

THRIVE Early Childhood Mental Health Directory



County Services			
<p>Benton County Human Services PO Box 740 Foley, MN 56329 320-968-5087 www.co.benton.mn.us</p>	<p>Sherburne County Human Services Sherburne County Government Center 13880 Hwy 10 West 13880 Business Drive Elk River, MN 55330-4601 763-241- 2600 co.sherburne.mn.us</p> <p>Public Health 763-241-2750</p> <p>Toll Free 1-800-433-5237</p> <p>Social Services 763-241-2600</p>	<p>Stearns County Human Services 705 Courthouse Square St. Cloud MN 56301 320-656-6075 co.stearns.mn.us</p> <p>Public Health 320-656-6000</p> <p>Human Services 320-656-6000</p>	
<p>Each county has a wide variety of services to offer to families. Contact your local county for more information.</p>			

Family Support			
<p>Child Care Choices 2901 Clearwater Rd St. Cloud, MN 56301 800-288-8549 320-251-5081 www.childcarechoices.net Child Care Choices, Inc. is a non-profit agency operating two main programs, Child Care Resource & Referral and Child and Adult Care Food Program (CACFP). Cost: No cost</p>	<p>Reach-Up, Inc Head Start Early Head Start 1250 Johnson Road St. Cloud, MN 56304 320-253-8110 www.reachupinc.org Reach Up Inc provides Head Start, Early Head Start, child care and family support for eligible children and families in Benton, Stearns, and Sherburne Counties. Cost: No cost, eligibility based on income or special needs.</p>	<p>Resource Training and Solutions 4150 2nd Ave S Suite 550 PO Box 1576 St. Cloud, MN 56301 320-255-3236 www.resourcetraining.com Resource Training and Solutions offers community parenting workshops, resources for parents and professionals, customized behavior management systems, and parenting support groups. Cost: Fee for services, scholarships available for parenting workshops.</p>	<p>Sartell-St. Stephen ISD 748 Early Childhood Programs 1111 27th Street North Sartell, MN 56377 320-656-3763 www.sartell.k12.mn.us/ Sartell-St Stephen early childhood programs provides quality learning opportunities and resources for parents and their children birth- kindergarten age. The early childhood program offers a variety of parent and early childhood opportunities including school readiness preschool, Early Childhood Family Education, parent/child classes, home visiting, and family support. Cost: Sliding fee scale.</p>
<p>Sauk Rapids-Rice ISD 47 Early Childhood Programs 30 4th Ave Sauk Rapids, MN 56379 320-255-8910 www.isd47.org SR-R early childhood programs provides quality learning opportunities and resources for parents and their children birth- kindergarten age. The early childhood program offers a variety of parent and early childhood opportunities including school readiness preschool, Early Childhood Family Education, parent/child classes, home visiting, family literacy, family support, and early childhood screening. Cost: Sliding fee scale.</p>	<p>St Cloud Area ISD 742 Early Childhood Programs 3015 3rd St. N St. Cloud, MN 56303 320-253-5828 www.isd742.org 742 early childhood programs provide quality learning opportunities and resources for parents and their children birth- kindergarten age. The early childhood program offers a variety of parent and early childhood opportunities including school readiness preschool, Early Childhood Family Education, parent/child classes, home visiting, family literacy, family support, and early childhood screening. Cost: Sliding fee scale.</p>	<p>St. Cloud Area YMCA 1530 Northway Drive St. Cloud, MN 56303 320-253-2664 www.scymca.org The St Cloud Area Family YMCA is more than a fitness facility. It is a family orientated nonprofit organization that builds strong kids, strong families, and strong communities through programs that enhance spirit, mind, and body. Cost: Fee for services and scholarships available.</p>	

