



Home of the Huskies

# St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Wrestling Update

Contact: Tom Nelson 320-308-2141 or [tcnelson@stcloudstate.edu](mailto:tcnelson@stcloudstate.edu)



## Upcoming Matches:

Jan. 15

UW-Eau Claire, 7 pm

Jan. 16

Southwest MN State, 7 pm



## 2009-10 SCSU Schedule

Date	Opponent	Time/Result
Nov. 8	Black/Red Classic	B 16, R 15
Nov. 14	at Northwestern	L, 17-12
Nov. 14	vs. Eastern Mich.	L, 25-24
Nov. 14	vs. North Central	W, 20-19
Nov. 21	at Cobber Open	No Team Scores
Dec. 5	at UW LaCrosse Duals	9 a.m.
	vs. UW-Stevens Points	W, 28-9
	vs. Loras	W, 48-0
	at UW-LaCrosse	W, 25-13
Dec. 12	HUSKY OPEN	No Team Scores
Dec. 29-30	Midlands Tournament	34th place
Jan. 9-10	NWCA Duals	7th place
Jan. 9	vs. SF State	W, 22-10
Jan. 9	vs. UN-Omaha	L, 27-12
Jan. 9	vs. Ft. Hays State	W, 23-13
Jan. 10	vs. UW-Parkside	L, 19-14
Jan. 10	vs. Augustana	W, 19-18
Jan. 15	UW-EAU CLAIRE	7 p.m.
Jan. 16	SW MINNESOTA	7 p.m.
Jan. 22	AUGUSTANA	7 p.m.
Jan. 23	UN-OMAHA	2 p.m.
Jan. 29	at MSU Moorhead	7 p.m.
Feb. 5	at Mary	7 p.m.
Feb. 6	at Northern State	7 p.m.
Feb. 11	ST. JOHN'S	7 p.m.
Feb. 14	UPPER IOWA	2 p.m.
Feb. 19	at Minnesota State	7 p.m.
Feb. 28	at Super Regional	TBA
Mar. 12-13	NCAA II Finals	TBA

For complete ticket information, please call 1-877-SCSUTIX or 320-308-2137.

## NEED INFO?

For information about SCSU Wrestling, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The Wrestling Contact at SCSU for 2005-06 is Tom Nelson. You can contact him via email at [tcnelson@stcloudstate.edu](mailto:tcnelson@stcloudstate.edu)

## IMPORTANT NUMBERS:

Wrestling Office: 320-308-2996

## HUSKY HOME PAGE:

[www.StCloudState.edu/athletics](http://www.StCloudState.edu/athletics)

## 2009-10 SCSU Wrestling News

Release Date: Jan. 12, 2010

### HUSKIES HEADLINERS:

- SCSU captured 7th place at the recent NWCA/Cliff Keen Division II National Duals on Jan. 9-10. SCSU gained victories over . SCSU charted wins over #17 San Francisco State (22-10), #14 Fort Hays State (23-13) and #8 Augustana (19-18), while the Huskies suffered losses to #1 Nebraska-Omaha (27-12) and #6 UW-Parkside (19-14). SCSU was seeded #8 in the tournament, and the Huskies are currently ranked #9 in the nation. Of note, the Huskies did not place at the DII duals last year, as they charted a 1-2 record in tournament action there.
- SCSU now owns a 7-4 dual match record in 2009-10.
- Derek Skala charted an impressive 4-1 record at the NWCA Duals in the 184-pound division. His weekend in Iowa included big wins over #3 ranked Austin Boehm of UNO and #6 ranked Nick Henning of Augie. Lucas Munkelwitz also posted a 4-1 record in action at 197-pounds for the Huskies at the NWCA Duals, while teammate Jake Kahnke was 4-1 at heavyweight for the Huskies.
- In the latest NCAA Division II Super Region #3 rankings, the Huskies gained a 2nd place rating with 58 points. Augustana ranked 1st in the region at 59. Individually, John Sundgren (157) and Jacob Roberts (149) were ranked first in the region, while Gabe Suarez (141), Tad Merritt (165), Derek Skala (184), Lucas Munkelwitz (197) and Jacob Kahnke (285) all ranked second in the region poll.
- Tad Merritt and Lucas Munkelwitz are 19-4 this season, while Jake Kahnke improved to 17-3 with their efforts at the NWCA Duals. Of note, Derek Skala is 16-7 this winter at 184-pounds.
- SCSU will be led on the mats this season by team captains junior **Gabe Suarez**, junior **Derek Skala**, junior **John Sundgren** and sophomore **Tad Merritt**.
- The Huskies finished the 2009-10 season with an 8-5 record and a 5-2 record against NSIC schools. SCSU placed second at the 2009 NCAA regional meet and 8th at the 2009 NCAA Division II championships.
- SCSU will open its dual meet season on Jan. 15, with a home date against UW-Eau Claire. Last year, the Huskies earned a 36-6 win at UW-EC. SCSU will then open the NSIC Dual Season on Jan. 16, with a home date against Southwest Minnesota State at 7 p.m. in Halenbeck Hall. Last year, SCSU gained a big 40-6 win in Marshall. Remember, all SCSU students are admitted FREE to all home wrestling matches with a valid student ID card.
- SCSU was ranked 9th in the latest DII national rankings. SCSU's John Sundgren was ranked 5th at 157-pounds, while Derek Skala is 8th at 184-pounds. Lucas Munkelwitz has moved up to 5th at 197-pounds, and Jacon Kahnke is 8th at 285-pounds. SCSU's top ranked grappler is Tad Merritt, with a 3rd place ranking at 165-pounds in the latest poll.
- SCSU gained three All-America awards in 2009. Brad Padgett placed third at 184-pounds, while Tad Merritt was third at 165-pounds. The trio was completed by Derek Skala's seventh place finish at 174-pounds in 2009.
- SCSU's eighth place finish at the 2009 NCAA Division II championships was the Huskies' best NCAA national finish since 1986.
- SCSU will host Augustana on Jan. 22, and then host Nebraska-Omaha on Jan. 23. All home matches are held in SCSU's Halenbeck Hall on the campus of SCSU.



