



Home of the Huskies

St. Cloud State University HUSKY ATHLETICS

Athletic Media Relations - Volleyball Update

Contact: Celest Stang 320-308-2141 or crstang@stcloudstate.edu



This Week's Games:

Southwest Minnesota State

Aug. 30, 2006

St. Cloud State at SW MN State, 7:00 pm
Marshall, Minn. - Physical Education Gym

UND Extreme Crossover

Tournament - Betty Engelstad Center

Sept. 1, 2006

St. Cloud State vs. Northern State, 2 pm
St. Cloud State vs. Dickinson State, 6 pm

Sept. 2, 2006

St. Cloud State vs. MSU, Moorhead, 10 am
St. Cloud State vs. Mary, 4 pm

2006 SCSU Schedule

Date	Opponent	Time/Result
8/25	@ N. Michigan	L, 1-3
8/25	vs. Mich. Tech	W, 3-1
8/26	vs. Lake Superior	W, 3-0
8/26	vs. Abilene Christian	L, 2-3
8/30	@ SW MN State	7 pm
9/1	vs. Northern St.	2 pm
9/1	vs. Dickinson St.	6 pm
9/2	vs. MSU, Moorhead	10 am
9/2	vs. Mary	4 pm
9/5	@ Conc.-St. Paul	7 pm
9/12	@ Bemidji State	7 pm
9/15	North Dakota*	7 pm
9/17	Winona State	1 pm
9/19	MN Crookston	7 pm
9/22	MN State Mankato*	7 pm
9/23	Augustana*	4 pm
9/26	@ Upper Iowa	6 pm
9/27	@ Winona State	7 pm
9/30	Nebraska-Omaha*	4 pm
10/3	Conc.-St. Paul	7 pm
10/10	Bemidji State	7 pm
10/13	@ Augustana*	7 pm
10/14	@ MN St. Mankato*	7 pm
10/17	SW MN State	7 pm
10/20	at MN Duluth*	7 pm
10/21	South Dakota*	4 pm
10/28	at North Dakota*	7 pm
10/30	MN Duluth*	7 pm
11/3	at South Dakota*	7 pm
11/4	at Nebraska-Omaha*	4 pm

(all games are listed as Central Time)

For complete ticket information, please call 1-877-SCSUTIX or 320-308-2137.

2006 SCSU VOLLEYBALL NEWS

Release Date: Aug. 29, 2006



SCSU HEADS TO SOUTHWEST MINNESOTA STATE: The SCSU volleyball team (2-2, 0-0 NCC) will travel to Marshall, Minn., on Wednesday, August 30, for a non-conference match against the Southwest Minnesota State University Mustangs (3-1, 0-0 NSIC). The first serve is scheduled for 7:00 p.m. in the Physical Education Gymnasium on the campus of SMSU.

VOLLEYBALL TO COMPETE IN UND EXTREME CROSSOVER TOURNEY: The Husky volleyball team will head to Grand Forks, N.D., to compete in the UND Extreme Crossover Tournament on Friday and Saturday, Sept. 1 and 2. SCSU will face Northern State at 2 p.m. and Dickinson State in their night cap at 7 p.m. on Friday. Saturday morning the Huskies will go head-to-head against MSU, Moorhead at 10 a.m. and wrap up their tournament showing at 4 p.m. in a contest against the University of Mary. All games are scheduled to be played in the Betty Engelstad Center.

HUSKIES FARE WELL IN SEASON OPENING TOURNEY: The St. Cloud State University volleyball team (2-2, 0-0 NCC) opened its 2006 season with two victories in Marquette, Mich., at the Northern Michigan University Tournament on Friday and Saturday, Aug. 25-26.

The Husky's dropped their season opener to the tournament host team, Northern Michigan University, in four games (16-30, 30-22, 23-30, 12-30) and then rallied to defeat Michigan Tech University three games to one (30-26, 27-30, 30-26, 30-28) in their second match of the tournament.

On Saturday, SCSU defeated Lake Superior State University in three straight games (30-21, 30-25, 31-29), and completed the tournament with a heart-break loss in five games (30-25, 30-25, 24-30, 24-30, 14-16) to Abilene Christian.



