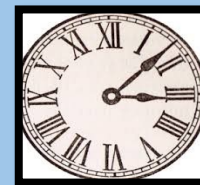


GERONTOLOGY TIMES



NOTES FROM THE DIRECTOR

As you will see throughout this issue, the SCSU Gerontology Program is as busy as ever and bursting with good news! For those keeping score, Gerontology is now a proud member of the newly named College of Health and Wellness Professions (CHWP) (formerly known as the School of Health and Human Services).

In other news, St. Cloud State University has received its designation as an "Age-Friendly University" and is now an official member of the Global Aging Network! This means that SCSU has endorsed and is committed to pursuing the 10 Age-Friendly University Principles. This is only the first step in our AFU journey—and we hope you will work with us and share your ideas as we continue to incorporate the AFU Principles into every aspect of SCSU! Watch for more AFU news, events and requests for info coming soon! For more on the AFU initiative: <https://www.dcu.ie/agefriendly>.

Other exciting happenings include our upcoming Careers in Aging Week celebration and Fall, 2022 Gerontology Course Schedule! I invite you to check out a class or two...or more. We offer face to face, online, and hybrid options. Try out a course <https://www.stcloudstate.edu/srfs/registration/non-degree.aspx> (you don't need to be a full-time student or working toward a degree!) Complete the online application. Please contact the Office of Records and Registration if you should have any questions. registrar@stcloudstate.edu or 320-308-2111

Age-Friendly University fact: Did you know that Minnesota residents age 62 or older can audit our courses for a special, very reduced tuition rate? We hope you will join us! For more information: <https://www.stcloudstate.edu/srfs/finances/cost-of-attendance.aspx>

Wishing you a happy and healthy spring and summer!

Rona

Rona J. Karasik, PhD.
Professor & Director, Gerontology
karasik@stcloudstate.edu

Embracing



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NOTES FROM THE GERONTOLOGY GRADUATE COORDINATOR

Happy Spring? I have always wondered why they call this spring semester, especially since in Minnesota spring often doesn't actually come until May. Regardless of the weather work continues. We have a lot of exciting news – in December 2021 SCSU officially became part of the Age-Friendly University Global Network when we were designated as an Age-Friendly University. We want to thank President Wacker for making the commitment that SCSU will work towards achieving the 10 basic principles of an Age-Friendly University – [Principles | Age-Friendly University \(dcu.ie\)](https://www.dcu.ie/principles)

I am back from sabbatical and have been enjoying more interaction with students, faculty, staff and our community partners. We have also been making great strides on our Innovation Grant – Creating an Age-Friendly SCSU. We have developed a student survey which went through the IRB process and was approved. We are now in the process of collecting data. If you are a current SCSU student please consider completing the survey, you will find the QR code on page 3.

The data we receive from students will help provide a framework for what an Age-Friendly SCSU will look like and the steps we need to take to continue our journey. In addition to the student survey we will also be developing a survey for faculty/staff, emeriti faculty as well as community partners and the larger community. COVID permitting we are looking forward to some fun activities in the fall. More information to follow!

I had the opportunity to present a series of workshops for employees at Land of Lakes. They were fun and I hope I was as informative for them as they were for me. Please feel free to contact Dr. Karasik and myself if your organization can use some training, workshops or webinars. And don't forget you can take any of our classes and use them for training as well as professional development. Any questions give us a call or an email.

If you are a current graduate student please contact me about Fall registration and if you have not completed your program of study please contact me as well. Looking forward to the rest of spring semester and moving in to the summer (I think I am ready for the snow and ice to be gone (In my mind ice only belongs in drinks and rinks!)).

Phyllis

Phyllis A. Greenberg, PhD M.P.A.

Coordinator Graduate
Studies Gerontology

pagreenberg@stcloudstate.edu

SCSU News!

The Gerontology Program has a new home name since the School of Health and Human Services became the College of Health and Wellness Professions.

If you would like to learn more about the College of Health and Wellness Professions you can click on the following link :

[College of Health and Wellness Professions | St. Cloud State University \(stcloudstate.edu\)](https://www.stcloudstate.edu/college-of-health-and-wellness-professions/)

Age-Friendly Universities

We are happy to announce that we are now official members of the Age-Friendly University (AFU) Global Network!



What are Age-Friendly Universities?

The Gerontological Society of America defines Age-Friendly Universities as institutions of higher education around the globe who have endorsed the 10 AFU principles and committed themselves to becoming more Age-Friendly in their programs and policies.