**SCSU COACH STEVE COSTANZO:** Steve Costanzo is in his fourth season as the Husky head wrestling coach. Costanzo begins his 11th season overall as a college head coach. He has a career record of 93-48-2 while coaching 90 National Qualifiers, 37 All-Americans, 2 National Champions and 28 NWCA All-Academic recipients. His record at St. Cloud State now stands at 32-18. An All-American wrestler at Nebraska-Omaha (1996 graduate), Costanza previously coached at Dana College from 1999 to 2006. Costanza led Dana to a national title in 2006.



## 2009-10 St. Cloud State Wrestling Roster

Name	Year	Weight	Hometown	High School	Name	Year	Weight	Hometown	High School	Zach
Mitchell Altermatt	RsSo	165	Wabasso, Minn.	Wabasso/SDSU	Kurt Salmen	So	165	Dassel, Minn.	Dassel-Cokato H.S./	Ridgewater C.C.
Joe Andersen	RsSo	149/157	Bemidji, Minn.	Bemidji	Chad Schultz	RsFY	141	Mauston, Wisc.	Mauston	
Josh Antonneau	So	184/197	Hartland, Wis.	Arrowhead./UW Miv.	Derek Skala	RsJr	174	Owatonna	Owatonna	
Mic Berg	FY	184/197	Inver GroveHgts.	Simley	Zach Stewart	FY	125/133	Green Bay	Ashwaubenon	
Chris Brassell	FY	285	Park Ridge, IL	Maine South	Gabriel Suarez	RsJr	141	Las Vegas, NV	Cimarron-Memorial	
Josh Conrath	RsFY	184/197	Waseca, Minn.	Waseca	John Sundgren	RsJr	157	Blaine, Minn.	Blaine	
Michael Cullen	RsFY	157	Coon Rapids	Coon Rapids/UW-L	Jake Tabbert	RsSo	149	Inver Grove Hgts.	Simley	
Adam Helgeson	RsSo	133/141	Sauk Centre	Sauk Centre	<b>Head Coach:</b> Steve Costanzo (Fourth Season)					
Trent Herold	FY	125/133	East Bethel	St. Francis	<b>Assistant Coach:</b> Matt Lowers (Third Season)					
Jacob Horn	FY	149/157	St. Michael	SM-Albertville	<b>Graduate Assistant Coach:</b> Chris Heilman (Second Season)					
Joshua Joriman	RsFY	157	Lino Lakes	Centennial	<b>Graduate Assistant Coach:</b> Cy Wainwright (First Season)					
Jacob Kahnke	RsFY	197/285	Shakopee,	Prior Lake/Old Dom.	<b>Volunteer Assistant Coach:</b> Jeremy Lang (Fourth Season)					
Alex Kontz	RsFY	149	Canby, Minn.	Canby	<b>Volunteer Assistant Coach:</b> John Peterson (Second Season)					
Chad Kubasch	RsJr	149/157	New Germany	Watertown-Mayer	<b>Student Assistant Coach:</b> Brad Padgett (First Season)					
Brian Litch	RsSo	141	Plymouth	Wayzata/Nebraska	<b>Student Assistant Coach:</b> Josh Williams (First Season)					
Luke Mathe	RsFY	141	Plover, Wisc.	Stevens Point	<b>2009-10 SCSU Honors:</b>					
Shane McQuade	FY	125/133	Appleton, Wisc.	Appleton West	<b>NSIC Wrestler of the Week</b> - Tad Merritt on Nov. 16, 2009					
Tad Merritt	RsSo	165	Canby, Minn.	Canby	<b>NSIC Wrestler of the Week</b> - John Sundgren on Dec. 8, 2009					
Adam Minette	RsSr	157	New Prague	New Prague	<b>John Oxtan Award (MVP at 2009 Husky Open)</b> - Tad Merritt - 165 pounds					
Lucas Munkelwitz	RsSo	184/197	Forest Lake	Forest Lake						
Shamus O'Grady	RsFY	174	Coon Rapids	Coon Rapids						
Mathew Piersak	RsFY	149	Shoreview	Mounds View						
Mac Rivard	FY	149	Cedar, Minn.	St. Francis						
Jacob Roberts	RsSr	149	Jordan, Minn.	Scott West/Augsburg						
Erik Rogness	RsJr	197	Buffalo, Minn.	Buffalo						
Ted Saatzer	RsSr	197	Mound, Minn.	Mound - Westonka/ Ridgewater C.C.						