<p>Intensive Family Support</p>			
<p>Anna Marie's Alliance Po Box 367 St. Cloud MN 56303 320-253-6900 www.annamaries.org Anna Marie's is an emergency shelter for women and their children experiencing domestic violence. Anna Marie's also provides a 24 hours domestic violence crisis hotline. Children at Anna Marie's receive mental health screening and services as needed. A 'Social Skills' group for children 3-5 exposed to violence is available and open to the public. Cost: No cost</p>	<p>Greater Minnesota Family Services 513 SW 5th St PO Box 1810 Willmar, MN 56201 320-214-9692 www.greatermnnesota.org Greater Minnesota Family Services was founded with the goal of working together with the family and county agencies, to create a coordinated and effective service for families. Most of the families we serve have one or two children that are at risk of out-of-home placement. Cost: Fee for services, accepts most insurance including MA, and offers county based fees.</p>	<p>Journey Home 1485 10th Ave NE Sauk Rapids, MN 56379 320-259-9149 www.centracare.com Journey Home is a half way house for women who are chemically dependent and their children.</p>	<p>Lutheran Social Services St. Cloud Area Crisis Nursery 1206 6th Ave S St. Cloud, MN 56301 320-654-1090 www.lssmn.org/crisis_nurseries.htm LSS Crisis Nursery is a free 24/7 temporary, safe haven where parents experiencing a family or personal crisis can call. LSS Crisis Nursery works with area providers to provide crisis nursery services when needed. Cost: No cost</p>
<p>New Beginnings 40 25th Ave N, St. Cloud, MN 56303 320-255-1252 www.newbeginningsmn.org New Beginnings provides a safe secure residence for pregnant single women ages 16-21 and their babies, while fostering self esteem, educational growth and skills of living, parenting and decision making, in a Christian environment. Cost: Sliding fee determined by individual circumstance.</p>	<p>Recovery Plus 713 Anderson Ave S. St. Cloud, MN 56303 320-229-3760 www.centracare.com Recovery Plus is chemical dependency and mental health treatment center. Cost: Fees for services, accepts private insurance and MA under rule 25, discount for services available through application and is based on income.</p>	<p>Sherburne Co Crisis Nursery 13880 Highway 10 Elk River, MN 55330 763-241-2600 1-800-433-5239 www.co.sherburne.mn.us Sherburne County Crisis Nursery offers parents, who are experiencing a stressful situation, a temporary, voluntary, safe place for children, ages infant to 12 years old, whether it's for a few hours or up to 72 continuous hours of care. Cost: No Cost</p>	

Greater St Cloud Area Early Childhood Mental Health Services

Family Support

Child Care Choices
320-251-5081
1-800-288-8549

Reach-Up, Inc
Head Start, Early Head Start
320-253-8110

Resource Training and
Solutions
320-255-3236

ISD 748 Sartell-St. Stephen
Early Childhood Programs
320-656-3763

ISD 47 Sauk Rapids-Rice
Early Childhood Programs
320-255-8910

ISD 742 St Cloud Early
Childhood Programs
320-253-5828

St. Cloud Area Family
YMCA
320-253-2664

Intensive Family Support

Anna Marie's Alliance
320-253-6900

Greater Minnesota Family
Services
320-214-9692

Journey Home
320-259-9149

Lutheran Social Services
St. Cloud Area Crisis Nursery
320-654-1090

New Beginnings
320-255-1252

Recovery Plus
320-229-3760

Sherburne County Crisis
Nursery
763-241-2600
1-800-433-5239

Mental Health Services

Caritas Mental Health Clinic
320-650-1660

Catholic Charities
Young Learners Program
(320) 253-5828, ext. 5824

Center for Psychological Services
320-255-0343

Central MN Mental Health Center
320-252-5010

Child and Adolescent Specialty Care
Centracare Health Plaza
320-229-4908

Postpartum Depression Resources:
Gerry Dungan
800-835-6652 ext. 74918
Clara's House
320-229-4950

