



ST. CLOUD STATE UNIVERSITY

Athletic Media Relations - Volleyball

Home of the Huskies
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THIS WEEK'S MATCHES:

Oct 25:

SCSU VS. BEMIDJI STATE, 7 PM

@ BSU Gym, Bemidji, MN

2005 St. Cloud State Schedule

8/26	at UND Northern Extreme Tour.	
8/26	vs. Upper Iowa	W, 3-0
8/26	vs MSU, Moorhead	L, 0-3
9/2-3	at SMSU Tournament	
9/2	vs Northwestern Coll.	L, 1-3
9/2	at Southwest MN St.	L, 0-3
9/3	vs UM-Crookston	W, 3-1
9/3	vs Chadron State Coll.	W, 3-1
9/9-10	at NCC/NSIC Crossover	
9/9	at Northern State	L, 2-3
9/10	vs #24 MSU, Moorhead	L, 1-3
9/10	vs Wayne State	L, 0-3
9/13	BEMIDJI STATE	W, 3-0
9/17	#22 AUGUSTANA	L, 1-3
9/20	at #6 Conc.-St. Paul	L, 0-3
9/23	at MSU, Mankato	L, 0-3
9/24	NEBRASKA-OMAHA	L, 0-3
9/27	at UM-Crookston	L, 1-3
9/29	UPPER IOWA	W, 0-3
10/1	#4 MN DULUTH	L, 0-3
10/7	at Augustana	L, 1-3
10/8	at North Dakota	L, 1-3
10/11	#24 SW MINN. STATE	L, 1-3
10/15	at #4 MN Duluth	L, 0-3
10/18	at Winona State	L, 0-3
10/21	NORTH DAKOTA	L, 1-3
10/22	MSU, MANKATO	L, 2-3
10/25	at Bemidji State	7 pm
11/1	Northern State	7 pm
11/4	at South Dakota	7 pm
11/5	at Nebraska-Omaha	6 pm
11/12	SOUTH DAKOTA	4 pm

For complete ticket information, please call the SCSU Ticket Office at 1-877-SCSUTIX or 320-308-2137

THE SCSU RECORD

2005 Overall Record: 5-18

2005 NCC Record: 0-9

2005 SCSU VOLLEYBALL TEAM NEWS

Release Date: October 25, 2005



THIS WEEK'S MATCHES: The Huskies (5-18, 0-9 NCC) will take a break from North Central Conference play this week. They will face NSIC member Bemidji State (2-26, 0-11 NSIC) on Tuesday night in Bemidji.

LAST WEEK'S RESULTS: Jamie Schlagel paced St. Cloud State with 10 kills and four total blocks, as the Huskies lost a tough 32-30, 33-31, 30-24 decision at Winona State in non-conference volleyball play on Oct. 18. Lindsey Gothe also assisted SCSU's cause with 14 digs and nine kills, while teammate Angie Mayers had eight kills in the match. Danielle Stump led the Huskies with 17 digs in the match, while Monica Ashburn had 17 sets and Rebecca Zenefski posted 16 sets. Of note, Deanna Pieper continued to play well with nine kills and a team-high five total blocks. The Huskies dropped their seventh 4-game match of the season to North Dakota on Friday night, 18-30, 19-30, 30-24, 27-30. SCSU hit .208 on the night, while UND ticked off a .347 hitting average. Kristi Pangrac and Angie Mayers had 14 kills each and Deanna Pieper had 10 kills. Ashburn led the setting front with 31 assists. Danielle Stump led all players with 21 digs. The Huskies had 9.0 total blocks on the night. The Huskies showed up for a fight on Parents Night, Saturday against Minnesota State. Despite posting wins in two games, SCSU could not hold on for a win, falling 29-31, 32-30, 30-28, 22-30, and 11-15. The team had a season high 71 kills and came up with 10.0 blocks. SCSU was led by Mayers with 17 kills and 4 block assists. Pangrac posted 17 kills as well. Schlagel had 14 kills, 4 aces, and 7 digs, while Lindsey Gothe and Deanna Pieper each posted 8 kills and 5 block assists. Monica Ashburn led the team in assists with 35.

