

## Degree Map

Bachelor of Arts-Physical Education 48 Credits Athletic Training Education Program-HPERSS Health, Physical Education, Recreation and Sport Science Telephone: (320) 308-4251 or E-mail: <a href="mailto:HPERSS@stcloudstate.edu">HPERSS@stcloudstate.edu</a> URL: <a href="http://www.stcloudstate.edu/hperss">http://www.stcloudstate.edu/hperss</a>	
Advisors Program Director- Dr. William Jay Picconatto 320-308-3079 <a href="mailto:wjpicconatto@stcloudstate.edu">wjpicconatto@stcloudstate.edu</a> Frank D. Zezoney 320-308-2008 <a href="mailto:fzezoney@stcloudstate.edu">fzezoney@stcloudstate.edu</a>	
First Semester	Second Semester
<b>*HLTH 215- Personal/Community Health (2cr)</b> Core 1: ENGL 191 or 198 (4 cr.) Area B: BIOL 103 (Lab 3cr.) Area C: HIST 109 (3cr.) RIS/DIV <b>*Health 210- Principles of Nutrition (2 cr)</b> 14 cr.	<b>*PESS 249- Anatomy/Kinesiology (4 cr)</b> Area C: PSY 225 (3 cr) DIV Core 2: CMST 192 (3 cr) Area A: COMM 146 (3 cr.) Area B: PHYS 103 (3 cr.) 16 cr.
Third Semester	Fourth Semester
<b>*PESS 304 Care and Prevention of Ath. Inj (3 cr)</b> Core 3: MATH/STAT 193 (Gen Ed. 3 cr.) Area B: CHEM. 140 (3 cr) Area A: Left Side Course (3 cr) DIV PESS 122 Lifetime fitness (1 cr) University/Minor electives (3 cr.) 16 cr. <b>Application to ATEP program</b> <b>Notified if selected to ATEP</b>	<b>Professional Phase</b> <b>PESS 311- I Clinical Experience in Athletic Training (1 cr)</b> <b>PESS 313 Ath. Injury Assessment Lower Extremity (3 cr)</b> Area C: Class Left Side Course (3 cr) Core 4: PHIL 194 (3 cr) University/Minor electives (3 cr.) University/Minor electives (3 cr.) 16 cr.
Fifth Semester	Sixth Semester
<b>PESS 311- II Clinical Experience in Athletic Training (1cr)</b> <b>PESS 314- Ath. Injury Assessment Upper Extremity (3cr)</b> <b>HLTH 395 First Responder (3 cr)</b> <b>PESS 349 Human Physiology (3 cr)</b> University/Minor electives (3 cr.) Core 5: Democratic Citizenship (3 cr.) 16 cr.	<b>PESS 311- III Clinical Experience in Athletic Training (1 cr)</b> <b>PESS 315 Therapeutic Modalities (3 cr)</b> <b>HLTH 406 Emergency Medical Technician (3cr)</b> <b>PESS 448 Biomechanics- (3cr)</b> University/Minor electives (3 cr.) University/Minor electives (3 cr.) 16 cr.
Seventh Semester	Eighth Semester
<b>PESS 311 -IV Clinical Experience in Athletic Training (1 cr)</b> <b>PESS 316 Rehab. Tech in Athletic Training (3 cr)</b> <b>PESS 449 Physiology of Exercise (3 cr)</b> University/Minor electives (3 cr.) University/Minor electives (3 cr.) University/Minor electives (3 cr.) 16 cr.	<b>PESS 311- V Clinical Experience in Athletic Training (1 cr)</b> <b>PESS 405 Advanced Athletic Training/Senior Seminar (3 cr)</b> <b>PESS 456 Organization and Adm. of Athletics (2 cr)</b> University/Minor electives (3 cr.) University/Minor electives (3 cr.) 13 cr.
Fall Semester 5th year	
PESS 444 Internship (optional) 4-8-12 cr.	

Notes: General Education Advising center, CH 229, 308-6075

Racial Issues Courses- Other classes that can be substituted for HIST 109 include ETHS 201 CMTY 111, 470; ETHS 210, 215, 220; HURL 102, 105; SOC 268

RIS= Racial Issues course, DIV= Diversity course

**Bold= Required major classes**

- **Must be enrolled prior to application to Athletic Training Educational Program: Must complete for final acceptance.**

***PESS 311 Clinical Experience in Athletic Training-new course-all ATEP students must take***

**PESS 313 Athletic Injury Assessment-Lower Extremity-new course**

Students are encouraged to acquire another major or minor to fulfill university graduation requirements (120 credits-45 credits above 300 level)