



Home of the Huskies

# St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Wrestling Update

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## Upcoming Matches:



Jan. 8-9, 2011  
at NWCA Duals  
Cedar Falls, Iowa

### 2010-11 SCSU Schedule

Date	Opponent	Time/Result
Nov. 5	Black/Red Classic	R 19, B 13
Nov. 13	at Cyclone Open	No Team Scores
Nov. 20	Auggie/Brute /Addidas Open	No Team Scores
Dec. 4	at UW-L Duals	
	vs. UW-Stevens Point	W, 33-6
	vs. Waldorf	W, 42-12
	vs. UW-LaCrosse	W, 21-13
Dec. 11	Holiday Inn/Husky Open	No Team Scores
Jan. 1	at Grand Canyon	8 a.m.
	vs. Chadron State	W, 34-9
	vs. Mesa State	W, 37-6
	vs. Nebraska-Kearney	W, 26-9
	vs. Kutztown	W, 52-0
Jan. 8-9	at NWCA National Duals	TBA
Jan. 14	at St. John's	7:30 p.m.
Jan. 15	at UW Eau Claire	7 p.m.
Jan. 21	at Nebraska - Omaha	7 p.m.
Jan. 22	at SW Minnesota State*	7 p.m.
Jan. 27	at Augustana College*	7 p.m.
Jan. 30	MSU Moorhead*	2 p.m.
Feb. 4	Northern State*	7 p.m.
Feb. 5	Mary*	2 p.m.
Feb. 13	at Upper Iowa*	2 p.m.
Feb. 17	MSU Mankato*	7 p.m.
Feb. 27	at NCAA Regional	Noon
Mar. 11-12	NCAA DII Championships Kearney, NE	

For complete ticket information, please call 1-877-SCSUTIX or 320-308-2137.

### NEED INFO?

For information about SCSU Wrestling, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The Wrestling Contact at SCSU is Tom Nelson. You can contact him via email at [tcnelson@stcloudstate.edu](mailto:tcnelson@stcloudstate.edu)

### IMPORTANT NUMBERS:

Wrestling Office: 320-308-2996

### HUSKY HOME PAGE:

[www.StCloudState.edu/athletics](http://www.StCloudState.edu/athletics)

