

## **GERONTOLOGY TIMES**



St. Cloud State University

## **What's New in Gerontology?**

#### **NEWSLETTER**

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#### Looking for a high-demand, leadership career opportunity?

#### **Executive Health Care Administration Certificate**

The **Executive Health Care Administration Certificate at SCSU** pairs practical business and administration skills with essential knowledge of aging needed to effectively manage and coordinate work in nursing home, assisted living, and other health care settings. The certificate prepares students to take the licensure exam for assisted living and nursing home administrators as required by the state of Minnesota.

#### **Gerontology (30 Credits)**

GERO 208- Introduction To Gerontology 3Cr.

GERO 411- Aging Policy and Programs 3Cr.

GERO 420– Ethics in Gerontology & Geriatrics 3Cr.

GERO 430- Elder Law 3Cr.

GERO 425- Dementia and Aging 3Cr.

GERO 435– Housing, Transportation & Aging 3Cr.

GERO 444- Internship: Undergraduate 9Cr.

GERO 465- Health and Aging 3Cr.

GERO 475- Regulatory Management 3Cr.

#### **Additional Requirement (15 Credits)**

ACCT 291- Accounting I 3Cr.

ACCT 292- Accounting II 3 Cr.

MGMT 201– Introduction to Professional Management 3Cr.

MGMT 352– Survey of Human Resource Management 3Cr.

MGMT 365- Organizational Behavior 3Cr.

Completion of the Executive Health Care Administration Certificate also fulfills the requirements for the Gerontology Minor. For more information, contact Dr. Phyllis Greenberg (pagreenberg@stcloudstate.edu).

## **Recent Publications & Presentations**

#### **Publication:**

Karasik, R.J., Andreoletti, C., Baker, H., Caprio, T & Ogletree, A. (2023). Editorial: The path forward: Refining Gerontology and Geriatrics Education, 44(2), 151-153. <a href="https://doi.org/10.1080/02701960.2023.2192395">doi.org/10.1080/02701960.2023.2192395</a>

#### **Presentation:**

Jarrott, S., Karasik, R.J., & Whitley, D. (2023). Publishing your Gerontological and Intergenerational Research in Peer-Review Journals. Workshop. Generation United Conference, Washington, DC.

## **Spring 2024 Course Offerings**

#### **Undergraduate Classes**

GERO 208-54 – Introduction to Gerontology – Asynchronous Online

**GERO 418 – Images of Aging in Popular Culture** – Hybrid: Asynchronous + 4 synchronous sessions 5:30–8:20 pm T (1/9; 2/6; 3/12; 4/9)

GERO 430 - Elder Law - Asynchronous Online

GERO 465 - Health and Aging - Asynchronous Online

**GERO 444 – Gerontology Internship & Professional Seminar** – By Permission Only

#### **Graduate Classes**

**GERO 518 – Images of Aging in Popular Culture**– Hybrid: Asynchronous + 4 synchronous sessions 5:30– 8:20 pm T (1/9; 2/6; 3/12; 4/9)

GERO 530 - Elder Law- Asynchronous Online

**GERO 565 – Health and Aging–** Asynchronous Online

**GERO 620 – Advanced Policy Issues in Gerontology** – Hybrid: Asynchronous + 4 synchronous sessions 5:30–8:20 pm T (1/16; 2/13; 3/19; 4/23); **(May take concurrently with GERO 518)** 

**GERO 644 – Gerontology Internship & Professional Seminar** – By Permission Only

**GERO 699 – 01 Thesis-** By Permission Only

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**GERO 699 – 02 Starred Paper**- By Permission Only

**GERO 699 – 03 Comprehensive Exam-** By Permission Only

The Gerontology Program Currently offers an Undergraduate Minor,

Masters Degree, Graduate Certificate, & Executive Health Care

Administration Certificate!

For more information visit our website at <a href="www.stcloudstate.edu/gerontology">www.stcloudstate.edu/gerontology</a> or contact us:

Dr. Rona Karasik at <a href="karasik@stcloudstate.edu">karasik@stcloudstate.edu</a> (undergraduate students)

Dr. Phyllis Greenberg at <a href="pagreenberg@stcloudstate.edu">pagreenberg@stcloudstate.edu</a> (graduate students)

Gerontology: Brown Hall 312 <a href="gerontology@stcloudstate.edu">gerontology@stcloudstate.edu</a>

## **Featured Spring 2024 Courses**

## Introduction to Gerontology GERO 208-54- Asynchronous Online

What does aging mean to you? The processes of aging affects each of us in different ways, including biologically, psychologically, and socially. This class introduces the interdisciplinary study of human aging and provides a view of the world's rapidly aging population.

\*Meets Liberal Education Goal Area 5 & Diversity Requirements

# Images of Aging in Popular Culture GERO 418/518– 54– Hybrid (Asynchronous plus 4 synchronous sessions)

What we see in popular culture can have a significant impact on how we perceive ourselves and others. In this course we will review movies, television shows, novels, essays and social media while interpreting how these images can influence perspectives on aging, older adults, and the aging process.

#### **Health and Aging**

#### GERO 465/565-54- Asynchronous Online

Study the physiological and cognitive processes of human aging, with a consideration of environmental, societal, and lifestyle factors which promote healthy aging. Topics include theories of aging, diet & nutrition, exercise, physical & cognitive processes of aging, health enhancement, & sexuality later in life.