SCSU VS. SMSU: The Huskies and Mustangs have been competing since 1969. SCSU currently leads the overall series, 20-8. Southwest Minnesota State, under the helm of third-year head coach Terry Culhane, has been victorious in the last two meetings with SCSU. In 2005, SMSU defeated SCSU in three games on September 2, and on October 11, the Mustangs earned the win in four games over the Huskies.

SMSU is led by junior outside hitter Erin Contons, who became the first All-American at Division II since the Mustangs moved from NAIA to NCAA in 1995. In 2006, Contons has tallied a team second-best 72 kills, six blocks and 40 digs in 14 games played. Senior middle blocker Megan Wendorff, who was recently named the NSIC Offensive Player of the Week for her efforts in the Mustangs' season opening tournament, leads SMSU with 73 kills and eight blocks on the season.



Mickow

SCSU HEAD COACH PATRICIA MICKOW: Patricia Mickow is in her fourth season at St. Cloud State University during the 2006 season. In just her second season at SCSU in 2004, Mickow guided the Huskies to the NCAA Division II tournament for the first time since 1995. The Huskies placed third in the always rugged North Central Conference that season and also gained a solid 19-12 overall record under Mickow's direction. In three years at SCSU, Mickow owns a 38-52 record and in her college coaching career of 17 seasons, Mickow owns a 281-312 record.

www.StCloudState.edu/Athletics/Volleyball



ASSISTANT COACH:



ASSISTING IN 2006: Jenifer Odette is in her 12th season as an assistant coach with the Huskies. Her responsibilities as the Huskies' top assistant include being the lead recruiter and running the strength and conditioning program. She works primarily with the middle and right side hitters. Odette played volleyball at North Dakota State University from 1984 to 1987 as a right side hitter. In her senior season

Odette NDSU posted a 44-8 record. She was an All-Conference, All-Region and All-American selection as a senior and in 1986 the Bison advanced to the NCAA Division II Final Four.

2006 NCC PRESEASON PICKS: The 2006 NCC Preseason Volleyball Coaches Poll was released on August 15 and picked the SCSU Huskies to finish in fifth place in a tie with North Dakota after both teams received 19 votes in the poll. Minnesota Duluth was picked to three-peat as the NCC Champions after gathering six of the seven first-place votes and totaling 48 points.

TEAM CAPTAINS: Senior outside hitter Lindsey Gothe (Elk River, South Dakota State transfer), senior setter Sierra Nowak (Marshfield, Wis.) and senior middle hitter Deanna Pieper (Williams) will share the team's captain responsibilities for the 2006 season.

2005 RECORD: The SCSU Huskies finished the 2005 season with an 8-21 overall record and a seventh place finish in the North Central Conference with a 2-10 record. Graduating senior Angie Mayers was named to the 2005 All-NCC team and Jamie Schlagel, another graduating senior, was named to the 2005 All-NCC Honorable Mention team.

St. Cloud State University Quick Facts

- Location: St. Cloud, Minn.
Founded: 1869
Enrollment: 16,000
President: Dr. Roy Saigo
Director of Athletics: Dr. Morris Kurtz
National Affiliation: NCAA Division II
Conference: North Central Conference
Nickname: Huskies
Colors: Cardinal Red and White
Gymnasium: Halenbeck Hall
First Year of Volleyball: 1969
All-Time Record: 643-496
Head Coach: Patricia Mickow (4th Season)
Career Record: 281-312 (18th Season)
SCSU Record: 38-52 (4th Season)
Mickow's Phone:
Mickow's Email:
Assistant Coach: Jenifer Odette (12th Season)
Letterwinners Returning/Lost: 11/6
2005 Record: 8-21 (2-10 NCC; 7th)



2006 SCSU Volleyball Roster

Table with 6 columns: #, Name, Yr., Ht, Pos, Hometown. Lists 20 players including Rebecca Zenefski, Sierra Nowak, Kelly Lynn Isaacson, etc.

