



### Specialty Drinks

<b><u>HOT:</u></b>	<b><u>12oz</u></b>	<b><u>16oz</u></b>	<b><u>COLD:</u></b>	<b><u>16oz</u></b>
Mocha	2.75	3.00	Iced Mocha	3.00
Latte	2.50	2.75	Iced Chai	3.00
Cappuccino	2.50	2.75	Iced Latte	2.75
Ameri Cano	1.75	2.00	<b>** Add a shot of syrup or whipped cr�me for .50 each</b>	
Chai Tea	2.50	2.75		
<b><u>INSTANT:</u></b>			Espresso Shot	.50
Hot Chocolate	2.00	2.25	Hot Tea	1.50
French Vanilla	2.00	2.25		
Irish Cream	2.00	2.25		

### Coffee

<b><u>COFFEE OF THE DAY:</u></b>	<b><u>12oz</u></b>	<b><u>16oz</u></b>	<b><u>20oz</u></b>
French Roast/ Trail Buster			
City Roast/ Morning Blend			
Decaf Columbian			
100% Columbian	1.25	1.50	1.75
Eye Opener			
French Vanilla			
Hazelnut			
	<b>** Coffee Refill 1.00</b>		

### Food

<b><u>Bakery:</u></b>	
Bagel w/ creme cheese	1.50
Muffin	1.75
Rice Crispy Bar	1.75
<b><u>Cold Sandwiches:</u></b>	
Turkey w/ Cheddar	3.00
Roast Beef w/ Swiss	3.00

### Smoothies

<b><u>100% FRUIT:</u></b>	<b><u>JAVA:</u></b>
Strawberry	Vanilla Cr�me
Strawberrt Bomb	Vanilla Cr�me Latte
Mango Tropics	Chai
Peach Pear Apricot	Vanilla Chai
Northwest Berry	Ja' Mocha
Wild Cherry Cranberry	Ja' Mochaccino
Four Berry Blend	Truly Latte

**\$3.00**  
(add protein booster for \$.50 extra)

<b><u>Soup of the Day:</u></b>	<b>2.50</b>
<b><u>Yogurt</u></b>	<b>1.25</b>
<b><u>Fruit:</u></b>	
Apples	1.00
Oranges	1.00
Banana	0.75
Chips	1.00
Power Bar	1.75
Snickers	1.00
M & Ms	1.00
Twizzlers	1.00

### Cold Beverages

Gatorade	1.50
Soda	1.50
(Pepsi, Mt. Dew)	
Starbucks Frappucino	1.75
AMP Energy	2.75
Juice	1.75
(Orange, Apple, C. Berry)	
Water	1.50
(Aquafina)	
Nutrisoda - Energy Drink	1.85
Muscle Milk	3.50

### Extras

Protein Booster (each scoop)	0.50
Syrups (each shot)	0.50
Creme Cheese	0.50
(strawberry & regular)	
Whip Cream	0.50
<b><u>Lunch Specials:</u></b>	
Soup, Sandwich & Soda/Water	5.00
Soup, Sandwich, Soda/Water & Chips/Fruit	5.75