To learn more about AFU's follow the links:

[Age-Friendly University \(AFU\) Global Network \(geron.org\)](https://www.geron.org/)

[Age-Friendly University | St. Cloud State University \(stcloudstate.edu\)](https://www.stcloudstate.edu/age-friendly-university/)

STUDENTS: Please complete this survey to give us your perspective on creating a more Age-Friendly SCSU.

Surveys are coming to get more about faculty/staff and community members perspectives as well! Watch for our emails!



Gerontology Program

Fall 2022 Course Offerings

Undergraduate Classes

- **GERO 208-01 Introduction to Gerontology (Diversity)** Tu/Th 9:30am-10:45am (Diversity, Goal Area 5)
- **GERO 208-54 Introduction to Gerontology** Online asynchronous (Diversity, Goal Area 5)
- **GERO 411-54 Aging Policies and Programs** Tu/Th 3:30pm- 4:45pm
- **GERO 418-54 Images of Aging in Popular Culture**
Blended/Hybrid (Online asynchronous + 4 synchronous: 8/23, 9/13, 10/18, 11/15 at 5:30-8:20pm)
- **GERO 420-54 Ethics in Gerontology and Geriatrics** Online asynchronous (Diversity, Goal Area 9)
- **GERO 425-54 Dementia and Aging**
Blended/Hybrid (Online asynchronous + 4 synchronous: 8/22, 9/12, 10/10, 11/7 at 5:30-8:20pm)
- **GERO 444-01 Gerontology Internship** By permission only

Graduate Classes

- **GERO 511-54 Aging Policies and Programs** Tu/Th 3:30pm- 4:45pm
- **GERO 518-54 Images of Aging in Popular Culture**
Blended/Hybrid (Online asynchronous + 4 synchronous: 8/23, 9/13, 10/18, 11/15 at 5:30-8:20pm)
- **GERO 520-54 Ethics in Gerontology and Geriatrics** Online asynchronous
- **GERO 525-54 Dementia and Aging**
Blended/Hybrid (Online asynchronous + 4 synchronous: 8/22, 9/12, 10/10, 11/7 at 5:30-8:20pm)
- **GERO 620-54 Advanced Policy Issues in Gerontology**
Blended/Hybrid (Online asynchronous+ 4 synchronous: 8/30, 9/20, 10/25, 11/29 at 5:30-8:20pm)
- **GERO 644-01 Gerontology Internship** By permission only
- **GERO 695-01 Comprehensive Exam** By permission only
- **GERO 697-01 Starred paper** By permission only
- **GERO 699- 01 Thesis** By permission only

**The Gerontology Program offers an Undergraduate Minor,
Masters Degree & Graduate Certificate!**

For more information visit our website at www.stcloudstate.edu/gerontology or contact us:

Dr. Rona Karasik at karasik@stcloudstate.edu (undergraduate students)

Dr. Phyllis Greenberg at pagreenberg@stcloudstate.edu (graduate students)

Gerontology: Brown Hall 312 gerontology@stcloudstate.edu

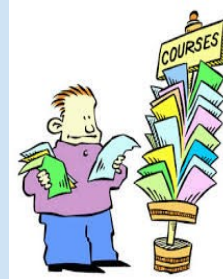
Featured Fall 2022 Courses

Introduction to Gerontology

GERO 208-01 — in person

GERO 208-54 — Online Asynchronous

What does aging mean to you? The processes of aging affect each of us in different ways, including biologically, psychologically and socially. This class introduces the interdisciplinary study of human aging and provides a view of the world's rapidly aging population. *Meets Lib Ed Goal Area 5 & Diversity Requirements!*



Aging Policies & Programs

GERO 411/511-54

Examine the range and variety of services and programs for the older population, especially those supported and/or funded under the policy, administrative, fiscal, or legislative control of federal, state, and local governments.

Images of Aging in Popular Culture

GERO 418/518-54

Sometimes what we see in the media has the most significant impact on how we perceive ourselves and others. Review movies, television, novels, essays and social media while interpreting images of aging, older adults, and the aging process in popular culture.

Advanced Policy Issues in Gerontology

GERO 620-54

This course provides students with an opportunity to obtain an analytical perspective on historical and emergent trends in the United States and globally with regard to policy related to older adults, aging, and community.

