



ST. CLOUD STATE UNIVERSITY

Athletic Media Relations - Volleyball

Home of the Huskies
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THIS WEEK'S MATCHES:

2005 REGULAR SEASON FINALE

Nov 12:

SCSU VS. SOUTH DAKOTA, 4 PM

@ Halenbeck Hall, St. Cloud, MN

2005 St. Cloud State Schedule

8/26	at UND Northern Extreme Tourn.	
8/26	vs. Upper Iowa	W, 3-0
8/26	vs MSU, Moorhead	L, 0-3
9/2-3	at SMSU Tournament	
9/2	vs Northwestern Coll.	L, 1-3
9/2	at Southwest MN St.	L, 0-3
9/3	vs UM-Crookston	W, 3-1
9/3	vs Chadron State Coll.	W, 3-1
9/9-10	at NCC/NSIC Crossover	
9/9	at Northern State	L, 2-3
9/10	vs #24 MSU, Moorhead	L, 1-3
9/10	vs Wayne State	L, 0-3
9/13	BEMIDJI STATE	W, 3-0
9/17	#22 AUGUSTANA	L, 1-3
9/20	at #6 Conc.-St. Paul	L, 0-3
9/23	at MSU, Mankato	L, 0-3
9/24	NEBRASKA-OMAHA	L, 0-3
9/27	at UM-Crookston	L, 1-3
9/29	UPPER IOWA	W, 0-3
10/1	#4 MN DULUTH	L, 0-3
10/7	at Augustana	L, 1-3
10/8	at North Dakota	L, 1-3
10/11	#24 SW MINN. STATE	L, 1-3
10/15	at #4 MN Duluth	L, 0-3
10/18	at Winona State	L, 0-3
10/21	NORTH DAKOTA	L, 1-3
10/22	MSU, MANKATO	L, 2-3
10/25	at Bemidji State	L, 2-3
11/1	Northern State	W, 0-3
11/4	at South Dakota	W, 3-2
11/5	at Nebraska-Omaha	L, 0-3
11/12	SOUTH DAKOTA	4 pm

For complete ticket information, please call the SCSU Ticket Office at 1-877-SCSUTIX or 320-308-2137

THE SCSU RECORD

2005 Overall Record: 7-21

2005 NCC Record: 1-10

2005 SCSU VOLLEYBALL TEAM NEWS

Release Date: November 8, 2005



THIS WEEK'S MATCHES: The Huskies (7-21, 1-10 NCC) will wrap up season play with a match against South Dakota (10-16, 3-7 NCC). The game will be held at Halenbeck Hall on Saturday at 4 pm. Saturday's match will also honor this year's seniors, Angie Mayers and Jamie Schlagel.

LAST WEEK'S RESULTS: SCSU went 2-for-3 in last week's play, gaining wins against Northern State and NCC member South Dakota, gaining their first conference win and snapping a 9-game losing streak. The Huskies defeated Northern State in three games, 30-27, 30-25, and 30-23. Lindsey Gothe led SCSU with 15 kills and 13 digs. Deanna Pieper gained 6 additional blocks for the season. Against South Dakota, the match was won in five games with scores of 30-25, 16-30, 21-30, 30-25, and 16-14. The team combined for 11.0 team blocks, including an individual season high 9 assists from Angie Mayers. Mayers also led in kills with 18. Jamie Schlagel had 17 kills and 15 digs. In the final match of the week, SCSU fell to #24 Nebraska-Omaha, 19-30, 16-30, 16-30. Mayers led the team in kills and Schlagel led in digs, each with 9. Monica Ashburn led the setting front this week, gaining 129 set assists in the three matches.

2004 RESULTS: The Huskies completed their best record since 1996, with a solid 19-12 overall record and a third place mark of 7-5 in the always rugged North Central Conference. SCSU was ranked eighth in the final NCAA regional poll, and the Huskies received their first NCAA tournament bid since 1995 last fall. At the 2004 NCAA North Central Regional tournament in St. Paul, the Huskies lost in first round play to eventual regional champion Minnesota Duluth by a 3-0 tally.



THE COACH: Patricia Mickow is in her third season at St. Cloud State University during the 2005 season. In just her second year, Mickow posted an 19-12 overall record (the Huskies' best finish since 1996), and she currently owns a 35-50 record during her tenure at SCSU. Mickow comes to St. Cloud State University from Bemidji State University, where she served for one season as the head coach of the Beavers' volleyball program. A 1986 graduate of Gustavus Adolphus College, Mickow received a master of science degree in physical education from Winona State in 1992. Mickow

also coached at Mayville State and Mount Marty College during her career, and she currently owns a 273-300 career record.

