



Home of the Huskies

St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Wrestling Update

For more information, contact: Matt Marek at 320-308-2141

UPCOMING EVENTS

March 13-14

NCAA Championships
Houston, Texas



2008-09 SCSU Schedule

Date	Opponent	Time/Result
Nov. 7	Black/Red Intrasquad	26-10-Black
Nov. 15	at Bison Open	No Team
Nov. 22	at Cobber Open	No Team
Dec. 6	at Dragon Open	No Team
Dec. 13	HUSKY OPEN! (fieldhouse)	No Team
Jan. 4	at Menlo Invitational	1st of 12
Jan. 10	Division II National Duals	TBA
	#6 Central Oklahoma	L, 33-8
	#13 Findlay	W, 30-6
	#5 Western State	L, 21-18
Jan. 16	at #17 St. John's	W, 17-16
Jan. 22	at #1 Nebraska-Omaha	L, 37-6
Jan. 24	at UW-Eau Claire	W, 36-6
Jan. 30	NORTHERN STATE* @	W, 39-6
Feb. 1	MARY*#	W, 38-13
Feb. 6	at #13 Augustana*	W, 17-16
Feb. 7	at SW Minnesota State*	W, 40-6
Feb. 13	MSU MOORHEAD*	W, 23-12
Feb. 15	at #9 Upper Iowa*	L, 21-18
Feb. 19	#3 MINNESOTA STATE*	L, 24-15
Mar. 1	at North Regional	2nd of 8
Mar. 13-14	D-II Championships	Houston

ALL CAPS indicate home event
All home events take place at Halenbeck Hall
* - indicates Northern Sun Dual

! - Parent's Day
@ - Prep Night
- Alumni Day

2008-09 SCSU Coaches and Staff

Head Coach: Steve Costanzo
Assistant Coach: Matt Lowers
Graduate Assistant Coach:
 Chris Heilman
Volunteer Assistants: Jeremy Lang, Tom Anderson
Student Assistant: Nick Wilkes
Student Managers: Christine Schiller, Kyrietta Rouser



2008-09 SCSU WRESTLING TEAM NEWS

Release Date: March 2, 2009



ON TAP: After a season of success and fine individual performances, expectations came to fruition Sunday in Marshall as eight of the nine Huskies that competed qualified for the Division II Championships in two weeks in Houston, Texas. The Huskies will try to improve upon a 12th place mark from last year's appearance that featured seven Huskies making a splash on the national scene.

LIVE STATS PROVIDED FOR FINAL HUSKY HOME MATCHES: For all the Husky Wrestling faithful unable to attend home matches, live stats were available for matches in Halenbeck Hall. Fans could access the stats for free by going to the schedule page and clicking on the Live Stats link next to the corresponding match for that evening.

LIVE VIDEO VIA B2 NETWORKS AVAILABLE: Husky fans could watch live video streaming of select SCSU home events thru a pay-per-view partnership with B2 Networks. For complete information on how to watch the wrestling matches on the web, please visit the Husky Home Page at www.stcloudstate.edu/athletics.



THEY'VE GOT IT (THE RIGHT STUFF): Of the eight Husky grapplers that qualified, two stood out on Sunday. Gabe Suarez (Las Vegas) and Brad Padgett (Buckley, Wash.) captured regional titles at 141 lbs. and 184 lbs. respectively. For the second ranked Padgett it was his second straight regional title, as he will look to top his fourth place finish last year.

HANGIN' TOUGH(ER) AT THE TOURNEY: In the team phase of the region tournament, the Huskies took second place with 112.0 points. Regular season dual champion Minnesota State also took the region title by qualifying all 10 of its wrestlers and posting 135.5 points. Upper Iowa took third with 97.0 points followed by Augustana with 89.0 points. MSU Moorhead, Northern State, Southwest Minnesota and Mary rounded out the team standings.

IF YOU GO AWAY: Along with Suarez and Padgett, six other Huskies are leaving for Houston next week. Josh Williams (Banks, Ore. / 133 lbs.), Jake Roberts (Jordan / 149 lbs.) and

Derek Skala (Owatonna / 174 lbs.) all wrestled for regional titles, but fell short for second place finishes. Tad Merritt (Canby / 165 lbs.) and John Sundgren (Blaine / 157 lbs.) took third place while Luke Munkelwitz (Forest Lake) came back to win his true fourth place match at 197 lbs. to qualify for his first national tournament.



LET'S TRY IT AGAIN: Five qualifiers are making their second straight appearance at the championships with Brad Padgett and John Sundgren trying to duplicate All-America performances. Josh Williams, Gabe Suarez and Derek Skala are the other two grapplers making their second straight appearances.

WHERE DO I GO FROM HERE?: Three other Huskies reached at least one of their goals and look to expand on the success. Jake Roberts, Tad Merritt and Luke Munkelwitz are all making their first appearance on the nationwide scene.

HEAD COACH STEVE COSTANZO: Steve Costanzo is in his third season as the Husky head wrestling coach. He is the 13th coach in the history of the St. Cloud State University wrestling program, which dates back to 1949-50.