2004 RESULTS: The Huskies completed their best record since 1996, with a solid 19-12 overall record and a third place mark of 7-5 in the always rugged North Central Conference. SCSU was ranked eighth in the final NCAA regional poll, and the Huskies received their first NCAA tournament bid since 1995 last fall. At the 2004 NCAA North Central Regional tournament in St. Paul, the Huskies lost in first round play to eventual regional champion Minnesota Duluth by a 3-0 tally.



THE COACH: Patricia Mickow is in her third season at St. Cloud State University during the 2005 season. In just her second year, Mickow posted an 19-12 overall record (the Huskies' best finish since 1996), and she currently owns a 35-49 record during her tenure at SCSU. Mickow comes to St. Cloud State University from Bemidji State University, where she served for one season as the head coach of the Beavers' volleyball program. A 1986 graduate of Gustavus Adolphus College, Mickow received a master of science degree in physical education from Winona State in 1992. Mickow

also coached at Mayville State and Mount Marty College during her career, and she currently owns a 273-300 career record.

ASSISTANT COACHING STAFF: Assisting Mickow in 2005 is former North Dakota State All-American Jenifer (Barber) Odette, who is in her 11th season with the Huskies. First-year graduate assistant Steve Novacek will also work with the Huskies this fall.

For the latest on SCSU Athletics, check out the Husky Homepage
www.StCloudState.edu/athletics



MORE NEWS AND NOTES...

THIS WEEK'S OPPONENTS: *Bemidji State* (2-26, 0-11 NSIC) is led by Brittney Carlson with a .274 hitting average and a team high 274 kills in 2005. Carlson also leads the team in blocking with 25 solos and 69 assists for a total of 94 blocks. Alex Schuette tops the team with 304 digs, while Alicia Beaman leads BSU with 771 sets. The Beavers fell to St. Cloud State on September 13 at Halenbeck Hall in three games, 21-30, 19-30, 27-30. SCSU hit .273 that night, had 10 team blocks, and came up with 8 service aces. Schlagel and Mayers led the team with 11 kills each. The win lengthened SCSU's lead in the series record, which now stands at 33-13.

TEAM CAPTAINS: Senior Angie Mayers, a resident of St. Cloud and graduate of nearby ROCORI H.S., and senior Jamie Schlagel have been named as the team's co-captains for 2005. Of note, Schlagel is the niece of SCSU men's basketball coach Kevin Schlagel and the cousin of men's basketball assistant Cory Schlagel.

HOLDING HER GROUND: Jamie Schlagel tops the NCC list for service aces for the fourth consecutive week, having served 41 aces this season for a .50 ace-per-game average. Schlagel has gained a top spot 6 of the 8 weeks, otherwise finishing third and second.

SCSU IN THE NCC:

Kristi Pangrac: 6th for Hitting Percentage, .282
 Monica Ashburn: 7th for assists, 7.03 avg/game
 Jamie Schlagel: 1st for aces, .50 avg/game
 Deanna Pieper: 5th for blocks, 1.17 avg/game
 TEAM: Hitting %: 6th, .162

Assists: 6th, 12.45 avg/game
 Kills: 6th, 13.78 avg/game
 Blocks: 6th, 2.16 avg/game
 Aces: 2nd, 1.80 avg/game
 Digs: 7th, 14.86 avg/game

HEATING UP: Action in the NCC was kicked up a notch this weekend as Nebraska-Omaha handed Minnesota Duluth it's first conference and regional loss. The loss ended a 17-game winning streak by UMD that started August 27 and bounced UMD from a #2 national ranking down to #5. Prior to this match, UND's only losses had come from high-ranked competitors. The win put Nebraska-Omaha on the national scene, now ranked at #24.

NCAA ACTION: The Huskies gained their first NCAA bid since 1995 last season. SCSU has also gained NCAA bids in 1993, 1988 and 1985. The Huskies made it to the Elite 8 in 1995, and have made a total of five appearances in NCAA postseason play.

