



Home of the Huskies

St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Wrestling Update

Contact: Tom Nelson 320-308-2141 or tcnelson@stcloudstate.edu



Upcoming Matches:



Dec. 29-30
Midlands
Championships
Evanston, Ill.

2009-10 SCSU Schedule

Date	Opponent	Time/Result
Nov. 8	Black/Red Classic	B 16, R 15
Nov. 14	at Northwestern	L, 17-12
Nov. 14	vs. Eastern Mich.	L, 25-24
Nov. 14	vs. North Central	W, 20-19
Nov. 21	at Cobber Open	No Team Scores
Dec. 5	at UW LaCrosse Duals	9 a.m.
	vs. UW-Stevens Points	W, 28-9
	vs. Loras	W, 48-0
	at UW-LaCrosse	W, 25-13
Dec. 12	HUSKY OPEN	No Team Scores
Dec. 29-30	Midlands Tournament	TBA
Jan. 9-10	NWCA Duals	TBA
Jan. 15	UW-EAU CLAIRE	7 p.m.
Jan. 16	SW MINNESOTA	7 p.m.
Jan. 22	AUGUSTANA	7 p.m.
Jan. 23	UN-OMAHA	2 p.m.
Jan. 29	at MSU Moorhead	7 p.m.
Feb. 5	at Mary	7 p.m.
Feb. 6	at Northern State	7 p.m.
Feb. 11	ST. JOHN'S	7 p.m.
Feb. 14	UPPER IOWA	2 p.m.
Feb. 19	at Minnesota State	7 p.m.
Feb. 28	at Super Regional	TBA
Mar. 12-13	NCAA II Finals	TBA

For complete ticket information, please call 1-877-SCSUTIX or 320-308-2137.

NEED INFO?

For information about SCSU Wrestling, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The Wrestling Contact at SCSU for 2005-06 is Tom Nelson. You can contact him via email at tcnelson@stcloudstate.edu

IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137
SCSU AMR Office: 320-308-2141
Wrestling Office: 320-308-2996

HUSKY HOME PAGE:

www.StCloudState.edu/athletics

2009-10 SCSU Wrestling News

Release Date: Dec. 16, 2009

HUSKIES HEADLINERS:

- The 39th annual Husky Open wrestling tournament was a continued success, as many of the region's top collegiate programs were represented at the meet. No team scores were kept at the Open, but the Huskies did bring home three weight division titles.
- SCSU sophomore Tad Merritt received the Husky Open's John Oxtom award as the meet's outstanding wrestler for the second consecutive season. Merritt rolled to a dominating 4-0 record at 165-pounds and gained top honors with a 12-4 victory over Matt Gille of UW-Parkside.
- Junior Gabe Suarez also placed first at the Husky Open with a 5-0 record that included two pins. SCSU's other title was brought home by Luke Munkelwitz at 197-pounds with a 5-0 record that included a pin and a technical fall. SCSU's Shane McQuade placed second at 133-pounds, while Derek Skala also placed second at 184-pounds. In action at 285-pounds, Jake Kahnke placed third.
- In the latest NCAA Division II Super Region #3 rankings, the Huskies gained a 2nd place rating with 56 points. Augustana ranked 1st in the region at 59. Individually, John Sundgren (157) and Jacob Roberts (149) were ranked first in the region, while Gabe Suarez (141), Tad Merritt (165), Derek Skala (184) and Jacob Kahnke (285) all ranked second in the region poll.
- Tad Merritt is 14-0 this season, while Gabe Suarez is a perfect 8-0 on the season. Luke Munkelwitz is also doing well with a solid 14-1 record this winter.
- SCSU will be led on the mats this season by team captains junior **Gabe Suarez**, junior **Derek Skala**, junior **John Sundgren** and sophomore Tad Merritt.
- The Huskies finished the 2009-10 season with an 8-5 record and a 5-2 record against NSIC schools. SCSU placed second at the 2009 NCAA regional meet and 8th at the 2009 NCAA Division II championships.
- SCSU was ranked 10th in the latest DII national rankings. SCSU's John Sundgren was ranked 7th at 157-pounds, while Gabe Suarez was ranked 7th at 141-pounds in the latest DII rankings. Jacob Roberts was ranked 7th at 149-pounds and Lucas Munkelwitz (197) was ranked 6th in the polls. Tad Merritt was ranked third at 165-pounds.
- SCSU gained three All-America awards in 2009. Brad Padgett placed third at 184-pounds, while Tad Merritt was third at 165-pounds. The trio was completed by Derek Skala's seventh place finish at 174-pounds in 2009.
- SCSU's eighth place finish at the 2009 NCAA Division II championships was the Huskies' best NCAA national finish since 1986.
- A holiday highlight for the Huskies will be a return trip to Evanston, Ill. for the elite Midlands Wrestling Tournament at Northwestern. This annual tournament is widely recognized as one college wrestling's premier events.