ASSISTANT COACHING STAFF: Assisting Mickow in 2005 is former North Dakota State All-American Jenifer (Barber) Odette, who is in her 11th season with the Huskies. First-year graduate assistant Steve Novacek will also work with the Huskies this fall.

For the latest on SCSU Athletics, check out the Husky Homepage
www.StCloudState.edu/athletics



MORE NEWS AND NOTES...

THIS WEEK'S OPPONENT: The Huskies will conclude their season with a final match against *South Dakota* (10-16, 3-7 NCC). The Huskies walked away with a conference win against the Coyotes on Friday night and hope to repeat the result on their home turf this Saturday. SCSU leads the series with USD by a margin of 29-10. In last week's five-game nailbiter, Kristen Miller, USD's kill leader, downed 26 kills and had four blocks. Kinsley Powers added 18 kills and three blocks. Angela Prochaska did the most damage to the Husky hitters, coming up with six block assists and one solo block. Defensively, Amber Kobus fought to pick up 31 digs.

TEAM CAPTAINS: Senior Angie Mayers, a resident of St. Cloud and graduate of nearby ROCORI H.S., and senior Jamie Schlagel have been named as the team's co-captains for 2005. Of note, Schlagel is the niece of SCSU men's basketball coach Kevin Schlagel and the cousin of men's basketball assistant Cory Schlagel.

SCSU IN THE NCC:

Monica Ashburn: 7th for assists, 7.80 avg/game

Jamie Schlagel: 2nd for aces, .44 avg/game

Deanna Pieper: 7th for blocks, 1.10 avg/game

TEAM: Hitting %: 6th, .166

Assists: 6th, 12.59 avg/game

Kills: 6th, 13.88 avg/game

Blocks: 6th, 2.10 avg/game

Aces: 3rd, 1.61 avg/game

Digs: 7th, 15.01 avg/game

NCAA ACTION: The Huskies gained their first NCAA bid since 1995 last season. SCSU has also gained NCAA bids in 1993, 1988 and 1985. The Huskies made it to the Elite 8 in 1995, and have made a total of five appearances in NCAA postseason play.

2005 SCSU Volleyball Roster

No.	Name	YR	HT	POS	HOME
1	Rebecca Zenefski	FY	6-0	S/RS	Champlin, MN
2	Sierra Nowak	Jr	5-9	S	Marshfield, WI
4	Andrenna Pieper	FY	5-7	DS/L	Williams, MN
5	Amy Jo Glomski	FY	5-4	DS	Kellogg, MN
7	Lindsey Gothe	Jr	5-10	OH	Elk River (SDSU)
9	Kristi Pangrac	So	6-1	RS	Bowlus, MN
10	Monica Ashburn	So	5-8	S	Hector, MN
11	Angie Mayers	Sr	5-11	MH/OH	Cold Spring, MN
12	Meghan McGee	Jr	5-11	OH	Watertown, WI
14	Danielle Stump	FY	5-4	DS/L	Jackson, MN
15	RaeAnne Stanley	Jr	5-11	MH/OH	Alexandria, MN
16	Deanna Pieper	Jr	6-1	MH	Williams, MN
18	Kristin Speeding	FY	6-0	RS	Kellogg, MN
19	Kelly Lynn Issacson	FY	5-11	OH	Eden Prairie, MN
20	Jamie Schlagel	Sr	5-10	RS/OH	North Branch, MN

Head Coach: Patricia Mickow

Assistants: Jenifer Odette, Steve Novacek

Career Record Watch at SCSU

Set Assists:

1. Heather Modean – 4546 (1993-96)
2. Rachael Olson – 4539 (1997-00)
8. Monica Ashburn – 1276 (2004-present)

Digs:

1. Leah Herrboldt - 1365 (2001-04)
2. Cami Selbitschka – 1159 (1993-96)
3. Megan Hardy – 1104 (2001-04)
4. Melissa Wright – 10 (1997-00)

Kill Attempts:

1. Cami Selbitschka – 3792 (1993-96)
2. Kathy Davis – 3530 (1985-88)
3. Leah Herrboldt – 3392 (2001-04)
12. Jamie Schlagel – 2660 (2002-present)

Kills:

1. Cami Selbitschka – 1567 (1993-96)
2. Kim Pellmann – 1322 (1996-99)
5. Leah Herrboldt – 1186 (2001-04)
20. Jamie Schlagel – 937 (2002-present)

Block Assists:

1. Sheri Mandell – 529 (*1986-89)
2. Swen Minnema – 388 (1992-95)
2. Kim Pellmann – 388 (1996-99)
5. Angie Mayers – 298 (2002-present)

2005 Individual Season Highs at SCSU

Kills: 23 (23-6-47) 5g Angie Mayers vs Bemidji St. (Oct. 25, 2005)

Sets: 62 (5g) Monica Ashburn vs Bemidji St. (Oct. 25, 2005)

Digs: 33 (5g) Andrenna Pieper vs Northern State (Sept. 9, 2005)

Total Blocks: 9 (0 BS, 9 BA) Angie Mayers vs USD (Nov. 4, 2005)

Aces: 5 Jamie Schlagel vs UMC (9/27/05), UIU (9/29/05)

Kill Pct. (min. 12 TA): .643 (9-0-14) Kristi Pangrac vs UIU (Aug. 26, 2005)

2005 TEAM SEASON HIGHS AT SCSU

Kills: 79 (79-37-189) vs. Bemidji St., Oct. 25, 2005

Sets: 74 (5g) vs. Bemidji St., Oct. 25, 2005

Kill %: .423 (64-12-123) vs. Upper Iowa, Sept. 29, 2005

Digs: 113 (5g) vs. Northern State, Sept. 9, 2005

Blocks: 14.5 (4g) vs UM, Crookston, Sept. 3, 2005



Senior Angie Mayers



Senior Jamie Schlagel



2005 North Central Regional Poll (Nov. 2)

Team	Overall W-L	Region Record
1. Concordia-St. Paul	23-4	17-2
2. Nebraska-Omaha	17-6	12-1
3. Minnesota Duluth	22-3	14-1
4. Southwest Minnesota State	20-5	17-4
5. Minnesota State Moorhead	20-4	16-4
6. Wayne State (Nebraska)	21-8	14-6
7. Augustana (South Dakota)	13-10	6-9
8. Northern State	10-12	10-8
9. Minnesota State Mankato	10-12	7-9
10. North Dakota	11-11	10-9

**The NCAA DII Regional Polls are updated bi-weekly on Wednesday evenings. Teams receiving the top eight rankings in the final poll will advance to the North Central Region tournament.

2005 CSTV/AVCA Division II National Poll (Nov. 7)

Team	Points	Record	PW
1 Nebraska-Kearney (34)	871	29-1	1
2 Hawai'i Pacific (1)	839	22-1	2
3 Concordia-St. Paul	775	24-4	4
4 North Alabama	745	32-1	6
5 Minnesota Duluth	735	23-3	5
6 Tampa	703	23-3	3
7 Washburn	696	33-1	7
8 Truman	599	27-5	8
9 Cal Poly Pomona	585	22-2	10
10 Florida Southern	536	29-3	12
11 Abilene Christian	516	27-3	11
12 Cal State L.A.	504	21-2	9
13 Central Missouri State	451	23-8	13
14 Cal State San Bernardino	431	18-6	15
15 Central Washington	416	20-4	14
16 Seattle Pacific	349	21-5	16
17 Lock Haven	263	29-4	19
18 UC San Diego	244	18-7	17
19 BYU-Hawaii	216	19-3	21
20 Rockhurst	199	26-5	20
21 Cal State Bakersfield	189	18-7	22
22 Grand Valley State	184	23-6	18
23 Minnesota State-Moorhead	130	24-4	23
24 Nebraska-Omaha	105	18-6	24
25 Florida Gulf Coast	53	25-2	25

Others receiving points and listed on two or more ballots:
Ferris State 10; Seattle 9; Southern Illinois-Edwardsville 4;
Harding 3

2005 North Central Conference Standings

TEAM	NCC		Overall	
	W-L	Pct.	W-L	Pct.
Minnesota Duluth....	9-1	.900	23-3	.885
Nebraska-Omaha.....	9-1	.900	18-6	.750
Minnesota State.....	5-5	.500	11-14	.440
Augustana.....	5-6	.455	14-11	.560
North Dakota.....	4-6	.400	13-13	.500
St. Cloud State	3-7	.300	10-16	.345
South Dakota.....	1-10	.100	7-21	.250

Upcoming NCC Schedule

Tuesday, November 8

Minnesota Duluth at Concordia-St. Paul, 7 pm

Friday, November 11

*South Dakota at Augustana, 7 pm

*Nebraska-Omaha at Minnesota Duluth, 7 pm

*North Dakota at Minnesota St., 7:30 pm

Saturday, November 12

*North Dakota at Minnesota Duluth, 4 pm

*South Dakota at St. Cloud St., 4 pm

*Nebraska-Omaha at Minnesota St., 7 pm



2005 North Central Conference Volleyball Preseason Coaches Poll

Team	Total	Current 2005 Place
Minnesota Duluth	46	1st
Augustana	38	4th
Nebraska-Omaha	36	2nd
St. Cloud State	31	7th
South Dakota	20	6th
North Dakota	14	5th
Minnesota State	11	3rd

Note: Points were awarded 7 for 1st, 6 for 2nd, etc.

