



ST. CLOUD STATE UNIVERSITY

Athletic Media Relations - Volleyball

Home of the Huskies
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THIS WEEK'S MATCHES:

Sept 20:

SCSU VS. CONCORDIA-ST. PAUL, 7 PM
@ Gangelhoff Center, St. Paul, MN

Sept 23:

SCSU VS. MINNESOTA STATE, 7:30 PM
@ Taylor Center, Mankato, MN

Sept 24:

SCSU VS. NEBRASKA-OMAHA, 4 PM
@ Halenbeck Hall, St. Cloud, MN

2005 St. Cloud State Schedule

8/26	at UND Northern Extreme Tourn.	
8/26	vs. Upper Iowa	W, 3-0
8/26	vs #24 MSU, Moorhead	L, 0-3
9/2-3	at SMSU Tournament	
9/2	vs Northwestern Coll.	L, 1-3
9/2	at Southwest MN St.	L, 0-3
9/3	vs UM-Crookston	W, 3-1
9/3	vs Chadron State Coll.	W, 3-1
9/9-10	at NCC/NSIC Crossover	
9/9	at Northern State	L, 2-3
9/10	vs #24 MSU, Moorhead	L, 1-3
9/10	vs Wayne State	L, 0-3
9/13	BEMIDJI STATE	W, 3-0
9/17	#17 AUGUSTANA	L, 1-3
9/20	at #7t Conc.-St. Paul	7 pm
9/23	at MSU, Mankato	7 pm
9/24	NEBRASKA-OMAHA	4 pm
9/27	at UM-Crookston	7 pm
9/29	UPPER IOWA	7 pm
10/1	#4 MN DULUTH	4:30 pm
10/7	at #17 Augustana	7 pm
10/8	at North Dakota	4 pm
10/11	SW MINN. STATE	7 pm
10/15	at #4 MN Duluth	4 pm
10/18	at Winona State	7 pm
10/21	NORTH DAKOTA	7 pm
10/22	MSU, MANKATO	4 pm
10/25	at Bemidji State	7 pm
11/1	Northern State	7 pm
11/4	at South Dakota	7 pm
11/5	at Nebraska-Omaha	6 pm
11/12	SOUTH DAKOTA	4 pm

For complete ticket information, please call the SCSU Ticket Office at 1-877-SCSUTIX or 320-308-2137

THE SCSU RECORD

2005 Overall Record: 4-7
2005 NCC Record: 0-1

2005 SCSU VOLLEYBALL TEAM NEWS

Release Date: September 19, 2005



THIS WEEK'S MATCHES: The Huskies (4-7, 0-1 NCC) will face another nationally ranked team in #7 Concordia-St. Paul on Tuesday night. The match is scheduled for a 7 pm start at the Gangelhoff Center in St. Paul. The Huskies then hit the road for a conference matchup with fellow state rival Minnesota State Mankato at 7:30pm Friday night at the Taylor Center. To wrap up the week's play, the squad will return to Halenbeck Hall on Saturday afternoon to face the Mavericks of Nebraska-Omaha. The game will start at 4:00 pm.

LAST WEEK'S RESULTS: The Huskies snapped a three-match losing streak with a solid 30-21, 30-19, 30-27 victory over Bemidji State University on Tuesday, Sept. 13. The home opener featured a season high .273 hitting figure for SCSU. Seniors Jamie Schlagel and Angie Mayers led the team with 11 kills each and a .362 average. The Huskies suffered a loss in their NCC opener on Saturday night despite forcing #17 Augustana College to four games. The teams split the opening games, AC with a 33-31 extra point win in game 1 and SCSU with a decisive 30-26 win in game 2. The Huskies, successful early on due primarily to good hitting, lost all their momentum and came back from the break a completely different team. They did not get out of negative hitting figures for the remainder of the night and struggled on defense as well. Augie bounced back to hit a decisive .393 in the final two games to secure the win.

2004 RESULTS: The Huskies completed their best record since 1996, with a solid 19-12 overall record and a third place mark of 7-5 in the always rugged North Central Conference. SCSU was ranked eighth in the final NCAA regional poll, and the Huskies received their first NCAA tournament bid since 1995 last fall. At the 2004 NCAA North Central Regional tournament in St. Paul, the Huskies lost in first round play to eventual regional champion Minnesota Duluth by a 3-0 tally.