SCSU COACH STEVE COSTANZO: Steve Costanzo is in his fourth season as the Husky head wrestling coach. Costanzo begins his 11th season overall as a college head coach. He has a career record of 90-46-2 while coaching 90 National Qualifiers, 37 All-Americans, 2 National Champions and 28 NWCA All-Academic recipients. His record at St. Cloud State now stands at 29-16. An All-American wrestler at Nebraska-Omaha (1996 graduate), Costanza previously coached at Dana College from 1999 to 2006. Costanza led Dana to a national title in 2006.



St. Cloud State University Wrestling Update Page 2

2009-10 St. Cloud State Wrestling Roster

Name	Year	Weight	Hometown	High School	Name	Year	Weight	Hometown	High School	Zach
Mitchell Altermatt	RsSo	165	Wabasso, Minn.	Wabasso/SDSU	Kurt Salmen	So	165	Dassel, Minn.	Dassel-Cokato H.S./	
Joe Andersen	RsSo	149/157	Bemidji, Minn.	Bemidji					Ridgewater C.C.	
Josh Antonneau	So	184/197	Hartland, Wis.	Arrowhead./UW Miv.	Chad Schultz	RsFY	141	Mauston, Wisc.	Mauston	
Mic Berg	FY	184/197	Inver GroveHgts.	Simley	Derek Skala	RsJr	174	Owatonna	Owatonna	
Chris Brassell	FY	285	Park Ridge, IL	Maine South	Zach Stewart	FY	125/133	Green Bay	Ashwaubenon	
Josh Conrath	RsFY	184/197	Waseca, Minn.	Waseca	Gabriel Suarez	RsJr	141	Las Vegas, NV	Cimarron-Memorial	
Michael Cullen	RsFY	157	Coon Rapids	Coon Rapids/UW-L	John Sundgren	RsJr	157	Blaine, Minn.	Blaine	
Adam Helgeson	RsSo	133/141	Sauk Centre	Sauk Centre	Jake Tabbert	RsSo	149	Inver Grove Hgts.	Simley	
Trent Herold	FY	125/133	East Bethel	St. Francis						
Jacob Horn	FY	149/157	St. Michael	SM-Albertville						
Joshua Joriman	RsFY	157	Lino Lakes	Centennial						
Jacob Kahnke	RsFY	197/285	Shakopee,	Prior Lake/Old Dom.						
Alex Kontz	RsFY	149	Canby, Minn.	Canby						
Chad Kubasch	RsJr	149/157	New Germany	Watertown-Mayer						
Brian Litch	RsSo	141	Plymouth	Wayzata/Nebraska						
Luke Mathe	RsFY	141	Plover, Wisc.	Stevens Point						
Shane McQuade	FY	125/133	Appleton, Wisc.	Appleton West						
Tad Merritt	RsSo	165	Canby, Minn.	Canby						
Adam Minette	RsSr	157	New Prague	New Prague						
Lucas Munkelwitz	RsSo	184/197	Forest Lake	Forest Lake						
Shamus O'Grady	RsFY	174	Coon Rapids	Coon Rapids						
Mathew Piersak	RsFY	149	Shoreview	Mounds View						
Mac Rivard	FY	149	Cedar, Minn.	St. Francis						
Jacob Roberts	RsSr	149	Jordan, Minn.	Scott West/Augsburg						
Erik Rogness	RsJr	197	Buffalo, Minn.	Buffalo						
Ted Saatzer	RsSr	197	Mound, Minn.	Mound - Westonka/ Ridgewater C.C.						