Costanzo begins his tenth season overall as a head coach. He has an overall record of 86-43-2 while coaching 90 National Qualifiers, 34 All-Americans, 2 National Champions and 22 Academic All-Americans.

A graduate of the University of Nebraska-Omaha, Costanzo was a three-time All-American wrestler for the Mavericks placing seventh in 1993, third in 1994 and third in 1995 at the NCAA Championships. In 1994 and 1995, Costanzo earned North Central Conference titles while serving as his team captain. He was named the Nebraska Collegiate Wrestler of the Year in 1994 and was inducted into the Nebraska Wrestling Hall of Fame in 2006. Costanzo still ranks as high as sixth on UNO's all-time win list with 133 victories as a collegiate wrestler.

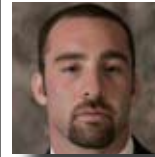
For the latest on SCSU Athletics, check out the Husky Homepage

www.StCloudState.edu/athletics

2008-09 SCSU ROSTER

Name	Year	Weight	Hometown	High School / Previous School
Mitchell Altermatt	RS-Fr.	165	Wabasso, Minn.	Wabasso / South Dakota State
Joe Andersen	RS-Fr.	149/157	Bemidji, Minn.	Bemidji
Logan Atkins	RS-Fr.	285	Magnolia, Ohio	Sandy Valley
Jacob Bowland	FY	141	Foley, Minn.	Foley
Jacob Cardenas	FY	149	Bellevue, Neb.	Omaha Skutt
Josh Conrath	FY	184	Waseca, Minn.	Waseca
Ryan Dougherty	FY	174	Stoughton, Wis.	Stoughton
Calvin Ferguson	FY	174	Jackson, Minn.	Jackson County Central
Tyler Furger	FY	141	Wausau, Wis.	Wausau West
Westy Hanson Jr.	Jr.	133	Crookston, Minn.	Crookston
Adam Helgeson	RS-Fr.	133/141	Sauk Centre, Minn.	Sauk Centre
Adam Hill Jr.	Jr.	184	Sauk Rapids, Minn.	Mahtomedi
Jake Horn	RS-Fr.	141	Ephrata, Wash.	Ephrata
Matt Jackson Sr.	Sr.	141/149	Oakdale, Minn.	Cretin-Derham Hall
Justin Jones Jr.	Jr.	165/174	Onamia, Minn.	Mille Lacs / Itasca CC
Joshua Joriman	FY	157	Lino Lakes, Minn.	Centennial
Cam Jurgenson	FY	157	Boyd, Minn.	Dawson-Boyd
Alex Kontz	FY	149	Canby, Minn.	Canby
Chad Kubasch	So.	149/157	New Germany, Minn.	Watertown-Mayer
Ross Lefebvre	So.	141	Otsego, Minn.	St. Michael-Albertville / UW-Eau Claire
Pat LeVasseur	FY	125	Buffalo Lake, Minn.	Hutchinson
Luke Mathe	FY	133	Plover, Wis.	Stevens Point
Brandon McVey	RS-Fr.	133/141	Mound, Minn.	Mound-Westonka
Tad Merritt	RS-Fr.	165	Canby, Minn.	Canby
Adam Minette Jr.	Jr.	157	New Prague, Minn.	New Prague
Lucas Munkelwitz	RS-Fr.	174/184	Forest Lake, Minn.	Forest Lake
Shamus O'Grady	FY	165	Coon Rapids, Minn.	Coon Rapids
Nick Olson	FY	197	Maplewood, Minn.	Tartan
Brad Padgett Sr.	Sr.	184	Buckley, Wash.	White River / Highline CC
Matt Piersak	FY	141	Shoreview, Minn.	Mounds View
Jacob Roberts Jr.	Jr.	149	Jordan, Minn.	Scott West / Augsburg College
Erik Rogness	So.	197	Buffalo, Minn.	Buffalo
Robert Ross	So.	285	St. Peter, Minn.	Mankato West
Ted Saatzer Jr.	Jr.	197	Mound, Minn.	Mound-Westonka / Ridgewater CC
Brad Salvesson Jr.	Jr.	197	Maple Lake, Minn.	Maple Lake / Ridgewater CC
Jon Schiewe	RS-Fr.	141	Chicago, Ill.	St. Patrick
Chad Schultz	FY	133	Mauston, Wis.	Mauston
Derek Skala	So.	174	Owatonna, Minn.	Owatonna
Gabe Suarez	So.	141	Las Vegas, Nev.	Cimarron-Memorial
John Sundgren	So.	157	Blaine, Minn.	Blaine
Jake Tabbert	RS-Fr.	149	Inver Grove Heights, Minn.	Simley
Jason Terres	So.	285	Cold Spring, Minn.	ROCORI
Nick Wasche	Sr.	133	Cedar, Minn.	St. Francis
Aaron Wilcox	So.	125/133	Pittsgrove, N.J.	Schalick / Dana College
Josh Williams	Sr.	133/141	Banks, Ore.	Banks / SW Oregon CC

Assistant Coaches

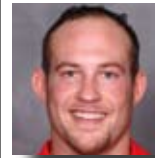


Matt Lowers

Matt Lowers enters his second season as an assistant coach for the Huskies. Lowers came to St. Cloud State from the University of Minnesota, where he served as an assistant wrestling coach for two seasons. While at Minnesota, the Gophers wrestling team captured

the 2006 Division I National Dual Team Championship, Big Ten Championship and finished second at the NCAA's. In 2007, the Minnesota Wrestling team repeated as National Dual and Big Ten Champions and also won the NCAA's for the third time in school history. While serving as an assistant with the University of Minnesota wrestling team, Lowers also worked as the Director of Wrestling Operations for J Robinson Intensive Camps.