THE COACH: Patricia Mickow is in her third season at St. Cloud State University during the 2005 season. In just her second year, Mickow posted an 19-12 overall record (the Huskies' best finish since 1996), and she currently owns an 34-38 record during her tenure at SCSU. Mickow comes to St. Cloud State University from Bemidji State University, where she served for one season as the head coach of the Beavers' volleyball program. A 1986 graduate of Gustavus Adolphus College, Mickow received a master of science degree in physical education from Winona State in 1992. Mickow

also coached at Mayville State and Mount Marty College during her career, and she currently owns a 273-298 career record.

ASSISTANT COACHING STAFF: Assisting Mickow in 2005 is former North Dakota State All-American Jenifer (Barber) Odette, who is in her 11th season with the Huskies. First-year graduate assistant Steve Novacek will also work with the Huskies this fall.

For the latest on SCSU Athletics, check out the Husky Homepage
www.StCloudState.edu/athletics



MORE NEWS AND NOTES...

THIS WEEK'S OPPONENTS: The Huskies travel Tuesday night to face off with Northern Sun Conference powerhouse Concordia-St. Paul (10-3, 2-0 NSIC). The Golden Bears have not lost a match to St. Cloud State since 1975. The series record sits at 5-1 in favor of CSP. St. Cloud will make the trip to Mankato on Friday to face the Mavericks (5-6, 0-0 NCC) at 7:30 pm. The Huskies hold the edge in the series, 51-32, and are on a 2-game winning streak against MSUM. The Mavericks are on a 3-game losing streak following the NCC/NSIC Crossover, but have had 2 weeks to prepare for their first conference matchup. In the final game of the week, SCSU looks to host Nebraska-Omaha Saturday afternoon, the match slated for a 4 pm start. UNO (7-4, 0-0 NCC) went 3-0 at the Crossover and will set their conference schedule into action Friday night. The Huskies are 3-for-4 with the Mavericks in the last two seasons and aim to mix up the NCC standings with a win on Saturday.

TEAM CAPTAINS: Senior Angie Mayers, a resident of St. Cloud and graduate of nearby ROCORI H.S., and senior Jamie Schlagel have been named as the team's co-captains for 2005. Of note, Schlagel is the niece of SCSU men's basketball coach Kevin Schlagel and the cousin of men's basketball assistant Cory Schlagel.

SCSU'S ACES: SCSU's lone seniors continue to hold the lead in the NCC for ace serves. Jamie Schlagel claims the top spot with 19 aces and a 0.53 average. Angie Mayers ranks second with 19 aces and a 0.47 average.

THE WALL: With an additional 9 blocking assists gained throughout last week's play, Deanna Pieper holds her ground at #1 in the NCC for blocks. Pieper has accumulated 52.0 total blocks for a 1.30 block per game average.

RIVALS REACHING OUT: Minnesota State and St. Cloud State meet in football, soccer, and volleyball this Saturday in Mankato. Like many schools across the country, the two schools will be combining to raise funds for the disaster along the Gulf Coast. An autographed game ball will be auctioned off, cheerleaders will be passing the helmet, and commemorative "Rivals Reaching Out" t-shirts will be sold at the games.

NCAA ACTION: The Huskies gained their first NCAA bid since 1995 last season. SCSU has also gained NCAA bids in 1993, 1988 and 1985. The Huskies made it to the Elite 8 in 1995, and have made a total of five appearances in NCAA postseason play.

2005 SCSU Volleyball Roster

No.	Name	YR	HT	POS	HOME
1	Rebecca Zenefski	FY	6-0	S/RS	Champlin, MN
2	Sierra Nowak	Jr	5-9	S	Marshfield, WI
4	Andrenna Pieper	FY	5-7	DS/L	Williams, MN
5	Amy Jo Glomski	FY	5-4	DS	Kellogg, MN
7	Lindsey Gothe	Jr	5-10	OH	Elk River (SDSU)
9	Kristi Pangrac	So	6-1	RS	Bowlus
10	Monica Ashburn	So	5-8	S	Hector
11	Angie Mayers	Sr	5-11	MH/OH	Cold Spring
12	Meghan McGee	Jr	5-11	OH	Watertown, WI
14	Danielle Stump	FY	5-4	DS/L	Jackson, MN
15	RaeAnne Stanley	Jr	5-11	MH/OH	Alexandria
16	Deanna Pieper	Jr	6-1	MH	Williams, MN
18	Kristin Speeding	FY	6-0	RS	Kellogg, MN
19	Kristi Lynn Issacson	FY	5-11	OH	Eden Prairie
20	Jamie Schlagel	Sr	5-10	RS/OH	North Branch

