Dr. Sheila Moriarty of the Department of Social Work for being selected for the President's Civic Engagement Steward Award. This award is given to a member of faculty, administration, or staff or for a group that has significantly advanced the campus's distinctive civic mission by forming strong partnerships, supporting others civic engagement, and working to institutionalize a culture and practice of engagement.

President Potter selected Dr. Moriarty based on her work addressing issues impacting people experiencing homelessness. Dr. Moriarty has provided opportunities for student engagement and community learning through her work. She has done an exceptional job mobilizing students and community members to educate and advocate on behalf of people experiencing homelessness and high mobility in the region. Dr. Moriarty has been a key player in numerous initiatives that have not only raised awareness of homelessness in central Minnesota, but have also raised thousands of dollars in money and donations to help those in need.

Dr. Moriarty is currently one of the lead faculty members working to develop afterschool leadership and empowerment for youth at the St. Cloud Salvation Army Shelter and conducting research to identify needs of families experiencing homelessness. The annual Minnesota Campus Compact Annual Summit and Awards Ceremony was April 7, 2016 at Macalester College in St. Paul, MN in which award recipients received certificates and recognition during the program.

## HPE Major Named NCAA Star of the Week

Joey Benik (Health and Physical Education) was selected as the NCAA men's hockey player for the week of January 18-24, 2016. The senior forward lead the Huskies to a sweep of Western Michigan in the National Collegiate Hockey Conference. Between the two games, Benik scored seven points on two goals and had five assists, four shots on goal, and a +5 rating.



## Community Health Student Awarded NSIC Myles Brand All-Academic with Distinction Award



Karissa LeCaptain (Community Health) was awarded the Northern Sun Intercollegiate Conference (NSIC) Myles Brand All-Academic with Distinction Award. The award is earned by student-athletes who show a commitment and dedication to both academics and athletics, and is awarded to senior NSIC student-athletes who have a cumulative grade point average of 3.75 or higher, are exhausting their eligibility, and are on track to graduate. The award is one of the highest honors a student-athlete in the NSIC can achieve.

## Clinical Mental Health Counseling Students Present at National Conference

Nicholas DeChene, Brittany Gotzinger, Amanda Vogel, and Dr. Yuh-Jen Guo from the Clinical Mental Health Counseling Program presented at the National Conference of Association for Specialists in Group Work in Washington D.C. on February 19, 2016.



Left to right: Nicholas DeChene, Brittany Gotzinger, Amanda Voel, and Dr. Yuh-Jen Guo in Washington

## Applied Behavioral Analysis Research Accepted for Publication

Congratulations to Dr. Ben Witts and graduate and undergraduate students whose research on verbal behavior, gambling, formative graphing, and physical activity were recently accepted for publication. Dr. Witts also oversaw 27 student posters and nine student symposium talks at professional conferences. Publications are as follows:

Witts, B. N., Arief, I., & Hutter, E., (2016). Using a verbal analysis of Lady Gaga's *Applause* as classroom exercise for teaching verbal behavior. *The Analysis of Verbal Behavior*. doi: 10.1007/s40616-016-0050-x

Witts, B. N., & Harri-Dennis, E. (2015). Free-operant research in the experimental analysis of human slot machine gambling. *Analysis of Gambling Behavior*, 9, 59-70.

Cole, D. M., & Witts, B. N. (2015). Formative graphing with a Microsoft Excel 2013 template. *Behavior Analysis: Research and Practice*, 15, 171-186.

Kuhl, S., Rudrud, E. H., Witts, B. N., & Schulze, K. A. (2015). Using interdependent group contingencies increases children's physical activity outside of the classroom. *Journal of Applied Behavior Analysis*, 48, 602-612.

Witts, B. N., Erickson, M., & Somu, K. (2015). Studying sensitization, habituation, and the role of brief-stimulus presentations with near-equivalent simulated slot machine arrangements. *Analysis of Gambling Behavior*, 9, 5-17.

Witts, B. N., Ghezzi, P. M., & Manson, M. L. (2015). The simultaneous observing of concurrent schedules as a means to study the near miss event in simulated slot machine gambling. *The Psychological Record*, 65, 115-129.

Witts, B. N., Rzeszutek, M. J., & Dahlberg, K. (accepted). Reel outcomes as discriminative stimuli. *Analysis of Gambling Behavior*

## Article Highlighting Crisis Counseling Preparation Published

Dr. Yuh-Jen Guo (Clinical Mental Health Counseling), Dr. Shu-Ching Wang (Community Psychology), Ho Kwan Lok (Clinical Mental Health Counseling graduate student), and Alexis Phillips (Clinical Mental Health Counseling graduate student) were recently published in VISTAS Online, The American Counseling Association's digital collection of peer-reviewed articles. Their article titled "Crisis Counseling Courses in Counselor Preparation" examines the number of accredited master's and doctoral programs in counseling that offer courses in crisis counseling.

## CCSD Scholars Student Organization Recognized

Each spring, the Department of Campus Involvement hosts the Student Organization Award Celebration to recognize various student groups and individuals for their hard work and dedication to St. Cloud State University. The Organization for College Counseling and Student Development (CCSD) Scholars was awarded the Outstanding Professional Development Initiative Award and the Outstanding New Student Organization Award. The Outstanding Professional Development award is presented to an organization that builds career skills or has held an event around career components and professional experience and development in a field. The Organization for CCSD Scholars was selected for this accolade for the creation of a mock interview event, chaired by student Hallie Rathbun. The mock interview event allowed alumni and student affairs professionals to role-play interviews and provide feedback for job-seeking students.