Ethics in Gerontology & Geriatrics

GERO 420/520-54

Driving with dementia? Self-neglect? Right to refuse treatment? What do I do if...? Using case studies, current literature and real-life scenarios, we will explore a wide range of ethical dilemmas in aging practice and policy from individual, professional, and societal levels.

Meets Lib Ed Goal Area 9 & Diversity Requirements!

Dementia & Aging

GERO 425/525-54

What is the difference between Alzheimer's and dementia? What should you know about working with or caring for a person with dementia? Learn about the nature, causes and symptoms of dementia, as well as the impact it can have on individuals, families and caregivers.

Scheduling concerns? Not sure which course to pick? Let us help!

Dr. Phyllis Greenberg pagreenberg@stcloudstate.edu Dr. Rona Karasik karasik@stcloudstate.edu

Presentation & Publications

Presentations

Greenberg, P.A. and VanderWerf, J. (2021). *Food insecurity in older adults: Gerontology students and RSVP—a partnership that works*. Poster. 73rd Annual Scientific Meeting of the Gerontological Society of America. Virtual Conference

Greenberg, P.A. (February 2022). *Ageism in Health Care: 72 is Not a Diagnosis*. Retired Women's Organization University of Minnesota – Virtual Workshop

Greenberg, P.A. (January 2022). *Advance Care Directives and Preparing for Death*. Land O'Lakes Employee Association. Virtual Presentation/Workshop

Greenberg, P.A. (December 2021). *Americans with Disability Act and Age Discrimination in Employment Act: What You Should Know*. Land O'Lakes Employee Association. Virtual Presentation/Workshop.

Karasik, R.J. & Kishimoto, K. (2021). Reflections on Applying Antiracist Pedagogy to Teaching about Aging. Symposium Paper: 73rd Annual Scientific Meeting of the Gerontological Society of America.

Masters, J. & Karasik, R.J. (2021). Standards and Guidelines for Graduate Programs in Gerontology & Geriatrics. Symposium Paper: 73rd Annual Scientific Meeting of the Gerontological Society of America.

Publications

Karasik, R.J. (2022). Editorial: From there to here. *Gerontology & Geriatrics Education*. doi: 10.1080/02701960.2022.2030925

Karasik, R.J. & Donorfio, L. (2021). Continuing education certificates in gerontology. In T. Shovali & M. R. Gugliucci (Eds.), *Gerontology and Geriatrics: Curricular Standards and Guidelines in Higher Education* (7th Ed., Ch 6. pp. 23-25). Association for Gerontology in Higher Education.

Masters, J. & Karasik, R. (2021) Master's degree programs in gerontology. In T. Shovali & M. R. Gugliucci (Eds.) *Gerontology and Geriatrics: Curricular Standards and Guidelines in Higher Education* (7th Ed., Ch 7. pp. 26-31). Association for Gerontology in Higher Education.

Husky Careers in Aging Week Event

Save the dates!

Join us for a :

Job Fair on April 13th, 2022 from 1 pm-3:00 pm at Atwood Ballroom.

Can't attend in person? No problem!

Join us virtually on April 14th from 1 pm-3:00 pm via Zoom:

<https://minnstate.zoom.us/j/98866399154>

Password: **geron**

If you want to volunteer at the job fair, here is the sign up page:

<https://www.signupgenius.com/go/805044DAAAD28AAFE3-jobfair>

Other fun events include:

April 11th - Careers in Aging Virtual Game Night from 5 pm– 6:30 pm

<https://minnstate.zoom.us/j/96543588598>

Password: **Password**

April 12th - Careers in Aging Trivia Night in Brown Hall 212 from 5 pm– 6:30 pm

We are going to be having fun events all week which include fun prizes!

Learn more by looking on Huskies Connect.



Gerontology News & Events



Pumpkin Throwing



Sidestreet



Betty White Party



Thank you to [all](#) of our community partners for your ongoing support and hosting student interns and service-learners!

SPO & GERO Club News!

Have **you** joined yet?

Now is a great time to get involved!

Gerontology Club and Sigma Phi Omega are busy bees as we approach spring. For Halloween we threw pumpkins off the roof with Psychology Club.

For the holidays we made cards for Good Shepherd and helped them decorate. We are having an exciting semester we just had our big Betty White party and we are preparing for our careers in aging week of events. All in all an exciting time for us!

We encourage any student to join us for a meeting if your in gerontology classes or not. We are focusing not only on giving back but enjoying our time together. Join us every other Wednesday at 4pm in Brown Hall 212.

