

## **SHAC MEETING**

### **November 12, 2009**

Attendance: Corie Beckermann, Jody Illies, Katie Opsal, Ann Budig, Christina Amatya, Devon Majerus, Jenni Bowlin, Troy Shafer, Lee Zutz, Erin Owen

1. Handed out SHAC business cards.
2. Discussed Carla Berg's presentation.
3. Katie, Christina, Corie, and Troy attended the NCCHA Conference and spoke with other SHAC groups. Other groups gave ideas to them regarding recruiting, and discussed what their SHAC groups are doing.
  - Recruitment method example: When a member leaves, they find someone to fill their spot.
  - Annual Student Health Services Open House (Each room has a different topic- have a nurse, dr., in each room that has information regarding a different health topic)
  - Set up a meeting schedule that is a set day and time.
  - Inform advisors what SHAC is so they push students to join.
    - i. Lee will check on brochures/flyers we have made for SHAC to pass along to advisors
  - The next Regional Conference will be in Eau Claire, Wisconsin.
  - The North Central College Health Association Board is looking for student representatives
  - There is a Google group with other SHACs in the NCCHA. We are in this group, so if we ever want to discuss/ask questions of other SHACs that is available.
4. Next year will be the 85<sup>th</sup> Anniversary for Health Services. Should our open house be in the spring or during the fall for the 85<sup>th</sup> Anniversary. Possibly getting the palm pilots from Wanda.
5. Reserve 4 palm pilots for Health Fair on December 2nd. Get a gift card for a prize. (Get Troy to donate)
  - Have you heard of SHAC the Student Health Advisory Center?
  - Psychiatrist question
    - i. Do we need a psychiatrist on campus to provide more comprehensive mental health care?
  - Tobacco Free Campus question
    - i. Should SCSU be a Tobacco-Free Campus?
  - H1N1 question. Would you get a shot if it were free.
    - i. Do you plan on getting the H1N1 vaccine, which will be offered free?
  - Do you know that if you are a MN resident that you can receive free birth control on campus.
    - i. Did you know you can get free contraception at Health Services through the MFPP program?