#### Elder Law

#### GERO 430/530- Asynchronous Online

This course offers an introduction and overview of issues in elder law. Elder rights (both community and residential based), public policy, criminal justice and the role of society will be examined.

#### **Advanced Policy Issues in Gerontology**

## GERO 620-54- Hybrid (Asynchronous plus 4 synchronous sessions)

This graduate course provides students with an opportunity to obtain an analytical perspective on historical and emergent policy trends in the United States and globally. The focus will be on policy related to older adults, aging, and the communities they live in.

# Spring and Summer 2024 Course offerings

## Gerontology Internship & Professional Seminar GERO 444/644– By Permission Only

Students complete an internship experience at a community site. The concurrent seminar helps students reflect on the "real world" internship experience and its relationship to prior gerontology course work, professionalism, and ethics.

Culminating Exam, Thesis, Project
GERO 699– By Permission Only

Scheduling concerns? Not sure which course to pick? Let us help!

Dr. Phyllis Greenberg pagreenberg@stcloudstate.edu Dr. Rona Karasik karasik@stcloudstate.edu

## **Upcoming Events**

## **Project Homeless Connect**

**Project Homeless Connect** will be held at the River's Edge Convention Center, St. Cloud, Minnesota on October 24th, 2023 from 10:00 am to 3:00 pm. This free event is all about connecting local participants with local resources through the government, non-profit, and other agencies.

As part of a fund raising event for Project Homeless Connect, there will be a silent auction on October 12th from 10 am to 3 pm, at SCSU Atwood main lounge.

Join us by donating or volunteering for this community event.

For more information visit this page: Project Connect St. Cloud

## **Gerontological Society of America (GSA)**

The **Gerontological Society of America (GSA)'s** annual scientific meeting will be held at the Tampa Convention Center, Tampa, Florida from November 8th to 12th, 2023.

Congratulations! Gerontology students Chinyin Oleson, Tina Lakhemaru, and Vivian Bonney have been selected to serve as Student Ambassadors for *Gerontology & Geriatrics Education (G&GE)*, the official journal of the Academy for Gerontology in Higher Education (AGHE). The students will be attending the Nevember conference and representing both C&GE and St. Cla

attending the November conference and representing both G&GE and St. Cloud State University.

### Now is a great time to get involved!

The SCSU Gerontology Program hosts two student/professional organizations:

- Sigma Phi Omega (the International Academic Honors and Professional Society in Gerontology) Sigma Phi Omega "seeks to promote scholarship, professionalism, friendship, and services to older persons, and to recognize exemplary attainment in gerontology/ aging studies and related fields." Students, faculty, and community professionals are encouraged to join! <a href="https://www.sigmaphiomega.org/">https://www.sigmaphiomega.org/</a>
- SCSU Gerontology Club: "The Gerontology Club" meets and works together with our local
  chapter of the honors society. The groups participate in community projects, offer tutoring and
  mentorship, and of course, hold fabulous social events! Leadership opportunities are also
  available. Everyone is welcome and encouraged to join!

GERONTOLOGY

GERIATRICS EDUCATION

## **Gerontology Events**







"Main Street at SCSU" Fall, 2023

"Careers in Aging Presentation and Alumni Event" Spring, 2023







"Equity in Health Festival" Fall, 2023



"Gerontology Club Meeting" Fall, 2023





"Walk to End Alzheimer's" Fall, 2023

Thank you to all of our community partners for your ongoing support and hosting student interns and service-learners!

## **Meet Our New Graduate Assistant**

Hi! I am Isaac Asirifi Boateng from Ghana in West Africa. I am a graduate student and a graduate assistant in the Gerontology program. I am privileged to be working under two amazing professors, Dr. Phyllis and Dr. Rona, who truly have the interests of older adults at heart and are committed to the

success of their students. I have been very passionate about helping people while growing up and it's always been my desire to see everyone around me do well. I felt the need to learn and assist older adults when I worked in the hospital for about 3 years. I encountered older adults on daily basis and felt the desire to learn and understand more about aging. I look forward to an exciting semester and the opportunity to learn and improve my understanding of aging. There is nothing more rewarding than loving what you do. I know a great future awaits me with this program. Now is the best time to join us! Go Huskies!



Isaac Asirifi Boateng

Isaac joins returning Graduate Assistant Tina Lakhemaru!

### Now is the Great Time to Get Involved!

The **Gerontology Club and Honors Society** are having a great semester! So far this year, we have volunteered at the Alzheimer's Association's St. Cloud Walk to End Alzheimer's, and the St. Cloud Equity in Health Festival. We also had a great time tabling at SCSU's Main Street and made a lot of amazing student connections. We have club meetings on Wednesdays, October 11th & 25th, and November 15th & 29th, from 2-3 pm, in Brown Hall 313. Join us to see what this semester holds!

INTERNSHIPS!: If you are interested in pursuing a Spring or Summer internship, please contact Dr. Rona Karasik (karasik@stcloudstate.edu) as soon as possible to begin the planning process!

#### **KEEP IN TOUCH WITH US ON SOCIAL MEDIA!**



@Gerontology\_SCSU



Gerontologyprogram@SCSU



@SCSUGerontology

# GERO Program Alumni We want to hear from you!

Let us know how you are doing. Send us an email and, even if you have done so before, take a minute or two to fill out our online GERO Alumni survey:

SCSU Gerontology Program Alumni
Survey

We look forward to hearing from you!