## 2010-11 SCSU Wrestling News

Release Date: Jan. 4, 2011

### HUSKIES HEADLINERS:

- #2 St. Cloud State University (7-0) will travel to the 2011 NWCA Division II Duals in Cedar Falls, Iowa on Jan. 8-9. The tournament will be hosted by the University of Northern Iowa and it will feature the nation's top DII wrestling programs, including: Augustana, Central Oklahoma, Central Missouri, Findlay, Grand Canyon Univ, Limestone, MSU- Mankato, MSU-Moorhead, Newberry, San Francisco St, St. Cloud State, UNC - Pembroke, Nebraska Omaha, UW - Parkside, Upper Iowa and Western State.
- The Huskies were ranked #2 in the latest DII Coaches' Poll behind Nebraska Omaha. Here is a rundown of SCSU's nationally ranked wrestlers in 2010-11: Gabe Suarez (#7 at 141-pounds), John Sundgren (#6 at 157-pounds), Tad Merritt (#2 at 165-pounds), Shamus O'Grady (#6 at 174-pounds), Mic Berg (#5 at 184-pounds) and Jake Kahnke (#1 at 285-pounds). The poll was released on Jan. 4.
- Shamus O'Grady became the 3rd SCSU wrestler to earn NSIC Wrestler of the Week notice in 2010-11. On Jan. 3, O'Grady was named the NSIC Wrestler of the Week for his 4-0 record at the Grand Canyon Duals. O'Grady had two falls, a technical fall and a forfeit win at the tournament. He now owns a 15-2 record and is ranked #5 in the latest DII poll at 174.
- #2 ranked Tad Merritt went 4-0 at the GC Duals. A highlight for Merritt was a 6-4 win over #4 ranked Joey Wilson of UN-Kearney. In the same dual match, #2 Jake Kahnke added a 6-1 win over #4 ranked Ben Hohnessee of UNK. Kahnke was 3-0 at the GC Duals this year. Kahnke is now 12-1 on the season, while Merritt owns a 19-2 record this winter.
- At 125-pounds, Zach Stewart was 4-0 in action at the GC Duals. Stewart is 11-2 this season for the Huskies. #6 John Sundgren was 2-0 at 157-pounds at the GC Duals, while Jacob D. Horn added a pair of wins at 157-pounds for SCSU in Phoenix. Of note, these were the first two matches of the season for Sundgren.
- At the GC Duals, the Huskies were impressive with a 34-9 win over Chadron State, a 37-6 win over Mesa State and a 52-0 win over Kutztown. SCSU also gained a 26-9 win over #8 Nebraska-Kearney. The 52 points scored vs. Kutztown is just two points off of the team record of 54 points in a dual, which was set in a 54-0 win over Southwest Minnesota State in 1976-77.
- The St. Cloud State University wrestling team (14-7, 5-2 NSIC/3rd) captured 7th place at the 2010 NCAA Division II wrestling championships on March 12-13, in Omaha, Neb. This marks the Huskies best NCAA finish since capturing 7th place in 1983. This also marked the best finish for the Huskies at the NCAA tournament since Steve Costanzo took over as head coach in 2006-07. This marked the 8th time since 1975 that SCSU has charted a top-10 place at the NCAA championships. The 7th place finish is the best ever for the Huskies at the NCAA DII level. SCSU placed eighth at the nationals in 2009, 1986 and 1976. SCSU also placed third at nationals during the 1963 and 1965 seasons as an NAIA affiliate.
- The Huskies qualified 8 wrestlers for the NCAA championships in 2010. SCSU wrestlers earning All-America status at the meet were Jacob Kahnke (4th place at 285), Tad Merritt (5th place at 165), Shamus O'Grady (6th place at 174) and Gabe Suarez (8th place at 141). This marked the first All-America finish for Kahnke, O'Grady and Suarez, while Merritt is now a two-time All-America award winner for the Huskies. The four All-Americans ties a team record for the Huskies, as SCSU also brought home four NCAA All-America honors in 1983 and 1975.
- The Huskies will have two major targets on the wrestling room wall this season. First up is the 2011 NCAA Regional championships on Feb. 27 in Sioux Falls, S.D. This tournament serves as a qualifier for the other big date - March 11-12, which is the 2011 NCAA DII championships in Kearney, Neb.



**SCSU COACH STEVE COSTANZO:** Steve Costanzo is in his 5th season as the Husky head wrestling coach. Overall, this marks Costanzo's 12th season as a head college wrestling coach. He has a career record of 107-51-2 while coaching 98 National Qualifiers, 41 All-Americans, 2 National Champions and 36 NWCA All-Academic recipients. His record at St. Cloud State now stands at 42-21. An All-American wrestler at Nebraska-Omaha (1996 graduate), Costanza previously coached at Dana College from 1999 to 2006. Costanza led Dana to a national title in 2006.