**For ticket information, please call
1-877-SCSUTIX or 320-308-2137**

SCSU's Probable Starters for This Week

Setter:	10 Monica Ashburn
Middle Hitter:	11 Angie Mayers
Middle Hitter:	16 Deanna Pieper
Rightside:	9 Kristi Pangrac
Leftside:	20 Jamie Schlagel
Leftside:	7 Lindsey Gothe
Libero	14 Danielle Stump
Defensive Spec.	4 Andreana Pieper

*** Starters subject to change



St. Cloud State Volleyball 2005
St. Cloud State Combined Team Statistics (as of Nov 07, 2005)
All matches

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL MATCHES.....	(7-21)	(3-6)	(1-11)	(3-4)
CONFERENCE.....	(1-10)	(0-5)	(1-5)	(0-0)
NON-CONFERENCE.....	(6-11)	(3-1)	(0-6)	(3-4)

##	SWAPS	SUMMARY	ATTACK				SERVE			DIG			BLOCKING								
			A	K	K/A	E	PA	Pct	A	A/A	SA	SE	SA/A	RE	DB	D/A	BE	BA	Total	B/A	BE
2	Sierra Nowak	40	12	0.30	4	22	.364	192	4.56	5	7	0.12	0	50	1.25	0	1	1	0.03	2	14
9	Kristi Pangrac	70	173	2.47	69	406	.256	10	0.14	0	0	0.00	1	33	0.47	3	33	41	0.59	4	6
20	Jamie Schlagel	92	273	2.99	121	729	.209	26	0.27	43	60	0.44	7	163	1.66	6	41	47	0.42	7	6
11	Angie Meyers	102	322	3.16	142	243	.206	11	0.11	23	22	0.23	3	45	0.44	6	23	29	0.27	3	4
10	Monica Sebburn	102	36	0.34	13	115	.191	796	7.20	17	26	0.17	1	221	2.17	0	13	13	0.13	1	50
12	Kristin Speedling	42	70	1.66	32	210	.152	4	0.02	0	0	0.00	7	33	0.69	0	14	14	0.29	4	3
16	Deanna Pieper	102	223	2.19	129	664	.142	5	0.05	1	1	0.01	2	33	0.32	14	92	112	1.10	17	6
12	Meghan Medee	67	22	1.31	49	314	.124	4	0.06	2	3	0.03	16	49	0.73	0	26	26	0.39	1	2
7	Lindsey Gothe	102	206	2.02	133	694	.105	15	0.15	20	27	0.20	26	310	3.04	3	43	46	0.45	7	1
5	Amy Sklonski	4	0	0.00	0	1	.000	1	0.25	0	0	0.00	0	14	3.50	0	0	0	0.00	0	0
4	Andrena Pieper	7	0	0.00	0	4	.000	0	0.00	0	1	0.00	1	2	1.14	0	0	0	0.00	0	0
19	Rossi Hammer	1	0	0.00	0	0	.000	0	0.00	0	0	0.00	0	0	0.00	0	0	0	0.00	0	0
6	Kelley Larkin	2	0	0.00	0	0	.000	1	0.50	0	0	0.00	0	1	0.50	0	0	0	0.00	0	0
12	Megan Medee	2	2	1.00	3	12	-.033	0	0.00	0	0	0.00	0	2	1.00	0	2	2	1.00	0	0
1	Rebecca Benefski	42	9	0.21	13	34	-.112	176	4.19	10	10	0.24	0	43	1.02	0	5	5	0.12	1	27
12	Kristin Speedling	2	1	0.50	2	7	-.143	1	0.50	0	0	0.00	0	3	1.50	0	1	1	0.50	1	0
5	Amy Jo Sklonski	67	0	0.00	2	13	-.154	7	0.10	14	27	0.21	23	166	2.42	0	0	0	0.00	0	1
4	Andrena Pieper	91	2	0.02	6	24	-.167	17	0.19	23	30	0.25	47	234	2.57	0	0	0	0.00	0	1
19	Kelly Lynn Isaacson	2	0	0.00	1	4	-.250	0	0.00	0	0	0.00	0	0	0.00	0	0	0	0.00	0	0
14	Denielle Stump	32	0	0.00	3	6	-.500	12	0.32	6	12	0.16	12	122	3.21	0	0	0	0.00	0	1
TEAM																					
ST. CLOUD SWAPS.....		102	1416	13.82	734	4103	.166	1224	12.59	164	239	1.61	170	1531	15.01	32	365	214.5	2.10	50	122
Opponents.....		102	1502	14.73	571	3905	.232	1350	13.24	169	196	1.66	162	1696	16.62	52	336	219.5	2.15	77	110