Health Partners Behavioral Health
320-253-6952

ISD 742 Mental Health Triage
System
320-253-5828 ext. 5853

Lutheran Social Services
320-251-7700

Pinecone Family Counseling
320-253-2385

Postpartum Depression
Integrated Behavioral Health
320-229-4918

Village Family Service Center
320-253-5930

Special Education

Benton Stearns
Education District
320-252-8427

Communication
Disorders Sciences and
Clinic
St Cloud State University
320-308-4143

Fetal Alcohol Assessments
CentraCare Health Plaza
320-229-4945

ISD 748 Sartell- St
Stephen Early Childhood
Special Education
320-656-3701 ext. 5322

ISD 47 Sauk Rapids- Rice
Early Childhood Special
Education
320-258-1160
320-255-8910

SPOT Rehabilitation
320-259-4151

Help Me Grow
for the St Cloud Area
320-252-8427

ISD 742 St. Cloud Area
Early Childhood Special
Education
320-253-5828

County Services

Benton County
Human Services
320-968-5087

Sherburne County
Public Health
763-241-2750
1-800-433-5237
Social Services
763-241-2600

Stearns County
Human Services
320-656-6000

Advocacy Organizations

ARC Midstate
320-251-7272
1-877-251-7272

Greater St. Cloud Area Thrive
320-258-1103

MOFAS
320-251-7272

PACER
952-838-9000
1-800-537-2237

STARS
763-271-5322
1-877-333-0083

United Way
Success by 6: 320-252-0227
United Way 2-1-1
1-800-543-7709 (cell)

This resource compiled
by

**MINNESOTA
THRIVE
INITIATIVE**

*Promoting the Healthy Social and Emotional
Development of Our Youngest Children*

MINNESOTA INITIATIVE FOUNDATIONS

Greater St. Cloud Area Coalition

March 2009

Advocacy			
<p>ARC Midstate Regional Office PO Box 251 St. Cloud, MN 56302 Phone: 320-251-7272 Out of Area 877-251-7272 www.arcmidstate.org ARC Midstate is a grassroots organization that works with and for individuals with developmental disabilities and their families.</p>	<p>Greater St Cloud Area Thrive Hillside ECCE 30 S. 4th Ave. Sauk Rapids, MN 56379 320-258-1103 GSCAT is one of six pilot sites of the Early Childhood Mental Health Initiative. The goal of GSCAT is to create networks of local services that support the healthy social and emotional development of our community's youngest children ages 0-5 with special emphasis on the 0-3 population. GSCAT is a project of the MN Initiative Foundation.</p>	<p>Minnesota Organization of Fetal Alcohol Syndrome Phone: 320-251-7272 Contact: Karrie Halbur www.mofas.com The Minnesota Organization of Fetal Alcohol syndrome (MOFAS) works collaboratively within communities to provide resources and support for families living with Fetal Alcohol Spectrum Disorders.</p>	<p>PACER Center Phone: 952-838-9000 www.pacer.org PACER provides advocacy and programs for children and young adults with all disabilities, their parents and families, and professionals working with them.</p>
<p>STARS for Children Mental Health 407 Washington Street Monticello, MN 55362 Office 763- 271-5322 1-877-333-0083 www.starsnetwork.org STARS for Children's Mental Health is a system of care designed to improve the coordination of, access to, and effectiveness of services for children and youth with social, emotional and behavioral concerns and their families throughout Central Minnesota.</p>	<p>United Way Success by 6 2700 1st Street N Suite 300 Saint Cloud, MN56303 Phone: (320) 252-0227 1-800-543-7709 www.national.unitedway.org United Way Success By 6® is the nation's largest network of early childhood coalitions, focused on improving school readiness through community change. In more than 350 communities or states, Success By 6® (SB6) coalitions are changing the way things work so young children can come to school ready to succeed.</p>	<p>United Way 2-1-1 Connects people with community resources. A tremendous help to parents: support groups, basic needs assistance, Imagination Library, and many more! Call 2-1-1 or from a cell phone call 1-800-543-7709. www.unitedwayhelps.org Statewide www.211.org</p>	