**2010-11 St. Cloud State Wrestling Roster**

Name	Year	Weight	Hometown	High School
Joe Andersen	RsJr	157/165	Bemidji	Bemidji
Josh Antonneau	Jr.	197	Hartland, Wis.	Arrowhead H.S./ UW Milwaukee
Mic Berg	RsFr	184/197	IGH	Simley
Chris Brassell	RsFr	285	Park Ridge, IL	Maine South
Josh Conrath	RsSo	184/197	Waseca	Waseca
Michael Cullen	RsSo	157	Coon Rapids	Coon Rapids/ UW La Crosse
Eric Ellington	Jr.	133	Fairview Hgts, IL	East St. Louis H.S./ Rend Lake C.C.
Joey Falde	Fr.	165	Maple Plain	Orono
Westy Hanson	RsSr	133/141	Crookston	Crookston
Trent Herold	RsSo	125/133	East Bethel	St. Francis
Jacob D. Horn	RsJr	149	Ephrata, Wash.	Ephrata
Jacob R. Horn	So.	149	St. Michae	St. Michael-Albertville
Josh Howk	Fr.	141/149	Oak Grove, Mo.	Blue Springs
Charlie Janssen	Fr.	157	Forest Lake	Forest Lake
Joshua Joriman	RsSo	157	Lino Lakes	Centennial
Jacob Kahnke	RsSo	197/285	Shakopee	Prior Lake/ Old Dominion U.
Alex Kontz	RsSo	149	Canby	Canby
Chad Kubasch	RsSr	149/157	New Germany	Watertown-Mayer
Matt Leibforth	Fr.	141	Lemont, Illinois	Lemont
Tyler Mathison	Fr.	133	Fremont, Neb.	Oakland-Craig
Dustin McKinney	Fr.	141/149	Luck, Wis.	Unity
Ben McPhail	Fr.	174/184	Pine Island	Pine Island
Tad Merritt	RsJr	165	Canby	Canby
Cullan Morrissey	Fr.	133/141	Lena, Wis.	Oconto Falls
Lucas Munkelwitz	RsJr	197	Forest Lake	Forest Lake
Shamus O'Grady	RsSo	174	Coon Rapids	Coon Rapids
Cody Paulsen	Fr.	125	Brooklyn Center	Totino Grace
Mathew Piersak	RsSo	149	Shoreview,	Mounds View
Erik Rogness	RsSr	197	Buffalo	Buffalo
Kurt Salmen	Jr.	165	Dassel	Dassel-Cokato H.S./ Ridgewater C.C.
Chad Schultz	RsSo	141	Mauston, Wisc.	Mauston
Derek Skala	RsSr	184	Owatonna	Owatonna
Zach Stewart	RsFr	125/133	Green Bay, Wisc.	Ashwaubenon
Gabriel Suarez	RsSr	141	Las Vegas, NV	Cimarron-Memorial
John Sundgren	RsSr	157	Blaine	Blaine
Jake Tabbert	RsJr	149	IGH	Simley
Brayden Wienke	Fr	157	Clear Lake, Wis.	Clear Lake H.S.
Dylan Wright	Fr	125	IGH	Simley

**Graduate Assistant Coach: Cy Wainwright (Second Season)**  
**Volunteer Assistant Coach: Jeremy Lang (Fifth Season)**  
**Volunteer Assistant Coach: John Peterson (Third Season)**  
**Volunteer Assistant Coach: Tony Mack (First Season)**  
**Student Assistant Coach: Brad Padgett (Second Season)**  
**Student Managers: Kristine Schiller (4th Season)**  
**Student Manager: Linette Shoemaker (1st Year)**  
**Athletic Trainer: Curtis Simondet (2nd Year)**

**2010-11 SCSU Honors:**

**Cyclone Open Champion:** Gabe Suarez (141-pounds)  
**NSIC Wrestler of the Week** - Gabe Suarez, Nov. 16, 2010  
**Auggie Open Champion:** Tad Merritt (165-pounds), Shamus O'Grady & Kurt Salmen (co champs at 174-pounds)  
**Husky Open Champion:** Tad Merritt (165-pounds), Lucas Munkelwitz (197-pounds) and Jake Kahnke (285-pounds)  
**NSIC Wrestler of the Week** - Jake Kahnke, Dec. 13, 2010  
**NSIC Wrestler of the Week** - Shamus O'Grady, Jan. 3, 2011

