



Home of the Huskies

St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Wrestling Update

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UPCOMING EVENTS

March 14-15:

Division II National Championships
Cedar Rapids, Iowa
13-2-0 Overall, 1-2-0-NCC

2007-08 SCSU Schedule

Date	Opponent	Time/Result
Nov. 10	Black/Red Classic	7 p.m.
Nov. 17	@ Cobber Open	No Team Scores
Dec. 1	@ Dragon Open	No Team Scores
Dec. 8	HUSKY OPEN*	No Team Scores
Dec. 15	@ Terry Haws Duals	4-0
	vs. #12 Buena Vista	W, 22-16
	vs. U. of Dubuque	W, 24-14
	vs. #9 Ridgewater	W, 35-6
	vs. St. John's	W, 41-3
Jan. 4-5	@ Midwest Classic	9th of 21
Jan. 10	@ Northern State	W, 33-6
Jan. 11	UW-EAU CLAIRE	W, 42-0
Jan. 18	AUGUSTANA	W, 30-12
Jan. 25	ST. OLAF	W, 33-6
Jan. 26	#2 NEBRASKA-OMAHA%	L 16-25
Feb. 1	@ #7 MSU Moorhead	W, 17-15
Feb. 2	SW MINNESOTA STATE	W, 50-0
Feb. 8	ST. JOHN'S^	W, 28-9
Feb. 10	#9 UPPER IOWA!	W, 27-12
Feb. 16	@ U-Mary	W, 39-6
Feb. 22	@ #2 Minnesota State	L, 23-9
March 2	North Regions	4th of 9

March 14 NCAA Division II Championships
March 15 NCAA Division II Championships
Cedar Rapids, Iowa

*Parent's Day
%Alumni Night
^Prep Night
!Senior Night

2007 SCSU Coaches and Staff

Head Coach: Steve Costanzo
Graduate Assistant Coaches:
Matt Lowers
Severin Walsh
Volunteer Assistant: Jeremy Lang
Student Assistant: Tom Messerli
Student Manager: Brooke Winter



2007-08 SCSU WRESTLING TEAM NEWS

Release Date: March 3, 2008



HUSKIES SEND SEVEN TO NATIONAL TOURNAMENT; FINISH FOURTH IN NORTH REGION:

In a season that has seen the emergence of St. Cloud State wrestling as a national force, the Huskies continued to prove that they belong on the country's wrestling radar. The Huskies took fourth place at the North Region Championships, qualifying seven individuals for the national tourney in two weeks in Cedar Rapids, Iowa. Josh Williams, Gabe Suarez, John Sundgren, Tom Anderson, Derek Skala, Brad Padgett and Nick Wilkes all finished in the top-four of their respective weight classes to earn the trip to finals.



Padgett (Buckley, Wash.) led the Husky qualifiers as the squad's lone individual champion, as he took home the 184 lbs. championship. Padgett avenged an early season loss to Augustana's Beau Severtson by pinning him in the semi-finals before capturing the championship over Northern State's Cale Cornemann with an 11-4 decision.

Williams (Banks, Ore.) and Suarez (Las Vegas, Nev.) both finished second at 133 lbs. and 141 lbs. respectively. Williams upset the No. 1 seed Kelly Janke with a pin in the semis to reach his finals, as Suarez ran up against his old nemesis in Minnesota State's Travis Elg. Suarez and Elg each won a match over each other earlier in the season before Elg took the rubber match with a 14-5 victory in the championship.

Sundgren (Blaine) and Wilkes (Onamia) took similar routes to third-place finishes at 157 and 197 lbs. The pair, both ranked third in the tourney, both lost semi-final bouts to the second seed before rebounding to win their next two matches to capture third place. For Wilkes, it is his second straight trip to tournament, as he went 0-2 at 184 lbs. last season.

Anderson (Belview) and Skala (Owatonna) rounded out the qualifiers by finishing fourth at 165 and 174 lbs. The two both won first round and quarterfinal bouts before falling in their semi-final match. Both grapplers then went 1-1 in the wrestleback round to claim their fourth-place spot. Anderson defeated two higher seeds in his 3-2 day.

ON TAP; NCAA DIVISION II CHAMPIONSHIPS: SCSU will send its seven qualifiers to the NCAA Division II National Tournament March 14-15 at the U.S. Cellular Center in Cedar Rapids, Iowa. The seven grapplers qualifying is the most in the history of Husky wrestling. The previous best was five individuals back in the 1983-84 season, when SCSU finished seventh in the team standings.



HEAD COACH STEVE COSTANZO: Steve Costanzo enters his second season as head wrestling coach at St. Cloud State. He is the 13th coach in the 58-year history of the program and begins his ninth season overall as a head coach. He has an overall record of 65-37-2 while coaching 75 National Qualifiers, 31 All-Americans and 2 National Champions at Dana College in Blair, Neb. and here at SCSU.