<p>Mental Health Services</p>	<p>Catholic Charities Young Learners Program (320) 253-5828, ext. 5824 To make a referral to the Young Learners Program or for information, please contact Clinical Supervisor Kara Rogers, LICSW; or email Kara at krogers@gw.stcldio.org The Young Learners Program is a Children's Intensive Outpatient Day Treatment serving 3-6 year old children.</p>	<p>Center for Psychological Services 600 25th Ave Ste # 109 St. Cloud, MN 56301 320-255-0343 Center for Psychological Services offers outpatient services and mental health assessment for children ages 0-5. Cost: Fees are billed to insurance and a sliding fee scale is available.</p>	<p>Central Minnesota Mental Health Center 1321 13th St N St. Cloud, MN 56303 320-252-5010 Central Minnesota Mental Health offers family counseling, group counseling, and individual counseling for children 4+. Cost: Fees are billed to insurance and a sliding fee scale is available.</p>
<p>Child and Adolescent Specialty Care Centracare Health Plaza 1900 Centracare Circle St. Cloud, MN 56303 320-229-4908 Postpartum Depression Services Integrated Behavioral Health 320-229-4918* *Ask for assessment for postpartum depression or for Integrated Behavioral Health. Integrated Behavioral Health provides assessment and support services for women experiencing postpartum depression or any other mental health issues. Cost: Fees billed to insurance.</p>	<p>Clara's House 1564 County Road 134 St. Cloud, MN 56303-0346 (320) 229-4950 www.centracare.com Clara's House provides a partial hospitalization program for children with mental health concerns and offers limited services to children under age 5. Cost: Fees billed to insurance and a sliding fee scale is available.</p>	<p>Health Partners Behavioral Health 1245 15th St N. St. Cloud, MN 56303 320-253-6952 Health Partners Behavioral Health provides mental health assessment and services for children ages 4+. Cost: Fees billed to insurance and a discount is offered based on total amount of fees</p>	<p>ISD 742 Triage System 3015 3rd St. N St. Cloud, MN 56303 320-253-5828 ext 5853 www.isd742.org ISD 742 Triage provides mental health referral, crisis services, parenting support, and mental health pre-assessment for children ages 0-5. The child must live in the St Cloud area school district, have impaired functioning, or in crisis. Cost: No cost</p>
<p>Lutheran Social Services 320-251-7700 www.lssmn.org LSS, a multidisciplinary staff offers expertise in individual, family and couples therapy, child and adolescent therapy. LSS Intensive in-home treatment program: Designed for families in trouble and where there is risk of out of home placement. Cost: Fees are billed to insurance and a sliding fee scale is available.</p>	<p>Pinecone Family Counseling (320)-253-2385 2385 Troop Dr. Suite 202 Sartell, MN 56377 Pinecone Family Counseling is a private counseling center that serves children age three to adult clients. Cost: Fees are billed to insurance.</p>	<p>Four County Crisis Response Team (320)-253-5555 or 800-635-8008 24 hours a day/365 days a year 1321 13th Street North St. Cloud, MN 56303 The Crisis Response Team provides support and assistance to children experiencing a mental health crisis. If needed, they will travel to your home or a community location. Cost: low-to-no cost to residents of Benton, Sherburne, Stearns, and Wright Counties.</p>	<p>Village Family Service Center St. Stephens State Bank 3950 3rd St. N. Suite 102 St. Cloud, MN 56303 (320)-253-5930 Village Family Service Center provides a full range of services including counseling, family based services, financial counseling, anger management, kinship care svc. and early childhood mental health. Cost: Sliding fee scale and fees billed to insurance companies.</p>

A list of current public and private agencies providing assessment and counseling for very young children in the St. Cloud community is attached to the back of this packet.