**2009-10 SCSU Honors:**

**NSIC Wrestler of the Week** - Tad Merritt on Nov. 16, 2009  
**NSIC Wrestler of the Week** - John Sundgren on Dec. 8, 2009  
**NSIC Wrestler of the Week** - Shamus O'Grady on Feb. 23, 2010  
**John Oxtan Award (MVP at 2009 Husky Open)** - Tad Merritt - 165 pounds  
**Regional Champion:** Derek Skala at 184-pounds  
**NCAA Qualifiers:** Shane McQuade (133), Gabe Suarez (141), John Sundgren (157), Tad Merritt (165), Shamus O'Grady (174), Derek Skala (184), Lucas Munkelwitz (197) and Jacob Kahnke (285)  
**NCAA All-Americans:** Jacob Kahnke (285 - 4th), Tad Merritt (165 - 5th), Shamus O'Grady (174 - 6th), Gabe Suarez (141 - 8th)  
**NWCA Division II All-Academic:** John Sundgren (1st team), Joe Anderson (HM), Westy Hanson (HM), Jacob Horn (HM), Josh Joriman (HM), Alex Kontz (HM), Adam Minnette (HM), Erik Rogness (HM)  
**All-NSIC:** Derek Skala (1st team), Gabe Suarez (2nd team), John Sundgren (2nd team), Tad Merritt (2nd team), Shamus O'Grady (2nd team), Lucas Munkelwitz (2nd team) and Jake Kahnke (2nd team).

**2009-10 TEAM HONORS:**

**2009 Midlands Tournament:** 34th Place  
**2010 NWCA Duals:** 7th Place  
**2010 NSIC:** 3rd Place  
**2010 NCAA Regional:** 2nd Place  
**2010 NCAA Championships:** 7th Place  
**2009-10 Overall Record:** 14-7  
**2009-10 NSIC Record:** 5-2

**Head Coach: Steve Costanzo (Fifth Season)**  
**Assistant Coach: Derek Sikora (First Season)**

**2010-11 NSIC Preseason Coaches' Poll:**

1. SCSU	67
2. Augustana	64
3. Minnesota State	37
4. Upper Iowa	24
5. SW MN State	14
5. MSU Moorhead	14
6. Northern St.	12
7. Mary	8

**Current 2010-11 NWCA Division II Poll**

1. Nebraska-Omaha	159	1st
2. <b>St. Cloud State</b>	153	2nd
3. Augustana (S.D.)	140	3rd
4. Western State (Colo.)	131	4th
5. Newberry (S.C.)	129	5th
6. Pittsburgh-Johnstown	106	9th
7. Minnesota State	105	6th
8. Nebraska-Kearney	100	8th
9. Central Oklahoma	99	12th
10. Grand Canyon (Ariz.)	97	11th
11. Upper Iowa	88	10th
12. Wisconsin-Parkside	70	13th
13. North Carolina-Pembroke	64	20th
14. Findlay (Ohio)	61	7th
T15. West Liberty (W. Va.)	43	14th
T15. Fort Hays State (Kan.)	43	15th

17. Adams State (Colo.)	29	16th
18. Ashland (Ohio)	27	17th
19. East Stroudsburg (Pa.)	14	18th
20. San Francisco State	10	19th

Others receiving votes: Belmont Abbey (N.C.), Colorado State-Pueblo, Gannon (Pa.), Minnesota State-Moorhead, Southwest Minnesota.

**HUSKY NOTE:** Freshman Chris Brassell set a new team record for the fastest pin in a match on Nov. 20 at the Auggie Open. Brassell pinned SJU's John Scepaniak at :08 to gain the win and set a new team record.

