



Home of the Huskies

St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Wrestling Update

For more information, contact: Matt Marek at 320-308-2141

UPCOMING EVENTS

January 30

Northern State - Prep Night



February 1

Mary - Alumni Day



2008-09 SCSU Schedule

Date	Opponent	Time/Result
Nov. 7	Black/Red Intrasquad	26-10-Black
Nov. 15	at Bison Open	No Team
Nov. 22	at Cobber Open	No Team
Dec. 6	at Dragon Open	No Team
Dec. 13	HUSKY OPEN! (fieldhouse)	No Team
Jan. 4	at Menlo Invitational	1st of 12
Jan. 10	Division II National Duals	TBA
	#6 Central Oklahoma	L, 33-8
	#13 Findlay	W, 30-6
	#5 Western State	L, 21-18
Jan. 16	at #17 St. John's	W, 17-16
Jan. 22	at #1 Nebraska-Omaha	L, 37-6
Jan. 24	at UW-Eau Claire	W, 36-6
Jan. 30	NORTHERN STATE* @	7 p.m.
Feb. 1	MARY* #	2 p.m.
Feb. 6	at Augustana*	7 p.m.
Feb. 7	at SW Minnesota State*	2 p.m.
Feb. 13	MSU MOORHEAD*	7 p.m.
Feb. 15	at Upper Iowa*	2 p.m.
Feb. 19	MINNESOTA STATE*	7 p.m.
Mar. 1	at North Regional	TBA
Mar. 13-14	Division II Championships	TBA

ALL CAPS indicate home event
All home events take place at Halenbeck Hall
* - indicates Northern Sun Dual

! - Parent's Day
@ - Prep Night
- Alumni Day

2008-09 SCSU Coaches and Staff

Head Coach:	Steve Costanzo
Assistant Coach:	Matt Lowers
Graduate Assistant Coach:	
	Chris Heilman
Volunteer Assistants:	Jeremy Lang
	Tom Anderson
Student Assistant:	Nick Wilkes
Student Managers:	Christine Schiller
	Kyrietta Rouser



2008-09 SCSU WRESTLING TEAM NEWS

Release Date: January 27, 2008



ON TAP: Northern Sun wrestling action begins for the Huskies on Friday, as the Huskies take on Northern State for a 7:00 p.m. bout. Following the dual with the Wolves, the Mary Marauders march into Halenbeck on Sunday, as they will take on the Huskies at 2:00 .

SPECIAL EVENTS AT THIS WEEK'S HOME MATCHES: With the Huskies getting ready to start their home slate soon, two special events will be held in conjunction with those dates. On January 30th the Huskies will hold Prep Night. Admission will be \$1 for all area students grades 1-12 as all coaches, kids clubs, middle and high school teams are invited to attend this meet. On February 1, all Husky Wrestling alumni will be honored at intermission of the match against Mary. Following the dual there will be an alumni social beginning at 4:30 at DB Searle's in downtown St. Cloud.

MERRITT PINS TOP RANKED DENSON; HUSKIES SPLIT THE WEEKEND: The Huskies took to the road yet again for their final two non-conference duals of the season. On Thursday, the Huskies were handled by #1 Nebraska-Omaha, but Tad Merritt's (Canby) win highlighted the match and the weekend for the Huskies. Merritt, the



eighth ranked wrestler at 165 lbs. in Division II, came from behind against top-ranked Aaron Denson, pinning him at the 5:31 mark of the match. Merritt's win accounted for the only Husky points as they fell 37-6.

The Huskies would rebound, however, on Saturday at UW-Eau Claire with a 36-6 win. Merritt recorded his second pin of the weekend, this time at 174 lbs., and the Huskies cruised as eight of the 10 SCSU grapplers picked up wins. Jake Horn (Ephrata, Wash.) picked up a pin at 157 lbs. and Gabe Suarez (Las Vegas) recorded a tech fall victory at 149 lbs. to pace the Huskies.



NEWEST RANKINGS PUT HUSKIES AT #11:

In the latest National Poll, St. Cloud State moved up one spot to #11, two points ahead of Wisconsin-Parkside and 18 behind Mercyhurst. Four individuals are ranked for the Huskies, as Josh

Williams became the latest Husky representative, as the senior from Banks, Ore. came in at eighth at the 133 lbs. class. Tad Merritt held steady at eighth at 165 lbs., while John Sundgren (Blaine) fell from fifth to eighth at 157 lbs. Brad Padgett (Buckley, Wash.) remained at third at 184 lbs.

Four other NSIC teams were receiving votes in the latest poll as Minnesota State came in at third, Upper Iowa was at ninth, Augustana checked in at 14th and MSU-Moorhead was also receiving votes.

IOWA LAKES RESULTS: Three Huskies headed south to Estherville, Iowa to compete in the Laker Open hosted by Iowa Lakes CC. Adam Minette (New Prague) went 1-2 on the day and Matt Jackson (Oakdale) posted a 2-2 mark on the afternoon. The lone placer of the three was Brandon McVey (Mound). McVey went 3-1 to record a third place finish at 133 lbs. for SCSU.