Head Coach: Patricia Mickow

Assistants: Jenifer Odette, Steve Novacek

Career Record Watch at SCSU

Set Assists:

1. Heather Modean – 4546 (1993-96)
2. Rachael Olson – 4539 (1997-00)
8. Monica Ashburn – 776 (2004-present)

Digs:

1. Leah Herrboldt - 1365 (2001-04)
2. Cami Selbitschka – 1159 (1993-96)
3. Megan Hardy – 1104 (2001-04)
4. Melissa Wright – 1021 (1997-00)

Kill Attempts:

1. Cami Selbitschka – 3792 (1993-96)
2. Kathy Davis – 3530 (1985-88)
3. Leah Herrboldt – 3392 (2001-04)
13. Jamie Schlagel – 2221 (2002-present)

Kills:

1. Cami Selbitschka – 1567 (1993-96)
2. Kim Pellmann – 1322 (1996-99)
5. Leah Herrboldt – 1186 (2001-04)
- 20 Jamie Schlagel – 771 (2002-present)

Block Assists:

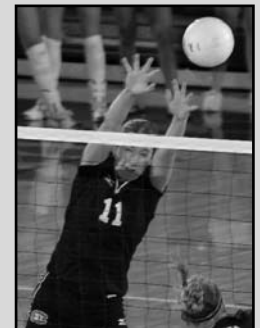
1. Sheri Mandell – 529 (*1986-89)
2. Swen Minnema – 388 (1992-95)
2. Kim Pellmann – 388 (1996-99)
6. Angie Mayers – 250 (200-present)

2005 Individual Season Highs at SCSU

Kills: 18 (18-4-35) 4g Angie Mayers vs Chadron St. (Sept. 3, 2005)
 Sets: 43 (3g) Monica Ashburn vs UIU (Aug. 26, 2005)
 Digs: 33 (5g) Andrenna Pieper vs Northern State (Sept. 9, 2005)
 Total Blocks: 8 (1 BS, 7 BA) Deanna Pieper vs MSUM (Aug. 26, 2005)
 8 (1 BS, 7 BA) Deanna Pieper vs UMC (Sept. 3, 2005)
 Aces: 4 Jamie Schlagel vs Chadron State (Sept. 3, 2005)
 Kill Pct. (min. 12 TA): .643 (9-0-14) Kristi Pangrac vs UIU (Aug. 26, 2005)

2005 TEAM SEASON HIGHS AT SCSU

Kills: 69 (69-48-247) vs. Northern State, Sept. 9, 2005
 Sets: 62 (5g) vs. Northern State, Sept. 9, 2005
 Kill %: .273 (47-14-121) vs. Bemidji State, Sept. 13, 2005
 Digs: 113 (5g) vs. Northern State, Sept. 9, 2005
 Blocks: 14.5 (4g) vs UM, Crookston, Sept. 3, 2005



Mayers



MORE NEWS AND NOTES...

TOP DOGS: Did you know that senior Jamie Schlagel led the Huskies last fall with 55 service aces and was second on the team with 312 kills...Angie Mayers led the club in 2004 with 147 total blocks and 128 block assists.

SISTER ACT: Junior middle blocker Deanna Pieper is the older sister of freshman libero Andreeana Pieper. Sophomore setter Monica Ashburn is the younger sister of former SCSU player Lindsay Ashburn (2001-04), who is now the head coach at St. Cloud Cathedral H.S.

**2005 CSTV/AVCA
Division II National Poll (Sept. 12)**

Team	Points	Record	PW
1 Truman	838	10-1	1
2 Cal St.-San Bernardino	836	7-2	2
3 Nebraska-Kearney	802	9-1	3
4 Minnesota Duluth	742	9-2	5
5 Hawai'i Pacific	716	9-1	6
6 North Alabama	678	11-0	15
7t Concordia-St. Paul	654	8-3	4
8t Tampa	654	7-2	7
9 Central Washington	591	8-2	9
10 Central Missouri State	522	7-4	8
11 Washburn	495	11-0	11
12 UC San Diego	487	6-1	10
13 Grand Valley State	427	8-3	12
14 Ferris State	418	10-2	13
15 Florida Southern	410	12-1	14
16 Abilene Christian	331	6-3	19
17 Augustana (SD)	264	8-3	16
18 Barry	261	4-5	17
19 Cal State L.A.	257	10-0	20
20 Seattle Pacific	171	7-3	24
21 Rockhurst	148	8-1	22
22 Lock Haven	132	4-4	21
23 Chaminade	116	7-3	18
24 Minnesota-Moorhead	95	11-0	NR
25 Cal State Bakersfield	52	9-1	NR