## 2010-11 St. Cloud State Wrestling Results

NAME	YEAR	CLASS	W/L RECORD	DUAL W/L	FALLS	RCTC	ISU	AUGGIE	HUSKY	RCC	MWCC	NC	REGION	NCAA's
Andersen, Joe	RJr	157	0-0	0-0		NA	NA	NA	NA					
Antonneau, Josh	Jr	197	6-6	0-1	1	NA	DNP	7th	CO-5th					
Berg, Mic	RFr	184	11-6	4-3	4	NA	DNP	1st	3rd					
Brassell, Chris	RFr	285	10-4	3-0	5	NA	NA	3rd	5th					
Conrath, Josh	RSo	197	2-2	0-0		NA	NA	NA	CO-5th					
Cullen, Michael	RSo	157	0-0	0-0		NA	NA	NA	NA					
Ellington, Eric	Jr	133	9-4	3-1	2	NA	4th	2nd	NA					
Falde, Joey*	Fr	165	3-4	0-0		NA	NA	DNP	4th					
Hanson, Westy	RSr	133	4-4	2-1	1	NA	NA	NA	6th					
Herold, Trent*	So	125	0-0	0-0		NA	NA	NA	NA					
Horn, Jacob D.	RJr	149/157	14-5	5-1		NA	DNP	5th	2nd					
Horn, Jacob R.	So	149	11-9	2-2	4	NA	DNP	2nd	6th					
Howk, Josh*	Fr	149	7-5	0-0	3	NA	DNP	5th	DNP					
Janssen, Charlie*	Fr	157/165	3-4	0-0	1	NA	DNP	DNP	NA					
Joriman, Joshua	RSo	157	1-2	0-0		NA	NA	NA	DNP					
Kahnke, Jacob	RSo	285	12-1	4-0	2	NA	3rd	NA	1st					
Kubasch, Chad	RSr	149/157	2-6	0-1		NA	NA	2nd	DNP					
Leibforth, Matt*	Fr	141	2-3	0-0	1	NA	NA	3rd	DNP					
Mathison, Tyler*	Fr	133/141	2-4	0-0		NA	NA	NA	DNP					
McKinney, Dustin*	Fr	141	5-1	0-0	1	NA	NA	1st	DNP					
McPhail, Ben*	Fr	174	11-6	0-0	3	3rd	DNP	3rd	DNP					
Merritt, Tad	RJr	165	19-2	7-0	9	NA	4th	1st	1st					
Morrissey, Cullan*	Fr	141	7-4	0-0	5	NA	DNP	3rd	DNP					
Munkelwitz, Lucas	RJr	197	7-2	4-2	1	NA	NA	NA	1st					
O'Grady, Shamus	RSo	174	15-2	6-0	8	NA	DNP	CO-1st	2nd					
Paulsen, Cody*	Fr	125	1-2	0-0	1	NA	NA	NA	DNP					
Piersak, Matt	RSo	157/165	1-3	0-0	1	NA	DNP	NA	DNP					
Rogness, Erik	RSr	184/197	1-6	0-0	1	NA	DNP	DNP	DNP					
Salmen, Kurt	RSo	165	8-2	1-0	2	NA	NA	CO-1st	4th					
Schultz, Chad	Rso	141	0-0	0-0		NA	NA	NA	NA					
Skala, Derek	RSr	184	0-0	0-0		NA	NA	NA	NA					
Stewart, Zach	RFr	125	11-2	6-0		NA	NA	6th	2nd					
Suarez, Gabe	RSr	141	12-3	5-2	1	NA	1st	2nd	NA					
Sundgren, John	RSr	157	2-0	2-0	1	NA	NA	NA	NA					
Tabbert, Jacob	RJr	149	6-4	1-0	6	NA	DNP	NA	DNP					
Wright, Dylan	Fr	125	2-4	0-1	0	NA	NA	8th	DNP					
<b>TOTALS</b>			<b>207-113</b>	<b>55-15</b>	<b>64</b>	<b>1</b>	<b>4</b>	<b>18</b>	<b>14</b>					
<b>WIN PERCENTAGE</b>			0.646	0.785										
* - Indicates - Wrestling Unattached														
DNP - Indicates - Did Not Place		NA - Indicates - Not Active		Dual Record: 7-0										

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**HUSKY OPEN WEBSITE: <http://www.stcloudstate.edu/athletics/sports/wrestling/results/2009HuskyOpen.asp>**