2005 SCSU Volleyball Roster

No.	Name	YR	HT	POS	HOME
1	Rebecca Zenefski	FY	6-0	S/RS	Champlin, MN
2	Sierra Nowak	Jr	5-9	S	Marshfield, WI
4	Andrenna Pieper	FY	5-7	DS/L	Williams, MN
5	Amy Jo Glomski	FY	5-4	DS	Kellogg, MN
7	Lindsey Gothe	Jr	5-10	OH	Elk River (SDSU)
9	Kristi Pangrac	So	6-1	RS	Bowls, MN
10	Monica Ashburn	So	5-8	S	Hector, MN
11	Angie Mayers	Sr	5-11	MH/OH	Cold Spring, MN
12	Meghan McGee	Jr	5-11	OH	Watertown, WI
14	Danielle Stump	FY	5-4	DS/L	Jackson, MN
15	RaeAnne Stanley	Jr	5-11	MH/OH	Alexandria, MN
16	Deanna Pieper	Jr	6-1	MH	Williams, MN
18	Kristin Speeding	FY	6-0	RS	Kellogg, MN
19	Kelly Lynn Issacson	FY	5-11	OH	Eden Prairie, MN
20	Jamie Schlagel	Sr	5-10	RS/OH	North Branch, MN

Head Coach: Patricia Mickow

Assistants: Jenifer Odette, Steve Novacek

Career Record Watch at SCSU

Set Assists:

1. Heather Modean – 4546 (1993-96)
2. Rachael Olson – 4539 (1997-00)
8. Monica Ashburn – 1,085 (2004-present)

Digs:

1. Leah Herrboldt - 1365 (2001-04)
2. Cami Selbitschka – 1159 (1993-96)
3. Megan Hardy – 1104 (2001-04)
4. Melissa Wright – 10 (1997-00)

Kill Attempts:

1. Cami Selbitschka – 3792 (1993-96)
2. Kathy Davis – 3530 (1985-88)
3. Leah Herrboldt – 3392 (2001-04)
12. Jamie Schlagel – 2526 (2002-present)

Kills:

1. Cami Selbitschka – 1567 (1993-96)
2. Kim Pellmann – 1322 (1996-99)
5. Leah Herrboldt – 1186 (2001-04)
- 20 Jamie Schlagel – 886 (2002-present)

Block Assists:

1. Sheri Mandell – 529 (*1986-89)
2. Swen Minnema – 388 (1992-95)
2. Kim Pellmann – 388 (1996-99)
5. Angie Mayers – 283 (2002-present)

2005 Individual Season Highs at SCSU

Kills: 22 (22-7-43) 4g Angie Mayers vs UND (Oct. 8, 2005)
 Sets: 43 (3g) Monica Ashburn vs UIU (Aug. 26, 2005)
 Digs: 33 (5g) Andrenna Pieper vs Northern State (Sept. 9, 2005)
 Total Blocks: 8 (1 BS, 7 BA) Deanna Pieper vs MSUM (Aug. 26, 2005)
 8 (1 BS, 7 BA) Deanna Pieper vs UMC (Sept. 3, 2005)
 Aces: 5 Jamie Schlagel vs UMC (9/27/05), UIU (9/29/05)
 Kill Pct. (min. 12 TA): .643 (9-0-14) Kristi Pangrac vs UIU (Aug. 26, 2005)

2005 TEAM SEASON HIGHS AT SCSU

Kills: 71 (71-31-177) vs. Minnesota State, Oct. 22, 2005
 Sets: 67 (5g) vs. Minnesota State, Oct. 22, 2005
 Kill %: .423 (64-12-123) vs. Upper Iowa, Sept. 29, 2005
 Digs: 113 (5g) vs. Northern State, Sept. 9, 2005
 Blocks: 14.5 (4g) vs UM, Crookston, Sept. 3, 2005



Ashburn



2005 North Central Regional Poll (Oct. 19)

Team	Overall W-L	Region Record
1 Minnesota Duluth	18-2	11-0
2 Concordia-St. Paul	19-4	13-2
3 Nebraska-Omaha	14-5	9-1
4 Southwest Minnesota St.	16-4	13-3
5 Wayne State (Neb.)	17-7	10-5
6 Minnesota St.-Moorhead	17-3	13-3
7 North Dakota	9-9	8-7
8 South Dakota	7-12	6-9
9 Northern State	8-9	8-5
10 Minnesota State Mankato	8-10	5-7

**The NCAA Regional Polls are updated weekly on Wednesday evenings. Teams receiving the top eight rankings in the final poll will advance to the North Central Region tournament.