Alphabetical Roster

- 5 Emily Baldwin
10 Ann Deutsch
7 Lindsey Gothe
19 Rossi Hammer
3 Kelly Lynn Isaacson
20 Michaela Jones
12 Alecia Lunde
2 Sierra Nowak
9 Kristi Pangrac
4 Andreana Pieper
16 Deanna Pieper
6 Shanna Seidel
18 Kristin Speedling
15 RaeAnne Stanley
14 Danielle Stump
11 Christa Swenson
1 Rebecca Zenefski

Pronunciation Guide

- Andreana (And-ree-nah)
Deutsch (Doi-tch)
Gothe (Gah-thee)
Lunde (Lund-ee)
Mickow (Mick-oh)
Michaela (Mick-a-lah)
Sierra Nowak (See-air-a No-wack)
Pangrac (Pan-grack)
Pieper (Pie-per)
Rossi (Rah-see)
Seidel (Sigh-del)
Speedling (Speed-ling)
Zenefski (Za-nef-ski)

NEED INFO?

For information about SCSU Volleyball, please contact the St. Cloud State Athletic Media Relations Office at 320-308-2141. The volleyball contact at SCSU for 2006 is Celest Stang You can contact her via email at crstang@stcloudstate.edu

IMPORTANT NUMBERS:

SCSU Ticket Office: 320-308-2137
SCSU AMR Office: 320-308-2141

WEBSITES:

To obtain complete information about SCSU volleyball this season, please go to the Husky Home Page at

www.stcloudstate.edu/athletics

For information on the North Central Conference, please check out the league website at

www.northcentralconference.org



MORE NEWS AND NOTES...

SISTER ACT, TAKE TWO: SCSU's senior captain Deanna Pieper (Williams) has been a member of the Husky volleyball team since the 2003 season. Last year, in 2005, her younger sister Andreana Pieper (Williams) joined the Husky roster. Both have made strong impacts on SCSU's program. In 2005, the two sisters combined for 206 games played, 233 kills, 24 serving aces and 280 digs.



D. Pieper

The last set of sisters to play in Husky uniforms was Lindsey and Monica Ashburn in 2004. Both played key roles as SCSU returned to the NCAA Division II Regionals for the first time since 1995 after posting a solid 19-12 overall record and finishing third in the NCC with a 7-5 record.

GOTHE LEADING THE WAY IN 2006: Senior outside hitter Lindsey Gothe (Elk River, South Dakota State) needs just 108 digs to break into the top ten list in the history of SCSU's volleyball program. This past weekend at the Northern Michigan Tournament, Gothe tallied 55 kills, six serving aces, 36 digs and 12 total blocks.



A. Pieper

UND EXTREME TOURNEY OPPONENTS:

Northern State University: SCSU's matches against Northern State (S.D.) began in 1996. In the past decade, the Huskies have won four of 11 matches. The last meeting between the two schools came during the 2004 season, as SCSU was successful in three straight games (30-22, 30-22, 30-23). NSU is coached by Lisa Schriver who has amassed a 155-160 overall record in 10 seasons.

Dickinson State University: DSU's head coach, Dave Moody, is in his 16th season as head coach. In 15 years, Moody has collected a 383-139 overall record. This match on Sept. 1 marks the first meeting between the two teams in either school's history.

MSU, Moorhead: MSU, Moorhead and SCSU's series began in 1972. In the past thirty-plus years, SCSU has won 35 matches compared to eight matches won by MSU, Moorhead. Head coach Tammy Blake-Kath begins her 12th season with the Dragons and has compiled an overall record of 198-153 in 11 years. In the last meeting between the two teams, MSU, Moorhead topped the Huskies in a 3-2 victory on October 22, 2005.

University of Mary: The 2006 season marks just the second time in school history that SCSU and Mary will go head-to-head. The lone game played between the two schools was in 1990, with SCSU being victorious in four games (15-5, 10-15, 15-7, 15-5).

