

If you are studying/traveling abroad you should consider making an appointment with one of the Student Health Services highly qualified providers to discuss various pre-travel vaccinations and health care concerns. It is as easy as 1-2-3.

1. Schedule your travel visit at least 4-6 weeks before departure (to allow appropriate timing of vaccinations). Call #320-308-3193 to schedule an appointment.
2. Check out the Centers for Disease Control (CDC) website for information/requirements for your destinations at <http://www.cdc.gov/travel/> so you can educate yourself about possible health concerns/alerts.
3. Bring the following information with you to your appointment

*Immunization Record

*Itinerary and activities

*List of current medications, if any

*Travel Health Clinic Registration Form

(<http://www.stcloudstate.edu/healthservices/>) under Information & Forms

***** *Don't wait till it is too late, call #320-308-3193 to schedule your consult******

Note: Some insurance do not cover costs associated with travel vaccines, medicines, etc. We would advise you to contact your insurance carrier (contact the "customer service" phone number provided on the back of your insurance card) to inquire about costs and coverage of vaccinations.

Safe Travels