2005 CSTV/AVCA Division II National Poll (Oct. 24)

Team	Points	Record	PW
1 Nebraska-Kearney (32)	865	24-1	1
2 Hawai'i Pacific (2)	827	18-1	3
3 Tampa (1)	796	20-2	4
4 Concordia-St. Paul	741	21-4	5
5 Minnesota Duluth	712	19-3	2
6 North Alabama	708	26-1	7
7 Washburn	681	28-1	8
8 Truman	617	22-4	9
9 Cal State L.A.	574	20-1	12
10 Florida Southern	556	26-2	12
11 Cal Poly Pomona	532	19-2	6
12 Central Washington	500	17-3	11
13 Abilene Christian	455	22-3	13
14 Central Missouri State	387	20-7	16
15 Cal State San Bernardino	382	14-6	15
16 Grand Valley State	332	21-4	17
17 UC San Diego	316	16-5	14
18 Seattle Pacific	271	17-5	18
19 Lock Haven	222	25-4	19
20 Rockhurst	188	22-3	21
21 BYU-Hawaii	184	15-3	20
22 Cal State Bakersfield	177	17-6	23
23 Minnesota State-Moorhead	138	21-3	22
24 Nebraska-Omaha	72	16-5	NR
25 Ferris State	46	19-7	24

Others receiving points and listed on two or more ballots:
Southwest Minnesota 32; Florida Gulf Coast 29; Emporia State 25; Seattle 6

2005 North Central Conference Standings

TEAM	NCC		Overall	
	W-L	Pct.	W-L	Pct.
Nebraska-Omaha.....	7-1	.875	16-5	.762
Minnesota Duluth....	6-1	.857	19-3	.864
Minnesota State.....	5-3	.625	10-11	.476
North Dakota.....	4-4	.500	12-10	.545
Augustana.....	4-5	.444	12-10	.545
South Dakota.....	2-5	.286	8-14	.364
St. Cloud State.....	0-9	.000	5-19	.208

Upcoming NCC Schedule

Tuesday, October 25

Augustana at Minnesota-Crookston, 6 pm
Michigan Tech at Minnesota Duluth, 7 pm
North Dakota at Northern St., 7 pm
St. Cloud St. at Bemidji St., 7 pm

Thursday, October 27

Upper Iowa at Minnesota St., 7 pm

Friday, October 28

*Minnesota Duluth at North Dakota, 6 pm

Saturday, October 29

*South Dakota at Nebraska-Omaha, 6 pm
*Minnesota St. at Minnesota Duluth, 7 pm



2005 North Central Conference Volleyball Preseason Coaches Poll

Team	Total	Current 2005 Place
Minnesota Duluth	46	2ndd
Augustana	38	5th
Nebraska-Omaha	36	1st
St. Cloud State	31	7th
South Dakota	20	6th
North Dakota	14	4th
Minnesota State	11	3rd

Note: Points were awarded 7 for 1st, 6 for 2nd, etc.

