



Intramural Schedule

Spring 2010

Get In The Game!

Intramurals are sports conducted within the University and all participants are affiliated with the University. Campus Recreation's Intramural Sports programs are designed to help students, faculty and staff become more involved in recreational activities regardless of age, gender, handicap, skill level or past experience, in order to develop a life-time interest in recreational leisure activities. Campus Recreation offers male, female and co-rec activities that are organized at various skill levels.

Eligibility Requirements

All students, faculty and staff of St. Cloud State University and St. Cloud Technical College are eligible to participate in any Intramural sport. Students must carry a minimum of one credit to be eligible to participate in any intramural sport. All participants must present a valid University I.D. card before engaging in Intramural programs.

Don't Have A Team?

All league sports have a free agent list. The list is for any participants who would like to play on a team and don't have one put together. A participant who would like to be put on this list should go to the Guest Services Desk at the Student Recreation Center. Don't forget to attend the Captain's Meeting for the desired sport as well because that is when we will ask Team Captains if they need more team members!!

Captains Meetings

Informational Captains Meetings are held prior to the start of each league and it is mandatory for a team representative to attend. Failure to attend the Captains Meeting will result in that team not being allowed to participate in the playoffs.

Need Extra Cash?

Intramural Sports is looking for a few good men and women to work as officials for many of our sports. Officials are needed for Basketball, Broomball, Boot Hockey, Flag Football, Floor Hockey, Hockey, Soccer, Softball, Volleyball and more. Background in athletics preferred, but no officiating experience necessary. Training will be provided for those wishing to join our Intramural Staff.

Entry Information

Entry forms for each sport may be obtained at the Front Desk in the Student Recreation Center, in the Intramural Office HaH 102E or online at www.stcloudstate.edu/campusrec/intramurals.

Open League

An open league is a league that has no specific number of males or females required to participate and consists of any combination of either gender.

M	Men	W	Women
C	Co-Rec	O	Open

Leagues

A league is a 4-5 week pool play tournament with a single-elimination tournament to finish the season. Pool play results determine a teams ranking for the tournament and the winner is declared the Intramural Champion. Champions are awarded an Intramural Champion t-shirt and are inducted into the SCSU Intramural Hall of Champions.

Leagues	Entries Due	Play Begins
Basketball League (M/W/C) Captains Meeting	Tue. Jan. 19 Tue. Jan. 19 5 pm	Mon. Jan. 25 HaH 345
4 on 4 Volleyball League (M/W) Captains Meeting	Tue. Jan. 19 Tue. Jan. 19 6 pm	Mon. Jan. 25 HaH 345
Boot Hockey League (O) Captains Meeting	Tue. Jan. 19 Tue. Jan. 19 6:30 pm	Mon. Jan. 25 HaH 345
Dodgeball League (O) Captains Meeting	Tue. Jan. 19 Tue. Jan. 19 7 pm	Mon. Jan. 25 HaH 345
Soccer League (M/W/C) Captains Meeting	Tue. Jan. 19 Tue. Jan. 19 7:30 pm	Mon. Jan. 25 HaH 345
Kickball League (O) Captains Meeting	Tue. Jan. 19 Tue. Jan. 19 8 pm	Mon. Jan. 25 HaH 345
5 on 5 Flag Football League (M/W/C) Captains Meeting	Tue. Mar. 16 Tue. Mar. 16 5 pm	Mon. Mar. 22 HaH 345
4 on 4 Volleyball League (C) Captains Meeting	Tue. Mar. 16 Tue. Mar. 16 5:30 pm	Mon. Mar. 22 HaH 345
Hockey League (O) Captains Meeting	Tue. Mar. 16 Tue. Mar. 16 6 pm	Mon. Mar. 22 HaH 345
Dodgeball League (O) Captains Meeting	Tue. Mar. 16 Tue. Mar. 16 6:30 pm	Mon. Mar. 22 HaH 345
Cricket League (O) Captains Meeting	Tue. Mar. 16 Tue. Mar. 16 7 pm	Mon. Mar. 22 HaH 345
Floor Hockey (O) Captains Meeting	Tue. Mar. 16 Wed. Mar. 16 7:30 pm	Mon. Mar. 22 HaH 345
Softball League (M/W/C) Captains Meeting	Tue. Mar. 30 Tue. Mar. 30 7 pm	Sun. Apr. 4 HaH 345

Special Events

Special events are one day tournaments or events that are either singles, doubles or team events and are free of charge for participants. Participants register for special events at the time of the event unless noted.

Tournaments	Entries Due	Play Begins
Badminton Doubles (O)	Fri. Jan. 22	Fri. Jan. 22 7 pm
Basketball Slam Jam (O)	Tue. Mar. 2	Tue. Mar. 2 8 pm
Wrestling (O)	Thur. Mar. 18	Thur. Mar. 18 7 pm
Racquetball Doubles (M/W/C)	Fri. Mar. 26	Fri. Mar. 26 7 pm
Tennis Doubles (M/W/C)	Tue. Apr. 27	Tue. Apr. 27 4 pm

Officials Clinics

Officials training clinics are held for each sport that utilizes officials. The Intramural Sports Staff will conduct comprehensive training sessions, which feature interactive classroom and on-court or on-field station work.

Sport	Meeting Time	Location
Basketball (Classroom)	Tue. Jan. 19	8:30-11 pm HaH 345
Basketball (On-Court)	Wed. Jan. 20	8:30-11 pm HaH FH
Boot Hockey	Wed. Jan. 20	5-6 pm HaH 345
4 on 4 Volleyball	Wed. Jan. 20	6-7 pm HaH 345
Soccer	Wed. Jan. 20	7-8 pm HaH 345
ID Checkers	Wed. Jan. 20	8-8:30 pm HaH 345
Volleyball	Wed. Mar. 17	5-6 pm HaH 345
Floor Hockey	Wed. Mar. 17	7-8 pm HaH 345
Hockey	Wed. Mar. 17	6-7 pm HaH 345
ID Checkers	Wed. Mar. 17	8-8:30 pm HaH 345
5 on 5 Flag Football	Tue. Mar. 17	8:30-10 pm HaH 345
Softball	Tue. Mar. 30	8-9 pm HaH 345