Head Coach: Steve Costanzo (Fourth Season)
Assistant Coach: Matt Lowers (Third Season)
Graduate Assistant Coach: Chris Heilman (Second Season)
Graduate Assistant Coach: Cy Wainwright (First Season)
Volunteer Assistant Coach: Jeremy Lang (Fourth Season)
Volunteer Assistant Coach: John Peterson (Second Season)
Student Assistant Coach: Brad Padgett (First Season)
Student Assistant Coach: Josh Williams (First Season)

2009-10 SCSU Honors:
NSIC Wrestler of the Week - Tad Merritt on Nov. 16, 2009
NSIC Wrestler of the Week - John Sundgren on Dec. 8, 2009

2009-10 St. Cloud State Wrestling Results

Name	W/L Record	Dual W/L	Falls	Bison	Cobber	Dragon	Husky	Midlands	Ridgewater	Worth.	ILCC	NC	Region	NCAA's
Andersen, Joe	6-1	1-0	1	NA	3rd	NA	N/A							
*Antonneau, Josh	7-5	0-0	2	DNP	5th	NA	DNP							
*Berg, Mic	13-7	0-0	4	3rd	4th	5th	4th							
*Brassell, Chris	9-7	0-0	1	5th	3rd	DNP	4th							
Conrath, Josh	3-4	0-0	1	NA	DNP	NA	DNP							
Cullen, Michael	7-6	0-0	3	4th	DNP	NA	DNP							
Helgeson, Adam	8-7	0-0	1	6th	5th	NA	DNP							
Herold, Trent	6-7	2-4	1	NA	3rd	NA	DNP							
*Horn, Jake	6-5	0-0	1	DNP	NA	3rd	DNP							
Joriman, Josh	10-6	0-0	0	5th	5th	NA	DNP							
Kahnke, Jacob	13-2	5-1	3	NA	1st	NA	3rd							
Kontz, Alex	6-6	0-1	0	NA	2nd	DNP	DNP							
Kubasch, Chad	3-6	0-0	0	DNP	DNP	NA	DNP							
Litch, Brian	3-4	0-0	2	NA	DNP	NA	DNP							
McQuade, Shane	9-5	3-3	4	NA	2nd	NA	2nd							
Merritt, Tad	14-0	6-0	9	NA	1st	NA	1st-OW							
Minette, Adam	4-4	0-0	0	NA	DNP	NA	5th							
Munkelwitz, Luke	14-1	5-1	3	NA	1st	NA	1st							
O'Grady, Shamus	7-5	3-3	1	NA	NA	NA	5th							
Piersak, Matt	2-2	0-0	1	NA	NA	NA	DNP							
*Rivard, Mac	4-6	0-0	0	DNP	DNP	5th	N/A							
Roberts, Jacob	6-5	2-2	0	NA	3rd	NA	DNP							
Rogness, Erik	5-5	0-0	0	NA	DNP	NA	DNP							
Saatzer, Ted	2-6	0-0	1	DNP	DNP	NA	DNP							
*Salmen, Kurt	5-6	0-0	3	NA	NA	6th	6th							
Schultz, Chad	9-5	1-0	4	6th	NA	NA	4th							
Skala, Derek	10-4	4-2	2	NA	2nd	NA	2nd							
*Stewart, Zach	12-6	0-0	0	5th	5th	1st	DNP							
Suarez, Gabe	8-0	2-0	4	NA	DNP	NA	1st							
Sundgren, John	7-2	3-2	4	NA	1st	NA	N/A							
Tabbert, Jake	5-3	0-1	1	NA	1st	NA	DNP							
TOTALS	223-139	37-20	56	7	17	5	12							
WIN PERCENTAGE	0.616	0.649												
* - Indicates - Wrestling Unattached													NSIC	
DNP - Indicates - Did Not Place													Region	
NA - Indicates - Not Active													NCAA's	
Dual Record: 4-2, 0-0 NSIC														