TEAM STATISTICS	SCSU	OPP	DATE	OPPONENT	H/A	SCORE	SCORE-BY-GAME	ATTEND
ATTACK.....			Aug 26	vs UDU	H	3-0	30-17,30-12,30-25	-
Kills.....	1416	1502	Aug 26	vs NSUM	L	0-3	22-30,29-31,29-31	-
Errors.....	734	571	Sep 02	vs Northwestern (Iowa)	L	1-3	31-29,24-30,26-30,21-30	33
Total Attacks.....	4103	3905	Sep 02	at SH Minnesota State	L	0-3	22-30,22-30,11-30	172
Attack Pct.....	.166	.232	Sep 03	vs Minnesota-Crookston	H	3-1	12-30,30-24,31-29,30-24	25
Kills/Game.....	13.9	14.7	Sep 03	vs Chadron State (Neb.)	H	3-1	22-30,30-23,30-16,30-22	39
SERVE.....			Sep 09	at Northern State (SD)	L	2-3	29-31,30-23,30-22,23-30,9-15	123
Assists.....	1234	1350	Sep 10	vs NSUM	L	1-3	16-30,31-29,20-30,27-30	42
Attempts.....	2096	2051	Sep 10	vs NEC	L	0-3	26-30,19-30,27-30	45
Assist Pct.....	.613	.658	Sep 13	ESUVE	H	3-0	30-21,30-19,30-27	327
Assists/Game.....	12.6	13.2	^ Sep 17	#17 JAMIE	L	1-3	31-33,30-26,2-30,17-30	217
SERVE RECEPTIONS.....			Sep 20	at #6 Concordia University	L	0-3	12-30,19-30,26-30	192
Aces.....	164	169	^ Sep 23	at NSU	L	0-3	31-33,23-30,30-32	352
Errors.....	239	196	^ Sep 24	NEBRASKA-OMAHA	L	0-3	14-30,25-30,16-30	203
Attempts.....	1607	1236	Sep 27	at Minnesota-Crookston	L	1-3	24-30,30-20,22-30,27-30	215
Serve Pct.....	.251	.294	Sep 29	UDU	H	3-0	30-22,30-12,30-24	302
Aces/Game.....	1.6	1.7	^ Oct 01	#1 UMD	L	0-3	19-30,20-30,19-30	416
SERVE RECEPTIONS.....			^ Oct 07	at JAMIE	L	1-3	25-30,23-30,31-29,19-30	513
Errors.....	170	162	^ Oct 08	at UMD	L	1-3	23-30,30-26,22-30,22-30	344
Errors/Game.....	1.7	1.6	Oct 11	#24 SH MINNESOTA SWAPS	L	1-3	27-30,21-30,30-25,15-30	267
Attempts.....	1675	1431	^ Oct 15	at #3 UMD	L	0-3	17-30,14-30,19-30	755
Reception Pct.....	.299	.327	Oct 12	at NSU	L	0-3	30-32,31-33,24-30	236
DIGS.....			^ Oct 21	UDU	L	1-3	12-30,19-30,30-24,27-30	304
Digs.....	1531	1696	^ Oct 22	NSU	L	2-3	29-31,32-30,30-22,22-30,11-15	322
Digs/Game.....	15.0	16.6	Oct 25	at ESUVE	L	2-3	29-31,30-22,25-30,30-22,14-16	305
BLOCKING.....			Nov 01	NORTHWESTERN SWAPS (SD)	H	3-0	30-27,30-25,30-23	239
Block Solo.....	32	52	^ Nov 04	at South Dakota	H	3-2	30-25,16-30,21-30,30-25,16-14	172
Block Assist.....	365	336	^ Nov 05	at Nebraska-Omaha	L	0-3	19-30,16-30,16-30	714
Total Blocks.....	214.5	219.5						
Blocks Per Game.....	2.1	2.2						
Block Errors.....	50	77						
BALL HANDLING ERRORS	122	110						