In Costanzo's first season, the Huskies finished with a 4-7 dual record, qualifying Nick Wilkes for the Division II National Championships. SCSU ranked 14th nationally with a 3.029 GPA as Tom Messerli, Tom Anderson, Adam Hill and Matt Jackson were named to the Division II All Academic Team. Prior to coming to the Granite City, Costanzo spent seven seasons at Dana College in Blair, Neb. where he led the 2006 squad to NAIA tourney and dual national championships. Costanzo's teams improved their dual record every year he was with the program, as he accumulated a 61-30-2 record. Costanzo's success earned him NWCA and NAIA Coach of the Year honors in 2006 along with Region Coach of the Year honors in 2005 and 2006.

Costanzo's recruiting squads while at Dana College, recognized by Wrestling USA Magazine, finished 15th in 2001, 4th in 2004 and 1st in 2005 for non-NCAA Division I programs. Costanzo's 2006 SCSU class recorded the tenth spot in that same publication for non-NCAA Division I programs. This past summer, Costanzo's coaching staff was recognized by Internat as having one of the top NCAA Division II recruiting classes for 2007.

Costanzo graduated from the University of Nebraska-Omaha in 1996 where he was a three-time All-American. He finished his career fifth on the all-time wins list at UNO after winning NCC Championships in 1994 and 1995. His decorated career earned him a place in the Nebraska Wrestling Hall of Fame, to which he was inducted in 2006.

For the latest on SCSU Athletics, check out the Husky Homepage

www.StCloudState.edu/athletics

2007-08 SCSU ROSTER

Name	Weight	Yr.	Hometown
Joe Andersen	149/157	FY	Bemidji
Tom Anderson	165	Jr.	Belview
Logan Atkins	285	FY	Magnolia, Ohio
Nolan Boucher	285	Jr.	Grand Rapids
Joe Casey	165	FY	Shakopee
Jordan Foy	133	FY	Ellsworth, Wis.
Westy Hanson	125/133	So.	Crookston
Adam Helgeson	141	FY	Sauk Centre
Adam Hill	184	Jr.	Sauk Rapids
Jake Horn	141	FY	Ephrata, Wash.
Matt Jackson	141	Jr.	Oakdale
Grant Johnson	149	So.	Cold Spring
Justin Jones	157	Jr.	Onamia
Chad Kusbach	149/157	RFr.	New Germany
Michael Markey	149	Jr.	Auburn, Wash.
Brandon McVey	133	FY	Mound
Tad Merritt	157/165	FY	Canby
Lucas Munkelwitz	174	FY	Forest Lake
Brad Padgett	184	Jr.	Buckley, Wash.
Andrew Peralta	285	FY	Thief River Falls
Jacob Roberts	149	So.	Jordan
Eric Rogness	184	RFr.	Buffalo
Robert Ross	197	RFr.	St. Peter
Ted Saatzer	184	Jr.	Mound
Jairo Sandoval	184	Sr.	Miami, Fla.
Chris Schiewe	285	Jr.	Chicago, Ill.
Jon Schiewe	141	FY	Chicago, Ill.
Ben Sheeley	157	FY	Plymouth
Sonny Silva	141	Jr.	Kimberly, Idaho
Derek Skala	174	RFr.	Owatonna
Matt Steffenson	165	Sr.	Onamia
Aaron Stolp	125	FY	Becker
Gabriel Suarez	133/141	RFr.	Las Vegas, Nev.
John Sundgren	157	RFr.	Blaine
Jake Tabbert	141	FY	Inver Grove Heights
Mark Thoele	125	FY	Gaylord
Nick Wasche	133	Jr.	Cedar
Nick Wilkes	197	Sr.	Onamia
Josh Williams	133/141	Jr.	Banks, Ore.
Albert Yarmeto	149	FY	Brooklyn Park

BREAKDOWN

By Class	#
Seniors	3
Juniors	12
Sophomores	3
Redshirt Fr.	6
First Year	15
Transfers	12
JUCO	8
4-Year	4
Newcomers:	22
Returners:	17

By Home State

Minnesota:	28
Washington:	4
Illinois:	2
Florida:	1
Idaho:	1
Nevada:	1
Ohio:	1
Oregon:	1
Wisconsin:	1

157 Pound National Rankings

Rk.	Wrestler	School
1.	Jason Rhoten	MSU-Mankato
2.	Joe Ellenberger	Nebraska-Kearney
3.	Noomis Jones	Adams State
4.	Antonio Guerra	Findlay (Ohio)
5.	Andy Lamancusa	Mercyhurst (Pa.)
6.	Muhammad Abdur-Rahman	Ashland
7.	John Sundgren	St. Cloud State
8.	Travis Eggers	Upper Iowa