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SCSU's Probable Starters for This Week

Setter: 10 Monica Ashburn
Setter: 1 Rebecca Zenefski
Middle Hitter: 11 Angie Mayers
Middle Hitter: 16 Deanna Pieper
Rightside: 9 Kristi Pangrac
Rightside: 20 Jamie Schlagel
Leftside: 7 Lindsey Gothe
Leftside: 12 Meghan McGee
Libero: 14 Danielle Stump
Defensive Spec. 4 Andreaana Pieper

*** Starters subject to change



St. Cloud State Volleyball 2005
 St. Cloud State Combined Team Statistics (as of Oct 22, 2005)
 All matches

RECORD: OVERALL HOME AWAY NEUTRAL
 ALL MATCHES..... (5-19) (2-6) (0-9) (3-4)
 CONFERENCE..... (0-9) (0-5) (0-4) (0-0)
 NON-CONFERENCE..... (5-10) (2-1) (0-5) (3-4)

##	STATS SUMMARY	-----ATTACK-----					--SET--		---SERVE---			RE	--DIG--		-----BLOCKING-----					BHE							
		G	K	K/G	E	TA	Pct	A	A/G	SA	SE		SA/G	DIG	D/G	BS	BA	Total	B/G		BE						
2	Sierra Nowak	40	12	0.30	4	22	.364	198	4.95	5	7	0.12	0	50	1.25	0	1	1	0.03	2	14						
9	Kristi Pangrac	54	146	2.70	51	337	.282	9	0.17	0	0	0.00	1	28	0.52	3	28	31	0.57	3	6						
20	Jamie Schlagel	82	222	2.71	98	595	.208	26	0.32	41	53	0.50	3	113	1.38	5	37	42	0.51	7	6						
11	Angie Mayers	86	261	3.03	124	694	.197	10	0.12	21	19	0.24	3	36	0.42	5	68	73	0.85	3	4						
10	Monica Ashburn	86	21	0.24	7	71	.197	605	7.03	17	23	0.20	1	179	2.08	0	10	10	0.12	1	36						
18	Kristin Speedling	47	70	1.49	38	209	.153	4	0.09	0	0	0.00	7	32	0.68	0	14	14	0.30	4	3						
16	Deanna Pieper	86	190	2.21	106	569	.148	3	0.03	1	1	0.01	2	26	0.30	12	89	101	1.17	17	3						
12	Meghan McGee	66	87	1.32	49	313	.121	4	0.06	2	3	0.03	16	49	0.74	0	26	26	0.39	1	2						
7	Lindsey Gothe	86	164	1.91	115	579	.085	12	0.14	18	27	0.21	23	258	3.00	2	36	38	0.44	7	1						
5	Amy Glomski	4	0	0.00	0	1	.000	1	0.25	0	0	0.00	0	14	3.50	0	0	0	0.00	0	0						
4	Andrenna Pieper	7	0	0.00	0	4	.000	0	0.00	0	1	0.00	1	8	1.14	0	0	0	0.00	0	0						
12	Megan McGee	2	2	1.00	3	12	-.083	0	0.00	0	0	0.00	0	2	1.00	0	2	2	1.00	0	0						
1	Rebecca Zenefski	42	9	0.21	13	34	-.118	176	4.19	10	10	0.24	0	43	1.02	0	5	5	0.12	1	27						
18	Kistin Speedling	2	1	0.50	2	7	-.143	1	0.50	0	0	0.00	0	3	1.50	0	1	1	0.50	1	0						
5	Amy Jo Glomski	67	0	0.00	2	13	-.154	7	0.10	14	27	0.21	23	166	2.48	0	0	0	0.00	0	1						
19	Kelly Lynn Issacson	2	0	0.00	1	4	-.250	0	0.00	0	0	0.00	0	0	0.00	0	0	0	0.00	0	0						
4	Andreana Pieper	75	0	0.00	6	19	-.316	11	0.15	23	28	0.31	40	207	2.76	0	0	0	0.00	0	1						
14	Danielle Stump	22	0	0.00	1	3	-.333	3	0.14	3	11	0.14	7	62	2.82	0	0	0	0.00	0	0						
TEAM								18																			
ST. CLOUD STATE.....		86	1185	13.78	620	3487	.162	1071	12.45	155	211	1.80	145	1278	14.86	27	317	185.5	2.16	49	104						
Opponents.....		86	1276	14.84	487	3297	.239	1142	13.28	144	163	1.67	153	1456	16.93	45	266	178.0	2.07	68	92						