

# Die CUT digest

September

NEWSLETTER FOR COMMUNITY ADVISORS

2010

## HANNAH POST

Welcome!



Hello Community Advisors!  
Hope CA training went well and you've been able to catch up on sleep as the first weeks of classes are already rolling! This is the first Edition of the 2010-2011 Diecut Digest. You will be receiving one per month. Please open them and read through as they will highlight upcoming events, and bring you programming, bulletin board, and door dec. ideas specific toward each month.

## office hours

**HANNAH SWIFT**  
STEARNS HALL

Shoemaker Hall  
Tuesday 1:00 - 4:00pm

W.W. Holes Hall  
Wednesday 3:00-5:00pm

email:  
swha0701@stcloudstate.edu

**HANNAH POST**  
COBORN PLAZA APTS

Shoemaker Hall  
Monday 2:00 - 4:00pm

W.W. Holes Hall  
Wednesday 2:00 - 5:00pm

email:  
poha0801@stcloudstate.edu

Contact us or stop by our office if you have any questions or suggestions

## HANNAH SWIFT

### MEET HANNAH SWIFT!

Hello! My name is Hannah Swift. Three important things you should know about me: I love cats, coffee, and cuddling (yes, I do love cuddling with cats while drinking coffee). This is my third year at St. Cloud State University, and my second year as a Community Advisor. The third floor of Stearns Hall is the community I'm working in this year. My major is Journalism with a minor in Rhetorical and applied Writing. On my down time I like to read, longboard, and play video games.

I am very excited to be serving all the CA's as one of the Resource Room Coordinators this year. My main focus for the resource room in the coming months is to create a more organized, creative space for everyone to use. Also, I plan to continue work on the online resource room that was started up last year. Hannah Post and I have some fun new events and ideas for the resource rooms that we are working on as well! All that we want to accomplish this year can only be done with your participation. That being said, please come and visit me during my office hours, even if it is just to say hi!

### MEET HANNAH POST

Hey! I am Hannah Post, three things you should know about me: I love carpentry, crafting, and cooking ( Though impossible all at once.) I am a junior this year, and this is my second year as a Community Advisor. I live in Coborn Plaza Apartments and am learning how to create and establish a community there. I am majoring in Education, specifically Technology Education, some of you may remember it being called Industrial Arts, however times and classes are changing. My hobbies consist of: stock car racing, golfing, soccer, photography, scrapbooking and woodworking. I am really pumped to be returning as resource room coordinator this year so that I may better help -YOU- all the CAs here at SCSU! I currently am in the midst of refining what the specifications of my job as Resource Room Coordinator are. So far I've been looking into and finding out what I may do to be most resourceful to you whether it be providing specific information or just having the resource rooms stocked etc. That being said, please stop by the resource rooms during either my own or Hannah Swifts office hours so that we may help you to the best of our abilities.

Currently Hannah Swift and myself are working on getting more supplies into each resource room, including useful campus information, diecuts, great door dec. examples etc. Hannah Swift, and myself are also trying to align each dorm's bulletin board and door dec. due dates so that we can have the resource rooms fully prepared for each of you, and also make sure that we are there to assist you with any questions you may have or help you come up with fresh new ideas. Please understand that for this semester the resource rooms may be under minor construction; no I don't get to tear down or build you anything amazing, we just plan on possibly rearranging supplies in order to better accommodate you. Be sure to read each months Diecut Digest, as we will clue you into our new projects, and other exciting news that applies to each of you!

## How to USE and UTILIZE the Resource Rooms

First stop by either Holes or Shoemaker's front desk and check out the key, be sure that the CA/ or desk worker checks you out and they enter your purpose there (so that your not held responsible for someone else's mess) by purpose we mean specifics: "making a bulletin board about study habits" or "just picking up some green and brown paper to make tree door decs." the more specific you can be the better we are able to monitor and keep the rooms clean. To best utilize the resource room, come with some ideas pre-planned out, or come during our office hours to get ideas and help. Look for bulletin board and door dec ideas in each months Diecut Digest or come into the resource room during our office hours. The supplies will be moved around but we hope that by the end of the semester we have a good system figured out for you. Look for new supplies, die cuts, and stencils to help you come up with creative ideas. Do you have a great door dec or bulletin board that you created and feel that it deserves some recognition? send us a picture of your bulletin board and we'll add it to the online resource room, or turn in a door dec during our office hours, with your NAME, year you created the door dec (2010-2011) or (Fall 2010), and which hall you live in and we will post it on the Door Dec Hall Of Fame, which will be located in Holes resource room. Have questions, comments or concerns for the resource rooms, or looking for specific information, like an extra copy of the student handbook etc. leave a note on the Holes resource room rolling white board and we will take care of it on the following Wednesday- meaning we will need some notice, but our primary goal is to be able to help you out! and be as resourceful to you as we can.

## Forming Strong Study Habits

The transition from high school to college can be difficult academically. Sometimes, even just the change from summer break to the classroom is a challenge. Starting off the year on the right foot can help students succeed in their classes. What should you be doing to help your residents through this academic transition? Programming and bulletin boards of course! Here are some fun things that you can try:

- Have a study group sign-up for your floor, or even your entire hall!
- Do a 'Snack and Study' session in your lounge, or better yet, go outside and study.

### Bulletin Board Ideas –

- Study Skills 101
- Common Study Techniques
- How to Improve Memory
- When in Doubt, Plan it Out
- How to Make Studying Fun
- 10 Study Mistakes

## Homesickness

Moving away from home for the first time is not easy for many people. Some students may begin the year feeling excited, but after a while they can easily become overwhelmed and homesick. It can be hard for residents to talk to other people about their homesickness; they probably feel like they have no one to talk to or that they are the only ones feeling this way. In order to help drive some of that homesickness away try using some of the following ideas:

- Do a 'Tour de St. Cloud' with your residents in order to make them feel more connected with their new home.
- Have 'Home-Cooked Meal' night, where residents can cook a family recipe.

### Bulletin Board Ideas!

- Floor Event Board
- How to Get Involved
- Dealing with Homesickness.