Jeremy Lang



Jeremy Lang enters his third season as a volunteer assistant coach for his alma mater SCSU. Lang is a native of Springfield, MN and a 1993 graduate of Springfield High School. He was a five-year letter-winner in wrestling, three-time Minnesota High School state qualifier and a three-time All-State recipient in wrestling and placed fifth at state his senior year. He amassed a career high school record of 101-36-2. Competed for the Huskies from 1993-99, Lang was a three-year letterwinner for SCSU and a three-time All-Conference recipient in the tough North Central Conference.

Chris Heilman



Chris Heilman enters his first season as a graduate assistant coach for the Huskies. A Colorado Springs native, Heilman was the 2004 Colorado High School State Champion for St. Mary's High School. He then went on to a successful career at Cornell College in Mount Vernon, Iowa, where he earned NCAA Division III All-American honors three-times. Heilman placed seventh in 2006, placed fourth in 2007 and placed third as a senior in 2008. He is the fifth wrestler in school history to earn All-American accolades in at least three years.

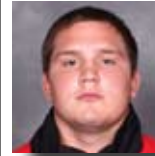
Tom Anderson



Tom Anderson enters his first season as a volunteer assistant coach for the Huskies. A Belview native, Anderson was a 2008 NCAA Division II national qualifier while competing for the Huskies. He is a three-time letter winner and a two-time National Wrestling Coaches Association Scholar All-American. Anderson earned the team's "Most Improved"

wrestler award in his senior year as he accounted for more than twenty victories on the season. He completed his bachelor degree in business economics from SCSU in May 2008.

Nick Wilkes



Nick Wilkes enters his first season as a student assistant coach for the Huskies. An Onamia native, Wilkes was a two-time NCAA Division II national qualifier and a 2008 All-American for the Huskies. He was a two-year letter winner and captain of the team in his junior and senior seasons. Wilkes was named the 2007 Dean Weisman Wrestler of the

Year for the Huskies. He was named North Central Conference Wrestler of the Week honors three-times during his career. He amassed a two-year mark of 45-16 and 21-3 in dual meet action. In addition, Wilkes was a two-time NJCAA All-American for Itasca Community College. In December, he will be completing his degree at SCSU in Criminal Justice.

BREAKDOWN

By Class	#
Seniors	4
Juniors	7
Sophomores	9
Redshirt Fr.	10
First Year	15
Transfers	9
JUCO	5
4-Year	4
Newcomers:	20
Returners:	25

By Home State	#
Minnesota:	33
Wisconsin:	4
Washington:	2
Nebraska:	1
Iowa:	1
Illinois:	1
Nevada:	1
Ohio:	1
Oregon:	1
New Jersey:	1

Wrestling Coaches Association Poll February 18, 2009

Rk.	Team	Pts.	Prv.
1.	Nebraska-Omaha	160	1st
2.	Newberry (S.C.)	150	2nd
3.	Minnesota State-Mankato	146	3rd
4.	Western State (Colo.)	133	5th
5.	Nebraska-Kearney	130	4th
6.	Pittsburgh-Johnstown (Pa.)	118	7th
7.	Central Oklahoma	115	6th
8.	Wisconsin-Parkside	101	8th
9.	Upper Iowa	86	10th
10.	St. Cloud State (Minn.)	85	12th
11.	Mercyhurst (Pa.)	84	11th
12.	Adams State (Colo.)	76	9th
13.	Augustana (S.D.)	63	13th
14.	Fort Hays State (Kan.)	37	19th
15.	Chadron State (Neb.)	35	14th
16.	Central Missouri	33	18th
17.	Gannon (Pa.)	32	NR
18.	Findlay (Ohio)	28	15th
19.	Kutztown (Pa.)	24	16th
20.	Ashland (Ohio)	16	17th

Others receiving votes: Anderson (S.C.), Minnesota State-Moorhead, San Francisco State (Calif.), Shippensburg (Pa.), West Liberty State. (W. Va.).

NSIC Standings

Rk.	School	NSIC	All
1.	Minnesota State	7-0	12-4
2.	Upper Iowa	6-1	13-4
3.	St. Cloud State	5-2	8-5
4.	Augustana	4-3	8-9
5.	MSU Moorhead	3-4	7-12
6.	Southwest Minnesota	2-5	3-7
7.	Northern State	1-6	4-8
8.	Mary	0-7	2-10