Christmas decorations at
The Good Shepherd



If you are interested in pursuing a Summer or Fall internship, please contact Dr. Rona Karasik (karasik@stcloudstate.edu) as soon as possible to begin the planning process!

Gerontology Scholarships

Huskies Scholarships

Olga Satre Hart Gerontology "Giving Back" Scholarship \$1,000.00

Deadline: 03/14/2022

College of Health and Wellness Professions Scholarship

Award \$1,500.00 Deadline: 03/14/2022

For more information click on the following link: [Our Opportunities - St. Cloud State University \(academicworks.com\)](#)

Alumni Spotlight

We are excited to introduce you to one of our program's alumni Jodi Speicher.

Jodi obtained a Bachelors of Business Administration degree with a concentration in Marketing and Management at the University of North Dakota in Grand Forks.

After working many years in the older adult services field, she decided to pursue a Master's of Science in Gerontology at SCSU, graduating in December 2021.

The Masters in Gerontology added a comprehensive depth of understanding that enhanced and expanded her knowledge base allowing her to help the older adults she serves in new and exciting ways.

As we interviewed Jodi she stated the following: "My passion is helping older adults to navigate aging and enhance their experience through lifestyle, health, and well-being choices."

Jodi is currently the Vice-president of Sales and Marketing at The Good Shepherd Community in Sauk Rapids.

Congratulations Jodi!



If you are interested in pursuing a Summer or Fall internship, please contact Dr. Rona Karasik (karasik@stcloudstate.edu) as soon as possible to begin the planning process!

Meet our Graduate Assistants



Hello my name is Jess VanderWerf. Born and raised in Florida, I graduated from Saint Cloud State University with my undergraduate degree in Psychology and a minor in Forensic Science and Gerontology.

I am a GERO Grad Assistant and the current President of the Gerontology Club and Sigma Phi Omega.

I have worked with older adults for about ten years in activities, dietary aide, home health care and as a Certified Nursing Assistant (just to name a few). Working with older adults has always been my passion. I am excited to take on this role and responsibility because working with older adults is an amazing career and opportunity. I hope that while I am working on my education I can inspire a few more people to love the study of aging like I do. Go Huskies! -Jessica VanderWerf geroga3@minnstate.edu

Hello!

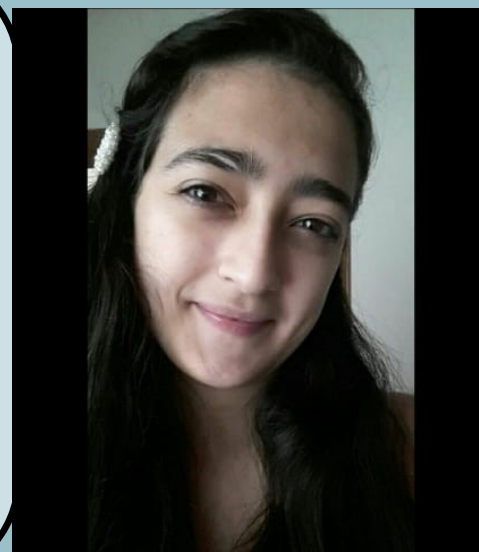
My name is Claudia Burgos Zuniga, I come from Nicaragua. This is my second semester as a Graduate Student and as a Gerontology Graduate Assistant.

I am an international medical graduate that believes in the holistic and multidisciplinary approach to the patient.

I have been learning a lot of interesting and useful information from both of my professors during the past months, and I am sure this knowledge will be very beneficial for my patients and career.

I look forward to keep learning and having new experiences in the Gerontology Program for the next semesters.

It's Time to join Gerontology! Claudia Burgos Zuniga



To Learn More about Gerontology at SCSU: www.stcloudstate.edu/gerontology

Dr. Phyllis Greenberg: pagreenberg@stcloudstate.edu (320) 308-3156

Dr. Rona Karasik: karasik@stcloudstate.edu (320) 308-5224

KEEP IN TOUCH WITH US ON SOCIAL MEDIA!



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SCSU Gerontology



@SCSUGerontology

GERO Program Alumni

We want to hear from you!

Let us know how you are doing. Send us an email and, even if you have done so before, take a minute or two to fill out our online GERO Alumni survey:

[SCSU Gerontology Program Alumni Survey](#)

We look forward to hearing from you!