HUSKIES VS. THIS WEEK'S OPPONENT:

Southwest Minnesota State, Northern State, Dickinson State, MSU, Moorhead, University of Mary

Opponent	Date	Series Record	Series Started
SW MN State	Aug. 30	SCSU leads 20-8	1969
Northern State	Sept. 1	Northern St. leads 7-4	1996
Dickinson State	Sept. 1	First Meeting in 2006	2006
MSU, Moorhead	Sept. 2	SCSU leads 35-8	1972
University of Mary	Sept. 2	SCSU leads 1-0	1990

Career Record Watch

Set Assists:

1. Heather Modean - 4,546 (1993-96)
2. Rachel Olson - 4,539 (1997-00)
3. Marja Lust, 2,819 (1991-93)



Gothe

Digs:

1. Leah Herrboldt - 1,365 (2001-04)
2. Cami Selbitschka - 1,159 (1993-96)
3. Megan Hardy - 1,104 (2001-04)
4. Melissa Wright - 1,021 (1997-00)

14. Lindsey Gothe - 737 (2004-present)

Kill Attempts:

1. Kathy Davis - 4,189 (1985-88)
2. Cami Selbitschka - 3,792 (1993-96)
3. Leah Herrboldt - 3,392 (2001-04)

Kills:

1. Cami Selbitschka - 1,567 (1993-96)
2. Kathy Davis - 1,495 (1985-88)
3. Kim Pellmann - 1,322 (1996-99)

Block Assists:

1. Sheri Mandell - 529 (1986-89)
- 2t. Swen Minnema - 388 (1992-95)
- 2t. Kim Pellmann - 388 (1996-99)
4. Angie Mayers - 300 (2002-05)

2006 Season Highs at SCSU

INDIVIDUAL SEASON HIGHS

- Kills:** 20, Deanna Pieper vs. Michigan Tech (8/25/06)
- Sets:** 54, Sierra Nowak, vs. Abilene Christian (8/26/06)
- Digs:** 19, Danielle Stump vs. Michigan Tech (8/25/06)
- Total Blocks:** 8, R. Zenefski vs. Lake Superior (8/26/06)
- Aces:** 4, Andreana Pieper vs. Lake Sup. (8/26/06)
- 4, Emily Baldwin vs. Abilene Christian (8/26/06)
- 4, Rossi Hammer vs. N. Michigan (8/25/06)
- Kill Pct.:** .500, Kristi Pangrac vs. Mich. Tech (8/25/06)

TEAM SEASON HIGHS

- Kills:** 72 vs. Michigan Tech (8/25/06)
- Sets:** 57 vs. Abilene Christian (8/26/06)
- Digs:** 72 vs. Michigan Tech (8/25/06)
- Total Blocks:** 21 vs. Michigan Tech (8/25/06)
- Aces:** 9, two times (vs. Abilene, 8/26/06- NMU, 8/25/06)
- Kill Pct.:** .430 vs. Lake Superior (8/26/06)

NCAA ACTION: The 2004 Husky volleyball team returned to the NCAA's for the first time since 1995. SCSU has also gained NCAA bids in 1993, 1988, 1985. The Huskies have made a total of five appearances in NCAA post-season play, including an NCAA Elite 8 showing in 1995.





2006 Preseason Poll
CSTV/AVCA DII Top 25

Coches Poll
Aug. 21, 2006

Rank	School (1st-Place Votes)	Total Points
1	Grand Valley State (21)	667
2	Tampa (4)	628
3	Truman (1)	595
4	Concordia-St. Paul	583
5	Minnesota Duluth	536
6	Cal State-Los Angeles	520
7	Washburn	456
8	Nebraska-Kearney	450
9	North Alabama	436
10	Central Missouri State	400
11	Florida Southern	359
12	Cal State-San Bernardino	338
13	Hawai'i Pacific	277
14	Cal Poly Pomona	270
15	Lock Haven	267
16	Florida Gulf Coast	265
17	Central Washington	212
18	Seattle Pacific	209
19	UC San Diego	188
20	Abilene Christian	187
21	BYU-Hawai'i	150
22	Cal State-Bakersfield	127
23	Rockhurst	119
24	Nebraska-Omaha	91
25	Dowling	61

Others Receiving Votes and listed on two or more ballots: Metropolitan State 52; Barry 45; Northern Kentucky 39; Southwest Minnesota State 37; Hillsdale (1) 34; Findlay 31; Armstrong Atlantic State 26; Augustana (SD) 23; Western New Mexico 16; SIU-Edwardsville 15; Mesa State 14; Harding 12; Bryant 7; Ferris State 3; Wingate 3; Minnesota State-Moorhead 2; West Texas A&M 2.

