



## Reflections – Ivan Bartha, Coordinator for Experiential Programs

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Welcome to the premier issue of The River, the newsletter for the SCSU Outdoor Endeavors Program. Inside you will find information about our staff, upcoming clinics & trips, gear rental & information about the Husky Challenge Course.

Let me first say how extremely proud and grateful I am to have the opportunity to be the new Coordinator of Experiential Programs for St. Cloud State University. Being a native of Midwest and an avid canoeist, I can say that St. Cloud is a great place for me to live and work. Having been familiar with SCSU for over a decade, I am keenly aware of the tremendous opportunities and resources we have in our backyard.

A special thanks goes to outgoing Coordinator Tom Heck. Tom has been a tireless advocate for campus recreation and the Outdoor Endeavors Program for over 8 years. As the Athletic Director for the Becker School District, Tom's role simply changes from SCSU employee to community advocate and supporter of the program he put so much time and energy.

Myself, and the Outdoor Endeavors Staff will be planning and initiating some new programs this year and develop offerings that better serve the needs of the SCSU and surrounding community. Additionally, we will be looking to you, the students, staff and faculty to help us develop as the region's premier outdoor & experiential education resource.

To be part of a brand new student recreation center, a vibrant student community and have the support of an outstanding Campus Recreation program is truly the opportunity of a lifetime.

## Rental Resource Center

Some of you may remember Outdoor Endeavors living in a garage tucked in the corner of the Halenbeck fieldhouse. Well, that space is now storage since we made the move upstairs. Our new home is directly across from the Mountain Dew Xtreme Climbing Wall, on the concourse level, and next to the new Trails End Café.

Not only have we physically moved but we have also changed our philosophy & approach to serving the outdoor recreation needs of SCSU and the St. Cloud Community. The intent is to provide more holistic outdoor recreation services than just rentals, clinics or workshops. We want to help establish a culture that is active in the outdoors and promotes that kind of lifestyle.

In addition to everything that OE rented before we have made a significant improvement to our inventory and variety of gear we are renting. This year we have

added ice fishing equipment to our menu along with high end backpacking stoves, dry bags and an expanded selection of climbing shoes.

Our intent is to meet the outdoor equipment rental needs of the region. By keeping the prices down and the quality of the equipment high, we can keep this a realistic goal.

Prices for equipment are posted at Outdoor Endeavors and will soon be available online. For some items a deposit is required. Our expectation is that equipment is returned in the condition it was issued in. Dirty, wet or late returns on equipment will result in a service fee. We are constantly trying to improve inventory so let us know if you have a suggestion or comment on our gear.

Come by and see what we have, chat with the staff or relax in the OE Student Lounge.



**Rental Resource Center Hours**  
**Monday-Wednesday 3-8pm**  
**Thursday Closed**  
**Friday 3-8pm**  
**Saturday 9-1pm**  
**Sunday 12-10pm**





*You may be disappointed if you fail, but you are doomed if you don't try.*  
-Beverly Sills

Since 1999 the Husky Challenge Course has provided team building & experiential education programs to student, community & corporate groups.

In order to meet the consumer demands and associated costs of running a ropes course, we have revised the pricing & program structure. Those prices are listed to the right.

We are offering a 10% discount for SCSU groups, non-profit groups and groups that have booked programs with us in 2005.

All program requests need to be made at least 2 weeks in advance and are subject to program & staffing availability.

## Husky Challenge Course

<b>Full Day Program (7 hours) Combined High &amp; Low Elements</b> \$25 per person above 20 with a maximum of 40 participants		
\$420 Up to 10 participants	\$630 Up to 15 participants	\$980 Up to 20 participants
<b>Half Day Program (3.5 hours) Combined High &amp; Low Elements</b> \$20 per person above 20 with a maximum of 40 participants		
\$210 Up to 10 participants	\$315 Up to 15 participants	\$490 Up to 20 participants
<b>Mini Low Program (2 hours) Low Elements Only</b> \$15 per person above 20 with a maximum of 40 participants		
\$150 Up to 10 participants	\$200 Up to 15 participants	\$250 Up to 20 participants
<b>Mini High Program (2 hours) 2 High Elements Only</b> \$15 per person above 20 with a maximum of 40 participants		
\$150 Up to 10 participants	\$200 Up to 15 participants	\$250 Up to 20 participants
<b>Traveling Programs (2 hours) Group Skills &amp; Initiatives</b> \$10 per person above 20 with a maximum of 40 participants *Price can be adjusted for longer or shorter programs		
\$100 Up to 10 participants	\$125 Up to 15 participants	\$150 Up to 20 participants

## Husky Adventures

Husky Adventures is the trips & clinics arm of Outdoor Endeavors. The purpose of this program is to develop programs and opportunities for SCSU students to travel and receive instruction in specific outdoor disciplines. The overall goal is to keep the price down and provide diverse program offerings & experiences

During Spring Semester 2006 we are offering a diverse array of programs. In January 2006 we will once again be heading to Bridger Bowl Resort in Bozeman, Montana for four days of skiing & boarding. We are also

hosting the Wilderness Medical Institute Wilderness First Responder Course. This is the outdoor industry's standard for first aid training. Other offerings include weekly trips to Powder Ridge Ski Area, two ice fishing trips, a spring break trip to Utah & Nevada, canoe paddle building and an introduction to fly fishing workshop.

