

DIECUT

digest

NEWSLETTER FOR COMMUNITY ADVISORS

office hours



HANNAH SWIFT
STEARNS HALL

Shoemaker Hall
Wednesday 1:00–4:00pm

W.W. Holes Hall
Monday 1:00–3:00pm

email:
swha0701@stcloudstate.edu

HANNAH POST
COBORN PLAZA APTS

Shoemaker Hall
TBA

W.W. Holes Hall
TBA

email:
poha0801@stcloudstate.edu

Contact us or stop by our office
if you have any questions or
suggestions

HEY EVERYONE!

We hope everyone had a terrific break! Can you believe we finally made it to the end of fall semester, and are now starting the next chapter of 2010-2011. Fall semester flew by pretty darn quick! Did you accomplish the goals you set at the beginning of the school year? We hope so!

Now it's time to think about this semester; what goals to do have for spring semester, are they realistic? How do you plan to accomplish them? Think about this... every year people all around the world come up with New Year's resolutions - but let's be realistic, it's not very likely that everyone achieves their resolutions... instead of resolutions, let's set goals. We challenge each and every one of you to set a realistic goal or two for spring semester. Best of luck to all of you, we hope you accomplish all of your goals. Please share your plans with us during our new office hours, which will be posted on the resource room doors, and appear in next month's Diecut Digest.

NEW SHOE RESOURCE ROOM

Speaking of resource rooms have you stopped by the new room in Shoemaker Hall? It's pretty awesome. No more hiding in the dark, this room rocks, it's well lit and there is a ton, A TON! of space for you to spread out and complete all your door decs, and bulletin board projects. There was a special event just for CAs announced in December's edition.

HOW TO WELCOME NEW RESIDENTS

Many of you will have new residents moving in at the start of spring semester. It may be a good idea to try and have some proactive programming to welcome these new residents into your community. At your first floor meeting, try having some sort of snack and invite people to just hang out and do a little "meet and greet" with the new people on your floor. Go out of your way to invite new residents to floor events, Community Council, and floor dinners, especially during the first few weeks of school. It can be intimidating for new people to come into a well established community, so try your best to make them feel connected and welcomed!

Die-Gest This!

January is National Stalking Awareness Month

By Jenna D. Stammen

Women's Center Student Employee

Did you know that absolutely anyone has the capability to stalk someone? Not only the capability, but today, there are more resources than ever to readily aide in stalking whoever strikes your fancy. Scary, huh? One of the biggest outlets for stalking today is the internet, but I bet you already knew that. There are even websites that offer chilling play-by-play instructions about how to steal one's passwords, activate GPS through cell phones, and send email and texts anonymously.

Oh, and I know you have a Facebook account. I have a Facebook account. Everyone has a Facebook account. Did you know that anything that you post on Facebook can be used by the company and its ecosystem of developers and marketers? And it just doesn't stop with Facebook. According to National Crime and Victimization survey, conducted in January 2009, approximately 1 in 4 stalking victims reported some form of cyberstalking such as e-mail (83%) or instant messaging (35%).

This is serious. Persons age 18 to 19 and 20 to 24 experienced the highest rates of stalking victimization. About 30 per 1,000 people aged 18 to 19 and 28 per 1,000 people aged 20 to 24 were stalked during 2006, according to the National Crime and Victimization survey. Many stalking incidents go unreported because the victims didn't think the acts were serious enough or even acknowledge the acts as a crime.

Stalking is a crime and in Minnesota recognizes that "stalking" means to engage in conduct which the actor knows or has reason to know it would cause the victim under the circumstances to feel frightened, threatened, oppressed, persecuted, or intimidated; and causes this reaction on the part of the victim regardless of the relationship between the actor and victim. Stalking penalties are arrest, gross misdemeanors, and even felonies.