## Grant to Train Practitioners to Provide Trauma Services to the Somali and Oromo Communities

Dr. Manijeh Daneshpour (Community Psychology, Counseling and Family Therapy) was recently awarded the Mental Health Cultural Competency Staffing Project grant from the Minnesota Department of Human Services to train Somali and Oromo speaking practitioners to provide adult rehabilitative mental health services and outpatient mental health services. Through the grant, Dr. Niloufer Merchant (CPCF) is providing trauma training to grant participants and agency staff of Recover Health Resources

of St. Cloud. Many individuals in the Somali and Oromo communities witnessed trauma in their home countries or in refugee camps before coming to the United States. The three-year grant will allow grant participants to receive 20 hours of trauma training. Grant participants receive a paid internship and are hired as practitioners or outpatient therapists when they finish their training. Recover Health Services is also seeking student volunteers from Nursing, Social Work, Psychology, or other service-focused programs.

## Behavior Analysis Students Receive High Passing Rates on National Examination

Congratulations to students from the Applied Behavior Analysis Program on earning a pass-rate of 92% in 2015 on the Board Certified Behavior Analyst (BCBA) exam! The international passing rate for first-time test takers is 65%.

# EVENTS

## Student-led Event to Raise dis-ABILITY Awareness



Dr. Amy Knopf, Steve Anderson, and Rachel Briant at the dis-ABILITY Event

On February 19, St. Cloud State University students, faculty, and members of the community teamed together to celebrate the sixth semiannual “Embracing the Difference: the ABILITY event.”

brought awareness to the topic of ‘disability,’ and how people that have disabilities are perceived around campus and in our society.

The disabilities highlighted at the event included autism, blindness, attention deficit hyperactivity disorder (ADHD),

Through interaction, simulation, and experience, attendees

deafness/hard of hearing, cerebral palsy, mental health, and spinal cord injury. Participants learned through direct interaction with a person who has a disability and a simulated experience of what living with a disability might be like. Students had the opportunity to ask ELS leaders questions about their daily lives and social stigmas.

Under the leadership of Dr. Amy Hebert Knopf and Rachel Briant, the ABILITY event was hosted, coordinated, and run by students in the graduate program of Rehabilitation Studies. Additionally, several undergraduate students who study in the department of Community Psychology, Counseling, and Family Therapy contributed in the planning and execution of the event. Contributions from SCSU’s Continuing Studies, The Confucius Institute, Middle English Interpreting, TCF Bank, Target, Drake’s Fine Food and Spirits, Chipotle, Sodexo, and numerous other donations from participants made the event possible.

## Nursing Students and Department Members Learn “Healing Touch”

Approximately half of senior nursing students and two department members, Kathy Koepke and Dr. Roxanne Wilson, became certified in Healing Touch, an integrative/alternative therapy course offered by the St. Cloud Hospital. Healing Touch is a non-invasive energy therapy that focuses on facilitating physical, emotional, mental, and spiritual health through the use of the hands. Healing touch differs from traditional therapies in that it is non-invasive and uses the hands to influence the human energy fields surrounding the body. Healing Touch can be used with a variety of patients and has a number of documented benefits.

## Event Highlights the Realities of Homelessness

Dr. Sheila Moriarty (Social Work) recently set up an opportunity for students in one of her social work courses to interview people staying at the St. Cloud Salvation Army who are homeless. The goal of the project was to depict the human side in an exhibit and craft show called “Voices of Homeslessness.” Students created posters that tell the stories of individuals through their own words and photographs of what they find meaningful. They also had the opportunity to practice the skills of talking with people, assessing their needs, and showing compassion, which are integral skills needed to be a social worker. Dr. Moriarty hopes that pairing the posters with the craft show will spread the message about homelessness. Basic needs kits will be created with the money raised from the event.

The Voices of Homelessness craft and artisan sale, which included the poster exhibit, was held on Saturday, April 16 in the SCSU Welcome Center and raised a total of \$1,500. Many of the participants experiencing homelessness attended the exhibit and were pleased with the results. An additional online auction is also being planned.

# Thank You For Your Service

Thank you to Terri Sheehan (Kinesiology) on her 30 years of service to SCSU. We wish her the best in retirement.

Thank you to Elizabeth Clark (Nursing), Manijeh Daneshpour (Marriage and Family Therapy) and Sarah Smits-Bandstra (Communication Sciences and Disorders) for your work and support of students. Good luck in your future endeavors.

## First Scrubs Camp to Take Place June 20-22

It is hard to believe that we are only about two months away from the first SHHS Scrubs Camp. We are excited to announce that the camp has filled with 80 high school students from across the St. Cloud metro area and as far as Rochester, Spicer, Minnetonka, Paynesville, and Rosemount. We are currently working on finalizing the camp schedule and requesting scholarship sponsors to reach our goal of 50% of students attending on scholarship. We would like to take a moment to thank our camp sponsors: HealthForce MN, CentraCare Health, The Good Shepherd Community, The Initiative Foundation, Rejuv Medical, Quarks, Lily's Wings and



SCHOOL OF HEALTH  
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# SCRUBS

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# CAMP

Things, and District 742. We would also like to thank Communication Sciences and Disorders, Nursing and Social Work for their scholarship pledge. Finally, many thanks to the Scrubs Camp committee members and for the staff and faculty members that are graciously volunteering their time to assist with the camp. We couldn't do this without you!

## SHHS Speed Volunteering

Thank you to everyone who joined the SHHS Dean's Office in decorating and packing bags for our "Meal in a Bag" speed volunteering event on Friday, April 22 in Brown Hall 203.

This speed volunteering event was inspired by the United Way. SHHS faculty and staff packed a total of 30 Meals in a Bag. These bags will be donated to the Boys and Girls Club, who will deliver to families who experience food insecurity. In addition, these meals provide an opportunity for families to talk and connect over a meal.



SCHOOL OF HEALTH  
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