The complete schedule is listed below. All trips, clinics & workshops require full payment to reserve your spot. All registration can be done at the Campus Recreation Guest Services Desk adjacent to the fieldhouse in Halenbeck Hall.



### January

- 1/2-1/11 Wilderness First Responder
- 1/11-1/15 Bridger Bowl Trip
- 1/16-1/18 OE Staff Retreat
- 1/25 Powder Ridge Ski Trip

### February

- 2/1 Powder Ridge Ski Trip
- 2/4 Groundhog Day Climbing Competition
- 2/7 Moonlight Snowshoe in Talahi Woods
- 2/8 Powder Ridge Ski Trip
- 2/10-2/12 Eelpout Festival Trip
- 2/15 Powder Ridge Ski Trip
- 2/22 Powder Ridge Ski Trip

- 2/25 Vertical Endeavors Climbing Trip
- 2/24-2/26 Ice Fishing Trip to Boy Lake

### March

- 3/4-3/10 Spring Break in Southern Utah!
- 3/15 Powder Ridge Ski Trip
- 3/18 Vertical Endeavors Climbing Trip
- 3/17-3/19 Mardi Gras at Mount Bohemia!
- 3/20, 3/27 & 4/3 Canoe Paddle Building Workshop (3 week session)

### April

- 4/4, 4/11 & 4/18 Fly Fishing Clinic (3 week session)
- 4/15 Earthday Half Marathon
- 4/21-4/23 Challenge Course Leadership Training

### May

- 5/1 Outdoor Cooking Clinic
- National River Clean Up Week

### June

- Anton's Canoe Classic
- 6/6-6/11 Sea Kayaking in Alaska

### August

- OE Staff Training

### September

- Isle Royale Backpacking Trip



### Xtreme Climbing Wall

Last year the Mountain Dew Xtreme Climbing wall was completed and open for business in late January 2005. The wall is 28 feet high and covers nearly 2100 square feet.

Since that time the climbing wall has become the centerpiece of the expanded student recreation center. Open climbing hours have resulted in a huge demand for the facility and have filled an instructional niche previously unavailable in the region.

In addition to 18 hours of open climbing, the wall is available for bouldering during regular building hours. Please be advised that all climbing wall rules apply during this time. Also, climbers that choose to boulder during this time must keep their hands below 12 feet from the ground. We want to make sure people are keeping it safe and responsible so we can keep the wall open to bouldering.

Outdoor Endeavors is pleased to announce regularly scheduled instructional programs. Registration for any of our climbing

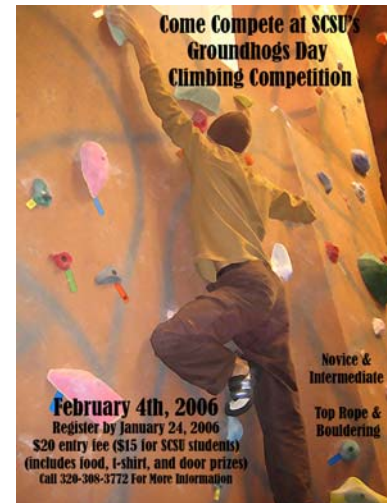
programs can be done at Campus Recreation Guest Service. Below is a tentative schedule for our instructional programs:

#### **Belay Clinics (Thursdays 7-8:30pm)**

January 26<sup>th</sup>  
February 9<sup>th</sup>  
February 23<sup>rd</sup>  
March 23<sup>rd</sup>  
April 6<sup>th</sup>  
April 20<sup>th</sup>  
**COST \$10.00**

#### **Introduction to Climbing (Thursdays 7-8:30pm)**

February 2<sup>nd</sup>  
February 16<sup>th</sup>  
March 2<sup>nd</sup>  
March 16<sup>th</sup>  
March 30<sup>th</sup>  
April 13<sup>th</sup>  
April 27<sup>th</sup>  
**COST \$10.00**



*Don't miss the 2006 SCSU Groundhog Day Climbing Competition on February 4<sup>th</sup> 2006! The entry fee for SCSU students is \$15 & \$20 for the public. This competition is on its way to becoming the premier climbing competition in the St. Cloud area. The entry fee includes lunch, t-shirt & door prizes!*

### 2006 Outdoor Endeavors Staff

It is impossible to think that any one person could keep a program like Outdoor Endeavors running. It really comes back to the folks that are part of the process and provide the backbone for where we are at today. The staff of Outdoor Endeavors come from a wide variety of backgrounds and experience. Most of all, the staff has truly pitched in to make our transition possible.