197 Pound National Rankings

Rk.	Wrestler	School
1.	Josh Majerus	Chadron State
2.	Jacob Marrs	Nebraska-Omaha
3.	Josh Ohl	Ashland (Ohio)
4.	Ty Copsey	Augustana (S.D.)
5.	Donavan McMahill	Western State
6.	Pat Walsh	Pitt-Johnstown
7.	Jarrett Edison	Central Oklahoma
8.	Nick Wilkes	St. Cloud State

Final NCC Standings

Rk.	School	NCC	All
1.	Nebraska-Omaha	3-0	8-3
2.	Minnesota State	2-1	19-2-1
2.	St. Cloud State	1-2	13-2
4.	Augustana	0-3	7-7

ASSISTANT COACHES

Graduate Assistant Matt Lowers

Lowers, a first year coach, is a native of Wadena, MN where he was an All-State athlete while competing in wrestling, football, track and field and for Wadena-Deer Creek High School. After suffering a severe neck and back injury in high school, Matt ended up attending Concordia College where he graduated in 2006 with a degree in Exercise Science and a minor in coaching.

Lowers joins the SCSU coaching staff after serving the past two years as an assistant with the 2007 National Champion University of Minnesota Wrestling team. Matt joined the Gophers in 2006 when the team captured the Division I National Dual Team Championship, Big Ten Championship and finished second at the NCAA's. In 2007 the Minnesota Wrestling team repeated as National Dual and Big Ten Champions and also won the NCAA's for the third time in school history. While also serving as an assistant with the University of MN wrestling team Matt worked as the Director of Wrestling Operations for J Robinson Intensive Camps. J Robinson Intensive Camps have set the standard for Intensive camps while training over 3000 athletes each summer.

Graduate Assistant Severin Walsh

Walsh, in his second season with SCSU, is a native of Coulee City, WA where he captured the 1995 Washington High School State Championship for Almira/Coulee-Hartline High School. He began his collegiate career at Yakima Valley Community College then transferred to William Penn University where he was a 2002 NAIA National Qualifier and 2002 Central Region Champion for the Statesmen.

As a coach, Walsh helped lead William Penn University to the 2003 and 2004 NAIA Central Region Championships. He also helped lead the Statesmen to a sixth place finish at the 2003 NAIA National Championships and a ninth place finish at the 2004 NAIA National Championships. After the 2003-04 season at Penn, Walsh coached at NAIA rival Dana College and helped the Vikings reclaim their Regional title with back-to-back Regional Championships in 2005 and 2006. In addition, he helped lead the Vikings to their first ever National Championship in 2006.

Volunteer Jeremy Lang

Lang, a second-year volunteer, is a native of Springfield, MN and a 1993 graduate of Springfield High School. He was a five-year letter-winner in wrestling, three-time Minnesota High School state qualifier and a three-time All-State recipient in wrestling and placed fifth at state his senior year. He amassed a career high school record of 101-36-2. Competed for the Huskies from 1993-99, Lang was a three-year letterwinner for SCSU and a three-time All-Conference recipient in the tough North Central Conference.

Volunteer Student Coach Tom Messerli

Messerli, first-year volunteer, is a native of Lafayette, MN and a 2003 graduate of Gibbons/Fairfax/Winthrop High School. He lettered five times in wrestling and posted a career record of 98-42. Competed for the Huskies from 2003-07, Messerli was a three-year letterwinner for SCSU and a three-time NWCA All-Academic recipient. In 2006, Messerli was voted the Dean Weisman Wrestler of the Year for Husky wrestling. Messerli resides in St. Cloud and will be completing his degree in finance this year.

Wrestling Coaches Association Poll

Rk.	Team	Pts.	Last
1.	Nebraska-Omaha	159	2
2.	Minnesota State-Mankato	152	1
3.	Adams State (Colo.)	145	3
4.	Western State (Colo.)	135	5
5.	Nebraska-Kearney	125	4
6.	Central Oklahoma	123	6
7.	Newberry (S.C.)	111	7
8.	Pittsburgh-Johnstown (Pa.)	105	8
9.	Ashland (Ohio)	84	10
10.	St. Cloud State (Minn.)	83	11
11.	Upper Iowa	76	9
12.	Gannon (Pa.)	75	12
13.	Findlay (Ohio)	64	16
14.	Mercyhurst (Pa.)	55	15
15.	Minnesota State-Moorhead	49	14
16.	Indianapolis (Ind.)	39	13
17.	Chadron State (Neb.)	34	17
18.	Wisconsin-Parkside	28	18
19.	Limestone (S.C.)	17	19
20.	Central Missouri	13	NR

Others receiving votes:
Augustana (S.D.)
Fort Hays State (Kan.)
Northern State (S.D.)