2005 Final
North Central
Regional Poll
Nov. 9, 2005

Rank	School (1st-Place Votes)	DII Record
1	Concordia-St. Paul	24-4
2.	Nebraska-Omaha	18-6
3.	Minnesota Duluth	23-3
4.	Wayne State (Neb.)	22-8
5.	MSU, Moorhead	21-4
6.	Southwest MN State	21-6
7.	Augustana (SD)	14-11
8.	Northern State	10-14
9.	South Dakota	10-16
10.	North Dakota	12-12



2006 NCC Standings (as of Aug. 28)

TEAM	NCC			Overall		
	W	L	Pct.	W	L	Pct.
Minnesota Duluth	0	0	.000	4	0	1.000
Nebraska-Omaha	0	0	.000	3	0	1.000
Minnesota State	0	0	.000	3	1	.750
St. Cloud State	0	0	.000	2	2	.500
Augustana	0	0	.000	1	3	.250
South Dakota	0	0	.000	1	3	.250
North Dakota	0	0	.000	1	3	.250

UPCOMING NCC SCHEDULE

Wednesday, Aug. 30

St. Cloud State at SW MN State, 7 p.m.

Friday, September 1

Minnesota Duluth vs. Mesa St., Noon

Minnesota State vs. Upper Iowa, Noon

St. Cloud State vs. Northern St., 2 p.m.

Nebraska-Omaha vs. Emporia St., 2 p.m.

Augustana vs. West Texas A&M, 3:30 p.m.

Upper Iowa at North Dakota, 4 p.m.

South Dakota vs. Mary, 4 p.m.

St. Cloud St. vs. Dickinson St., 6 p.m.

Minnesota State vs. Minn. St.-Moorhead, 6 p.m.

Nebraska-Omaha vs. Fort Hays St., 6 p.m.

Minnesota Duluth vs. Florida Southern, 7:30 p.m.

Augustana vs. Tampa, 7:30 p.m.

South Dakota vs. Northern St., 8 p.m.

Mary at North Dakota, 8 p.m.

Saturday, September 2

South Dakota vs. Upper Iowa, 10 a.m.

St. Cloud St. vs. MN St.-Moorhead, 10 a.m.

Northern St. at North Dakota, Noon

Minnesota State vs. Mary, Noon

Nebraska-Omaha at Missouri Western, Noon

South Dakota vs. Minn. St.-Moorhead, 2 p.m.

St. Cloud State vs. Mary, 4 p.m.

Minnesota St. vs. Northern St., 4 p.m.

Nebraska-Omaha vs. NW Missouri St., 4 p.m.

Dickinson St. at North Dakota, 6 p.m.

UMD, AC at Colorado Premier

2006 NCC Preseason Coaches Poll

August 15, 2006

TEAM	1	2	3	4	5	6	7	Total
Minnesota Duluth	6	1	0	0	0	0	0	48
Augustana	0	3	2	1	1	0	0	35
Nebraska-Omaha	0	3	1	2	0	0	1	32
Minnesota State	1	0	2	1	1	2	0	28
North Dakota	0	0	1	1	2	1	2	19
St. Cloud State	0	0	1	0	2	3	2	19
South Dakota	0	0	0	2	1	1	2	15

Note: Points were awarded 7 for 1st, 6 for 2nd, etc.