Korynn Fischer – Ice Fishing Technician  
Liz Goettl – OE Social Worker  
Erik Grove – Yellow Bike, CEO  
Ryan Hilfers – Yellow Bike, CEO In-Training  
Mike Johnson – Coordinator, Husky Youth Climbing Club  
Julie Koerber – Minister of Fun  
Bobbi Krippner – OE Pacesetter  
Rachel Lander – Smiles Distributor  
Kristi Pangrac – Snow Sports Director  
Matt Pederson – Head Groundhog  
Mallory Rickbeil – Wilderness Medical Director  
Mike Schoenecker – OE Ladies Man  
Mackenzie Spore – Token Freshman  
Abbey Bergstrom – Special Events Coordinator  
Megan Huls – Special Events Coordinator  
Josh Gold – OE Emeritus  
Grant Schnell – OE Emeritus  
Ivan Bartha – Chief Lackey

### Climbing Wall Group Rates

Outside of normally schedule climbing wall hours, the Xtreme Climbing Wall is available for special events and private programs. If a birthday party, family gathering or employee incentive is on your schedule, call us and reserve a time slot. Group rates are as follows:

Up to 10 participants - \$60 per hour  
Up to 15 participants - \$80 per hour  
Up to 20 participants - \$120 per hour

Group rates include a 1:5 staff to participant ratio, all instructional equipment, free climbing shoe rental and exclusive use of the facility. Additional add on programs are available in conjunction with the Fitness Program.

### Climbing Wall Open Hours

Monday	6-9pm
Tuesday	6-9pm
Wednesday	6-9pm
Thursday	Instructional Programs
Friday	6-9pm
Saturday	1-4pm
Sunday	6-9pm





Outdoor Endeavors  
102 Halenbeck Hall  
720 4th Avenue South  
St. Cloud, MN 56301  
320-308-3772  
outdoor\_endeavors@stcloudstate.edu

**2006 Canoe Shuttle Service** will commence in May if water levels are safe. This year we will do shuttles on the Mississippi from St. Cloud to Clearwater & Rice to Sartell. Also we will run shuttles on the Sauk River from St. Joseph to Waite Park. Shuttles need to be scheduled 3 days in advance and cost \$35 for each boat. Check the web for more info!

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Check for regular updates on the internet! Our address is:

[www.stcloudstate.edu/campusrec](http://www.stcloudstate.edu/campusrec)

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SCSU Outdoor Endeavors  
102 Halenbeck Hall  
720 4th Avenue South  
St. Cloud, MN 56301

## Outdoor Endeavors Wish List

As with many other non-profit organizations, Outdoor Endeavors is always looking for donations or sponsorship opportunities. There is no way we can be effective without the support of students, staff & faculty along with the St. Cloud community.

### Here are a few things we are looking for in the coming year:

Two 12 passenger vans with towing ability  
Used ATV for ice fishing programs  
5 x 10 flatbed trailer

### 2006 Special Events

Yellow Bike Program – We are always looking for bikes & volunteer bike mechanics to keep this program moving!

2006 Groundhog Day Climbing Competition  
February 4<sup>th</sup>, 2006

Earthday Half Marathon – April 15<sup>th</sup>, 2006 more information at [www.earthdayhalfmarathon.org](http://www.earthdayhalfmarathon.org)

Color laser printer  
HP Print Cartridges  
New red cedar lumber  
New green treated lumber  
Gently used telephone poles  
Canoe Skid Plate Kits

### Volunteers:

Fundraising Team  
Special Events Committee Members  
Husky Challenge Course Advisory Board

National River Clean Up Week May 13-20<sup>th</sup>  
Stay tuned for more information!

Anton's Canoe Classic June 2006  
Stay tuned for more information!

As always call us at 320-308-3772 for more information & hours for events!

### *Mission & Purpose*

“The mission of Outdoor Endeavors is to provide a vision and opportunity for outdoor leadership & experiences at St. Cloud State University & surrounding communities.”

- \*We believe that it is essential to develop outdoor literacy in our community.
- \*We believe that adventure is an essential part of the human existence.
- \*We believe that every person is worth getting to know and understand.
- \*We believe in stewardship for the environment is leadership in action.
- \*We believe that each individual can improve the world we live in.