For your own safety, remember these quick tips:

- If possible, have a phone nearby at all times, preferably one to which the stalker has never had access. Memorize emergency numbers, and make sure that 911 and helpful family or friends are on speed dial.
- Be cautious of what you put on the internet. Always be aware that anything you publish to a website or Facebook is always available for public viewing.
- Treat all threats, direct and indirect, as legitimate and inform law enforcement immediately.
- Vary routines, including changing routes to work, school, the grocery store, and other places regularly frequented. Limit time spent alone and try to shop at different stores and visit different bank branches.
- When out of the house or work environment, try not to travel alone and try to stay in public areas.
- Get a new, unlisted phone number. Leave the old number active and connected to an answering machine or voicemail. Have a friend, advocate, or law enforcement screen the calls, and save any messages from the stalker. These messages, particularly those that are explicitly abusive or threatening, can be critical evidence for law enforcement to build a stalking case against the offender.
- Do not interact with the person stalking or harassing you. Responding to stalker's actions may reinforce their behavior.
- Consider obtaining a protective order against the stalker. The Women's Center can assist you with this.
- Trust your instincts. If you're somewhere that doesn't feel safe, either find ways to make it safer, or leave.

If you would like materials for a bulletin board in your hall, please visit The National Stalking Resource Center online at http://www.ncvc.org/src/main.aspx?dbID=dash_Home. Click on "Publications" to find fact sheets and posters you can download.

Also, for resources at the local level, please stop by the Women's Center here on campus for more information on our services pertaining to stalking. We also have materials for bulletin boards.



THE TAPESTRY

JANUARY 2010

The Tapestry

The United States is a diverse country. Rather than being a melting pot where assimilation destroys diversity and uniqueness, the US is like a tapestry. "A tapestry is a hand-woven textile. When examined from the back, it may simply appear to be a motley group of threads. But when reversed, the threads work together to depict a picture of structure and beauty" (Sandra Nieto, 2006). We are those threads and the diversity we each bring makes the tapestry, this country, what it is.

JANUARY UPDATE

As you may know the advocate position is centered on being a resource for issues of social identity and social justice in the form of an educator, role model, programmer and student advocate. The main way in which this resource will be applied to a greater use is through you, the CA. It is up to you to utilize these tools for not only your own advancement but the advancement of residents and everyone in your life. -Keep us in mind for programming/bulletin board ideas, referrals, or just someone to talk to about social justice and diversity issues. As always this position is meant to be dynamic, just as issues of social justice and diversity are. We value your input so please do not hesitate to share your questions and comments.

If you would like to get involved in the Social Justice and Diversity committee feel free to contact Tatenda or Chantelle With any questions or concerns. Office hours from 3-5 on Thursday in the Holes Hall resource room



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T a t e n d a R u d z i v a

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Join Us

The Social Justice and Diversity committee meets Tuesdays at 2:00 in the Granite Room in Atwood. We hope you can join us!"



Martin Luther King Jr. Day

Martin Luther King Jr. Day is observed on January 18th this year. Martin Luther King Jr. was born in 1929 on January 15th. The third Monday in January was adopted as the day to honor King because it is near this date. Martin Luther King Jr. Day is a national holiday and has been since 1983. However, was not officially recognized by all 50 states until 2000. Many states and even countries use this day to host various celebrations.

King promoted a non-violent means to achieve civil rights reform and was awarded the Nobel Peace Prize in 1964. Prior to this, in 1963 King's Letter from Birmingham Jail inspired a growing national civil rights movement. In Birmingham, the goal was to completely end the system of segregation in every aspect of public life and job discrimination.

Martin Luther King jr. Day floor event ideas:

Watch a Movie: There are many movies such as Selma Lord Selma that commemorate King's Legacy.

Decorate: Print off inspiring Martin Luther King jr. quotes, decorate them with your floor, and hang them in the hallways and bathrooms.



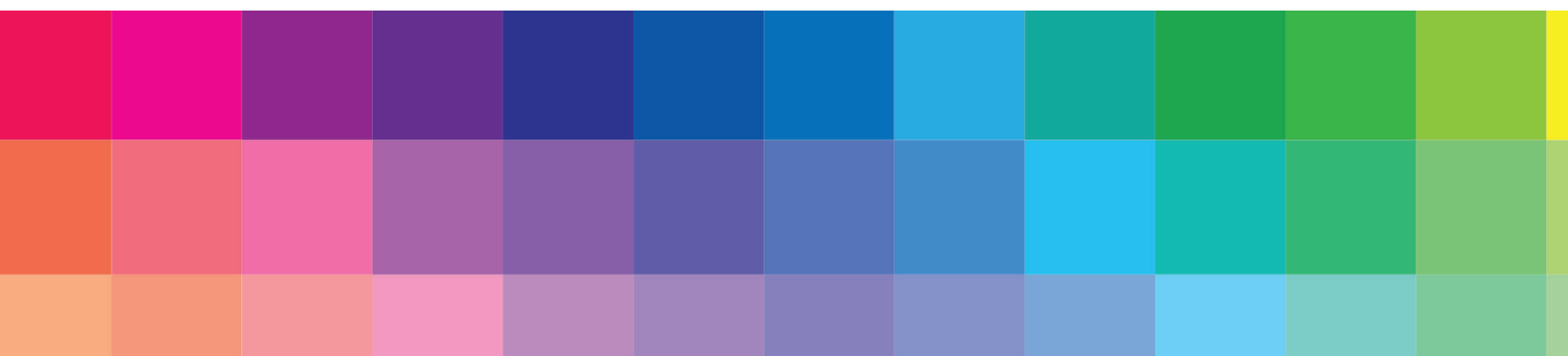
National Human Trafficking Awareness Day

