

# THE STAFF



**Lori Fish**  
**Head Coach**

A native of St. Cloud, Minnesota, Lori is in her 1st season as head coach at St. Cloud State University. Coach Fish brings 17 years of coaching experience, including 15 years at the collegiate level to St. Cloud

State. During her career she has coached teams that have made five NCAA Division II National Tournament appearances. Before coaching at St. Cloud State Coach Fish was previously the head coach at Minnesota State University, Mankato where she led the team to the NCAA Division II North Central Regional Championship Game in 2007-2008.



**Carol Thelen**  
**Assistant Coach**

Carol is in her 3rd season with the Huskies. Prior to SCSU she was the head girls basketball coach at DeLaSalle High School in Minneapolis since 1999. In her last season, she led DeLaSalle to a third place finish in the Class AAA

Minnesota Girls State Basketball Tournament. Carol also played three seasons with the Huskies.



# THE PROGRAM

St. Cloud State University's facilities provide a fantastic opportunity for prospective basketball players to improve their skills and summer practice routines from our experienced coaching staff of top college and high school coaches.

## WHO IS ELIGIBLE?

All girls who were in grades 6 through 12 during the 2008-2009 school year are welcome to attend St. Cloud State University Girl's Basketball Camp. They will be divided into groups based on their age and/or grade.

## TRAINING PROGRAM

You will receive solid fundamental instruction and will play in several competitive leagues. All campers receive the same individual skill instructions, evaluation of skills and suggested practice routines to get ready for the coming basketball season. Campers will also receive the following:

- Individual instruction from our diverse staff. We have college and high school coaches as well as current and former Husky players.
- Fundamentals are emphasized throughout the week..
- Athletic trainer on duty 24 hours a day.
- In addition to the specialized instruction each camper receives a camp T-shirt

## SPECIAL FEATURES:

- Individual Instruction
- Small Groups
- Shooting Contests
- 1 on 1 Contests
- 5 on 5 League Games
- 3 on 3 League Games
- Fastbreak League Games
- 7 Full Basketball Courts

## INSTRUCTION INCLUDES:

### OFFENSE:

Individual shooting  
Offensive fakes & footwork  
Movement without the ball  
Ball handling & passing  
Specialized position play  
Offensive strategies

### DEFENSE:

Individual instruction  
Team defense instruction  
Defensive footwork  
Movement  
Specialized position play  
Defensive strategies

## OFF-COURT ACTIVITIES:

- Game room
- Swimming pool
- Air conditioned dining room
- Recreational lounge
- All you can eat meals
- Bowling

## REGISTRATION

### DATES:

June 14 - 18, 2009

### RESIDENT PLAN: \$300 / week

Includes Sunday night through Wednesday night lodging, and all meals from Monday breakfast through Thursday Breakfast. Camp concludes at noon on Thursday.

### DAY PLAN: \$245 / week

For those not needing resident hall lodging, this rate includes lunch and dinner Monday through Wednesday.

### DEPOSIT & REFUNDS:

A deposit of \$100 must accompany each registration. The balance is due upon reporting to camp. Refunds will be permitted up to June 1st, 2009; **however a \$25 service charge will be withheld on all refunds.** Notification of acceptance and complete camp information will be sent to you upon receipt of your deposit and registration form.

**2009 SCSU GIRLS BASKETBALL CAMP REGISTRATION**

PLEASE PRINT

Name \_\_\_\_\_ Height \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 School \_\_\_\_\_ Age \_\_\_\_\_ Grade (08-09) \_\_\_\_\_  
 Parent's Name \_\_\_\_\_  
 Daytime Phone ( ) ( ) \_\_\_\_\_  
 Home Phone ( ) ( ) \_\_\_\_\_  
 Parent's E-mail \_\_\_\_\_  
 Health Ins. Co. \_\_\_\_\_  
 Policy Number \_\_\_\_\_  
 Special Health Conditions: \_\_\_\_\_

Roommate Request (One Choice) \_\_\_\_\_  
 Resident Plan \_\_\_\_\_ Day Plan \_\_\_\_\_  
 Circle Plan Desired: \_\_\_\_\_

I hereby acknowledge that my child is medically fit to participate in basketball camp. I authorize the director to secure any medical treatment deemed necessary and waive and release the camp from any and all liability for any injuries.

(Parent or Guardian Signature)

Make check or money orders payable to: St. Cloud State University  
 Mail payment with registration form to:  
 Green Lake Girls Basketball Camp  
 St. Cloud State University  
 HaH #102  
 720 - 4th Ave. S  
 St. Cloud, MN 56301-4498

REGISTRATION DEADLINE IS JUNE 1, 2009

**TENTATIVE DAILY SCHEDULE**  
 The camp begins on Sunday night and ends on Thursday at 12:00pm. A typical daily schedule is as follows:

Rise and Shine	7:45
Breakfast	8:15
Camp Assembly	8:45
Stretch/Warm up/Footwork Drills	9:00
Fundamental Stations	9:15
Contest	10:15
Leage Games	10:30
Lunch	11:45
Camp Assembly	1:15
Warm Up	1:30
Fundamental Stations	1:45
League Games	2:45
Open Swim/Recreation	5:00
Camp Assembly	7:00
Warm Up	7:15
League Games	7:30
Contest	8:45
Lights Out	11:00



**For More Information Call**

**Local: 320-308-5146**

**Toll Free: 1-888-234-3695**

[www.stcloudstate.edu/campusrec/programs/sportscamps/](http://www.stcloudstate.edu/campusrec/programs/sportscamps/)

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 TTY: 1-800-627-3529

**SCSU Girls Basketball Camp**



**June 14-18, 2009**

**ST. CLOUD STATE UNIVERSITY**

**Sports Camps**