

Macluumad fara badan fadlan, booqo  
website:

www.stcloudstate  
.edu/continuingstudies/instituteADR

*Ama La soo Xiriir:*

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# Qilaaf ma Qabtaa?

## Caawin ma u baahan tahay?



## Machadka xalinta qilaafadka

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**Qilaaf iyo muran waxay keenaana madax xanuun iyo dhib. Waxaan isku daynaa in aan qilaafka xalino, laakin mararka qaar waxaan siyaadinaa qilaafka. Qilaaf waa wax kamid ah nolosha wuxuuna ka dhacaa goobta shaqada, guriga, iskoolka, iyo dariskeena. Waqti ka waqti waxaan u baahanahay caawin.**

#### **Aaway caawin?**

Machadka xalinta qilaafadka (ADR) ee St. Cloud State University waxaa loo aasey in uu caawiyo deegannka guud, jaamacada banaankeeda, xaliyana qilaafeed. Wax qabadka machadka waa mid kaa caawin kara xalinta qilaafaadka.

*Anoka oo dhan Waxaan rabnaa nabad.*

#### **Maxaa Caawina ayaa diyaara laguula yahay?**

Dhexdhexaadin, gogol dhig, nabadayn and iyo waxqabad kale.

#### **Imisa ayaa ku baxaysa wax qabadkaan?**

Waxqabadkaan, for those shaqsiyaadka aan awoodin, waa lacag la'aan. Inta kale qarashku waxaa loo xisaabinaa shaqada cadadeeda.

#### **Waa maxay dhexdhexaadin?**

Dhexdhexaadin waa marka ay labo, ama in kabadan oo dad ah ay la fariistan dhexdhexaadiye si ay u xaliyaan dhib. Dhexdhexaadiyuhu wuxuu ka kaalmeeyaa sidii ay xal ugaari lahaayeen dhibka.



#### **Dhexdhexaadiyahay miyaa go'aamiya waxa uu xalku noqonayso?**

Maya, Dhexdhexaadiye wuxuu u dhexeeyaa labada dhinac, mana xigsado mid labada dhinac ee is qilaafsan. Dhexdhexaadiyuhu wuxuu isku dayaa in uu caawiyo labada dhinac ee isqilaafsan. Sidii ay xal raali ah u gaari lahaayeen.

#### **Dhexdhexaadiyuhu ma I oran kara waxaax suubi?**

Dhexdhexaadiyuhu kuma sheegi Sida aad ku xalin lahayd qilaaf.

#### **Waa maxay aqoonto uu u leeyahay dhexdhexaadiyuhu?**

The Institute for ADR is listed as a "qualified neutral" under Minnesota Rule 114 on both the Civil/Hybrid Roster and Family Mediation Roster. All mediators are trained qualified neutrals meeting continuing education requirements in ADR.

#### **Intee waqtiya ayey qaadataa dhexdhexaadin?**

Guud ahaan, Waqtiga dhexdhexaadintu waa labo saac ilaa saddex waxay ku xiran tahay dooda.



#### **Makuu fiican tahay dhexdhexaadin?**

Adiga ayaaa ka jawaabi kara oo kaliya .laakin waxaa cad in ay dhexdhexaadin wanaagsan tahay marxalado badan. Dadka ay dooda ka dhaxeeso oo kaliya ayaa xal ka gaari kara. Dhexdhexaadiyuhu wuxuu sameeya oo kaliya jawi dagan si ay labada dhinac usoo bandhigaan xaaladaha ku wajahan

*Anoka oo dhan Waxaan rabnaa nabad.*