Others receiving points and listed on two or more ballots: Cal Poly Pomona 45; Northern Michigan 37; BYU-Hawaii 28; Harding 26; Nebraska-Omaha 19; Findlay 17; Wayne State (Neb.) 17; Fort Hays State 12; Metro State 12; Emporia State 11; Southwest Minnesota State 11; Florida Gulf Coast 11; Seattle 8; California (Pa.) 5; Dowling 4.

**2005 North Central Conference
Volleyball Preseason Coaches Poll**

Team	Total	Current 2005 Place
Minnesota Duluth	46	1st
Augustana	38	3rd
Nebraska-Omaha	36	4th
St. Cloud State	31	6th
South Dakota	20	7th
North Dakota	14	2nd
Minnesota State	11	5th

Note: Points were awarded 7 for 1st, 6 for 2nd, etc.

2005 North Central Conference Standings

TEAM	NCC		Overall	
	W-L	Pct.	W-L	Pct.
Minnesota Duluth....	1-0	1.000	10-2	.833
North Dakota.....	1-0	1.000	7-6	.538
Augustana.....	1-1	.500	9-4	.692
Nebraska-Omaha.....	0-0	.000	7-4	.636
Minnesota State.....	0-0	.000	5-6	.455
St. Cloud State.....	0-1	.000	4-7	.364
South Dakota.....	0-1	.000	5-9	.357

Upcoming NCC Schedule

Tuesday, September 20
Bemidji St. at Minnesota Duluth, 7 pm

Wednesday, September 21
South Dakota at Wayne St., 7 pm

Friday, September 23
*Minnesota Duluth at Augustana, 7 pm
*Nebraska-Omaha at North Dakota, 7 pm
*St. Cloud St. at Minnesota St., 7:30 pm

Saturday, September 24
*Nebraska-Omaha at St. Cloud St, 4 pm
*Minnesota Duluth at Minnesota St., 7 pm
*South Dakota at North Dakota, 7 pm



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SCSU's Probable Starters for This Week

Setter:	10 Monica Ashburn
Setter:	1 Rebecca Zinefski
Middle Hitter:	11 Angie Mayers
Middle Hitter:	16 Deanna Pieper
Rightside:	18 Kristin Speedling
Rightside:	20 Jamie Schlagel
Leftside:	7 Lindsey Gothe
Leftside:	12 Meghan McGee
Libero	4 Andreeana Pieper
Defensive Spec.	5 Amy Jo Glomski

*** Starters subject to change

DID YOU KNOW?: Jamie Schlagel led the NCC last year (overall games played) with .49 aces per game...Angie Mayers was 4th in the league with 1.26 blocks per game...SCSU's .205 hitting rate was 2nd in the league last year.



St. Cloud State Volleyball 2005
 St. Cloud State Combined Team Statistics (as of Sep 19, 2005)
 All matches

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL MATCHES.....	(4-7)	(1-1)	(0-2)	(3-4)
CONFERENCE.....	(0-1)	(0-1)	(0-0)	(0-0)
NON-CONFERENCE.....	(4-6)	(1-0)	(0-2)	(3-4)