HEAD COACH STEVE COSTANZO: Steve Costanzo is in his third season as the Husky head wrestling coach. He is the 13th coach in the history of the St. Cloud State University wrestling program, which dates back to 1949-50.



Costanzo begins his tenth season overall as a head coach. He has an overall record of 81-42-2 while coaching 82 National Qualifiers, 34 All-Americans, 2 National Champions and 22 Academic All-Americans.

A graduate of the University of Nebraska-Omaha, Costanzo was a three-time All-American wrestler for the Mavericks placing seventh in 1993, third in 1994 and third in 1995 at the NCAA Championships. In 1994 and 1995, Costanzo earned North Central Conference titles while serving as his team captain. He was named the Nebraska Collegiate Wrestler of the Year in 1994 and was inducted into the Nebraska Wrestling Hall of Fame in 2006. Costanzo still ranks as high as sixth on UNO's all-time win list with 133 victories as a collegiate wrestler.

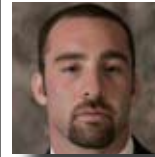
For the latest on SCSU Athletics, check out the Husky Homepage

www.StCloudState.edu/athletics

2008-09 SCSU ROSTER

Name	Year	Weight	Hometown	High School / Previous School
Mitchell Altermatt	RS-Fr.	165	Wabasso, Minn.	Wabasso / South Dakota State
Joe Andersen	RS-Fr.	149/157	Bemidji, Minn.	Bemidji
Logan Atkins	RS-Fr.	285	Magnolia, Ohio	Sandy Valley
Jacob Bowland	FY	141	Foley, Minn.	Foley
Jacob Cardenas	FY	149	Bellevue, Neb.	Omaha Skutt
Josh Conrath	FY	184	Waseca, Minn.	Waseca
Ryan Dougherty	FY	174	Stoughton, Wis.	Stoughton
Calvin Ferguson	FY	174	Jackson, Minn.	Jackson County Central
Tyler Furger	FY	141	Wausau, Wis.	Wausau West
Westy Hanson Jr.	Jr.	133	Crookston, Minn.	Crookston
Adam Helgeson	RS-Fr.	133/141	Sauk Centre, Minn.	Sauk Centre
Adam Hill Jr.	Jr.	184	Sauk Rapids, Minn.	Mahtomedi
Jake Horn	RS-Fr.	141	Ephrata, Wash.	Ephrata
Matt Jackson Sr.	Sr.	141/149	Oakdale, Minn.	Cretin-Derham Hall
Justin Jones Jr.	Jr.	165/174	Onamia, Minn.	Mille Lacs / Itasca CC
Joshua Joriman	FY	157	Lino Lakes, Minn.	Centennial
Cam Jurgenson	FY	157	Boyd, Minn.	Dawson-Boyd
Alex Kontz	FY	149	Canby, Minn.	Canby
Chad Kubasch	So.	149/157	New Germany, Minn.	Watertown-Mayer
Ross Lefebvre	So.	141	Otsego, Minn.	St. Michael-Albertville / UW-Eau Claire
Pat LeVasseur	FY	125	Buffalo Lake, Minn.	Hutchinson
Luke Mathe	FY	133	Plover, Wis.	Stevens Point
Brandon McVey	RS-Fr.	133/141	Mound, Minn.	Mound-Westonka
Tad Merritt	RS-Fr.	165	Canby, Minn.	Canby
Adam Minette Jr.	Jr.	157	New Prague, Minn.	New Prague
Lucas Munkelwitz	RS-Fr.	174/184	Forest Lake, Minn.	Forest Lake
Shamus O'Grady	FY	165	Coon Rapids, Minn.	Coon Rapids
Nick Olson	FY	197	Maplewood, Minn.	Tartan
Brad Padgett Sr.	Sr.	184	Buckley, Wash.	White River / Highline CC
Matt Piersak	FY	141	Shoreview, Minn.	Mounds View
Jacob Roberts Jr.	Jr.	149	Jordan, Minn.	Scott West / Augsburg College
Erik Rogness	So.	197	Buffalo, Minn.	Buffalo
Robert Ross	So.	285	St. Peter, Minn.	Mankato West
Ted Saatzer Jr.	Jr.	197	Mound, Minn.	Mound-Westonka / Ridgewater CC
Brad Salvesson Jr.	Jr.	197	Maple Lake, Minn.	Maple Lake / Ridgewater CC
Jon Schiewe	RS-Fr.	141	Chicago, Ill.	St. Patrick
Chad Schultz	FY	133	Mauston, Wis.	Mauston
Derek Skala	So.	174	Owatonna, Minn.	Owatonna
Gabe Suarez	So.	141	Las Vegas, Nev.	Cimarron-Memorial
John Sundgren	So.	157	Blaine, Minn.	Blaine
Jake Tabbert	RS-Fr.	149	Inver Grove Heights, Minn.	Simley
Jason Terres	So.	285	Cold Spring, Minn.	ROCORI
Nick Wasche	Sr.	133	Cedar, Minn.	St. Francis
Aaron Wilcox	So.	125/133	Pittsgrove, N.J.	Schalick / Dana College
Josh Williams	Sr.	133/141	Banks, Ore.	Banks / SW Oregon CC