St. Cloud State Volleyball 2005
St. Cloud State Overall Individual Statistics (as of Aug 29, 2005)
All matches

Overall record: 2-2 Conf: 0-0 Home: 0-0 Away: 0-1 Neutral: 2-1

#	Name	ATTACK					SET			SERVE							
		SP-BS-BS	K	A/Down	E	TA	Per	A	A/Down	TA	Per	SA	SA/Down	SE	TA	Per	
18	Kristin Spaulding	1	1-0	1	1.00	0	1	1.000	0	0.00	0	.000	0	0.00	0	0	.000
9	Kristi Wangren	16	4-1	54	1.50	11	115	.351	2	0.12	0	.000	0	0.00	0	0	.000
8	Suzanne Bueck	16	4-0	18	1.12	4	42	.338	150	11.00	0	.000	0	0.00	1	0	.000
16	Bonnie Wagner	16	4-0	54	1.50	21	114	.307	0	0.00	0	.000	0	0.00	2	0	.000
1	Emerson Kamefaki	16	4-1	24	1.50	9	72	.250	0	0.00	0	.000	0	0.00	2	0	.000
7	Kimberly Guthrie	16	4-0	55	1.44	52	187	.160	0	0.00	0	.000	0	0.00	2	0	.000
6	Kelly Malenda	13	3-1	18	1.50	9	58	.155	0	0.00	0	.000	0	0.00	0	0	.000
4	Sherron Haidel	1	1-0	0	0.00	0	0	.000	0	0.00	0	.000	0	0.00	0	0	.000
0	Esthera Pispac	16	4-0	0	0.00	0	0	.000	2	0.12	0	.000	0	0.00	1	0	.000
11	Christa Semann	8	1-0	0	0.00	0	0	.000	0	0.00	0	.000	0	0.00	0	0	.000
13	Naomi Rummel	0	1-1	7	1.75	9	27	-.074	0	0.00	0	.000	0	0.00	2	0	.000
10	Madeline Stamp	18	4-0	0	0.00	1	1	-1.000	0	0.00	0	.000	1	0.00	0	0	.000
ST. CLOUD STATE.....		16	4-0	287	10.81	96	567	.209	150	12.12	0	.000	30	2.06	10	0	.000
Opponents.....		16	4-0	352	15.75	87	482	.201	219	13.69	0	.000	27	1.69	11	0	.000

#	Name	RECEIVE				DIG		BLOCKING					
		B	BE	TA	Per	SH	SA	Total	A/Down	BE	PER		
18	Kristin Spaulding	1	0	0	.000	0	0.00	0	0	0	0.00	1	0
9	Kristi Wangren	16	0	0	.000	7	0.44	1	11	12	0.75	4	1
8	Suzanne Bueck	16	0	0	.000	26	1.63	1	3	0	0.00	5	5
16	Bonnie Wagner	16	1	0	.000	7	0.44	0	11	10	0.60	5	0
1	Emerson Kamefaki	16	1	0	.000	4	0.25	5	10	20	1.04	9	2
7	Kimberly Guthrie	16	0	0	.000	16	1.00	0	10	12	0.75	5	0
6	Kelly Malenda	13	2	0	.000	20	1.54	1	0	0	0.00	2	0
0	Esthera Pispac	16	0	0	.000	15	0.94	0	0	0	0.00	0	0
4	Sherron Haidel	1	0	0	.000	1	0.06	0	0	0	0.00	0	0
11	Christa Semann	8	0	0	.000	7	0.88	0	1	1	0.00	0	0
13	Naomi Rummel	0	1	0	.000	0	0.00	1	0	0	0.00	1	1
10	Madeline Stamp	18	7	0	.000	29	1.61	0	0	0	0.00	0	0
ST. CLOUD STATE.....		16	27	0	.000	140	8.75	10	50	43.0	2.69	22	9
Opponents.....		16	21	0	.000	196	12.25	19	50	46.0	2.88	16	10



2006 St. Cloud State University Match Results (2-2 overall, 0-0 NCC)

Date	Opponent	Res	Score	Game scores
Aug 25	Northern Michigan\$	L	1-3	(16-30, 30-22, 23-30, 12-30)
Aug 25	Michigan Tech\$	W	3-1	(30-26, 27-30, 30-26, 30-28)
Aug 26	Lake Superior St.\$	W	3-0	(30-21, 30-25, 31-29)
Aug 26	Abilene Christian\$	L	2-3	(30-25, 30-25, 24-30, 24-30, 14-16)

\$ Northern Michigan University Tournament