##	STATS SUMMARY	ATTACK					SET		SERVE			DIG			BLOCKING							
		G	K	K/G	E	TA	Pct	A	A/G	SA	SE	SA/G	RE	DIG	D/G	BS	BA	Total	B/G	BE	BHE	
2	Sierra Nowak	18	5	0.28	0	8	.625	89	4.94	0	3	0.00	0	25	1.39	0	0	0	0.00	0	8	
10	Monica Ashburn	40	19	0.47	4	50	.300	296	7.40	8	7	0.20	0	107	2.67	0	10	10	0.25	1	15	
9	Kristi Pangrac	11	23	2.09	9	55	.255	0	0.00	0	0	0.00	0	6	0.55	0	5	5	0.45	2	0	
18	Kristin Speedling	28	58	2.07	26	149	.215	3	0.11	0	0	0.00	1	14	0.50	0	12	12	0.43	3	1	
20	Jamie Schlagel	36	107	2.97	45	290	.214	17	0.47	19	19	0.53	2	60	1.67	2	16	18	0.50	2	5	
11	Angie Mayers	40	110	2.75	56	316	.171	5	0.12	19	15	0.47	1	24	0.60	0	35	35	0.88	1	1	
16	Deanna Pieper	40	89	2.22	52	259	.143	0	0.00	1	0	0.03	1	8	0.20	6	46	52	1.30	6	3	
12	Meghan McGee	35	52	1.49	30	192	.115	0	0.00	1	2	0.03	10	28	0.80	0	19	19	0.54	0	0	
7	Lindsey Gothe	40	86	2.15	73	318	.041	4	0.10	11	18	0.28	15	116	2.90	0	17	17	0.43	4	0	
14	Danielle Stump	3	0	0.00	0	0	.000	1	0.33	0	1	0.00	0	1	0.33	0	0	0	0.00	0	0	
19	Rossi Hammer	1	0	0.00	0	0	.000	0	0.00	0	0	0.00	0	0	0.00	0	0	0	0.00	0	0	
6	Kelley Larkin	2	0	0.00	0	0	.000	1	0.50	0	0	0.00	0	1	0.50	0	0	0	0.00	0	0	
1	Rebecca Zenefski	16	7	0.44	10	23	-.130	62	3.88	1	1	0.06	0	19	1.19	0	5	5	0.31	1	10	
5	Amy Jo Glomski	40	0	0.00	1	5	-.200	5	0.12	5	15	0.12	9	79	1.98	0	0	0	0.00	0	0	
4	Andrea Pieper	38	0	0.00	4	8	-.500	8	0.21	15	17	0.39	20	149	3.92	0	0	0	0.00	0	0	
	TEAM												6									
	ST. CLOUD STATE.....	40	556	13.90	310	1674	.147	491	12.27	80	98	2.00	65	638	15.95	8	165	90.5	2.26	20	43	
	Opponents.....	40	549	13.73	230	1529	.209	478	11.95	64	80	1.60	79	721	18.02	22	129	86.5	2.16	34	53	

TEAM STATISTICS	SCSU	OPP	DATE	OPPONENT	W/L	SCORE	SCORE-BY-GAME	ATTEND
ATTACK.....			Aug 26	vs UIU	W	3-0	30-17,30-18,30-25	
Kills.....	556	549	Aug 26	vs MSUM	L	0-3	28-30,29-31,29-31	-
Errors.....	310	230	Sep 02	vs Northwestern (Iowa)	L	1-3	31-29,24-30,26-30,21-30	33
Total Attacks.....	1674	1529	Sep 02	at SW Minnesota State	L	0-3	22-30,22-30,11-30	178
Attack Pct.....	.147	.209	Sep 03	vs Minnesota-Crookston	W	3-1	18-30,30-24,31-29,30-24	25
Kills/Game.....	13.9	13.7	Sep 03	vs Chadron State (Neb.)	W	3-1	28-30,30-23,30-16,30-22	39
SET.....			Sep 09	at Northern State (SD)	L	2-3	29-31,30-28,30-22,23-30,9-15	123
Assists.....	491	478	Sep 10	vs MSUM	L	1-3	16-30,31-29,20-30,27-30	42
Assists/Game.....	12.3	11.9	Sep 10	vs WSC	L	0-3	26-30,19-30,27-30	45
SERVE.....			Sep 13	BSUVB	W	3-0	30-21,30-19,30-27	327
Aces.....	80	64	* Sep 17	#17 AUGIE	L	1-3	31-33,30-26,8-30,17-30	217
Errors.....	98	80						
Aces/Game.....	2.0	1.6						
SERVE RECEPTIONS.....								
Errors.....	65	79						
Errors/Game.....	1.6	2.0						
DEFENSE.....								
Digs.....	638	721						
Digs/Game.....	15.9	18.0						
BLOCKING.....								
Block Solo.....	8	22						
Block Assist.....	165	129						
Total Blocks.....	90.5	86.5						
Blocks Per Game...	2.3	2.2						
Block Errors.....	20	34						
BALL HANDLING ERRORS	43	53						
ATTENDANCE.....								
Total.....	544	301						
Dates/Avg Per Date	2/272	2/150						
Neutral site #/Avg	7/26							
Current win streak	0	-						
Home win streak...	0	-						