National Human Trafficking Awareness Day takes place of January 11th. Human trafficking is the illegal trade of human beings for the purposes of commercial sexual exploitation or forced labor. Human trafficking is also known as the modern day form of slavery.

Almost every human trafficking prevention organization works to spread public awareness of trafficking . Several methods have been used to achieve public awareness, while others work with governmental organization to pass laws and regulations on human trafficking.

Some of these organizations include: United Nations Office of Drugs and Crime, Human Trafficking Awareness project, Commission on the Prevention of Human trafficking. There are of course many many more

What you can do:

1. The first step is always education; learn more about human trafficking and what is currently being done about the problem.
 2. Educate the people around you!
 3. Lobby your local and national government for laws and regulations that work to prevent human trafficking.
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Want to get involved?

Here is a list of some the student organizations here on campus under the category of political and social concerns, go the CSOLD website on the St.Cloud State website for more information. Not every organization is right for everyone so if you feel a good fit on the first one you go to, try try again!

Animent Action on Campus

Helping Nepal International

Male Peer Education Program

Organization for Prevention of AIDS in Africa

Outloud!

Social Responsibility Club

Student American Indian Movement

Students for a free Palestine

Students for a Sustainable America


Students for Sexual Consent

**Residential Life Social Justice and Diversity Committee



ResLife Cinema

We'd like your feedback! Each month the Technology Committee from RHA selects approximately 18 movies to be shown on Channel 75, the Res. Life Cinema Channel. The movies that are available to us are provided by Swank Motion pictures. You can find their movie catalog at www.reslife.com If there is a movie with a social justice theme that you would like to see shown on the channel, please let us know. We can work with the technology committee to see if we can make it happen. Also note that there are movie discussion guides available for a variety of the films selected to be shown on this channel. If you wish to host a discussion about a particular movie, check with us and we can see if there's a guide available.



Event Calendar January

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This list of events is by no means complete, keep an eye out for other events on campus. For more information on specific vents visit the campus event calendar at <http://www.stcloudstate.edu/events/default.asp>

January Cultural Nights

January 22nd
Ebony Night: Location- Ballroom and components.

Commemorative days in January

January 1st
New Year, the most celebrated Holiday in the world

January 23
Weedless Wednesday

January 26
Indian Republic day

January 27th
Family Literacy day

The entire Month is Alzheimer's awareness month

Week of 20TH -26TH
National non-smoking week

January SJDC Related events

January 20th
Side Street 11-2pm

January 18th
Conversations on Race Welcome Center Classroom 120
11-1pm

January 23
weedless Wednesday

Fixed weekly events in January:

Mondays:

Liberian Students Association meeting 5pm Granite

Tuesdays:

Bangladesh Student Association Meeting Union Room 2:30-4:30
Social justice and diversity meetings- (Time to be determined)
Granite Room
OPPA- 5 -6:30pm Glacier
Secular Student Alliance meetings- 6pm Granite Room
Somali students Association meeting Alumni 4:30

Wednesdays:

Muslim student's weekly meetings- 3-4pm Oak room
Women on Wednesday- 12 p.m. to 1p.m. Little Theatre
Outloud!!-5 -6pm Union room
Today's women weekly – Mississippi 5:00

Thursdays:

Women's Action meetings- 2p.m. Union Room
African Students Association meetings- 5-6:30pm Glacier Room
Habitat for humanity meetings-7-8pm Union room.
Students promoting Ngatha meetings-7pm-9pm Glacier room
GLBT Alliance- 7 to 9 pm Glacier Room