Assistant Coaches

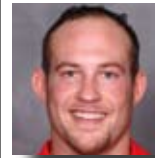


Matt Lowers

Matt Lowers enters his second season as an assistant coach for the Huskies. Lowers came to St. Cloud State from the University of Minnesota, where he served as an assistant wrestling coach for two seasons. While at Minnesota, the Gophers wrestling team captured

the 2006 Division I National Dual Team Championship, Big Ten Championship and finished second at the NCAA's. In 2007, the Minnesota Wrestling team repeated as National Dual and Big Ten Champions and also won the NCAA's for the third time in school history. While serving as an assistant with the University of Minnesota wrestling team, Lowers also worked as the Director of Wrestling Operations for J Robinson Intensive Camps.

Jeremy Lang



Jeremy Lang enters his third season as a volunteer assistant coach for his alma mater SCSU. Lang is a native of Springfield, MN and a 1993 graduate of Springfield High School. He was a five-year letter-winner in wrestling, three-time Minnesota High School state qualifier and a three-time All-State recipient in wrestling and placed fifth at state his senior year. He amassed a career high school record of 101-36-2. Competed for the Huskies from 1993-99, Lang was a three-year letterwinner for SCSU and a three-time All-Conference recipient in the tough North Central Conference.

Chris Heilman



Chris Heilman enters his first season as a graduate assistant coach for the Huskies. A Colorado Springs native, Heilman was the 2004 Colorado High School State Champion for St. Mary's High School. He then went on to a successful career at Cornell College in Mount Vernon, Iowa, where he earned NCAA Division III All-American honors three-times. Heilman placed seventh in 2006, placed fourth in 2007 and placed third as a senior in 2008. He is the fifth wrestler in school history to earn All-American accolades in at least three years.

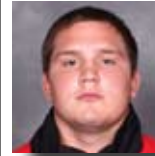
Tom Anderson



Tom Anderson enters his first season as a volunteer assistant coach for the Huskies. A Belview native, Anderson was a 2008 NCAA Division II national qualifier while competing for the Huskies. He is a three-time letter winner and a two-time National Wrestling Coaches Association Scholar All-American. Anderson earned the team's "Most Improved"

wrestler award in his senior year as he accounted for more than twenty victories on the season. He completed his bachelor degree in business economics from SCSU in May 2008.

Nick Wilkes



Nick Wilkes enters his first season as a student assistant coach for the Huskies. An Onamia native, Wilkes was a two-time NCAA Division II national qualifier and a 2008 All-American for the Huskies. He was a two-year letter winner and captain of the team in his junior and senior seasons. Wilkes was named the 2007 Dean Weisman Wrestler of the

Year for the Huskies. He was named North Central Conference Wrestler of the Week honors three-times during his career. He amassed a two-year mark of 45-16 and 21-3 in dual meet action. In addition, Wilkes was a two-time NJCAA All-American for Itasca Community College. In December, he will be completing his degree at SCSU in Criminal Justice.

BREAKDOWN

By Class	#
Seniors	4
Juniors	7
Sophomores	9
Redshirt Fr.	10
First Year	15
Transfers	9
JUCO	5
4-Year	4
Newcomers:	20
Returners:	25

By Home State	#
Minnesota:	33
Wisconsin:	4
Washington:	2
Nebraska:	1
Iowa:	1
Illinois:	1
Nevada:	1
Ohio:	1
Oregon:	1
New Jersey:	1

Wrestling Coaches Association Poll January 21 Poll

Rk.	Team	Pts.	Prv.
1.	Nebraska-Omaha	160	1st
2.	Newberry (S.C.)	151	2nd
3.	Minnesota State-Mankato	145	4th
4.	Nebraska-Kearney	136	3rd
5.	Central Oklahoma	128	5th
6.	Western State (Colo.)	113	7th
7.	Adams State (Colo.)	112	6th
8.	Pittsburgh-Johnstown (Pa.)	103	11th
9.	Upper Iowa	101	8th
10.	Mercyhurst (Pa.)	89	9th
11.	St. Cloud State (Minn.)	71	12th
12.	Wisconsin-Parkside	69	10th
13.	Chadron State (Neb.)	47	14th
14.	Augustana (S.D.)	45	18th
15.	Findlay (Ohio)	40	13th
16.	Shippensburg (Pa.)	39	NR
17.	Ashland (Ohio)	30	15th
18.	Central Missouri	19	17th
	Kutztown (Pa.)	19	19th
20.	San Francisco State (Calif.)	17	20th
	West Liberty State (W. Va.)	17	16th

Others receiving votes: Fort Hays State (Kan.), Gannon (Pa.), Minnesota State-Moorhead.

NSIC Standings

Rk.	School	NSIC	All
1.	Minnesota State	3-0	7-3
2.	Augustana	2-1	6-4
3.	MSU-Moorhead	2-2	6-6
	Southwest MN State	1-1	2-3
5.	St. Cloud State	0-0	3-3
	Upper Iowa	0-0	7-3
7.	Northern State	0-1	3-3
8.	Mary	0-3	2-6