## 2009-10 St. Cloud State Wrestling Results

Name	W/L Record	Dual W/L	Falls	Bison	Cobber	Dragon	Husky	Midlands	Ridgewater	Worth.	ILCC	NC	Region	NCAA's
Andersen, Joe	6-1	1-0	1	NA	3rd	NA	NA	NA	NA					
Antonneau, Josh	7-5	0-0	2	DNP	5th	NA	DNP	NA	NA					
*Berg, Mic	16-8	0-0	4	3rd	4th	5th	4th	NA	3rd					
*Brassell, Chris	11-8	0-0	1	5th	3rd	DNP	4th	NA	2nd					
Conrath, Josh	6-5	0-0	1	NA	DNP	NA	DNP	NA	3rd					
Cullen, Michael	7-8	0-0	3	4th	DNP	NA	DNP	NA	DNP					
Ferguson, Calvin	0-0	0-0	0	NA	NA	NA	NA	NA	NA					
Helgeson, Adam	8-7	0-0	1	6th	5th	NA	DNP	NA	NA					
Herold, Trent	7-11	3-8	1	NA	3rd	NA	DNP	NA	NA					
Horn, Jake D.	0-0	0-0	0	NA	NA	NA	NA	NA	NA					
*Horn, Jake R.	10-6	0-0	1	DNP	NA	3rd	DNP	NA	3rd					
Joriman, Josh	10-6	0-0	0	5th	5th	NA	DNP	NA	NA					
Kahnke, Jacob	17-3	9-2	4	NA	1st	NA	3rd	NA	NA					
Kontz, Alex	6-9	0-4	0	NA	2nd	DNP	DNP	NA	NA					
Kubasch, Chad	3-6	0-0	0	DNP	DNP	NA	DNP	NA	NA					
Litch, Brian	3-4	0-0	2	NA	DNP	NA	DNP	NA	NA					
McQuade, Shane	11-8	5-6	4	NA	2nd	NA	2nd	NA	NA					
Merritt, Tad	19-4	9-2	9	NA	1st	NA	1st-OW	DNP	NA					
Minette, Adam	4-4	0-0	0	NA	DNP	NA	5th	NA	NA					
Munkelwitz, Luke	19-4	9-2	3	NA	1st	NA	1st	DNP	NA					
O'Grady, Shamus	10-9	6-5	2	NA	NA	NA	5th	DNP	NA					
Piersak, Matt	2-2	0-0	1	NA	NA	NA	DNP	NA	NA					
*Rivard, Mac	4-6	0-0	0	DNP	DNP	5th	NA	NA	NA					
Roberts, Jacob	7-6	3-3	0	NA	3rd	NA	DNP	NA	NA					
Rogness, Erik	5-5	0-0	0	NA	DNP	NA	DNP	NA	NA					
Saatzer, Ted	2-6	0-0	1	DNP	DNP	NA	DNP	NA	NA					
*Salmen, Kurt	8-6	0-0	4	NA	NA	6th	6th	NA	1st					
Schultz, Chad	9-5	1-0	4	6th	NA	NA	4th	NA	NA					
Skala, Derek	16-7	8-3	3	NA	2nd	NA	2nd	DNP	NA					
*Stewart, Zach	12-6	0-0	0	5th	5th	1st	DNP	NA	NA					
Suarez, Gabe	8-6	2-4	4	NA	DNP	NA	1st	DNP	NA					
Sundgren, John	9-5	5-5	4	NA	1st	NA	NA	NA	NA					
Tabbert, Jake	5-3	0-1	1	NA	1st	NA	DNP	NA	NA					
<b>TOTALS</b>	<b>267-180</b>	<b>61-45</b>	<b>59</b>	<b>7</b>	<b>17</b>	<b>5</b>	<b>12</b>	<b>0</b>	<b>5</b>					
<b>WIN PERCENTAGE</b>	<b>0.597</b>	<b>0.575</b>												
<b>* - Indicates - Wrestling Unattached</b>				<b>Dual Record: 7-4, 1-0 NSIC</b>								<b>NSIC</b>		
<b>DNP - Indicates - Did Not Place</b>												<b>Region</b>		
<b>NA - Indicates - Not Active</b>												<b>NCAA's</b>		

